

04.06.2024

the time is now!

B2Run Hannover

Einzelwertung männlich

Wertungen und Altersklassen nach Vorgaben des Veranstalters.

KLASSENWERTUNG - Männer

offene Klasse

| Pos | Nr | Name | Zeit | Kat | KPos | GPos | Nation | Verein |
|-----|-------|----------------------------------|------------|---------------|------|------|--------|--------------------------------------|
| 0. | 5195 | Ben Soltmann | 00:21:00.0 | offene Klasse | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 2658 | Alexander Jablonka | 00:22:01.4 | offene Klasse | 0 | 0 | GER | AirITSystems |
| 0. | 4229 | Andreas Solter | 00:22:07.7 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 1175 | Jakob Meibeyer | 00:22:43.2 | offene Klasse | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 12577 | Alexander Theile | 00:23:01.5 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 12621 | Noname | 00:23:08.0 | offene Klasse | 0 | 0 | GER | VSM |
| 0. | 1892 | Stefan Kautz | 00:23:11.7 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 8694 | Jan Klugescheid | 00:23:14.8 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 612 | Janik Kolthof | 00:23:19.5 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 8490 | Paul Lecher | 00:23:25.8 | offene Klasse | 0 | 0 | GER | Kniggendorf |
| 0. | 2507 | Noname | 00:23:43.8 | offene Klasse | 0 | 0 | GER | Adastra |
| 0. | 7325 | Thomas Vilain | 00:23:59.8 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 7344 | Louis Wilhelm | 00:24:02.0 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 5139 | Ernesto Robinson Rodriguez Lopez | 00:24:02.9 | offene Klasse | 0 | 0 | GER | EDEKA Wucherpfennig GmbH |
| 0. | 673 | Marvin Stryga | 00:24:11.2 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 10657 | Kevin Gerkens | 00:24:12.8 | offene Klasse | 0 | 0 | GER | Sennheiser electronic SE & Co. KG |
| 0. | 12802 | Malte Hempel | 00:24:19.5 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Group |
| 0. | 9713 | Daniel Breiter | 00:24:24.7 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 12738 | Joseph Bett | 00:24:26.3 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 8470 | Alon Stürmann | 00:24:28.3 | offene Klasse | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 7988 | Eike Krüger | 00:24:32.8 | offene Klasse | 0 | 0 | GER | Immer am Limit! |
| 0. | 10345 | Carlo Kaubisch | 00:24:36.8 | offene Klasse | 0 | 0 | GER | Radio Hannover |
| 0. | 6324 | Yannik Biermann | 00:24:38.2 | offene Klasse | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 4375 | Matthias Scholz | 00:24:38.3 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 10358 | Timo Huck | 00:24:54.6 | offene Klasse | 0 | 0 | GER | Radio Hannover |
| 0. | 4732 | Oliver Hemme | 00:24:59.2 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 4035 | Luc Prevost | 00:25:05.3 | offene Klasse | 0 | 0 | GER | Dassault Systemes |
| 0. | 9875 | Lukas Range | 00:25:09.9 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 11877 | Rene Kwoczek | 00:25:12.1 | offene Klasse | 0 | 0 | GER | VGH Versicherungen |
| 0. | 9193 | Lennart Winter | 00:25:13.1 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 8546 | Felix Willer | 00:25:17.1 | offene Klasse | 0 | 0 | GER | KOMATSU |
| 0. | 1762 | Jan Glöge | 00:25:17.2 | offene Klasse | 0 | 0 | GER | L3 Consulting |
| 0. | 6480 | Torben Streich | 00:25:18.8 | offene Klasse | 0 | 0 | GER | HVNB |
| 0. | 3482 | Oliver Sonnemann | 00:25:23.5 | offene Klasse | 0 | 0 | GER | ARTIVA SPORTS |
| 0. | 12162 | Benjamin Wieneck | 00:25:26.0 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 1840 | No Name | 00:25:26.3 | offene Klasse | 0 | 0 | GER | Mobil ISC |
| 0. | 4863 | Stephan Theiß | 00:25:27.6 | offene Klasse | 0 | 0 | GER | Lauf Dimi Lauf |
| 0. | 9325 | Timon Tulowitzki | 00:25:33.0 | offene Klasse | 0 | 0 | GER | Mecklenburgische Versicherungs-Gesel |

| | | | | | | | | |
|----|-------|---------------------------|------------|---------------|---|---|-----|---------------------------------------|
| 0. | 8745 | Jan-Lukas Thielmann | 00:25:34.3 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 12746 | Thomas Kettner | 00:25:36.3 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 5907 | Maximilian Starke | 00:25:45.2 | offene Klasse | 0 | 0 | GER | FOM Hochschule |
| 0. | 1202 | Martin Sikorski | 00:25:45.5 | offene Klasse | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 7442 | Simon Glück | 00:25:47.9 | offene Klasse | 0 | 0 | GER | Bumke |
| 0. | 8692 | Kilian Kammler | 00:25:51.6 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 5635 | Robert Jende | 00:25:54.3 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 12859 | Aiko Saathoff | 00:25:54.9 | offene Klasse | 0 | 0 | GER | Laufkunst |
| 0. | 10498 | Felix Koop | 00:25:58.3 | offene Klasse | 0 | 0 | GER | Röntgenpraxis am Marstall |
| 0. | 2446 | Christopher Klenke | 00:25:59.1 | offene Klasse | 0 | 0 | GER | 3B |
| 0. | 6160 | Noname | 00:25:59.2 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 4153 | Rouven Formella | 00:25:59.5 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 4666 | Daniel Kühme | 00:26:00.5 | offene Klasse | 0 | 0 | GER | Deutsche Bundesbank |
| 0. | 2749 | No Name | 00:26:06.2 | offene Klasse | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 10362 | Sebastian Katuzi | 00:26:07.9 | offene Klasse | 0 | 0 | GER | Radio Hannover |
| 0. | 6954 | Maurizio Dudlitz | 00:26:08.0 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 9287 | Jasper Fürst | 00:26:12.2 | offene Klasse | 0 | 0 | GER | Mecklenburgische Versicherungs-Gesell |
| 0. | 6571 | Frederik Eden | 00:26:13.2 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 7966 | Andreas Reich | 00:26:13.8 | offene Klasse | 0 | 0 | GER | J+S |
| 0. | 8909 | Marvin Spengler | 00:26:14.8 | offene Klasse | 0 | 0 | GER | Laser Zentrum Hannover e.V. |
| 0. | 1958 | Alexander Steinbrenner | 00:26:16.4 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 11348 | Elias-Julien Reuter | 00:26:17.4 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 6007 | Maurice Reiche | 00:26:21.8 | offene Klasse | 0 | 0 | GER | Genoverband e. V. |
| 0. | 9963 | Sebastian Wolters | 00:26:23.9 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 7733 | Dominik Jung | 00:26:25.4 | offene Klasse | 0 | 0 | GER | imug |
| 0. | 11299 | Morten Bolz | 00:26:26.0 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 4781 | Daniel Stallauke | 00:26:28.2 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 8711 | Sven Markwica | 00:26:28.3 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 434 | Jonas Feldkamp | 00:26:28.6 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 7961 | Philipp Jänecke | 00:26:28.6 | offene Klasse | 0 | 0 | GER | J+S |
| 0. | 9506 | Finn Kühlcke | 00:26:29.1 | offene Klasse | 0 | 0 | GER | MOSAIK architekt:innen |
| 0. | 10159 | Luca Krone | 00:26:30.4 | offene Klasse | 0 | 0 | GER | ppb Architektur & Stadtplanung |
| 0. | 6609 | Jan Wagner | 00:26:32.1 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 5663 | Kai Köllemann | 00:26:33.0 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 10827 | Michél Rode | 00:26:34.1 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 10489 | Jan Adam | 00:26:34.7 | offene Klasse | 0 | 0 | GER | Röntgenpraxis am Marstall |
| 0. | 4111 | Tobias Brünger | 00:26:37.3 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 7798 | Abdullah Sayyad | 00:26:37.4 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 7938 | Imran Skoray | 00:26:41.1 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 807 | Marcel Kelef | 00:26:41.7 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 3901 | Luca Witthaus | 00:26:43.5 | offene Klasse | 0 | 0 | GER | CRATOS GmbH |
| 0. | 335 | Thomas Gube | 00:26:44.0 | offene Klasse | 0 | 0 | GER | BANTLEON |
| 0. | 12117 | Stephan Alexander Spottke | 00:26:45.5 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 13091 | Simon Pauka | 00:26:45.7 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 12670 | Florian Dyx | 00:26:47.0 | offene Klasse | 0 | 0 | GER | #teamWAGNER |
| 0. | 10307 | Tim Hemker | 00:26:49.0 | offene Klasse | 0 | 0 | GER | qnips |
| 0. | 1916 | Gerrit Binder | 00:26:49.3 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 2506 | Noname | 00:26:52.7 | offene Klasse | 0 | 0 | GER | ABUS Kransysteme GmbH |
| 0. | 13087 | No Name | 00:26:53.3 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 12530 | Mateusz Ryzewski | 00:26:53.8 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 6548 | Benjamin Nestvogel | 00:26:54.5 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 7251 | Alexander Schiller | 00:26:55.8 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 4787 | Adrian Wegener | 00:26:59.4 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |

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|----|-------|-----------------------|------------|---------------|---|---|-----|------------------------------------|
| 0. | 10242 | Dario Fischer | 00:26:59.8 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 12455 | Stefan Liebig | 00:27:04.6 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 4677 | No Name | 00:27:06.3 | offene Klasse | 0 | 0 | GER | Deutsche Bundesbank |
| 0. | 10590 | Noname | 00:27:06.4 | offene Klasse | 0 | 0 | GER | Schlütersche Mediengruppe |
| 0. | 5586 | Philipp Dutz | 00:27:08.7 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 4861 | Tim Ocker | 00:27:08.9 | offene Klasse | 0 | 0 | GER | Lauf Dimi Lauf |
| 0. | 1855 | Marcel Bolsewig | 00:27:08.3 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 9167 | Sebastian Limper | 00:27:08.6 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 6636 | Serhat Caran | 00:27:09.8 | offene Klasse | 0 | 0 | GER | AGS |
| 0. | 6946 | Theodor Diederichsen | 00:27:10.8 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 714 | Niklas Bielfeldt | 00:27:11.9 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 4767 | Matthias Piesch | 00:27:12.2 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 3929 | Alexander Algermissen | 00:27:13.3 | offene Klasse | 0 | 0 | GER | DAK |
| 0. | 3237 | Benedikt Gruben | 00:27:14.4 | offene Klasse | 0 | 0 | GER | laufend prüfen |
| 0. | 3402 | Marten Liebig | 00:27:16.1 | offene Klasse | 0 | 0 | GER | Bundessortenamt |
| 0. | 8966 | Philipp Kreye | 00:27:16.3 | offene Klasse | 0 | 0 | GER | LBS NordWest |
| 0. | 2389 | Bekir Mocevic | 00:27:17.0 | offene Klasse | 0 | 0 | GER | Wahl GmbH + Co. KG |
| 0. | 6532 | Noname | 00:27:17.0 | offene Klasse | 0 | 0 | GER | Hannover 96 Arena GmbH & Co. KG |
| 0. | 7336 | Fabian Wessels | 00:27:17.8 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 12027 | Tom Kühnöhl | 00:27:18.9 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 1310 | Felix Palmen | 00:27:21.1 | offene Klasse | 0 | 0 | GER | Gasunie |
| 0. | 6837 | Bledar Haveri | 00:27:22.6 | offene Klasse | 0 | 0 | GER | Harryaner*innen |
| 0. | 51390 | Malte Schäfer | 00:27:23.6 | offene Klasse | 0 | 0 | GER | MEDIFOX DAN |
| 0. | 5474 | Bastien Guyot | 00:27:24.1 | offene Klasse | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 2256 | Sebastian Küsel | 00:27:26.9 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 2909 | Julian Faubel | 00:27:27.0 | offene Klasse | 0 | 0 | GER | Aspria |
| 0. | 7580 | Tobias Ullmann | 00:27:27.8 | offene Klasse | 0 | 0 | GER | IC-L Ingenieur Consulting Langenh. |
| 0. | 7311 | Tom Thies | 00:27:27.8 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 4328 | Boris Plumeyer-Köhler | 00:27:29.7 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 9806 | Niclas Kölln | 00:27:31.0 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 12627 | Noname | 00:27:32.2 | offene Klasse | 0 | 0 | GER | VSM |
| 0. | 6924 | Jörn Bettges | 00:27:33.5 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 6117 | Noname | 00:27:33.7 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 250 | Jian Yang | 00:27:35.1 | offene Klasse | 0 | 0 | GER | ALDI Nord |
| 0. | 5891 | Jean Marc Bonn | 00:27:38.3 | offene Klasse | 0 | 0 | GER | FOM Hochschule |
| 0. | 214 | Lasse Fiene | 00:27:38.6 | offene Klasse | 0 | 0 | GER | ALDI Nord |
| 0. | 8355 | Matthias Berg | 00:27:39.0 | offene Klasse | 0 | 0 | GER | Klinikum Warendorff GmbH |
| 0. | 1632 | Frank Ronimi | 00:27:39.1 | offene Klasse | 0 | 0 | GER | itsc |
| 0. | 2264 | Torben Maltzahn | 00:27:39.6 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 4612 | Ralf Hardekopf | 00:27:39.7 | offene Klasse | 0 | 0 | GER | apoBank Hannover |
| 0. | 4556 | Linus Oppermann | 00:27:39.9 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 8535 | Fynn Kunath | 00:27:41.4 | offene Klasse | 0 | 0 | GER | KOMATSU |
| 0. | 8693 | Henning Kassens | 00:27:42.5 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 6848 | Stephan Wurm | 00:27:44.5 | offene Klasse | 0 | 0 | GER | Harryaner*innen |
| 0. | 9227 | Nils Behnen | 00:27:45.3 | offene Klasse | 0 | 0 | GER | Martin Braun Sporties |
| 0. | 12574 | Michael Schulz | 00:27:46.1 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 692 | Sascha Keunecke | 00:27:48.8 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 4265 | Nick Kummer | 00:27:49.3 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 8937 | Joscha Komarek | 00:27:50.0 | offene Klasse | 0 | 0 | GER | lavera.naturals |
| 0. | 1313 | Julian Rode | 00:27:52.0 | offene Klasse | 0 | 0 | GER | Gasunie |
| 0. | 6062 | Noname | 00:27:52.8 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 10968 | Christian Scheerbaum | 00:27:52.8 | offene Klasse | 0 | 0 | GER | Team SOPHIE |
| 0. | 6608 | Thomas Urcun | 00:27:52.9 | offene Klasse | 0 | 0 | GER | Hannover 96 |

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|----|-------|-------------------------------|------------|---------------|---|---|-----|------------------------------------|
| 0. | 10906 | Alexander Nemes | 00:27:52.9 | offene Klasse | 0 | 0 | GER | Sonepar |
| 0. | 4605 | Miles Brackett | 00:27:53.3 | offene Klasse | 0 | 0 | GER | apoBank Hannover |
| 0. | 10760 | Hannes Schöne-Warnefeld | 00:27:54.6 | offene Klasse | 0 | 0 | GER | shl Runners |
| 0. | 10995 | Muhammad Niazai | 00:27:54.7 | offene Klasse | 0 | 0 | GER | St. Joseph Kinder- und Jugendhilfe |
| 0. | 2868 | Stefan Nagel | 00:27:55.3 | offene Klasse | 0 | 0 | GER | Arvato |
| 0. | 4986 | Lothar Fricke | 00:27:55.3 | offene Klasse | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 10050 | Marven Beyersdorf | 00:27:55.6 | offene Klasse | 0 | 0 | GER | Paulmann Licht |
| 0. | 12034 | Fabian Layritz | 00:27:56.6 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 6426 | Marc Brice Nlom Ngan | 00:27:57.6 | offene Klasse | 0 | 0 | GER | Hahne Holding GmbH |
| 0. | 887 | Gideon O'donnell | 00:27:59.0 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 11339 | Torben Maronna | 00:27:59.8 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 3738 | Marc-Sören Steinbrecher | 00:28:00.4 | offene Klasse | 0 | 0 | GER | comNET Runners |
| 0. | 4365 | Bastian Schirmacher | 00:28:01.0 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 6695 | Lars Struck | 00:28:01.1 | offene Klasse | 0 | 0 | GER | Hannover Congress Centrum |
| 0. | 11271 | Christian Wagner | 00:28:01.6 | offene Klasse | 0 | 0 | GER | Honeywell Transnorm |
| 0. | 6963 | Roberto Filter | 00:28:01.9 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 254 | Lennard Brombach | 00:28:02.1 | offene Klasse | 0 | 0 | GER | Amadeus Fire |
| 0. | 4965 | Sven Grabert | 00:28:03.3 | offene Klasse | 0 | 0 | GER | Drees & Sommer |
| 0. | 608 | Felix Klautke | 00:28:08.0 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 1998 | Torsten Trappe | 00:28:08.1 | offene Klasse | 0 | 0 | GER | nass magnet |
| 0. | 8751 | Andre Röben | 00:28:08.1 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 6174 | Noname | 00:28:09.0 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 7285 | No Name | 00:28:09.5 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 10967 | Andrés Felipe Santana Miranda | 00:28:09.6 | offene Klasse | 0 | 0 | GER | Team SOPHIE |
| 0. | 4152 | Jan Fiege | 00:28:11.3 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 8773 | Noname | 00:28:12.2 | offene Klasse | 0 | 0 | GER | Kraftwerk |
| 0. | 4135 | Anton Dieckhoff | 00:28:12.6 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 12245 | Christian Tettenborn | 00:28:12.8 | offene Klasse | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 5532 | Maximilian Woy | 00:28:13.0 | offene Klasse | 0 | 0 | GER | FIDES Treuhand GmbH & Co. KG |
| 0. | 4769 | Jerrit Rahn | 00:28:13.4 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 6030 | Jonas Kaup | 00:28:13.8 | offene Klasse | 0 | 0 | GER | GEO-NET |
| 0. | 2080 | Michael Siebert | 00:28:13.8 | offene Klasse | 0 | 0 | GER | Silgan White Cap |
| 0. | 577 | Ralf-Christian Gleber | 00:28:14.7 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 12839 | Thorsten Wallbott | 00:28:14.8 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Group |
| 0. | 5814 | Thomas Zerr | 00:28:15.0 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 11225 | Niels Burmeister | 00:28:16.6 | offene Klasse | 0 | 0 | GER | thyssenkrupp Plastics |
| 0. | 3911 | Joey Nabel | 00:28:16.9 | offene Klasse | 0 | 0 | GER | Creditreform |
| 0. | 170 | David Rauls | 00:28:17.0 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 374 | Jason Lawal | 00:28:17.7 | offene Klasse | 0 | 0 | GER | Bucher Municipal |
| 0. | 2854 | Tino Glumm | 00:28:17.9 | offene Klasse | 0 | 0 | GER | Arvato |
| 0. | 372 | Niklas Herrmann | 00:28:18.5 | offene Klasse | 0 | 0 | GER | Bucher Municipal |
| 0. | 7273 | Fin Schwedes | 00:28:18.8 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 10187 | Pascal Hölscher | 00:28:20.0 | offene Klasse | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 7105 | Luca Lange | 00:28:20.1 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 7972 | Basam Dino | 00:28:20.4 | offene Klasse | 0 | 0 | GER | J+S |
| 0. | 2305 | Sebastian Zichner-Konopka | 00:28:20.7 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 8543 | Tim Tress | 00:28:21.4 | offene Klasse | 0 | 0 | GER | KOMATSU |
| 0. | 693 | Adriano Ziffer | 00:28:21.6 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 6607 | Alexandru OGREZEANU-GHICA | 00:28:21.6 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 6970 | Jonas Frenzel | 00:28:21.8 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 3921 | Eike Wulf | 00:28:22.1 | offene Klasse | 0 | 0 | GER | Creditreform |
| 0. | 7042 | Maximilian Hölscher | 00:28:22.1 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 9019 | Felix Hötter | 00:28:22.9 | offene Klasse | 0 | 0 | GER | Die Anker |

| | | | | | | | | |
|----|-------|-------------------------|------------|---------------|---|---|-----|-----------------------------------|
| 0. | 11850 | Thu Phong Trong | 00:28:24.2 | offene Klasse | 0 | 0 | GER | VetZ GmbH |
| 0. | 1153 | Philipp Houck | 00:28:24.3 | offene Klasse | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 3552 | Moritz Hasse | 00:28:24.5 | offene Klasse | 0 | 0 | GER | CG CHEMIKALIEN |
| 0. | 7055 | Roland Holtkämper | 00:28:25.1 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 4225 | Marvin Jekel | 00:28:25.5 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 2775 | No Name | 00:28:25.8 | offene Klasse | 0 | 0 | GER | Almex |
| 0. | 6016 | Alexander Thole | 00:28:26.2 | offene Klasse | 0 | 0 | GER | Genoverband e. V. |
| 0. | 4745 | Robert Leinich | 00:28:26.5 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 5293 | Nils Borgerding | 00:28:26.5 | offene Klasse | 0 | 0 | GER | Engel & Völkers Commercial |
| 0. | 10686 | Gerson Struß | 00:28:26.7 | offene Klasse | 0 | 0 | GER | Sennheiser electronic SE & Co. KG |
| 0. | 7313 | Sascha Thoms | 00:28:26.8 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 1941 | Jan Willems | 00:28:27.0 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 9873 | Jens Rachfahl | 00:28:28.0 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 7492 | Jannik Selle | 00:28:30.4 | offene Klasse | 0 | 0 | GER | HOCHTIEF Infrastructure GmbH |
| 0. | 8731 | Maximilian Schober | 00:28:30.7 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 11681 | Jan-Niclas Born | 00:28:31.1 | offene Klasse | 0 | 0 | GER | ÜSTRA AG |
| 0. | 10606 | Arne Weirich | 00:28:31.1 | offene Klasse | 0 | 0 | GER | Schmitt + Sohn Aufzüge |
| 0. | 8758 | Steffen Wodsack | 00:28:31.5 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 5931 | Sebastian Focke | 00:28:31.5 | offene Klasse | 0 | 0 | GER | The FUn GROup Runners |
| 0. | 4272 | Noname | 00:28:31.7 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 265 | Johannes Koschel | 00:28:31.9 | offene Klasse | 0 | 0 | GER | Amadeus Fire |
| 0. | 6906 | Philipp Bode | 00:28:32.2 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 11666 | Baraa Soliemann | 00:28:32.5 | offene Klasse | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 5043 | Angelos Livas | 00:28:32.6 | offene Klasse | 0 | 0 | GER | DSG |
| 0. | 5460 | Antoine De Franssu | 00:28:33.9 | offene Klasse | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 2378 | Bogdan Taran | 00:28:35.1 | offene Klasse | 0 | 0 | GER | VISION Consulting GmbH |
| 0. | 6053 | Noname | 00:28:36.0 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 7955 | Gerrit Olf | 00:28:36.5 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 9651 | Alexander Thier | 00:28:37.7 | offene Klasse | 0 | 0 | GER | NiedersachsenMetall |
| 0. | 6082 | Noname | 00:28:38.5 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 13069 | Maximilian Lippold | 00:28:38.1 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 12510 | Felix Pöhlmann | 00:28:38.3 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 627 | Jan Meier | 00:28:39.0 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 6506 | Noname | 00:28:39.7 | offene Klasse | 0 | 0 | GER | Hannover 96 Arena GmbH & Co. KG |
| 0. | 6599 | Noname | 00:28:40.0 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 12379 | Jona Groothuis | 00:28:40.5 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 7563 | Luca Herklotz | 00:28:41.1 | offene Klasse | 0 | 0 | GER | HannoverDachbauTeam |
| 0. | 6529 | Noname | 00:28:42.1 | offene Klasse | 0 | 0 | GER | Hannover 96 Arena GmbH & Co. KG |
| 0. | 8714 | Alexander Meyer | 00:28:43.0 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 280 | Yannik Schröder | 00:28:43.9 | offene Klasse | 0 | 0 | GER | Amadeus Fire |
| 0. | 3728 | Jan-Henrik Schulze | 00:28:44.6 | offene Klasse | 0 | 0 | GER | collaboration Factory AG |
| 0. | 1782 | Norbert Wichmann | 00:28:45.1 | offene Klasse | 0 | 0 | GER | LPI Ingenieurgesellschaft mbH |
| 0. | 875 | Bo Dietrich | 00:28:45.3 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 5504 | Philippe Simons | 00:28:45.3 | offene Klasse | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 5690 | Tobias Maaß | 00:28:46.5 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 5435 | Bertram Tetzner | 00:28:46.6 | offene Klasse | 0 | 0 | GER | EY Hannover |
| 0. | 392 | David Shima Ndagijimana | 00:28:46.6 | offene Klasse | 0 | 0 | GER | Bundesdruckerei GmbH |
| 0. | 51393 | Stephan Corwin | 00:28:47.0 | offene Klasse | 0 | 0 | GER | Meierhofer AG |
| 0. | 1400 | Sönke Stahl | 00:28:49.1 | offene Klasse | 0 | 0 | GER | GRENKE AG |
| 0. | 2759 | Andrew Owusu | 00:28:49.3 | offene Klasse | 0 | 0 | GER | ALLSAT |
| 0. | 1438 | Matthias Brandt | 00:28:50.2 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 8699 | Philip Langenhan | 00:28:50.2 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 13131 | Jonathan Wetzel | 00:28:51.1 | offene Klasse | 0 | 0 | GER | ZF Group |

| | | | | | | | | |
|----|-------|----------------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 2187 | Matth Kuppardt | 00:28:51.4 | offene Klasse | 0 | 0 | GER | Treuhand Hannover GmbH |
| 0. | 12780 | Ilja Schepykin | 00:28:51.6 | offene Klasse | 0 | 0 | GER | Weiss IT - Runner |
| 0. | 4873 | Johs Böhm | 00:28:52.2 | offene Klasse | 0 | 0 | GER | Weber Massivhaus |
| 0. | 13094 | Tizian Habermann | 00:28:52.6 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 4142 | Constantin Eickermann | 00:28:52.6 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 8760 | Dominik Ziegler | 00:28:53.3 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 1657 | Jonas Warneke | 00:28:53.6 | offene Klasse | 0 | 0 | GER | Team Kienast Unternehmensgruppe |
| 0. | 2444 | Nico Fischer | 00:28:54.1 | offene Klasse | 0 | 0 | GER | 3B |
| 0. | 5028 | Bekturgan Turatbekov | 00:28:54.8 | offene Klasse | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 6745 | Daniel Heise | 00:28:55.1 | offene Klasse | 0 | 0 | GER | AUF DER BULT |
| 0. | 7948 | Thomas Peterhansel | 00:28:55.8 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 4314 | Julius Nöldeke | 00:28:56.3 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 5488 | Lennart Maier | 00:28:57.0 | offene Klasse | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 2914 | Andreas Kröger | 00:28:58.1 | offene Klasse | 0 | 0 | GER | Aspria |
| 0. | 3265 | Ibrahim Rasho | 00:28:59.4 | offene Klasse | 0 | 0 | GER | becker+flöge GmbH |
| 0. | 8741 | Basil Stähly | 00:28:59.5 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 4256 | Dray Krajewski | 00:28:59.7 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 2331 | Sven Hartmann | 00:28:59.9 | offene Klasse | 0 | 0 | GER | Viatrix |
| 0. | 12365 | Benedikt Fuhrmann | 00:28:59.9 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 4939 | Sven Jünke | 00:29:00.1 | offene Klasse | 0 | 0 | GER | Dialyse-Hannover.de |
| 0. | 12647 | Frederik Flasbart | 00:29:00.3 | offene Klasse | 0 | 0 | GER | W. Hippke & Partner |
| 0. | 9481 | Julius Ruschemeier | 00:29:00.8 | offene Klasse | 0 | 0 | GER | Modulat Leasing AG |
| 0. | 9690 | Fabian Abenhausen | 00:29:00.9 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 9296 | Sebastian Hillert | 00:29:01.9 | offene Klasse | 0 | 0 | GER | Mecklenburgische Versicherungs-Gesel |
| 0. | 9858 | Jan-Frederik Otte | 00:29:02.8 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 5433 | Daniel Schleusing | 00:29:03.4 | offene Klasse | 0 | 0 | GER | EY Hannover |
| 0. | 1975 | Johannes Dittmer | 00:29:03.5 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 8544 | Henrik Von Werder | 00:29:04.1 | offene Klasse | 0 | 0 | GER | KOMATSU |
| 0. | 2406 | Noname | 00:29:04.2 | offene Klasse | 0 | 0 | GER | Du läufst hinter - Willenbrock |
| 0. | 3469 | Domenik Diederich | 00:29:04.6 | offene Klasse | 0 | 0 | GER | ARTIVA SPORTS |
| 0. | 5414 | Hendrik Anderson | 00:29:05.6 | offene Klasse | 0 | 0 | GER | EY Hannover |
| 0. | 1981 | David Bansmann | 00:29:05.9 | offene Klasse | 0 | 0 | GER | nass magnet |
| 0. | 9456 | Jan Hintze | 00:29:06.6 | offene Klasse | 0 | 0 | GER | Möbel Heinrich Running Sofa (r) |
| 0. | 4472 | Adrian Karich | 00:29:06.6 | offene Klasse | 0 | 0 | GER | Debeka |
| 0. | 11229 | Noel Krupp | 00:29:07.5 | offene Klasse | 0 | 0 | GER | thyssenkrupp Plastics |
| 0. | 6961 | No Name | 00:29:08.6 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 12517 | Sören Reinelt | 00:29:09.8 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 226 | Julian Jacobsen | 00:29:09.9 | offene Klasse | 0 | 0 | GER | ALDI Nord |
| 0. | 730 | Rene Buschmann | 00:29:10.1 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 7812 | Peiman Yaghubi | 00:29:10.3 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 10711 | Jarno Harbordt | 00:29:10.4 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 4201 | Robin Heuchel | 00:29:11.8 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 6249 | Yannik Höppner | 00:29:11.9 | offene Klasse | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 3155 | Ruben Kellermann | 00:29:13.0 | offene Klasse | 0 | 0 | GER | Waygate Technologies |
| 0. | 6897 | Samy Bengui | 00:29:13.1 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 10780 | Christoph Borchers | 00:29:13.2 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 4920 | Marius Vienenkötter-Helmig | 00:29:13.5 | offene Klasse | 0 | 0 | GER | Dr. Gemmeke GmbH |
| 0. | 11331 | Mathis Kirste | 00:29:14.3 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 215 | Finn Flathmann | 00:29:15.9 | offene Klasse | 0 | 0 | GER | ALDI Nord |
| 0. | 324 | Bengt-Henri Nolting | 00:29:16.0 | offene Klasse | 0 | 0 | GER | Arcadis Germany GmbH |
| 0. | 1336 | Niclas Koschmieder | 00:29:16.1 | offene Klasse | 0 | 0 | GER | GEA B2Run-Team |
| 0. | 12259 | Marten Bultmann | 00:29:17.0 | offene Klasse | 0 | 0 | GER | Kanzlei Vogeler |
| 0. | 12094 | Morten Schievink | 00:29:17.0 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |

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|----|-------|------------------------|------------|---------------|---|---|-----|-----------------------------------|
| 0. | 11883 | Christian Mütze | 00:29:18.8 | offene Klasse | 0 | 0 | GER | VGH Versicherungen |
| 0. | 3739 | Alexander Tolle | 00:29:19.1 | offene Klasse | 0 | 0 | GER | comNET Runners |
| 0. | 8048 | Yannik Schriegel | 00:29:19.3 | offene Klasse | 0 | 0 | GER | SportScheck |
| 0. | 5030 | Heinz-Peter Remmlinger | 00:29:19.4 | offene Klasse | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 4944 | Daniel Kayser | 00:29:19.4 | offene Klasse | 0 | 0 | GER | Dialyse-Hannover.de |
| 0. | 1160 | Florian Knackstedt | 00:29:19.8 | offene Klasse | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 9764 | Jan Günther | 00:29:20.0 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 1949 | Johannes Schönau | 00:29:20.5 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 12485 | René Mücke | 00:29:22.0 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 10380 | Moritz Kropp | 00:29:22.0 | offene Klasse | 0 | 0 | GER | Ramboll Hannover Runners |
| 0. | 8689 | Wanja Hummel | 00:29:22.1 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 11884 | Dirk Pape | 00:29:22.1 | offene Klasse | 0 | 0 | GER | VGH Versicherungen |
| 0. | 9118 | Tim Holenburg | 00:29:22.4 | offene Klasse | 0 | 0 | GER | Luther |
| 0. | 3507 | Caspar Neumann | 00:29:23.6 | offene Klasse | 0 | 0 | GER | Capgemini Deutschland GmbH |
| 0. | 7744 | Christian Bräutigam | 00:29:23.8 | offene Klasse | 0 | 0 | GER | inTime |
| 0. | 1822 | Marek Tomforde | 00:29:24.3 | offene Klasse | 0 | 0 | GER | LVBZ Steuerberatung |
| 0. | 8837 | Sönke Lerch | 00:29:24.7 | offene Klasse | 0 | 0 | GER | KSG Hannover - back in town |
| 0. | 2248 | Antonius Steinkamp | 00:29:26.2 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 1898 | Max Kluß | 00:29:26.6 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 459 | Thomas Pohler | 00:29:26.6 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 1525 | Arne Wöhler | 00:29:27.0 | offene Klasse | 0 | 0 | GER | Hanno Werk GmbH & Co. KG |
| 0. | 3790 | No Name | 00:29:27.2 | offene Klasse | 0 | 0 | GER | Team Concordia |
| 0. | 7915 | Robert Szustak | 00:29:27.4 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 1779 | Steffen Sake | 00:29:27.4 | offene Klasse | 0 | 0 | GER | LPI Ingenieurgesellschaft mbH |
| 0. | 8968 | Örsan Özcan | 00:29:27.5 | offene Klasse | 0 | 0 | GER | LBS NordWest |
| 0. | 6078 | Jonah Riddiough | 00:29:28.1 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 6538 | Patrick Grube | 00:29:28.4 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 10789 | Christopher Ertelt | 00:29:28.8 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 541 | Markus Lambrecht | 00:29:29.1 | offene Klasse | 0 | 0 | GER | deister electronic GmbH |
| 0. | 7741 | No name | 00:29:29.6 | offene Klasse | 0 | 0 | GER | imug |
| 0. | 6122 | No name | 00:29:29.8 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 10456 | Simeon Schipke | 00:29:29.8 | offene Klasse | 0 | 0 | GER | Team RHB Hannover |
| 0. | 10422 | Kai Gehrman | 00:29:30.6 | offene Klasse | 0 | 0 | GER | Gib Gummi |
| 0. | 9948 | Paul Wedemeier | 00:29:30.6 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 7610 | Christopher Knott | 00:29:31.0 | offene Klasse | 0 | 0 | GER | IG Metallteam |
| 0. | 7239 | Maximilian Rupprecht | 00:29:31.1 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 13043 | Jörg Kahde | 00:29:31.1 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 9877 | Johann David Reichert | 00:29:31.8 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 6407 | Niclas Hockemeyer | 00:29:31.9 | offene Klasse | 0 | 0 | GER | Hahne Holding GmbH |
| 0. | 3450 | Till Henning | 00:29:32.1 | offene Klasse | 0 | 0 | GER | Busse & Coll Steuerberatungs GmbH |
| 0. | 6083 | No name | 00:29:32.3 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 5933 | Manuel Koslik | 00:29:32.4 | offene Klasse | 0 | 0 | GER | The FUn GROup Runners |
| 0. | 6055 | No name | 00:29:32.9 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 630 | Jannes Mertens | 00:29:33.3 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 3019 | Jan Eversmann | 00:29:33.6 | offene Klasse | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 8735 | Fabian Schwenke | 00:29:33.8 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 5459 | Daniel Castro Lara | 00:29:33.9 | offene Klasse | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 3451 | Arsenij Kovalenko | 00:29:34.0 | offene Klasse | 0 | 0 | GER | Busse & Coll Steuerberatungs GmbH |
| 0. | 9412 | Henry Frederic Brandt | 00:29:34.4 | offene Klasse | 0 | 0 | GER | MHHERZTEAM |
| 0. | 8638 | Robert Strüber | 00:29:35.4 | offene Klasse | 0 | 0 | GER | K&M |
| 0. | 97 | Valentin Konrad | 00:29:35.4 | offene Klasse | 0 | 0 | GER | AGILA Haustierversicherung AG |
| 0. | 5678 | Jan Langer | 00:29:35.5 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 1953 | Dennis Sliwon | 00:29:35.5 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |

| | | | | | | | | |
|----|-------|---------------------|------------|---------------|---|---|-----|------------------------------------|
| 0. | 10925 | Tim Albrecht | 00:29:35.6 | offene Klasse | 0 | 0 | GER | Sonova Consumer Hearing |
| 0. | 6172 | Noname | 00:29:36.4 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 13009 | Hauke Diers | 00:29:36.6 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 2746 | Niklas Thimm | 00:29:36.6 | offene Klasse | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 3588 | Arne Wolkenhauer | 00:29:37.1 | offene Klasse | 0 | 0 | GER | winkler Unternehmensgruppe |
| 0. | 5996 | Henning Korinth | 00:29:37.9 | offene Klasse | 0 | 0 | GER | Genoverband e. V. |
| 0. | 12913 | Pavlos G. | 00:29:38.4 | offene Klasse | 0 | 0 | GER | Zahnärzte PODBI344 |
| 0. | 10948 | Jens Wirth | 00:29:39.0 | offene Klasse | 0 | 0 | GER | Sonova Consumer Hearing |
| 0. | 8701 | Tim Licker | 00:29:39.3 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 2208 | Rainer Brüsewitz | 00:29:40.0 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 6112 | Noname | 00:29:40.0 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 6614 | Emil Langwald | 00:29:40.6 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 12740 | Oleksandr Chernov | 00:29:41.4 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 3973 | Fynn Richter | 00:29:41.5 | offene Klasse | 0 | 0 | GER | DAK |
| 0. | 10344 | Viktor Groetz | 00:29:41.8 | offene Klasse | 0 | 0 | GER | Radio Hannover |
| 0. | 2685 | Stefan Blaudschun | 00:29:42.0 | offene Klasse | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 6615 | Kevin Klass | 00:29:42.1 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 3736 | Maximilian Schröder | 00:29:42.5 | offene Klasse | 0 | 0 | GER | comNET Runners |
| 0. | 3786 | Florian Klann | 00:29:43.3 | offene Klasse | 0 | 0 | GER | Team Concordia |
| 0. | 1279 | Kieran Lindemann | 00:29:43.5 | offene Klasse | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 11340 | Ben Marshall | 00:29:43.8 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 7107 | Christopher Leahy | 00:29:44.3 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 5649 | Max Keßler | 00:29:44.5 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 10308 | Christian Brützel | 00:29:44.6 | offene Klasse | 0 | 0 | GER | qnips |
| 0. | 2119 | Salomon Oubda | 00:29:45.6 | offene Klasse | 0 | 0 | GER | top itservices AG |
| 0. | 9245 | Hannes Lüdicke | 00:29:45.8 | offene Klasse | 0 | 0 | GER | Materna Hannover |
| 0. | 1641 | Abdul Shareef | 00:29:46.9 | offene Klasse | 0 | 0 | GER | Team Kienast Unternehmensgruppe |
| 0. | 10317 | Clemens Beck | 00:29:47.3 | offene Klasse | 0 | 0 | GER | qnips |
| 0. | 1056 | Kevin Goldschmidt | 00:29:47.6 | offene Klasse | 0 | 0 | GER | DRK-Region Hannover e.V. |
| 0. | 9098 | Thore Amend | 00:29:47.6 | offene Klasse | 0 | 0 | GER | LPKF Laser & Electronics SE |
| 0. | 1775 | Mark Pullkowski | 00:29:47.6 | offene Klasse | 0 | 0 | GER | LPI Ingenieurgesellschaft mbH |
| 0. | 7883 | Alex Mboutchouang | 00:29:48.6 | offene Klasse | 0 | 0 | GER | IT-P GmbH |
| 0. | 6948 | Nils Dismer | 00:29:49.3 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 1784 | Daniel Wohlfahrt | 00:29:49.3 | offene Klasse | 0 | 0 | GER | LPI Ingenieurgesellschaft mbH |
| 0. | 4943 | Georg Schlieper | 00:29:49.4 | offene Klasse | 0 | 0 | GER | Dialyse-Hannover.de |
| 0. | 3536 | André Zurmühlen | 00:29:49.9 | offene Klasse | 0 | 0 | GER | CARESTONE |
| 0. | 7314 | Marius Tigges | 00:29:49.9 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 3539 | Julian Ihn | 00:29:50.5 | offene Klasse | 0 | 0 | GER | CENTERSCAPE |
| 0. | 6298 | Jonas Berg | 00:29:50.6 | offene Klasse | 0 | 0 | GER | GSR Strahlentherapie Hannover |
| 0. | 11552 | Thomas Wegner | 00:29:52.1 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 1928 | Tim Pauls | 00:29:52.2 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 12823 | Simon Radonic | 00:29:52.4 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Group |
| 0. | 5515 | Lukas Eißing | 00:29:52.8 | offene Klasse | 0 | 0 | GER | FiberBridge Photonics |
| 0. | 10801 | Florian Hinse | 00:29:52.9 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 11171 | Jason Denecke | 00:29:53.4 | offene Klasse | 0 | 0 | GER | Techniker Krankenkasse |
| 0. | 7802 | Tim Schaake | 00:29:54.2 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 3347 | Noname | 00:29:54.9 | offene Klasse | 0 | 0 | GER | BMW Hannover |
| 0. | 7349 | No Name | 00:29:55.1 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 2527 | Noname | 00:29:55.5 | offene Klasse | 0 | 0 | GER | adesso |
| 0. | 7536 | Sebastian Waschk | 00:29:56.0 | offene Klasse | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 4091 | Christian Bergers | 00:29:56.3 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 11247 | Kenny Reinefeldt | 00:29:56.4 | offene Klasse | 0 | 0 | GER | LOTTO Niedersachsen |
| 0. | 8242 | Simon Kort | 00:29:56.6 | offene Klasse | 0 | 0 | GER | Klinikum Region Hannover GmbH |

| | | | | | | | | |
|----|-------|-------------------------|------------|---------------|---|---|-----|--|
| 0. | 1962 | Adrian Tapia Sonntag | 00:29:56.7 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 5827 | Mario Conte | 00:29:56.8 | offene Klasse | 0 | 0 | GER | FL Technics |
| 0. | 8756 | Jannis Weißbrich | 00:29:56.9 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 8705 | Julian Loges | 00:29:57.2 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 1268 | Holger Rulle | 00:29:57.5 | offene Klasse | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 7747 | Jun Asegawa | 00:29:57.6 | offene Klasse | 0 | 0 | GER | inTime |
| 0. | 5833 | Tim Steiner | 00:29:58.1 | offene Klasse | 0 | 0 | GER | FL Technics |
| 0. | 10232 | Noname | 00:29:58.8 | offene Klasse | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 1951 | Philip Schulz | 00:29:59.3 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 3438 | Thorben Walbrecht | 00:29:59.4 | offene Klasse | 0 | 0 | GER | Team Whopper |
| 0. | 997 | Oliver Ziesch | 00:29:59.8 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 6175 | Noname | 00:29:59.8 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 3480 | Sven Schubert | 00:29:59.8 | offene Klasse | 0 | 0 | GER | ARTIVA SPORTS |
| 0. | 5934 | Moritz Krause | 00:29:59.8 | offene Klasse | 0 | 0 | GER | The FUn GROup Runners |
| 0. | 10000 | Noname | 00:30:00.0 | offene Klasse | 0 | 0 | GER | OPTIMAL SYSTEMS Hannover |
| 0. | 2380 | Leon Du Toit | 00:30:00.1 | offene Klasse | 0 | 0 | GER | Wahl GmbH + Co. KG |
| 0. | 9902 | Thimo Schnitt | 00:30:00.1 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 10674 | Alexander Limper | 00:30:00.2 | offene Klasse | 0 | 0 | GER | Sennheiser electronic SE & Co. KG |
| 0. | 2387 | Thomas Knirsch | 00:30:00.3 | offene Klasse | 0 | 0 | GER | Wahl GmbH + Co. KG |
| 0. | 9259 | Loc Nguyen | 00:30:00.8 | offene Klasse | 0 | 0 | GER | Maximum |
| 0. | 2390 | Martin Rittinghaus | 00:30:00.8 | offene Klasse | 0 | 0 | GER | Wahl GmbH + Co. KG |
| 0. | 6026 | Jens Dahlhausen | 00:30:01.6 | offene Klasse | 0 | 0 | GER | GEO-NET |
| 0. | 7491 | Tomas Schramme | 00:30:01.9 | offene Klasse | 0 | 0 | GER | HOCHTIEF Infrastructure GmbH |
| 0. | 5986 | Justin Deneke-Jöhrens | 00:30:02.2 | offene Klasse | 0 | 0 | GER | Genoverband e. V. |
| 0. | 51459 | Anastasios Papaioannou | 00:30:02.3 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 6280 | Eike Grimmelmann | 00:30:02.6 | offene Klasse | 0 | 0 | GER | GRBV Ingenieure im Bauwesen |
| 0. | 943 | Hannes Schröter | 00:30:03.5 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 761 | Benedikt Fleige | 00:30:03.5 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 1692 | Mohammad Hussein Yusofi | 00:30:04.2 | offene Klasse | 0 | 0 | GER | Klinikum Peine |
| 0. | 12111 | Heiko Sift | 00:30:05.3 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 10588 | Noname | 00:30:05.3 | offene Klasse | 0 | 0 | GER | Schlütersche Mediengruppe |
| 0. | 3439 | Jan Niklas Vaje | 00:30:05.3 | offene Klasse | 0 | 0 | GER | Team Whopper |
| 0. | 13089 | Marlo Nowozin | 00:30:05.5 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 6245 | Matthias Helfrich | 00:30:05.6 | offene Klasse | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 6613 | Tom Quendler | 00:30:05.6 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 8734 | Dustin Schweitzer | 00:30:05.7 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 6077 | Noname | 00:30:06.2 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 1698 | Paul Voll | 00:30:07.6 | offene Klasse | 0 | 0 | GER | Knauf Interfer Stahl Service Center GmbH |
| 0. | 9759 | Liam Greulich | 00:30:08.3 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 12244 | Frank Sievers | 00:30:08.5 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 1021 | Alexander Rutsch | 00:30:08.6 | offene Klasse | 0 | 0 | GER | DOK SYSTEME |
| 0. | 4344 | Marco Rogalski | 00:30:09.0 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 2871 | Arne Neumann | 00:30:09.3 | offene Klasse | 0 | 0 | GER | Arvato |
| 0. | 11956 | Tim Germeroth | 00:30:09.8 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 10831 | No Name | 00:30:09.8 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 11917 | Ilias Chegday | 00:30:10.0 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 4562 | Thilo Schnittger | 00:30:10.8 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 4711 | Marian Bartels | 00:30:10.9 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 1013 | Christian Roeben | 00:30:11.1 | offene Klasse | 0 | 0 | GER | dogado GmbH |
| 0. | 9641 | Alexander Grafe | 00:30:11.6 | offene Klasse | 0 | 0 | GER | NiedersachsenMetall |
| 0. | 6540 | Thomas Köhr | 00:30:11.6 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 11190 | Noname | 00:30:11.8 | offene Klasse | 0 | 0 | GER | Techniker Krankenkasse |
| 0. | 7012 | Julius Hahne | 00:30:12.1 | offene Klasse | 0 | 0 | GER | HDI AG |

| | | | | | | | | |
|----|-------|----------------------|------------|---------------|---|---|-----|-----------------------------------|
| 0. | 9574 | No Name | 00:30:12.5 | offene Klasse | 0 | 0 | GER | M&P Ingenieurgesellschaft mbH |
| 0. | 6572 | Steffen Schulze | 00:30:12.9 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 10430 | Jakob Eisenbeiss | 00:30:13.6 | offene Klasse | 0 | 0 | GER | reinisch |
| 0. | 2143 | Nils Kaplan | 00:30:13.8 | offene Klasse | 0 | 0 | GER | Toyota Material Handling |
| 0. | 5014 | Ludwig Rau | 00:30:14.5 | offene Klasse | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 9352 | Henrik Stohmann | 00:30:14.6 | offene Klasse | 0 | 0 | GER | MT-Schule |
| 0. | 5222 | Bartosc Maloborski | 00:30:15.4 | offene Klasse | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 7793 | Mattis Korte | 00:30:15.6 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 3587 | Matthias Tomm | 00:30:15.8 | offene Klasse | 0 | 0 | GER | winkler Unternehmensgruppe |
| 0. | 2124 | Arne Achtzehn | 00:30:16.0 | offene Klasse | 0 | 0 | GER | Toyota Material Handling |
| 0. | 1220 | Noname | 00:30:16.5 | offene Klasse | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 38 | Alexander Weller | 00:30:17.1 | offene Klasse | 0 | 0 | GER | Vinci Energies |
| 0. | 347 | Rico Pulver | 00:30:17.5 | offene Klasse | 0 | 0 | GER | Pipe Pacers |
| 0. | 288 | Merlin Diedrichs | 00:30:17.6 | offene Klasse | 0 | 0 | GER | Amazon HAJ8 |
| 0. | 6575 | Sascha Abraham | 00:30:18.3 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 4969 | Jakob Von Lehmden | 00:30:18.8 | offene Klasse | 0 | 0 | GER | Drees & Sommer |
| 0. | 7985 | Jonas Kipp | 00:30:19.5 | offene Klasse | 0 | 0 | GER | Immer am Limit! |
| 0. | 8529 | Ismet Fazliji | 00:30:19.9 | offene Klasse | 0 | 0 | GER | KOMATSU |
| 0. | 6944 | Steve Brüske | 00:30:21.1 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 3158 | Markus Langfermann | 00:30:21.8 | offene Klasse | 0 | 0 | GER | Waygate Technologies |
| 0. | 10869 | Sebastian Vinzens | 00:30:22.3 | offene Klasse | 0 | 0 | GER | SKC Beratungsgesellschaft mbH |
| 0. | 11601 | Fabian Kreye | 00:30:24.4 | offene Klasse | 0 | 0 | GER | United Physio |
| 0. | 10262 | Henrik Lietfien | 00:30:25.5 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 2417 | Noname | 00:30:25.9 | offene Klasse | 0 | 0 | GER | Du läufst hinter - Willenbrock |
| 0. | 12990 | Oliver Berkefeld | 00:30:26.0 | offene Klasse | 0 | 0 | GER | ZETCON Ingenieure GmbH |
| 0. | 2860 | Jan Kohlhase | 00:30:26.0 | offene Klasse | 0 | 0 | GER | Arvato |
| 0. | 77 | Lars Kiesow | 00:30:26.1 | offene Klasse | 0 | 0 | GER | activelaw |
| 0. | 10070 | Maximilian Reiss | 00:30:26.3 | offene Klasse | 0 | 0 | GER | Paulmann Licht |
| 0. | 4373 | Lucas Schödler | 00:30:26.5 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 7368 | Philipp Hüsken | 00:30:27.5 | offene Klasse | 0 | 0 | GER | Zementwerk Hannover |
| 0. | 9843 | Stefan Schake | 00:30:27.5 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 4173 | Felix Michael Gerull | 00:30:28.3 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 10605 | Maximilian Schmidt | 00:30:28.3 | offene Klasse | 0 | 0 | GER | Schmitt + Sohn Aufzüge |
| 0. | 3234 | Jannis Bestmann | 00:30:28.4 | offene Klasse | 0 | 0 | GER | laufend prüfen |
| 0. | 12039 | Matthias Linder | 00:30:29.0 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 4233 | Kevin Kargel | 00:30:29.1 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 433 | Michael Doms | 00:30:29.1 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 3240 | Konstantin Jaep | 00:30:29.4 | offene Klasse | 0 | 0 | GER | laufend prüfen |
| 0. | 11351 | Maximilian Schmidt | 00:30:30.3 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 12036 | Sören Lehmann | 00:30:30.6 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 11560 | Tobias Winkler | 00:30:31.0 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 3432 | Jörg Ehmer | 00:30:31.3 | offene Klasse | 0 | 0 | GER | Team Whopper |
| 0. | 6590 | Branko Marsenic | 00:30:31.6 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 6616 | Benno Segreff | 00:30:32.9 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 155 | Jörn Lettmoden | 00:30:32.1 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 6620 | Noname | 00:30:32.8 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 1952 | Jan-Henrik Schuseil | 00:30:32.8 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 12631 | Noname | 00:30:33.3 | offene Klasse | 0 | 0 | GER | VSM |
| 0. | 3459 | Eike Warnecke-Busch | 00:30:33.8 | offene Klasse | 0 | 0 | GER | Busse & Coll Steuerberatungs GmbH |
| 0. | 9465 | Jonas Struckmann | 00:30:34.3 | offene Klasse | 0 | 0 | GER | Möbel Heinrich Running Sofa (r) |
| 0. | 11090 | Nils Mönikes | 00:30:34.5 | offene Klasse | 0 | 0 | GER | Sweco |
| 0. | 6928 | Miguel Caldas | 00:30:35.1 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 6185 | Tugrancan Singin | 00:30:35.1 | offene Klasse | 0 | 0 | GER | GFK Ingenieure |

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|----|-------|----------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 11172 | Hannes Franke | 00:30:35.1 | offene Klasse | 0 | 0 | GER | Techniker Krankenkasse |
| 0. | 410 | Fabian Hercher | 00:30:35.4 | offene Klasse | 0 | 0 | GER | CarUnion Runners |
| 0. | 8635 | Alexander Lindau | 00:30:35.8 | offene Klasse | 0 | 0 | GER | K&M |
| 0. | 1906 | Marco Krebs | 00:30:36.3 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 5580 | Niklas Doll | 00:30:36.3 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 11711 | Leon Horstmann | 00:30:37.0 | offene Klasse | 0 | 0 | GER | ÜSTRA AG |
| 0. | 4846 | Nils Pape | 00:30:38.0 | offene Klasse | 0 | 0 | GER | Deutsches Taubblindenwerk |
| 0. | 11971 | Jakob Hederich | 00:30:38.6 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 6177 | Naim Gasmi | 00:30:38.6 | offene Klasse | 0 | 0 | GER | GFK Ingenieure |
| 0. | 6528 | Noname | 00:30:38.6 | offene Klasse | 0 | 0 | GER | Hannover 96 Arena GmbH & Co. KG |
| 0. | 2690 | Marlon Büsching | 00:30:38.8 | offene Klasse | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 1534 | Nils Haster | 00:30:38.8 | offene Klasse | 0 | 0 | GER | Team Haster |
| 0. | 10934 | Hakan Guemues | 00:30:39.3 | offene Klasse | 0 | 0 | GER | Sonova Consumer Hearing |
| 0. | 3471 | Ronny Günzel | 00:30:40.1 | offene Klasse | 0 | 0 | GER | ARTIVA SPORTS |
| 0. | 2518 | Lennart Diedrich | 00:30:40.3 | offene Klasse | 0 | 0 | GER | adesso |
| 0. | 6060 | Noname | 00:30:40.5 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 12589 | Maximilian Vollmer | 00:30:41.9 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 51377 | Noname | 00:30:41.9 | offene Klasse | 0 | 0 | GER | KA+G |
| 0. | 6050 | Noname | 00:30:42.3 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 8530 | Paul Ole Gauglitz | 00:30:42.4 | offene Klasse | 0 | 0 | GER | KOMATSU |
| 0. | 2385 | Lutz Hemme | 00:30:42.6 | offene Klasse | 0 | 0 | GER | Wahl GmbH + Co. KG |
| 0. | 2266 | Daniel Marquard | 00:30:43.7 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 10738 | André Göke | 00:30:44.3 | offene Klasse | 0 | 0 | GER | SEW-EURODRIVE GmbH & Co KG |
| 0. | 12835 | Edwin Tkatzyk | 00:30:44.7 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Group |
| 0. | 12035 | Leon Lehmann | 00:30:45.1 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 6484 | Jan Hobelsberger | 00:30:45.8 | offene Klasse | 0 | 0 | GER | HWK Hannover & Friends |
| 0. | 2386 | Tim Henke | 00:30:46.0 | offene Klasse | 0 | 0 | GER | Wahl GmbH + Co. KG |
| 0. | 7986 | Christian Beckemeier | 00:30:46.1 | offene Klasse | 0 | 0 | GER | Immer am Limit! |
| 0. | 4458 | Sertac Yurttas | 00:30:46.6 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 9151 | Frederic Greber | 00:30:46.6 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 11745 | Lukas Schwenger | 00:30:47.1 | offene Klasse | 0 | 0 | GER | ÜSTRA AG |
| 0. | 4554 | Justin Nickels | 00:30:47.3 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 12279 | Daniel Fricke | 00:30:47.4 | offene Klasse | 0 | 0 | GER | Volksbank in Schaumburg und Nienburg |
| 0. | 7166 | Fynn Müller | 00:30:47.6 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 8528 | Frank Evers | 00:30:48.4 | offene Klasse | 0 | 0 | GER | KOMATSU |
| 0. | 5376 | Cederic Cabanis | 00:30:48.9 | offene Klasse | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 1165 | Jonas Kröning | 00:30:49.2 | offene Klasse | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 9372 | Noah Borgelt | 00:30:49.3 | offene Klasse | 0 | 0 | GER | MeKo Manufacturing |
| 0. | 12824 | Timm Reiners | 00:30:49.6 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Group |
| 0. | 8015 | Tobias Lakemann | 00:30:49.8 | offene Klasse | 0 | 0 | GER | KAG - The Endurance Runners |
| 0. | 4748 | Ingo Mahlmann | 00:30:49.9 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 3716 | Niklas Volke | 00:30:50.6 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 9181 | Torsten Schultz | 00:30:51.7 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 9860 | No Name | 00:30:52.1 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 8540 | Dustin Röbbber | 00:30:52.3 | offene Klasse | 0 | 0 | GER | KOMATSU |
| 0. | 10078 | Magnus Weidke | 00:30:52.3 | offene Klasse | 0 | 0 | GER | Paulmann Licht |
| 0. | 1706 | Ron Fricke | 00:30:52.8 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 7731 | Lukas Grabowsky | 00:30:53.6 | offene Klasse | 0 | 0 | GER | imug |
| 0. | 5467 | Philipp Döbbe | 00:30:53.8 | offene Klasse | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 7755 | Kai Wischeropp | 00:30:54.5 | offene Klasse | 0 | 0 | GER | inTime |
| 0. | 834 | Enno Leseberg | 00:30:54.5 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 1644 | Lukas Kleuker | 00:30:55.2 | offene Klasse | 0 | 0 | GER | Team Kienast Unternehmensgruppe |
| 0. | 1944 | Luka Schillig | 00:30:55.6 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |

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|----|-------|---------------------------|------------|---------------|---|---|-----|-------------------------------|
| 0. | 1969 | Felix Wedemeyer | 00:30:55.6 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 1020 | Roy Luckow | 00:30:56.3 | offene Klasse | 0 | 0 | GER | DOK SYSTEME |
| 0. | 6626 | Noname | 00:30:56.4 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 4408 | Jonas Stecker | 00:30:56.6 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 6126 | Noname | 00:30:56.7 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 4162 | Lenhard Ginters | 00:30:56.8 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 1704 | Lennart Denecke | 00:30:56.8 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 5427 | Narek Noramiryan | 00:30:57.1 | offene Klasse | 0 | 0 | GER | EY Hannover |
| 0. | 8907 | Nick Schwarz | 00:30:57.5 | offene Klasse | 0 | 0 | GER | Laser Zentrum Hannover e.V. |
| 0. | 8066 | Oliver Kutz | 00:30:58.8 | offene Klasse | 0 | 0 | GER | KinderEvents Sehnde |
| 0. | 4377 | Simon Schoon | 00:30:58.8 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 2634 | Noname | 00:30:58.9 | offene Klasse | 0 | 0 | GER | AIM |
| 0. | 4973 | Felix Müller | 00:30:59.7 | offene Klasse | 0 | 0 | GER | dreist Werbeagentur |
| 0. | 10377 | Javier Fernandez Scarioni | 00:30:59.7 | offene Klasse | 0 | 0 | GER | Ramboll Hannover Runners |
| 0. | 2875 | Patrick Schulig | 00:31:00.1 | offene Klasse | 0 | 0 | GER | Arvato |
| 0. | 3712 | Joaquin Soriano | 00:31:00.3 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 8894 | Tim Eismann | 00:31:00.4 | offene Klasse | 0 | 0 | GER | Laser Zentrum Hannover e.V. |
| 0. | 12037 | Florian Lehne | 00:31:00.5 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 3903 | Jörn Berheide | 00:31:00.7 | offene Klasse | 0 | 0 | GER | Creditreform |
| 0. | 9165 | Daniel Lagerbauer | 00:31:00.9 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 11987 | Marcos Hufenbach | 00:31:01.0 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 9584 | Fabian Probst | 00:31:01.1 | offene Klasse | 0 | 0 | GER | M&P Ingenieurgesellschaft mbH |
| 0. | 12340 | Lars Burmann | 00:31:01.6 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 12545 | Jannik Schramke | 00:31:01.7 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 4714 | Ralf Borgaes | 00:31:01.8 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 7043 | Florian Holzenkamp | 00:31:01.9 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 9835 | Philipp Mews | 00:31:02.1 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 7887 | Sven Soffregen | 00:31:02.1 | offene Klasse | 0 | 0 | GER | IT-P GmbH |
| 0. | 7019 | Stefan Hartmann | 00:31:02.4 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 11341 | Eric Müller | 00:31:02.6 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 6275 | Oussama Boudokhane | 00:31:03.0 | offene Klasse | 0 | 0 | GER | GRBV Ingenieure im Bauwesen |
| 0. | 12748 | Oliver Mahlfeldt | 00:31:03.1 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 8750 | Roman Vogel | 00:31:03.1 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 10753 | Sebastian Brammer | 00:31:03.2 | offene Klasse | 0 | 0 | GER | shI Runners |
| 0. | 7936 | Arne Häusler | 00:31:03.4 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 1793 | Sören Maiwald | 00:31:03.5 | offene Klasse | 0 | 0 | GER | LW.P Lüders Warneboldt |
| 0. | 6198 | Constantin Heers | 00:31:04.0 | offene Klasse | 0 | 0 | GER | GMP Makowka & Partner |
| 0. | 12246 | Marcel Werndt | 00:31:04.3 | offene Klasse | 0 | 0 | GER | Klinikum Warendorff GmbH |
| 0. | 8832 | Noname | 00:31:04.6 | offene Klasse | 0 | 0 | GER | KSB INTAX |
| 0. | 1602 | Luca Wanner | 00:31:05.1 | offene Klasse | 0 | 0 | GER | IPH gGmbH |
| 0. | 2297 | Hendrik Warneke | 00:31:05.2 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 2301 | Jan Wöckener | 00:31:05.6 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 4888 | Karl Dannenberg | 00:31:05.8 | offene Klasse | 0 | 0 | GER | DIDImmo |
| 0. | 4274 | Patrick Latzel | 00:31:06.5 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 12342 | Daniele Cañete | 00:31:06.9 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 4321 | Jason Pappenberg | 00:31:07.1 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 5705 | Baris Ölcer | 00:31:07.5 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 11941 | Jan Eiden | 00:31:07.5 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 12381 | Marco Hahn | 00:31:08.4 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 8729 | Dennis Schmidt | 00:31:08.4 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 2010 | Sasko Kitanovski | 00:31:09.3 | offene Klasse | 0 | 0 | GER | O&P Kälte + Klimatechnik |
| 0. | 1410 | Ole Gagelmann | 00:31:09.3 | offene Klasse | 0 | 0 | GER | Gundlach |
| 0. | 1091 | Andreas Schaub | 00:31:09.4 | offene Klasse | 0 | 0 | GER | DRK-Region Hannover e.V. |

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|----|-------|----------------------|------------|---------------|---|---|-----|------------------------------------|
| 0. | 10066 | Sönke Müller | 00:31:09.5 | offene Klasse | 0 | 0 | GER | Paulmann Licht |
| 0. | 5885 | Mike Ziehm | 00:31:09.6 | offene Klasse | 0 | 0 | GER | Flughafen Hannover-Langenhagen |
| 0. | 3135 | Georg Schwing | 00:31:09.8 | offene Klasse | 0 | 0 | GER | Bahr Modultechnik GmbH |
| 0. | 12860 | Ulli Schmolders | 00:31:10.4 | offene Klasse | 0 | 0 | GER | Laufkunst |
| 0. | 1307 | Jan Melching | 00:31:10.4 | offene Klasse | 0 | 0 | GER | Gasunie |
| 0. | 11134 | Patrick Anke | 00:31:10.6 | offene Klasse | 0 | 0 | GER | TAIFUN Software |
| 0. | 10776 | Leon Baer | 00:31:10.7 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 5117 | Thomas Sterzer | 00:31:11.5 | offene Klasse | 0 | 0 | GER | Ecovis Hannover |
| 0. | 4401 | No Name | 00:31:11.6 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 12874 | Dorian Heinze | 00:31:11.9 | offene Klasse | 0 | 0 | GER | Wohnungsgenossenschaft Heimkehr eG |
| 0. | 8491 | Denis Mertesacker | 00:31:12.4 | offene Klasse | 0 | 0 | GER | Kniggendorf |
| 0. | 1987 | Benedikt Hoff | 00:31:12.6 | offene Klasse | 0 | 0 | GER | nass magnet |
| 0. | 5910 | No Name | 00:31:13.1 | offene Klasse | 0 | 0 | GER | frobese GmbH |
| 0. | 9647 | Moritz Mogwitz | 00:31:13.1 | offene Klasse | 0 | 0 | GER | NiedersachsenMetall |
| 0. | 11746 | Markus Rinne | 00:31:13.2 | offene Klasse | 0 | 0 | GER | ÜSTRA AG |
| 0. | 12826 | Martin Scheible | 00:31:13.3 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Group |
| 0. | 9638 | Daniel Adam | 00:31:13.4 | offene Klasse | 0 | 0 | GER | NiedersachsenMetall |
| 0. | 12928 | William S. | 00:31:13.7 | offene Klasse | 0 | 0 | GER | Zahnärzte PODBI344 |
| 0. | 11288 | Hannes Trapphagen | 00:31:14.9 | offene Klasse | 0 | 0 | GER | TTB-Runners |
| 0. | 12786 | Oliver Blume | 00:31:15.0 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Group |
| 0. | 10683 | Janik Schulze | 00:31:15.6 | offene Klasse | 0 | 0 | GER | Sennheiser electronic SE & Co. KG |
| 0. | 8736 | Patrick Schwethelm | 00:31:15.9 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 2928 | Markus Schroth | 00:31:16.1 | offene Klasse | 0 | 0 | GER | ATS - Abgefahrene Turbo Sprinter |
| 0. | 4118 | Florian Busse | 00:31:16.4 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 11839 | Tim Kirsch | 00:31:16.5 | offene Klasse | 0 | 0 | GER | VetZ GmbH |
| 0. | 863 | Marvin Meyer | 00:31:16.8 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 4418 | Lars Stiller | 00:31:17.8 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 11701 | Konstantin Brinkhoff | 00:31:17.1 | offene Klasse | 0 | 0 | GER | ÜSTRA AG |
| 0. | 9992 | Dennis Karacadag | 00:31:17.1 | offene Klasse | 0 | 0 | GER | OPTIMAL SYSTEMS Hannover |
| 0. | 5938 | Hendrik Donner | 00:31:18.3 | offene Klasse | 0 | 0 | GER | FW-FERNWÄRME-TECHNIK GmbH |
| 0. | 6629 | Noname | 00:31:18.6 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 10828 | Till Schaper | 00:31:18.6 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 6627 | Noname | 00:31:18.7 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 2141 | Stefan Hindinger | 00:31:18.9 | offene Klasse | 0 | 0 | GER | Toyota Material Handling |
| 0. | 8026 | Michael Fritz | 00:31:19.7 | offene Klasse | 0 | 0 | GER | Anwälte für Ärzte |
| 0. | 698 | Tim Albrecht | 00:31:19.8 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 1883 | Paul Hakmann | 00:31:20.2 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 8500 | Niklas Witt | 00:31:20.5 | offene Klasse | 0 | 0 | GER | Kniggendorf |
| 0. | 4743 | Marvin Samchez | 00:31:20.7 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 12084 | Kamil Rozanski | 00:31:21.3 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 11888 | Adrian Rohde | 00:31:21.3 | offene Klasse | 0 | 0 | GER | VGH Versicherungen |
| 0. | 4534 | Timo Hänel | 00:31:21.5 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 3530 | Sandro Pawils | 00:31:21.6 | offene Klasse | 0 | 0 | GER | CARESTONE |
| 0. | 2525 | Thomas Rozanski | 00:31:22.0 | offene Klasse | 0 | 0 | GER | adesso |
| 0. | 4574 | Stephan Engling | 00:31:22.4 | offene Klasse | 0 | 0 | GER | Delta Immobilien Gruppe |
| 0. | 11547 | Hannes Friebel | 00:31:22.5 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 6057 | Noname | 00:31:23.1 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 3722 | Ahmed Kadri | 00:31:23.4 | offene Klasse | 0 | 0 | GER | collaboration Factory AG |
| 0. | 12414 | Tobias Jäger | 00:31:23.8 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 8686 | Tristan Heins | 00:31:23.9 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 4568 | Tarik Wörmann | 00:31:24.6 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 7912 | Krzysztof Kulig | 00:31:24.8 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 10868 | Florian Stieglitz | 00:31:25.1 | offene Klasse | 0 | 0 | GER | SKC Beratungsgesellschaft mbH |

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|----|-------|-----------------------|------------|---------------|---|---|-----|----------------------------------|
| 0. | 10269 | Cornelius Park | 00:31:25.2 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 4520 | Philip Brauer | 00:31:25.5 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 2756 | Enno Hennecke | 00:31:25.8 | offene Klasse | 0 | 0 | GER | ALLSAT |
| 0. | 10583 | Hauke Steffen | 00:31:25.8 | offene Klasse | 0 | 0 | GER | SAZ Services GmbH |
| 0. | 6555 | Carsten Wilkens | 00:31:26.0 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 11181 | Noname | 00:31:26.1 | offene Klasse | 0 | 0 | GER | Techniker Krankenkasse |
| 0. | 5908 | Marcel Töpler | 00:31:26.9 | offene Klasse | 0 | 0 | GER | FOM Hochschule |
| 0. | 1905 | David Kozjan | 00:31:26.9 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 6913 | Lars Breitenstein | 00:31:27.1 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 6610 | Jesper Feyerabend | 00:31:27.6 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 3592 | Jan Klemmer | 00:31:28.1 | offene Klasse | 0 | 0 | GER | CISPA |
| 0. | 11286 | Hugo Pivaral | 00:31:28.3 | offene Klasse | 0 | 0 | GER | TTB-Runners |
| 0. | 430 | Sergej Dirks | 00:31:28.4 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 9152 | Mauro Guevara | 00:31:28.6 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 8740 | Bennet Sohns | 00:31:28.8 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 8088 | Liam Kohan | 00:31:29.0 | offene Klasse | 0 | 0 | GER | Team Haus am See |
| 0. | 7013 | Christian Haller | 00:31:29.3 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 4733 | Stefan Henrich | 00:31:29.4 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 8824 | Noname | 00:31:29.4 | offene Klasse | 0 | 0 | GER | KSB INTAX |
| 0. | 10706 | Jens Kütemann | 00:31:29.6 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 1993 | Marcel Rösler | 00:31:29.6 | offene Klasse | 0 | 0 | GER | nass magnet |
| 0. | 547 | Timon Heide | 00:31:29.6 | offene Klasse | 0 | 0 | GER | deister electronic GmbH |
| 0. | 3502 | Moritz Lange | 00:31:29.8 | offene Klasse | 0 | 0 | GER | Capgemini Deutschland GmbH |
| 0. | 9076 | Johan Stelling | 00:31:30.0 | offene Klasse | 0 | 0 | GER | LPKF Laser & Electronics SE |
| 0. | 12767 | Jan Frister | 00:31:30.9 | offene Klasse | 0 | 0 | GER | Wedemeier Wirtschaftsprüfer |
| 0. | 3964 | Maik Niemtschke | 00:31:31.2 | offene Klasse | 0 | 0 | GER | DAK |
| 0. | 3361 | Artur Bednarski | 00:31:31.9 | offene Klasse | 0 | 0 | GER | BOTOR TROJAN & PARTNERS StBG mbH |
| 0. | 4399 | Jan Singpiel | 00:31:32.1 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 2404 | Maxim Sofianu | 00:31:32.1 | offene Klasse | 0 | 0 | GER | WHM Garbsen - Team Laufen |
| 0. | 11154 | Timo Michalska | 00:31:32.3 | offene Klasse | 0 | 0 | GER | TAIFUN Software |
| 0. | 11065 | Jakob Denkena | 00:31:32.6 | offene Klasse | 0 | 0 | GER | Sunshine Energieberatung |
| 0. | 9101 | Silas Deuker | 00:31:33.2 | offene Klasse | 0 | 0 | GER | LPKF Laser & Electronics SE |
| 0. | 3850 | Noname | 00:31:33.4 | offene Klasse | 0 | 0 | GER | Connox |
| 0. | 4397 | Ingo Siegmann | 00:31:33.7 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 10057 | Thorben Heuer | 00:31:34.0 | offene Klasse | 0 | 0 | GER | Paulmann Licht |
| 0. | 7969 | Savas Barlak | 00:31:34.1 | offene Klasse | 0 | 0 | GER | J+S |
| 0. | 2311 | Noname | 00:31:34.1 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 1756 | Noname | 00:31:35.0 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 6761 | Bernd Sievert-Knedler | 00:31:35.0 | offene Klasse | 0 | 0 | GER | AUF DER BULT |
| 0. | 1989 | Martin Kempe | 00:31:35.6 | offene Klasse | 0 | 0 | GER | nass magnet |
| 0. | 8663 | René Bachran | 00:31:35.8 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 12624 | Noname | 00:31:36.3 | offene Klasse | 0 | 0 | GER | VSM |
| 0. | 4553 | Benjamin Neuholz | 00:31:36.5 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 7705 | Fabian Stünkel | 00:31:36.7 | offene Klasse | 0 | 0 | GER | Cool down... |
| 0. | 61 | Johannes Strilka | 00:31:36.9 | offene Klasse | 0 | 0 | GER | Vinci Energies |
| 0. | 4730 | Johannes Heidelin | 00:31:37.2 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 7020 | Kojin Hasan | 00:31:37.3 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 51369 | Philipp Lammers | 00:31:37.4 | offene Klasse | 0 | 0 | GER | KAGEMA |
| 0. | 8733 | Lukas Schröder | 00:31:37.5 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 7216 | Leon Recking | 00:31:38.0 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 6533 | Dennis Ahrend | 00:31:38.1 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 1890 | Maximilian Jooksch | 00:31:38.3 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 10263 | Finn Ole Metterhausen | 00:31:38.3 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |

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|----|-------|--------------------|------------|---------------|---|---|-----|----------------------------------|
| 0. | 3621 | Maik Deschka | 00:31:38.4 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 51370 | Martin Marheineke | 00:31:39.3 | offene Klasse | 0 | 0 | GER | KAGEMA |
| 0. | 6224 | Norman Wendel | 00:31:39.4 | offene Klasse | 0 | 0 | GER | All4Golf |
| 0. | 9547 | Pavel Peszek | 00:31:39.4 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 12775 | Salam Ali | 00:31:39.6 | offene Klasse | 0 | 0 | GER | Weiss IT - Runner |
| 0. | 10737 | Christoph Schütz | 00:31:40.0 | offene Klasse | 0 | 0 | GER | SLS Europe TEAM |
| 0. | 10074 | Laurin Sander | 00:31:40.1 | offene Klasse | 0 | 0 | GER | Paulmann Licht |
| 0. | 3294 | Sebastian Noack | 00:31:40.3 | offene Klasse | 0 | 0 | GER | BG RCI |
| 0. | 4952 | Udo Mühlthaler | 00:31:40.6 | offene Klasse | 0 | 0 | GER | Dialyse-Hannover.de |
| 0. | 10730 | Tobias Borchert | 00:31:41.8 | offene Klasse | 0 | 0 | GER | SLS Europe TEAM |
| 0. | 3508 | Lukas Remmert | 00:31:42.1 | offene Klasse | 0 | 0 | GER | Capgemini Deutschland GmbH |
| 0. | 5068 | Dennis Alfien | 00:31:42.3 | offene Klasse | 0 | 0 | GER | EasyPark Runners |
| 0. | 9714 | Tobias Brinkmann | 00:31:42.4 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 1959 | Daniel Stellmacher | 00:31:43.3 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 7601 | Thomas Franke | 00:31:43.5 | offene Klasse | 0 | 0 | GER | IG Metallteam |
| 0. | 1849 | Arne Anders | 00:31:43.6 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 12962 | Andre Mai | 00:31:43.7 | offene Klasse | 0 | 0 | GER | Praxis Küppers / Lymperopoulos |
| 0. | 2454 | Markus Richter | 00:31:43.8 | offene Klasse | 0 | 0 | GER | BSG ABB & Hitachi Energy e.V. |
| 0. | 3804 | Ingo Dannenberg | 00:31:44.0 | offene Klasse | 0 | 0 | GER | Team Concordia |
| 0. | 4664 | Lars Kleinert | 00:31:44.8 | offene Klasse | 0 | 0 | GER | Deutsche Bundesbank |
| 0. | 1456 | Henning Hanebutt | 00:31:44.9 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 9388 | Erik Heim | 00:31:45.0 | offene Klasse | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 11231 | Timo Meine | 00:31:45.5 | offene Klasse | 0 | 0 | GER | Timo Meine |
| 0. | 2916 | Phil Oppermann | 00:31:45.8 | offene Klasse | 0 | 0 | GER | Aspria |
| 0. | 373 | Yannik Janßen | 00:31:46.1 | offene Klasse | 0 | 0 | GER | Bucher Municipal |
| 0. | 12225 | Christian Widera | 00:31:46.1 | offene Klasse | 0 | 0 | GER | Vinzenzkrankenhaus Hannover GmbH |
| 0. | 4715 | Andre Bosse | 00:31:46.6 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 9021 | Oliver Bunke | 00:31:46.7 | offene Klasse | 0 | 0 | GER | Link Innovation GmbH |
| 0. | 4188 | Arne Hartmann | 00:31:46.8 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 10639 | Pia Stelzer | 00:31:47.1 | offene Klasse | 0 | 0 | GER | medi terra |
| 0. | 8715 | Leon Moorhoff | 00:31:48.0 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 4264 | Michael Kummer | 00:31:48.3 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 11911 | Lennart Berndsen | 00:31:48.9 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 12610 | Marcel Merten | 00:31:49.1 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 4751 | Christoph Meier | 00:31:49.2 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 4235 | Enis Keller | 00:31:49.5 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 51469 | Georg Suckrai | 00:31:49.5 | offene Klasse | 0 | 0 | GER | Hahne Holding GmbH |
| 0. | 11614 | Jan Willemsen | 00:31:49.5 | offene Klasse | 0 | 0 | GER | univativ |
| 0. | 2840 | Till Plate | 00:31:49.6 | offene Klasse | 0 | 0 | GER | Arconic Hannover |
| 0. | 1758 | Noname | 00:31:49.6 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 7176 | Daniel Nguyen | 00:31:50.6 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 12794 | Mario Dimitrov | 00:31:51.4 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Group |
| 0. | 237 | Calvin Prietz | 00:31:51.6 | offene Klasse | 0 | 0 | GER | ALDI Nord |
| 0. | 3172 | Milan Ullrich | 00:31:51.6 | offene Klasse | 0 | 0 | GER | Waygate Technologies |
| 0. | 1167 | Dorian Krüger | 00:31:51.7 | offene Klasse | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 12153 | Ole Von Bargaen | 00:31:52.1 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 4608 | Sven Franke | 00:31:53.4 | offene Klasse | 0 | 0 | GER | apoBank Hannover |
| 0. | 9431 | Julius Behrens | 00:31:53.4 | offene Klasse | 0 | 0 | GER | Milkron |
| 0. | 1882 | Carsten Gulbis | 00:31:53.9 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 2130 | No Name | 00:31:54.1 | offene Klasse | 0 | 0 | GER | Toyota Material Handling |
| 0. | 1329 | Nils Borkenhagen | 00:31:54.5 | offene Klasse | 0 | 0 | GER | GEA B2Run-Team |
| 0. | 12690 | Marian Menon | 00:31:54.7 | offene Klasse | 0 | 0 | GER | #teamWAGNER |
| 0. | 5434 | Vladislav Statland | 00:31:55.1 | offene Klasse | 0 | 0 | GER | EY Hannover |

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|----|-------|---------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 6355 | Hoang Anh Vu | 00:31:55.4 | offene Klasse | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 7870 | Jendrik Strass | 00:31:55.6 | offene Klasse | 0 | 0 | GER | IP SYSCON SPORTS |
| 0. | 11245 | Luis Müller | 00:31:56.0 | offene Klasse | 0 | 0 | GER | LOTTO Niedersachsen |
| 0. | 2929 | Markus Wypyszynski | 00:31:56.1 | offene Klasse | 0 | 0 | GER | ATS - Abgefahrene Turbo Sprinter |
| 0. | 7321 | No Name | 00:31:56.1 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 1011 | Pascal Nolte | 00:31:56.5 | offene Klasse | 0 | 0 | GER | dogado GmbH |
| 0. | 262 | Manuel Klein | 00:31:56.8 | offene Klasse | 0 | 0 | GER | Amadeus Fire |
| 0. | 10082 | Tomass Grass | 00:31:56.8 | offene Klasse | 0 | 0 | GER | Paulmann Licht |
| 0. | 11159 | Willi Schukmann | 00:31:57.1 | offene Klasse | 0 | 0 | GER | TAIFUN Software |
| 0. | 4200 | Tarek Hesse | 00:31:57.6 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 4523 | Armando Cruz Ruiz | 00:31:57.6 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 1472 | Marcel Littmann | 00:31:58.1 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 10131 | Christian Schelling | 00:31:58.1 | offene Klasse | 0 | 0 | GER | PKF TREUWERK |
| 0. | 10151 | Tilo Matschnig | 00:31:58.8 | offene Klasse | 0 | 0 | GER | PORR |
| 0. | 8489 | Moritz Kalthoff | 00:31:59.7 | offene Klasse | 0 | 0 | GER | Kniggendorf |
| 0. | 9254 | Fritz Brose | 00:31:59.9 | offene Klasse | 0 | 0 | GER | Maximum |
| 0. | 7736 | Nicolai Stroheker | 00:32:00.0 | offene Klasse | 0 | 0 | GER | imug |
| 0. | 5838 | Moritz Heidorn | 00:32:00.0 | offene Klasse | 0 | 0 | GER | Laufteam Flexsys 2024 |
| 0. | 9439 | Christian Schunke | 00:32:00.1 | offene Klasse | 0 | 0 | GER | Milkron |
| 0. | 4728 | Mario Gluth | 00:32:00.4 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 6890 | Lukas Dargel | 00:32:01.1 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 11798 | Henrik Hapke | 00:32:01.3 | offene Klasse | 0 | 0 | GER | VEA |
| 0. | 371 | Niclas Elligsen | 00:32:01.8 | offene Klasse | 0 | 0 | GER | Bucher Municipal |
| 0. | 7909 | Sławomir Czapski | 00:32:02.0 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 6076 | Noname | 00:32:02.0 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 3538 | Matthias Busche | 00:32:03.1 | offene Klasse | 0 | 0 | GER | CENTERSCAPE |
| 0. | 4632 | Leon Kröger | 00:32:03.4 | offene Klasse | 0 | 0 | GER | Deutsche Bank AG |
| 0. | 8527 | Pascal Ebeling | 00:32:03.5 | offene Klasse | 0 | 0 | GER | KOMATSU |
| 0. | 1747 | Noname | 00:32:03.6 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 12673 | Jan Gaidischki | 00:32:03.9 | offene Klasse | 0 | 0 | GER | #teamWAGNER |
| 0. | 3543 | Thomas Trenkel | 00:32:04.1 | offene Klasse | 0 | 0 | GER | CENTERSCAPE |
| 0. | 3350 | Noname | 00:32:04.2 | offene Klasse | 0 | 0 | GER | BMW Hannover |
| 0. | 12338 | Linus Bulmahn | 00:32:04.4 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 10396 | Noname | 00:32:04.8 | offene Klasse | 0 | 0 | GER | RAWBITE |
| 0. | 1922 | Oliver Meinardus | 00:32:04.8 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 1948 | Ralf Schökel | 00:32:05.0 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 11549 | Paul Waßmann | 00:32:05.0 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 9925 | Johannes Stuertz | 00:32:05.1 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 998 | Patrick Zimmermann | 00:32:05.2 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 5527 | Karl Niemann | 00:32:05.6 | offene Klasse | 0 | 0 | GER | FIDES Treuhand GmbH & Co. KG |
| 0. | 9781 | Declan Budde | 00:32:05.6 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 9219 | Jannik Glöckner | 00:32:05.9 | offene Klasse | 0 | 0 | GER | Martin Braun Sporties |
| 0. | 7947 | Wolf Müller | 00:32:06.0 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 7167 | Dino Jacobs | 00:32:06.3 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 3241 | Lasse Els | 00:32:06.3 | offene Klasse | 0 | 0 | GER | laufend prüfen |
| 0. | 4098 | Robin Blum | 00:32:06.6 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 841 | Johannes Lucas | 00:32:06.8 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 13143 | Timo Gutjahr | 00:32:06.9 | offene Klasse | 0 | 0 | GER | Zühlke Engineering GmbH Hannover |
| 0. | 1801 | Adrian Böhre | 00:32:07.1 | offene Klasse | 0 | 0 | GER | #WeAreLutz |
| 0. | 2879 | Stefan Lins | 00:32:07.3 | offene Klasse | 0 | 0 | GER | Arvato |
| 0. | 10014 | Dominik Baier | 00:32:07.6 | offene Klasse | 0 | 0 | GER | Paritätischer Nds. |
| 0. | 5040 | Torben Vedder | 00:32:07.9 | offene Klasse | 0 | 0 | GER | DRK Landesverband Niedersachsen e.V. |
| 0. | 9675 | Jan Lies | 00:32:08.6 | offene Klasse | 0 | 0 | GER | NLGA |

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|----|-------|-------------------|------------|---------------|---|---|-----|------------------------------------|
| 0. | 2073 | Jens Petersen | 00:32:08.9 | offene Klasse | 0 | 0 | GER | Silgan White Cap |
| 0. | 174 | Nils Rosummek | 00:32:08.9 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 1212 | Jacob Weiß | 00:32:09.2 | offene Klasse | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 148 | Georg Karau | 00:32:09.6 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 5694 | Nils Meinecke | 00:32:10.1 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 1726 | Steven Roß | 00:32:10.1 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 242 | No Name | 00:32:10.5 | offene Klasse | 0 | 0 | GER | ALDI Nord |
| 0. | 233 | Bartosz Mierzwa | 00:32:10.6 | offene Klasse | 0 | 0 | GER | ALDI Nord |
| 0. | 12833 | Florian Strauß | 00:32:10.8 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Group |
| 0. | 12616 | Paul Pradler | 00:32:11.1 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 12885 | Aylin Wolkenhauer | 00:32:11.5 | offene Klasse | 0 | 0 | GER | Wolkenhauer GbR |
| 0. | 8655 | Sören Schecker | 00:32:11.6 | offene Klasse | 0 | 0 | GER | Köttermann GmbH |
| 0. | 8805 | Noname | 00:32:11.6 | offene Klasse | 0 | 0 | GER | Ausgleich-Runners 2.0 |
| 0. | 619 | Markus Drobek | 00:32:11.6 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 3484 | Kai-Uwe Ullrich | 00:32:11.7 | offene Klasse | 0 | 0 | GER | ARTIVA SPORTS |
| 0. | 8808 | Noname | 00:32:11.7 | offene Klasse | 0 | 0 | GER | Ausgleich-Runners 2.0 |
| 0. | 7284 | Stefan Söchtig | 00:32:11.8 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 1586 | Rudi Kolbe | 00:32:13.1 | offene Klasse | 0 | 0 | GER | infra GmbH |
| 0. | 7857 | Robert Folgardt | 00:32:13.6 | offene Klasse | 0 | 0 | GER | IP SYSCON SPORTS |
| 0. | 11631 | Robin Farkas | 00:32:14.3 | offene Klasse | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 7621 | Tjard Plate | 00:32:14.3 | offene Klasse | 0 | 0 | GER | IG Metallteam |
| 0. | 6777 | Yannick Kuwan | 00:32:14.4 | offene Klasse | 0 | 0 | GER | Hannoversche Volksbank |
| 0. | 7694 | Renke Heuer | 00:32:15.2 | offene Klasse | 0 | 0 | GER | Cool down... |
| 0. | 12789 | Dennis Bruns | 00:32:15.3 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Group |
| 0. | 51350 | Ulf Eckelt | 00:32:15.8 | offene Klasse | 0 | 0 | GER | FW-FERNWÄRME-TECHNIK GmbH |
| 0. | 6294 | Lutz Werner | 00:32:16.0 | offene Klasse | 0 | 0 | GER | GRBV Ingenieure im Bauwesen |
| 0. | 551 | Hans Ulrich Anke | 00:32:16.1 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 12878 | Vincent Reinsch | 00:32:16.1 | offene Klasse | 0 | 0 | GER | Wohnungsgenossenschaft Heimkehr eG |
| 0. | 2758 | Shafi Nikzada | 00:32:16.4 | offene Klasse | 0 | 0 | GER | ALLSAT |
| 0. | 999 | Oliver Zindel | 00:32:16.5 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 1446 | Elvis Gacaferi | 00:32:17.5 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 134 | No Name | 00:32:17.7 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 4770 | Carsten Ratz | 00:32:17.9 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 3519 | No Name | 00:32:18.8 | offene Klasse | 0 | 0 | GER | CARESTONE |
| 0. | 7987 | Lennart Jünemann | 00:32:18.8 | offene Klasse | 0 | 0 | GER | Immer am Limit! |
| 0. | 12881 | No Name | 00:32:19.7 | offene Klasse | 0 | 0 | GER | Wohnungsgenossenschaft Heimkehr eG |
| 0. | 1865 | Moritz Christ | 00:32:19.9 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 1804 | Malte Grote | 00:32:20.6 | offene Klasse | 0 | 0 | GER | #WeAreLutz |
| 0. | 2990 | Lukas Dreyer | 00:32:20.6 | offene Klasse | 0 | 0 | GER | Adlethes |
| 0. | 11152 | Kai Kotecki | 00:32:20.8 | offene Klasse | 0 | 0 | GER | TAIFUN Software |
| 0. | 8814 | Noname | 00:32:20.9 | offene Klasse | 0 | 0 | GER | KSB INTAX |
| 0. | 10524 | Andre Grothe | 00:32:21.0 | offene Klasse | 0 | 0 | GER | RSM Ebner Stolz |
| 0. | 1820 | Kevin Schefer | 00:32:21.4 | offene Klasse | 0 | 0 | GER | LVBZ Steuerberatung |
| 0. | 9212 | Felix Stotz | 00:32:21.4 | offene Klasse | 0 | 0 | GER | Marley Deutschland GmbH |
| 0. | 644 | Jost Plate | 00:32:21.7 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 1848 | Dominik Amberg | 00:32:21.8 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 7420 | Oliver Kohls | 00:32:22.0 | offene Klasse | 0 | 0 | GER | Heinz von Heiden GmbH Massivhäuser |
| 0. | 6152 | Noname | 00:32:22.1 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 469 | Tim Uplegger | 00:32:22.3 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 7276 | Tim Senger | 00:32:22.3 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 1049 | Leonardo Floramo | 00:32:22.8 | offene Klasse | 0 | 0 | GER | DRK-Region Hannover e.V. |
| 0. | 9188 | Nils Weinert | 00:32:22.9 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 1460 | Thilo Hitzemann | 00:32:23.6 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |

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|----|-------|----------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 6583 | Noah Striefler | 00:32:23.8 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 3288 | Andre Hahn | 00:32:24.0 | offene Klasse | 0 | 0 | GER | BGN Runners |
| 0. | 6956 | Jannik Ehrenfeuchter | 00:32:24.6 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 2231 | Holger Grafe | 00:32:25.0 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 5852 | Jörg Knoblich | 00:32:25.6 | offene Klasse | 0 | 0 | GER | Flughafen Hannover-Langenhagen |
| 0. | 12174 | Christoph Würsig | 00:32:25.6 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 5025 | Slaven Samija | 00:32:25.8 | offene Klasse | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 672 | Noname | 00:32:25.8 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 6051 | Noname | 00:32:26.0 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 11089 | Merlin Langstein | 00:32:26.8 | offene Klasse | 0 | 0 | GER | Sweco |
| 0. | 2122 | Arne Stark | 00:32:27.1 | offene Klasse | 0 | 0 | GER | top itservices AG |
| 0. | 4526 | Luca Ehlermann | 00:32:27.3 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 1493 | Andre Weiss | 00:32:27.6 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 9070 | Tobias Schröter | 00:32:27.8 | offene Klasse | 0 | 0 | GER | LPKF Laser & Electronics SE |
| 0. | 8796 | Mizaq Ghoryani | 00:32:28.1 | offene Klasse | 0 | 0 | GER | KS Huayu Team |
| 0. | 5348 | Steven Opitz | 00:32:28.3 | offene Klasse | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 6202 | Patrick Rieß | 00:32:28.3 | offene Klasse | 0 | 0 | GER | GMP Makowka & Partner |
| 0. | 1930 | David Potratz | 00:32:28.8 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 199 | Norman Pütsch | 00:32:29.1 | offene Klasse | 0 | 0 | GER | Team Elli Oil |
| 0. | 425 | Gero Bierenbrodt | 00:32:29.6 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 5773 | Fabian Swietoslawski | 00:32:29.8 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 12298 | Christian Reese | 00:32:30.1 | offene Klasse | 0 | 0 | GER | Volksbank in Schaumburg und Nienburg |
| 0. | 8662 | Linus Baar | 00:32:30.1 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 12906 | David C. | 00:32:30.5 | offene Klasse | 0 | 0 | GER | Zahnärzte PODBI344 |
| 0. | 12209 | Aaron Lang | 00:32:30.6 | offene Klasse | 0 | 0 | GER | Vinzenzkrankenhaus Hannover GmbH |
| 0. | 2310 | Noname | 00:32:30.6 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 10600 | Luca Janik | 00:32:30.9 | offene Klasse | 0 | 0 | GER | Schmitt + Sohn Aufzüge |
| 0. | 73 | Silas Frische | 00:32:31.4 | offene Klasse | 0 | 0 | GER | activelaw |
| 0. | 11944 | Niklas Fehring | 00:32:31.5 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 1005 | Georgi Filipov | 00:32:31.8 | offene Klasse | 0 | 0 | GER | dogado GmbH |
| 0. | 11924 | Leon Bruncke | 00:32:31.1 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 6218 | Patrick Lang | 00:32:32.1 | offene Klasse | 0 | 0 | GER | All4Golf |
| 0. | 13144 | Stefan Mühlenbruch | 00:32:32.6 | offene Klasse | 0 | 0 | GER | Zühlke Engineering GmbH Hannover |
| 0. | 8103 | Stefan Hansing | 00:32:32.8 | offene Klasse | 0 | 0 | GER | Kitz Heimat |
| 0. | 4490 | Kamil Mnich | 00:32:32.9 | offene Klasse | 0 | 0 | GER | Debeka |
| 0. | 12218 | Benedikt Scholtissek | 00:32:33.4 | offene Klasse | 0 | 0 | GER | Vinzenzkrankenhaus Hannover GmbH |
| 0. | 6750 | Jan Carlo Märtens | 00:32:34.1 | offene Klasse | 0 | 0 | GER | AUF DER BULT |
| 0. | 3529 | Dirk Pauling | 00:32:34.4 | offene Klasse | 0 | 0 | GER | CARESTONE |
| 0. | 12625 | Noname | 00:32:34.6 | offene Klasse | 0 | 0 | GER | VSM |
| 0. | 9681 | Christian Wiesener | 00:32:34.9 | offene Klasse | 0 | 0 | GER | NLGA |
| 0. | 5458 | Timo Busch | 00:32:35.1 | offene Klasse | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 11915 | Hannes Birkenbeul | 00:32:35.4 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 8806 | Noname | 00:32:35.8 | offene Klasse | 0 | 0 | GER | Ausgleich-Runners 2.0 |
| 0. | 8599 | Andrej Paskalev | 00:32:35.8 | offene Klasse | 0 | 0 | GER | Team KONE |
| 0. | 10523 | Marcel Gross | 00:32:35.8 | offene Klasse | 0 | 0 | GER | RSM Ebner Stolz |
| 0. | 51412 | Joachim Dehmel | 00:32:35.9 | offene Klasse | 0 | 0 | GER | Thuasne Runner |
| 0. | 12337 | Christian Kassyda | 00:32:36.6 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 10268 | Fabio Pabsdorf | 00:32:37.1 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 6188 | Serkan Erul | 00:32:37.6 | offene Klasse | 0 | 0 | GER | GFK Ingenieure |
| 0. | 9802 | Elias Kieke | 00:32:37.8 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 11781 | Cristian Nimerencu | 00:32:38.5 | offene Klasse | 0 | 0 | GER | Scharnhorst |
| 0. | 6182 | Luis V. Blanckenburg | 00:32:38.6 | offene Klasse | 0 | 0 | GER | GFK Ingenieure |
| 0. | 10319 | Björn Beckmeyer | 00:32:39.1 | offene Klasse | 0 | 0 | GER | R+V Allgemeine Versicherung AG |

| | | | | | | | | |
|----|-------|------------------------------|------------|---------------|---|---|-----|----------------------------------|
| 0. | 10820 | Paul Paetz | 00:32:39.3 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 10376 | Matthias Fankhänel | 00:32:39.3 | offene Klasse | 0 | 0 | GER | Ramboll Hannover Runners |
| 0. | 236 | Clemens Oelke | 00:32:39.6 | offene Klasse | 0 | 0 | GER | ALDI Nord |
| 0. | 8720 | Armando Pena Goede | 00:32:39.9 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 5418 | Moritz Camprad | 00:32:40.0 | offene Klasse | 0 | 0 | GER | EY Hannover |
| 0. | 10306 | Daniel Kapitza | 00:32:40.3 | offene Klasse | 0 | 0 | GER | qnips |
| 0. | 1369 | Noname | 00:32:40.8 | offene Klasse | 0 | 0 | GER | Gemeinde Isernhagen |
| 0. | 12854 | Tobias Bruns | 00:32:40.8 | offene Klasse | 0 | 0 | GER | Laufkunst |
| 0. | 8041 | Kai Bertelmann | 00:32:40.9 | offene Klasse | 0 | 0 | GER | SportScheck |
| 0. | 1188 | Tobias Riefe | 00:32:41.0 | offene Klasse | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 12790 | Kristoffer Bürsing | 00:32:41.7 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Group |
| 0. | 232 | Alexander Lücke | 00:32:41.8 | offene Klasse | 0 | 0 | GER | ALDI Nord |
| 0. | 888 | Jan Pahlow | 00:32:42.3 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 158 | Jesús Manuel Macías Carrasco | 00:32:43.1 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 7911 | Maciej Kluka | 00:32:43.6 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 5789 | Anil Uzan | 00:32:43.7 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 3760 | Fotios Dimitriadis | 00:32:43.8 | offene Klasse | 0 | 0 | GER | Team Concordia |
| 0. | 8897 | Finn-Lennard Janthur | 00:32:44.1 | offene Klasse | 0 | 0 | GER | Laser Zentrum Hannover e.V. |
| 0. | 7855 | Paul Bartz | 00:32:44.1 | offene Klasse | 0 | 0 | GER | IP SYSCON SPORTS |
| 0. | 11096 | Linus Schwope | 00:32:44.4 | offene Klasse | 0 | 0 | GER | Sweco |
| 0. | 4544 | Ferris Klingauf | 00:32:44.5 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 6187 | Adrian Hoops | 00:32:44.8 | offene Klasse | 0 | 0 | GER | GFK Ingenieure |
| 0. | 6132 | Noname | 00:32:45.0 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 9209 | No Name | 00:32:45.1 | offene Klasse | 0 | 0 | GER | Marley Deutschland GmbH |
| 0. | 1433 | Antonio Amanisgi | 00:32:45.6 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 4607 | Hartmut Ehlers | 00:32:45.7 | offene Klasse | 0 | 0 | GER | apoBank Hannover |
| 0. | 8807 | Noname | 00:32:46.3 | offene Klasse | 0 | 0 | GER | Ausgleich-Runners 2.0 |
| 0. | 3270 | Chubinidze Tengizi | 00:32:46.4 | offene Klasse | 0 | 0 | GER | becker+flöge GmbH |
| 0. | 7606 | Tobias Jeziorsky | 00:32:46.6 | offene Klasse | 0 | 0 | GER | IG Metallteam |
| 0. | 12184 | Norwin Große-Loheide | 00:32:46.6 | offene Klasse | 0 | 0 | GER | Vincentz Network |
| 0. | 12373 | Markus Göbel | 00:32:46.9 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 82 | Noname | 00:32:47.5 | offene Klasse | 0 | 0 | GER | activelaw |
| 0. | 3134 | Robin Schneidewind | 00:32:47.8 | offene Klasse | 0 | 0 | GER | Bahr Modultechnik GmbH |
| 0. | 9807 | Mateo Kordic | 00:32:47.9 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 1593 | Christian Böning | 00:32:48.0 | offene Klasse | 0 | 0 | GER | IPH gGmbH |
| 0. | 5454 | Yannick Bock | 00:32:48.9 | offene Klasse | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 3849 | Johannes Weber | 00:32:49.1 | offene Klasse | 0 | 0 | GER | Connox |
| 0. | 5940 | Malte Harders | 00:32:49.5 | offene Klasse | 0 | 0 | GER | FW-FERNWÄRME-TECHNIK GmbH |
| 0. | 6564 | Phillipp Meißner | 00:32:49.6 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 9536 | Jens Heitjohann | 00:32:49.6 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 5298 | Sebastian Quellmann | 00:32:49.8 | offene Klasse | 0 | 0 | GER | Engel & Völkers Commercial |
| 0. | 1703 | Bastian Bisgwa | 00:32:50.2 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 12626 | Noname | 00:32:50.4 | offene Klasse | 0 | 0 | GER | VSM |
| 0. | 51454 | Lucas Larm | 00:32:50.6 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 6643 | Julen Garcia Sanchez | 00:32:51.1 | offene Klasse | 0 | 0 | GER | AGS |
| 0. | 2372 | Christoph Rottmann | 00:32:51.3 | offene Klasse | 0 | 0 | GER | VISION Consulting GmbH |
| 0. | 5057 | Steffen Marzinzik | 00:32:51.6 | offene Klasse | 0 | 0 | GER | DSG |
| 0. | 10922 | Simon Zuleger | 00:32:51.7 | offene Klasse | 0 | 0 | GER | Sonepar |
| 0. | 12217 | Colin Schlatt | 00:32:51.9 | offene Klasse | 0 | 0 | GER | Vinzenzkrankenhaus Hannover GmbH |
| 0. | 1772 | Artur Hanser | 00:32:52.2 | offene Klasse | 0 | 0 | GER | LPI Ingenieurgesellschaft mbH |
| 0. | 139 | Kai-Olaf Hahn | 00:32:52.3 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 8704 | Nils Limberg | 00:32:52.3 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 4602 | Henrik Viets | 00:32:52.6 | offene Klasse | 0 | 0 | GER | Delta Immobilien Gruppe |

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|----|-------|------------------------|------------|---------------|---|---|-----|---|
| 0. | 6225 | Mathias Wildgrube | 00:32:52.8 | offene Klasse | 0 | 0 | GER | All4Golf |
| 0. | 1551 | Niklas Wiest | 00:32:53.0 | offene Klasse | 0 | 0 | GER | Haufe Group |
| 0. | 8719 | Simon Ochsenfahrt | 00:32:53.0 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 2564 | No Name | 00:32:53.1 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 1019 | Lukas Beiße | 00:32:53.3 | offene Klasse | 0 | 0 | GER | DOK SYSTEME |
| 0. | 1490 | Tim Trittschack | 00:32:53.4 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 9286 | Daniel Fuchß | 00:32:53.4 | offene Klasse | 0 | 0 | GER | Mecklenburgische Versicherungs-Gesel |
| 0. | 6161 | Noname | 00:32:53.6 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 7074 | Oliver Strüber | 00:32:53.7 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 6133 | Noname | 00:32:53.9 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 2186 | Marcel Johann | 00:32:53.9 | offene Klasse | 0 | 0 | GER | Treuhand Hannover GmbH |
| 0. | 9884 | Jan Riemer | 00:32:53.9 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 12623 | Noname | 00:32:54.0 | offene Klasse | 0 | 0 | GER | VSM |
| 0. | 659 | Till Schönenberg | 00:32:54.0 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 6683 | Leon Micuda | 00:32:54.1 | offene Klasse | 0 | 0 | GER | Hannover Congress Centrum |
| 0. | 9475 | Marvin Knostmann | 00:32:54.4 | offene Klasse | 0 | 0 | GER | Modulat Leasing AG |
| 0. | 3880 | Fabio Palmieri | 00:32:54.6 | offene Klasse | 0 | 0 | GER | Courtyard by Marriott Hannover Maschsee |
| 0. | 6130 | Noname | 00:32:54.8 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 7590 | John Jay Bartz | 00:32:55.2 | offene Klasse | 0 | 0 | GER | IG Metallteam |
| 0. | 2120 | Max Peters | 00:32:55.3 | offene Klasse | 0 | 0 | GER | top itservices AG |
| 0. | 12630 | Noname | 00:32:55.8 | offene Klasse | 0 | 0 | GER | VSM |
| 0. | 3400 | Jörg Beck | 00:32:55.9 | offene Klasse | 0 | 0 | GER | Bundessortenamt |
| 0. | 5148 | Serghei Mahota | 00:32:56.0 | offene Klasse | 0 | 0 | GER | EDEKA Wucherpfennig GmbH |
| 0. | 12905 | Modar A. | 00:32:56.0 | offene Klasse | 0 | 0 | GER | Zahnärzte PODBI344 |
| 0. | 1363 | Adrian Hönicke | 00:32:56.4 | offene Klasse | 0 | 0 | GER | Gemeinde Isernhagen |
| 0. | 8368 | Cedric De Becker Nunez | 00:32:56.8 | offene Klasse | 0 | 0 | GER | Klinikum Warendorff GmbH |
| 0. | 946 | Björn Schwarz | 00:32:57.3 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 5904 | Niklas Schönk | 00:32:57.3 | offene Klasse | 0 | 0 | GER | FOM Hochschule |
| 0. | 11787 | Marvin Krüger | 00:32:57.3 | offene Klasse | 0 | 0 | GER | V-LINE EUROPE |
| 0. | 4717 | Sebastian Dannenberg | 00:32:57.4 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 12492 | Nenardt Neubeck | 00:32:57.6 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 12558 | Anastasios Sotiriadis | 00:32:57.6 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 6136 | Noname | 00:32:58.5 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 6118 | Noname | 00:32:58.6 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 4489 | Niklas Metge | 00:32:58.6 | offene Klasse | 0 | 0 | GER | Debeka |
| 0. | 9819 | Ralf Lichtenthäler | 00:32:58.6 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 10804 | Michel Jakobus | 00:32:59.1 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 3649 | Markus Hoh | 00:32:59.4 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 4922 | Micha Werz | 00:32:59.4 | offene Klasse | 0 | 0 | GER | Dr. Gemmeke GmbH |
| 0. | 8526 | Jonas Dückmann | 00:32:59.8 | offene Klasse | 0 | 0 | GER | KOMATSU |
| 0. | 11553 | Andreas Weide | 00:33:00.4 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 472 | Dirk Wesebaum | 00:33:00.6 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 8680 | Simon Hänel | 00:33:00.9 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 7575 | Maximilian Mäkel | 00:33:01.1 | offene Klasse | 0 | 0 | GER | IC-L Ingenieur Consulting Langenh. |
| 0. | 2865 | Andre Michel | 00:33:01.7 | offene Klasse | 0 | 0 | GER | Arvato |
| 0. | 8547 | Noname | 00:33:01.8 | offene Klasse | 0 | 0 | GER | KOMATSU |
| 0. | 5137 | Kevin Pyrk | 00:33:01.8 | offene Klasse | 0 | 0 | GER | EDEKA Wucherpfennig GmbH |
| 0. | 11704 | Sebastian Harig | 00:33:02.7 | offene Klasse | 0 | 0 | GER | ÜSTRA AG |
| 0. | 5048 | Tom Weiß | 00:33:02.9 | offene Klasse | 0 | 0 | GER | DSG |
| 0. | 1266 | Axel Berlage | 00:33:03.6 | offene Klasse | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 10813 | Philipp Leimke | 00:33:04.3 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 11477 | Deniz Kruse | 00:33:04.4 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 12866 | Steffen Warneboldt | 00:33:04.4 | offene Klasse | 0 | 0 | GER | 3 wings for wind |

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|----|-------|--------------------------|------------|---------------|---|---|-----|-------------------------------------|
| 0. | 8661 | Arsen Ayrapetov | 00:33:04.6 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 8828 | Noname | 00:33:04.7 | offene Klasse | 0 | 0 | GER | KSB INTAX |
| 0. | 51451 | Max Wimmer | 00:33:05.0 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 1715 | Jasper Krite | 00:33:05.0 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 6580 | Konstantin Grein | 00:33:05.1 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 9226 | Semjon Wächter | 00:33:05.3 | offene Klasse | 0 | 0 | GER | Martin Braun Sporties |
| 0. | 6581 | Ole Bredlow | 00:33:05.4 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 2951 | No Name | 00:33:05.5 | offene Klasse | 0 | 0 | GER | Wirtschaftstraum Hannover |
| 0. | 1170 | Martin Liebetruth | 00:33:05.7 | offene Klasse | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 12720 | Stephan Genz | 00:33:05.8 | offene Klasse | 0 | 0 | GER | Waldemar Pruss Armaturenfabrik GmbH |
| 0. | 11049 | Noname | 00:33:06.1 | offene Klasse | 0 | 0 | GER | Studentenwerk Hannover |
| 0. | 2420 | Noname | 00:33:06.2 | offene Klasse | 0 | 0 | GER | Du läufst hinter - Willenbrock |
| 0. | 9596 | Robin Zindler | 00:33:06.3 | offene Klasse | 0 | 0 | GER | M&P Ingenieurgesellschaft mbH |
| 0. | 4406 | Finn Spardel | 00:33:06.7 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 6366 | No Name | 00:33:06.9 | offene Klasse | 0 | 0 | GER | Hahne Holding GmbH |
| 0. | 5162 | Tobias Ratsch | 00:33:07.1 | offene Klasse | 0 | 0 | GER | M6 |
| 0. | 225 | Jan-Niclas Hollwege | 00:33:07.6 | offene Klasse | 0 | 0 | GER | ALDI Nord |
| 0. | 9100 | Ansas Guß | 00:33:08.1 | offene Klasse | 0 | 0 | GER | LPKF Laser & Electronics SE |
| 0. | 4797 | Jürgen Barthel | 00:33:08.2 | offene Klasse | 0 | 0 | GER | DF-Laufhelden |
| 0. | 4429 | Thomas Taubert | 00:33:08.7 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 11047 | Noname | 00:33:09.1 | offene Klasse | 0 | 0 | GER | Studentenwerk Hannover |
| 0. | 12456 | Martin Liesong | 00:33:10.9 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5753 | Jonah Schweer | 00:33:11.0 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 3851 | Noname | 00:33:11.0 | offene Klasse | 0 | 0 | GER | Connox |
| 0. | 9736 | Matthias Dossow | 00:33:11.1 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 12798 | René Glushek | 00:33:12.1 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Group |
| 0. | 6501 | Pablo Tammen | 00:33:12.1 | offene Klasse | 0 | 0 | GER | FunIT |
| 0. | 12375 | Alexander Gottszky | 00:33:12.4 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 10428 | Jannik Schaper | 00:33:12.5 | offene Klasse | 0 | 0 | GER | reinisch |
| 0. | 5946 | Felix Gremblewski-Strate | 00:33:12.6 | offene Klasse | 0 | 0 | GER | Strate Running Team |
| 0. | 2841 | Arne Rossberg | 00:33:12.8 | offene Klasse | 0 | 0 | GER | Arconic Hannover |
| 0. | 11101 | Björn Zilligen | 00:33:12.8 | offene Klasse | 0 | 0 | GER | Sweco |
| 0. | 8698 | Vitali Kutschmann | 00:33:12.8 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 7913 | Krzysztof Makowski | 00:33:13.0 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 8684 | Lukas Heemeyer | 00:33:13.1 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 8880 | Noname | 00:33:13.3 | offene Klasse | 0 | 0 | GER | enerix Hannover |
| 0. | 8218 | Mike Horbach | 00:33:13.5 | offene Klasse | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 7463 | Thoren Depner | 00:33:13.6 | offene Klasse | 0 | 0 | GER | HERO Software |
| 0. | 7550 | Levent Can Kacar | 00:33:13.6 | offene Klasse | 0 | 0 | GER | Hempelmann |
| 0. | 6630 | Noname | 00:33:13.6 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 6544 | Arne Lell | 00:33:13.6 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 2957 | Rudolf Dickers | 00:33:13.8 | offene Klasse | 0 | 0 | GER | Team GIB & AZH |
| 0. | 545 | Jascha Oelke | 00:33:13.8 | offene Klasse | 0 | 0 | GER | deister electronic GmbH |
| 0. | 281 | Matthias Schuder | 00:33:14.4 | offene Klasse | 0 | 0 | GER | Amadeus Fire |
| 0. | 3421 | Adrian Koeppel | 00:33:15.6 | offene Klasse | 0 | 0 | GER | Team Whopper |
| 0. | 210 | Gennaro-Mario Cichy | 00:33:15.6 | offene Klasse | 0 | 0 | GER | ALDI Nord |
| 0. | 537 | Michael Dreyer | 00:33:15.8 | offene Klasse | 0 | 0 | GER | deister electronic GmbH |
| 0. | 2418 | Noname | 00:33:15.8 | offene Klasse | 0 | 0 | GER | Du läufst hinter - Willenbrock |
| 0. | 6238 | Timo Frenzel | 00:33:15.9 | offene Klasse | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 4906 | Fabian Bartels | 00:33:16.3 | offene Klasse | 0 | 0 | GER | Dr. Gemmeke GmbH |
| 0. | 7305 | Julian Teichert | 00:33:16.4 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 366 | Dardan Bajri | 00:33:16.6 | offene Klasse | 0 | 0 | GER | Bucher Municipal |
| 0. | 5436 | Christian Rayzik | 00:33:17.2 | offene Klasse | 0 | 0 | GER | EY Hannover |

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|----|-------|-------------------------|------------|---------------|---|---|-----|------------------------------------|
| 0. | 6003 | Niklas Oberreich | 00:33:17.7 | offene Klasse | 0 | 0 | GER | Genoverband e. V. |
| 0. | 9821 | Tim Lilienthal | 00:33:19.1 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 2877 | Hendrik Wallmeyer | 00:33:19.6 | offene Klasse | 0 | 0 | GER | Arvato |
| 0. | 3379 | Karsten Reddies | 00:33:20.4 | offene Klasse | 0 | 0 | GER | BImA |
| 0. | 9733 | Julius Dittmer | 00:33:21.0 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 6726 | Finn Oberbeck | 00:33:21.1 | offene Klasse | 0 | 0 | GER | HannoVers |
| 0. | 12779 | Rainer Ohlendorf | 00:33:21.3 | offene Klasse | 0 | 0 | GER | Weiss IT - Runner |
| 0. | 8139 | Amir Akbarzadeh | 00:33:21.4 | offene Klasse | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 7827 | Niklas Pöch | 00:33:21.8 | offene Klasse | 0 | 0 | GER | Institut für Produktionswirtschaft |
| 0. | 7370 | Daniel Schmidt | 00:33:22.0 | offene Klasse | 0 | 0 | GER | Zementwerk Hannover |
| 0. | 7709 | Jens Wiebusch | 00:33:22.5 | offene Klasse | 0 | 0 | GER | Cool down... |
| 0. | 354 | No Name | 00:33:22.8 | offene Klasse | 0 | 0 | GER | Pipe Pacers |
| 0. | 1200 | Christoph Seffner | 00:33:23.3 | offene Klasse | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 11233 | Sven Ebeling | 00:33:23.5 | offene Klasse | 0 | 0 | GER | TOPAS |
| 0. | 2765 | No Name | 00:33:23.6 | offene Klasse | 0 | 0 | GER | Almex |
| 0. | 8914 | Avid Abel | 00:33:23.9 | offene Klasse | 0 | 0 | GER | Laser Zentrum Hannover e.V. |
| 0. | 10942 | Stefan Rüstmann | 00:33:24.0 | offene Klasse | 0 | 0 | GER | Sonova Consumer Hearing |
| 0. | 4624 | Martin Weiner | 00:33:24.8 | offene Klasse | 0 | 0 | GER | apoBank Hannover |
| 0. | 11801 | Fabian Helmke | 00:33:25.6 | offene Klasse | 0 | 0 | GER | VEA |
| 0. | 7203 | Marius Pischke | 00:33:25.8 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 9726 | Jens Cyrenius | 00:33:26.3 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 27 | Alexander Ehm | 00:33:26.6 | offene Klasse | 0 | 0 | GER | Vinci Energies |
| 0. | 7549 | Dennis Hess | 00:33:26.7 | offene Klasse | 0 | 0 | GER | Hempelmann |
| 0. | 9829 | Hanno Martell | 00:33:27.1 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 9187 | Christian Tippl | 00:33:27.3 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 10978 | Noname | 00:33:27.3 | offene Klasse | 0 | 0 | GER | Team SOPHIE |
| 0. | 11503 | Helao Offem | 00:33:28.1 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 2498 | Alikan Yilmaz | 00:33:28.1 | offene Klasse | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 5121 | Uwe Kumrow | 00:33:28.3 | offene Klasse | 0 | 0 | GER | edding Funstarters |
| 0. | 6115 | Noname | 00:33:28.3 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 823 | Sebastian Kuhnigk | 00:33:28.3 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 9553 | Jürgen Schwender | 00:33:28.4 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 12309 | Linus Ahlden | 00:33:28.6 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 13133 | Sascha Wilke | 00:33:28.8 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 7745 | Jörg Breitenbürger | 00:33:28.8 | offene Klasse | 0 | 0 | GER | inTime |
| 0. | 3699 | Patrick Sachse-Bytomski | 00:33:29.1 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 3586 | Daniel Schuenke | 00:33:29.4 | offene Klasse | 0 | 0 | GER | winkler Unternehmensgruppe |
| 0. | 6691 | Justus Seybering | 00:33:29.5 | offene Klasse | 0 | 0 | GER | Hannover Congress Centrum |
| 0. | 576 | Jannis Gädtke | 00:33:30.1 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 111 | Jesus Barba Gonzalez | 00:33:30.1 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 676 | Leon Tegmeier | 00:33:30.6 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 7532 | Gerald Talhoff | 00:33:30.8 | offene Klasse | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 1304 | Mathis Boberg | 00:33:30.9 | offene Klasse | 0 | 0 | GER | Gasunie |
| 0. | 2801 | Tjark Edelmann | 00:33:31.0 | offene Klasse | 0 | 0 | GER | Alvotech Hannover |
| 0. | 10976 | Kilian Fiedler | 00:33:31.1 | offene Klasse | 0 | 0 | GER | Team SOPHIE |
| 0. | 6783 | Philipp Nietert | 00:33:31.4 | offene Klasse | 0 | 0 | GER | Hannoversche Volksbank |
| 0. | 10087 | Andreas Janßen | 00:33:31.6 | offene Klasse | 0 | 0 | GER | Team PABF / NKG |
| 0. | 3130 | Denis Müller | 00:33:31.8 | offene Klasse | 0 | 0 | GER | Bahr Modultechnik GmbH |
| 0. | 4808 | Marwin Meißner | 00:33:32.4 | offene Klasse | 0 | 0 | GER | DF-Laufhelden |
| 0. | 2881 | Diran Nana Tankoua | 00:33:33.1 | offene Klasse | 0 | 0 | GER | Arvato |
| 0. | 12958 | Germann Beutin | 00:33:33.4 | offene Klasse | 0 | 0 | GER | Praxis Küppers / Lymperopoulos |
| 0. | 13124 | Björn Uhländer | 00:33:33.8 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 5278 | Yannic Wilkening | 00:33:33.8 | offene Klasse | 0 | 0 | GER | ETL Treuhand |

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|----|-------|---------------------------|------------|---------------|---|---|-----|------------------------------------|
| 0. | 9775 | Johannes Heumann | 00:33:33.9 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 51416 | Alexander Maurenbrecher | 00:33:33.9 | offene Klasse | 0 | 0 | GER | Thuasne Runner |
| 0. | 7320 | Henning Kuschewitz | 00:33:34.1 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 1894 | Luis Kirste | 00:33:34.1 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 7228 | Leon-Roman Rinke | 00:33:34.2 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 2981 | Baris Avsar | 00:33:35.0 | offene Klasse | 0 | 0 | GER | Fit im Körper. Clean im Code. |
| 0. | 10757 | Niklas Kallmeier | 00:33:35.8 | offene Klasse | 0 | 0 | GER | shl Runners |
| 0. | 2044 | Mert Kaba | 00:33:35.8 | offene Klasse | 0 | 0 | GER | Hilton |
| 0. | 10276 | Lennart Schmidt | 00:33:36.4 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 167 | Federico Oyarzabal | 00:33:36.6 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 10931 | Daniel Giebler | 00:33:36.8 | offene Klasse | 0 | 0 | GER | Sonova Consumer Hearing |
| 0. | 3516 | Marvin Westerholz | 00:33:37.3 | offene Klasse | 0 | 0 | GER | Capgemini Deutschland GmbH |
| 0. | 1685 | Axel Reese | 00:33:37.8 | offene Klasse | 0 | 0 | GER | Klinikum Peine |
| 0. | 8525 | Sven Drangmeister | 00:33:38.0 | offene Klasse | 0 | 0 | GER | KOMATSU |
| 0. | 6579 | Filip Grgic | 00:33:38.4 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 4786 | Sebastian Ulbricht | 00:33:39.6 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 1737 | Aaron Lv | 00:33:39.6 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 11069 | Maximilian Fuess | 00:33:39.6 | offene Klasse | 0 | 0 | GER | Sunshine Energieberatung |
| 0. | 5733 | Lennart Runte | 00:33:39.8 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 10264 | Benyamin Karak | 00:33:40.1 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 8703 | Jari Lilje | 00:33:40.1 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 7799 | Nuzair Sayyad | 00:33:40.1 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 2239 | Gunnar Hergemöller | 00:33:40.2 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 12959 | Marius Küppers | 00:33:40.4 | offene Klasse | 0 | 0 | GER | Praxis Küppers / Lympelopoulos |
| 0. | 971 | Kristof Triebisch | 00:33:40.5 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 10899 | Marc-Kevin Knauth | 00:33:40.6 | offene Klasse | 0 | 0 | GER | Sonepar |
| 0. | 412 | Andreas Neuber | 00:33:40.9 | offene Klasse | 0 | 0 | GER | CarUnion Runners |
| 0. | 3060 | Christoph Lehmann | 00:33:40.9 | offene Klasse | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 4410 | Enrico Schulz | 00:33:41.5 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 5304 | Leonard Palis | 00:33:42.1 | offene Klasse | 0 | 0 | GER | Engel & Völkers Commercial |
| 0. | 7647 | Thomas Greiser | 00:33:42.4 | offene Klasse | 0 | 0 | GER | IHK Hannover |
| 0. | 253 | Sascha Bösch | 00:33:42.5 | offene Klasse | 0 | 0 | GER | Amadeus Fire |
| 0. | 8533 | Marius Jürges | 00:33:42.5 | offene Klasse | 0 | 0 | GER | KOMATSU |
| 0. | 7600 | Steven Exler | 00:33:43.3 | offene Klasse | 0 | 0 | GER | IG Metallteam |
| 0. | 6752 | Christoph Müller | 00:33:43.4 | offene Klasse | 0 | 0 | GER | AUF DER BULT |
| 0. | 9087 | Andreas Voigt | 00:33:43.4 | offene Klasse | 0 | 0 | GER | LPKF Laser & Electronics SE |
| 0. | 9772 | Liam Heidemann | 00:33:43.5 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 5947 | Julius Gremblewski-Strate | 00:33:43.8 | offene Klasse | 0 | 0 | GER | Strate Running Team |
| 0. | 8677 | Julian Frischemeier | 00:33:44.3 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 9342 | Rendon Hashani | 00:33:44.8 | offene Klasse | 0 | 0 | GER | MT-Schule |
| 0. | 401 | Kushtrim Berisha | 00:33:45.4 | offene Klasse | 0 | 0 | GER | CarUnion Runners |
| 0. | 4954 | Christian Protte | 00:33:45.4 | offene Klasse | 0 | 0 | GER | Dialyse-Hannover.de |
| 0. | 12412 | Niklas Hoppe | 00:33:45.6 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 12242 | Pietro Montemurri | 00:33:45.8 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 6738 | Tom Buchmann | 00:33:45.9 | offene Klasse | 0 | 0 | GER | AUF DER BULT |
| 0. | 2549 | Torsten Lips | 00:33:46.0 | offene Klasse | 0 | 0 | GER | AGRAVIS Raiffeisen AG |
| 0. | 1405 | Gerrit Böse | 00:33:46.1 | offene Klasse | 0 | 0 | GER | Gundlach |
| 0. | 8247 | No Name | 00:33:46.3 | offene Klasse | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 4133 | No Name | 00:33:46.3 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 10420 | Sönke Pauls | 00:33:46.5 | offene Klasse | 0 | 0 | GER | Gib Gummi |
| 0. | 6071 | Noname | 00:33:47.0 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 6239 | David Gahmlich | 00:33:47.4 | offene Klasse | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 12879 | Jonathan Uelschen | 00:33:47.5 | offene Klasse | 0 | 0 | GER | Wohnungsgenossenschaft Heimkehr eG |

| | | | | | | | | |
|----|-------|-------------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 6258 | Dennis Meister | 00:33:47.6 | offene Klasse | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 287 | Andreas Steudtner | 00:33:47.6 | offene Klasse | 0 | 0 | GER | Amazon HAJ8 |
| 0. | 10091 | Sebastian Hanus | 00:33:47.7 | offene Klasse | 0 | 0 | GER | Team PABF / NKG |
| 0. | 2408 | Noname | 00:33:49.1 | offene Klasse | 0 | 0 | GER | Du läufst hinter - Willenbrock |
| 0. | 8496 | Christopher Schlüter | 00:33:49.6 | offene Klasse | 0 | 0 | GER | Kniggendorf |
| 0. | 10042 | Philipp Thies | 00:33:49.6 | offene Klasse | 0 | 0 | GER | Paritätischer Nds. |
| 0. | 2774 | No Name | 00:33:49.8 | offene Klasse | 0 | 0 | GER | Almex |
| 0. | 9066 | Jonas Fehsenfeld | 00:33:50.4 | offene Klasse | 0 | 0 | GER | LPKF Laser & Electronics SE |
| 0. | 6186 | Murat Saglam | 00:33:50.6 | offene Klasse | 0 | 0 | GER | GFK Ingenieure |
| 0. | 10004 | Max Faulhaber | 00:33:51.1 | offene Klasse | 0 | 0 | GER | OTIS Aufzüge - made to move you |
| 0. | 11236 | Steffen Theuerkauf | 00:33:51.4 | offene Klasse | 0 | 0 | GER | TOPAS |
| 0. | 7075 | Marian Knolle | 00:33:51.9 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 3488 | Jörg Heinz | 00:33:52.0 | offene Klasse | 0 | 0 | GER | Capgemini Deutschland GmbH |
| 0. | 3345 | Noname | 00:33:52.4 | offene Klasse | 0 | 0 | GER | BMW Hannover |
| 0. | 7792 | Kristian Koldehofe | 00:33:52.4 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 5787 | German Ullmann | 00:33:53.0 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 6219 | Patrick Lindner | 00:33:53.1 | offene Klasse | 0 | 0 | GER | All4Golf |
| 0. | 10790 | Milan Felsch | 00:33:53.3 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 11886 | Oskar Preuss | 00:33:53.6 | offene Klasse | 0 | 0 | GER | VGH Versicherungen |
| 0. | 8912 | Tomas Yanez Gonzalez | 00:33:53.8 | offene Klasse | 0 | 0 | GER | Laser Zentrum Hannover e.V. |
| 0. | 5592 | Joel Armel Fassi Moukam | 00:33:53.9 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 4555 | Daniel Paul Nixdorf | 00:33:54.3 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 5033 | Jakob Grundmann | 00:33:54.4 | offene Klasse | 0 | 0 | GER | DRK Landesverband Niedersachsen e.V. |
| 0. | 7825 | Martin Klingebiel | 00:33:54.8 | offene Klasse | 0 | 0 | GER | Institut für Produktionswirtschaft |
| 0. | 7108 | Alexander Lech | 00:33:55.1 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 10824 | Liam Read | 00:33:55.3 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 4908 | Frederic Betcher | 00:33:56.1 | offene Klasse | 0 | 0 | GER | Dr. Gemmeke GmbH |
| 0. | 5528 | Lars Niemann | 00:33:56.4 | offene Klasse | 0 | 0 | GER | FIDES Treuhand GmbH & Co. KG |
| 0. | 1333 | Hendrik Jakobi | 00:33:56.8 | offene Klasse | 0 | 0 | GER | GEA B2Run-Team |
| 0. | 893 | Reinhard Penzhorn | 00:33:57.5 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 11283 | Kai Kaminski | 00:33:57.6 | offene Klasse | 0 | 0 | GER | TTB-Runners |
| 0. | 12226 | Roberto Gelbke | 00:33:57.6 | offene Klasse | 0 | 0 | GER | Vinzenzkrankenhaus Hannover GmbH |
| 0. | 4386 | Jakob Schulze | 00:33:57.8 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 7028 | Lucas Henning | 00:33:57.8 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 4923 | Max Zimmermann | 00:33:58.4 | offene Klasse | 0 | 0 | GER | Dr. Gemmeke GmbH |
| 0. | 6196 | Jannis Schubert | 00:33:58.6 | offene Klasse | 0 | 0 | GER | Globetrotter Hannover |
| 0. | 2381 | Tom Enseleit | 00:33:58.8 | offene Klasse | 0 | 0 | GER | Wahl GmbH + Co. KG |
| 0. | 6193 | Finn Buchholz | 00:33:58.9 | offene Klasse | 0 | 0 | GER | Globetrotter Hannover |
| 0. | 2442 | Julian Brandt | 00:33:59.1 | offene Klasse | 0 | 0 | GER | 3B |
| 0. | 1264 | Matthias Barth | 00:33:59.1 | offene Klasse | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 8754 | Peeke Wandel | 00:33:59.6 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 9513 | Noname | 00:33:59.6 | offene Klasse | 0 | 0 | GER | MOSAIK architekt:innen |
| 0. | 6934 | Marcel Chaves | 00:33:59.6 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 6585 | Paul Werzmirzowsky | 00:33:59.7 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 10938 | Arne Lienemann | 00:33:59.7 | offene Klasse | 0 | 0 | GER | Sonova Consumer Hearing |
| 0. | 10947 | Frank Weber | 00:33:59.9 | offene Klasse | 0 | 0 | GER | Sonova Consumer Hearing |
| 0. | 9990 | Niko Herwig | 00:33:59.9 | offene Klasse | 0 | 0 | GER | OPTIMAL SYSTEMS Hannover |
| 0. | 9769 | Florian Harter | 00:34:00.0 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 8269 | Sabine Meyne | 00:34:00.3 | offene Klasse | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 9194 | Michael Wittkop | 00:34:00.4 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 3814 | Marius Rohde | 00:34:00.8 | offene Klasse | 0 | 0 | GER | Team Concordia |
| 0. | 5917 | Mario Dunz | 00:34:01.1 | offene Klasse | 0 | 0 | GER | frobese GmbH |
| 0. | 3405 | Nils Steffens-Brüdgam | 00:34:01.6 | offene Klasse | 0 | 0 | GER | Bundessortenamt |

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|----|-------|----------------------|------------|---------------|---|---|-----|-------------------------------|
| 0. | 9041 | Kevin Röhler | 00:34:01.7 | offene Klasse | 0 | 0 | GER | Hustle Heroes |
| 0. | 4619 | Niklas Schindewolf | 00:34:02.9 | offene Klasse | 0 | 0 | GER | apoBank Hannover |
| 0. | 10815 | Markus Ribka | 00:34:03.1 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 790 | Justus Henze | 00:34:03.5 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 4566 | Tobias Steinke | 00:34:03.5 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 11045 | Noname | 00:34:04.4 | offene Klasse | 0 | 0 | GER | Studentenwerk Hannover |
| 0. | 6868 | Timo Abramowski | 00:34:05.0 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 9676 | Felix Nagel | 00:34:05.1 | offene Klasse | 0 | 0 | GER | NLGA |
| 0. | 1920 | Christian Marthaus | 00:34:06.1 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 7801 | Dirk Schaake | 00:34:06.4 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 9394 | Andre Maurer | 00:34:06.4 | offene Klasse | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 1495 | Michael Wieland | 00:34:07.1 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 12312 | Dennis Altmann | 00:34:07.1 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 10915 | Jan Wehlauer | 00:34:07.1 | offene Klasse | 0 | 0 | GER | Sonepar |
| 0. | 3098 | Badreddine Smahli | 00:34:07.3 | offene Klasse | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 7184 | Raphael Nuding | 00:34:07.3 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 4522 | Simon Buhr | 00:34:07.3 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 5563 | Leroy Brown | 00:34:07.4 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 11281 | Timon Frahmman | 00:34:07.8 | offene Klasse | 0 | 0 | GER | TTB-Runners |
| 0. | 12629 | Noname | 00:34:08.3 | offene Klasse | 0 | 0 | GER | VSM |
| 0. | 321 | Philipp Martens | 00:34:08.4 | offene Klasse | 0 | 0 | GER | Arcadis Germany GmbH |
| 0. | 8716 | Jonathan Müller | 00:34:09.9 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 5916 | Dominik Herz | 00:34:10.1 | offene Klasse | 0 | 0 | GER | frobese GmbH |
| 0. | 12581 | Gueltekin Topcu | 00:34:10.5 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 11242 | Kai Paulig | 00:34:10.9 | offene Klasse | 0 | 0 | GER | LOTTO Niedersachsen |
| 0. | 2066 | Christian Berlinecke | 00:34:10.9 | offene Klasse | 0 | 0 | GER | Silgan White Cap |
| 0. | 12617 | Hauke Jasper Müller | 00:34:11.6 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 564 | Tjark-Justus Busse | 00:34:11.6 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 422 | Michael Baesgen | 00:34:11.6 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 12747 | Michael Kratzert | 00:34:12.0 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 1609 | Uwe Fengler | 00:34:12.1 | offene Klasse | 0 | 0 | GER | itsc |
| 0. | 3703 | Timo Schrader | 00:34:12.1 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 11948 | Jürgen Freuding | 00:34:12.1 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 8739 | Jörn Siedentopf | 00:34:12.3 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 200 | No Name | 00:34:12.4 | offene Klasse | 0 | 0 | GER | Team Elli Oil |
| 0. | 12100 | Luis Schmidt | 00:34:12.9 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 10946 | Eduard Siewert | 00:34:13.0 | offene Klasse | 0 | 0 | GER | Sonova Consumer Hearing |
| 0. | 7754 | Georg Gergiev | 00:34:13.1 | offene Klasse | 0 | 0 | GER | inTime |
| 0. | 5207 | Onur Özbey | 00:34:13.4 | offene Klasse | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 7363 | Maksym Zolotarov | 00:34:13.6 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 7971 | Zejnullah Xhafa | 00:34:13.7 | offene Klasse | 0 | 0 | GER | J+S |
| 0. | 11250 | Jan Reißmeyer | 00:34:13.8 | offene Klasse | 0 | 0 | GER | LOTTO Niedersachsen |
| 0. | 2367 | Martin Lehrmann | 00:34:13.9 | offene Klasse | 0 | 0 | GER | VISION Consulting GmbH |
| 0. | 7205 | Christoph Pohl | 00:34:14.6 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 12347 | Michael Oehler | 00:34:14.2 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 11371 | Dominic Wittneben | 00:34:14.3 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 431 | Adreano Dischert | 00:34:14.4 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 5797 | Florian Wefer | 00:34:15.0 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 6125 | Noname | 00:34:15.0 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 9683 | Mike Wonsikiewicz | 00:34:15.3 | offene Klasse | 0 | 0 | GER | NLGA |
| 0. | 51384 | Robin Langmann | 00:34:15.8 | offene Klasse | 0 | 0 | GER | Lackaffen |
| 0. | 11078 | Waldemar Reimche | 00:34:15.9 | offene Klasse | 0 | 0 | GER | Sunshine Energieberatung |
| 0. | 5617 | Lukas Heinrich | 00:34:16.0 | offene Klasse | 0 | 0 | GER | Finanz Informatik |

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|----|-------|-------------------------|------------|---------------|---|---|-----|-----------------------------------|
| 0. | 543 | Dennis Mainka | 00:34:16.6 | offene Klasse | 0 | 0 | GER | deister electronic GmbH |
| 0. | 8726 | Tim Rüdiger | 00:34:16.8 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 1320 | Samir Selimanjin | 00:34:17.1 | offene Klasse | 0 | 0 | GER | Gasunie |
| 0. | 12861 | Jann Stöter | 00:34:17.3 | offene Klasse | 0 | 0 | GER | Laufkunst |
| 0. | 6146 | Noname | 00:34:17.5 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 12220 | Josef Schwarzensteiner | 00:34:17.6 | offene Klasse | 0 | 0 | GER | Vinzenzkrankenhaus Hannover GmbH |
| 0. | 5087 | Marcel Schumann | 00:34:17.9 | offene Klasse | 0 | 0 | GER | EBRC running mates |
| 0. | 10201 | Marvin Pieper | 00:34:18.0 | offene Klasse | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 7289 | Volker Stachowitz | 00:34:18.1 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 11582 | Sascha Engel | 00:34:18.4 | offene Klasse | 0 | 0 | GER | Uniper Hannover |
| 0. | 12386 | Nando Hapke | 00:34:18.8 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 9966 | Arthur Zadruzynski | 00:34:19.0 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 3037 | Christopher Harmsen | 00:34:19.1 | offene Klasse | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 8014 | Frank Koslowski | 00:34:19.6 | offene Klasse | 0 | 0 | GER | KAG - The Endurance Runners |
| 0. | 10936 | Stefan Pigge | 00:34:19.8 | offene Klasse | 0 | 0 | GER | Sonova Consumer Hearing |
| 0. | 9109 | Stephan Weinhold | 00:34:20.4 | offene Klasse | 0 | 0 | GER | Team Hochspannung |
| 0. | 4937 | Daniel Podszuweit | 00:34:20.4 | offene Klasse | 0 | 0 | GER | Veenker Ingenieure |
| 0. | 8903 | Marcel Rieck | 00:34:20.6 | offene Klasse | 0 | 0 | GER | Laser Zentrum Hannover e.V. |
| 0. | 7976 | Justin Lehnhoff | 00:34:21.2 | offene Klasse | 0 | 0 | GER | J+S |
| 0. | 12753 | Maik Sachse | 00:34:21.5 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 3904 | Holger Bissel | 00:34:22.1 | offene Klasse | 0 | 0 | GER | Creditreform |
| 0. | 2219 | Lorn Messner | 00:34:23.1 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 10705 | Ralf Kruse | 00:34:23.1 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 8421 | Marvin Linke | 00:34:23.1 | offene Klasse | 0 | 0 | GER | Klinikum Warendorff GmbH |
| 0. | 9537 | Christoph Holz | 00:34:23.4 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 3896 | Christoph Radler | 00:34:24.2 | offene Klasse | 0 | 0 | GER | CRATOS GmbH |
| 0. | 11230 | Bukurim Ukaj | 00:34:24.5 | offene Klasse | 0 | 0 | GER | thyssenkrupp Plastics |
| 0. | 6143 | Noname | 00:34:24.7 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 7770 | Bennett Neubecker | 00:34:25.0 | offene Klasse | 0 | 0 | GER | infinitas |
| 0. | 8392 | Jonas Göken | 00:34:25.1 | offene Klasse | 0 | 0 | GER | Klinikum Warendorff GmbH |
| 0. | 490 | Marcel Miszczyk | 00:34:25.1 | offene Klasse | 0 | 0 | GER | Cochlear Deutschland GmbH & co.KG |
| 0. | 263 | Alexander Kling | 00:34:25.1 | offene Klasse | 0 | 0 | GER | Amadeus Fire |
| 0. | 1144 | Maximilian Friedrischak | 00:34:25.5 | offene Klasse | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 8713 | Enno Menke | 00:34:25.6 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 88 | Philipp Neugebauer | 00:34:25.8 | offene Klasse | 0 | 0 | GER | Win4Youth |
| 0. | 6137 | Noname | 00:34:25.8 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 6733 | Sebastian Beitzel | 00:34:26.3 | offene Klasse | 0 | 0 | GER | AUF DER BULT |
| 0. | 1985 | Jonas Hänsel | 00:34:26.3 | offene Klasse | 0 | 0 | GER | nass magnet |
| 0. | 13067 | Marcel Jurczyk | 00:34:26.4 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 11325 | Milosz Jurak | 00:34:27.7 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 2204 | Ian Bresch | 00:34:27.9 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 8712 | Christopher Marschke | 00:34:28.1 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 4543 | Luis Kasseroler | 00:34:28.2 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 7397 | Marlon Thiele | 00:34:28.6 | offene Klasse | 0 | 0 | GER | heinekingmedia |
| 0. | 4275 | Pascal Hoppe | 00:34:29.3 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 4560 | Nils Rixin | 00:34:29.3 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 6972 | Tom Fricke | 00:34:29.6 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 2714 | Maximilian Meyer | 00:34:29.7 | offene Klasse | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 5428 | Lars Pantförder | 00:34:30.3 | offene Klasse | 0 | 0 | GER | EY Hannover |
| 0. | 5948 | Aleksejs Kostromins | 00:34:30.7 | offene Klasse | 0 | 0 | GER | Strate Running Team |
| 0. | 248 | Thore Voss | 00:34:30.9 | offene Klasse | 0 | 0 | GER | ALDI Nord |
| 0. | 12515 | Robert Reichert | 00:34:31.0 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 2332 | Jens-Martin Hedrich | 00:34:31.4 | offene Klasse | 0 | 0 | GER | Viatrix |

| | | | | | | | | |
|----|-------|-------------------------|------------|---------------|---|---|-----|---------------------------------|
| 0. | 11136 | Stefan Braatz | 00:34:31.5 | offene Klasse | 0 | 0 | GER | TAIFUN Software |
| 0. | 10520 | Jan Wessels | 00:34:31.7 | offene Klasse | 0 | 0 | GER | Rötting & Wessels Part StbG mbB |
| 0. | 12572 | No Name | 00:34:31.8 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 10128 | Eric Luckov | 00:34:32.1 | offene Klasse | 0 | 0 | GER | PKF TREUWERK |
| 0. | 11974 | Jens Hensel | 00:34:32.3 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 13137 | Leon Wischnewski | 00:34:32.3 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 2799 | Fr Dittrich | 00:34:32.6 | offene Klasse | 0 | 0 | GER | Alvotech Hannover |
| 0. | 5884 | Ole Wolkenhauer | 00:34:32.6 | offene Klasse | 0 | 0 | GER | Flughafen Hannover-Langenhagen |
| 0. | 8779 | Noname | 00:34:32.9 | offene Klasse | 0 | 0 | GER | Kraftwerk |
| 0. | 269 | Ronnie Paetow | 00:34:33.1 | offene Klasse | 0 | 0 | GER | Amadeus Fire |
| 0. | 4636 | Robin Wermuth | 00:34:33.1 | offene Klasse | 0 | 0 | GER | Deutsche Bank AG |
| 0. | 2510 | Noname | 00:34:34.1 | offene Klasse | 0 | 0 | GER | Adastra |
| 0. | 6505 | Noname | 00:34:35.1 | offene Klasse | 0 | 0 | GER | Hannover 96 Arena GmbH & Co. KG |
| 0. | 6591 | Richard Stiegler | 00:34:35.9 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 3168 | Alexander Suppes | 00:34:36.4 | offene Klasse | 0 | 0 | GER | Waygate Technologies |
| 0. | 10695 | Tim Heitmann | 00:34:36.6 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 5079 | Renee Warmbold | 00:34:37.1 | offene Klasse | 0 | 0 | GER | EasyPark Runners |
| 0. | 13035 | Nicolas Hirche | 00:34:37.4 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 6496 | Marcel Hentrich | 00:34:37.6 | offene Klasse | 0 | 0 | GER | FunIT |
| 0. | 7009 | Mario Simon Günther | 00:34:38.7 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 467 | Markus Tannenberg | 00:34:39.1 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 2210 | Tobias Groß | 00:34:39.6 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 12431 | Abdulbaki Kocabasa | 00:34:39.9 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 11893 | Leon Ohlhoff | 00:34:40.0 | offene Klasse | 0 | 0 | GER | VGH Versicherungen |
| 0. | 2862 | Maurizio Graci | 00:34:40.5 | offene Klasse | 0 | 0 | GER | Arvato |
| 0. | 11098 | Frederik Stoll | 00:34:40.6 | offene Klasse | 0 | 0 | GER | Sweco |
| 0. | 11084 | Michael Dormann | 00:34:40.6 | offene Klasse | 0 | 0 | GER | Sweco |
| 0. | 10110 | Dirk Stukemeier | 00:34:40.6 | offene Klasse | 0 | 0 | GER | Physiotherapie Kemper und Söhne |
| 0. | 1595 | Sven Eisenacher | 00:34:41.6 | offene Klasse | 0 | 0 | GER | IPH gGmbH |
| 0. | 6128 | Noname | 00:34:41.8 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 2115 | Julian Kleen | 00:34:41.9 | offene Klasse | 0 | 0 | GER | top itservices AG |
| 0. | 2456 | Thorsten Stiewe | 00:34:42.0 | offene Klasse | 0 | 0 | GER | BSG ABB & Hitachi Energy e.V. |
| 0. | 13046 | Artur Keil | 00:34:42.1 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 1745 | Noname | 00:34:42.1 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 548 | Sven Waliczek | 00:34:42.1 | offene Klasse | 0 | 0 | GER | deister electronic GmbH |
| 0. | 6692 | Torsten Siemer | 00:34:42.8 | offene Klasse | 0 | 0 | GER | Hannover Congress Centrum |
| 0. | 8559 | Julian Blechinger | 00:34:42.9 | offene Klasse | 0 | 0 | GER | Team KONE |
| 0. | 3581 | Tano Roth | 00:34:43.4 | offene Klasse | 0 | 0 | GER | ChillServices |
| 0. | 9590 | Nils J. Timpe | 00:34:43.9 | offene Klasse | 0 | 0 | GER | M&P Ingenieurgesellschaft mbH |
| 0. | 11279 | Jens Fischer | 00:34:45.1 | offene Klasse | 0 | 0 | GER | TTB-Runners |
| 0. | 1251 | Focke Binderszewsky | 00:34:45.2 | offene Klasse | 0 | 0 | GER | ERNST² Architekten AG |
| 0. | 3793 | Simon Maashöfer | 00:34:45.3 | offene Klasse | 0 | 0 | GER | Team Concordia |
| 0. | 293 | Israel Moreno Castaneda | 00:34:45.5 | offene Klasse | 0 | 0 | GER | Amazon HAJ8 |
| 0. | 9933 | Lars Timm | 00:34:46.1 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 6205 | Alex Peerschke | 00:34:46.1 | offene Klasse | 0 | 0 | GER | Goldebeck |
| 0. | 8943 | Oliver Sponholz | 00:34:46.3 | offene Klasse | 0 | 0 | GER | lavera.naturals |
| 0. | 6539 | Dennis Jakob | 00:34:46.4 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 6075 | Noname | 00:34:46.8 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 3409 | Jason Berthold | 00:34:47.2 | offene Klasse | 0 | 0 | GER | Bundeswehr |
| 0. | 10355 | Olaf Tschakert | 00:34:47.4 | offene Klasse | 0 | 0 | GER | Radio Hannover |
| 0. | 3789 | Lennerd Kühn | 00:34:47.5 | offene Klasse | 0 | 0 | GER | Team Concordia |
| 0. | 9440 | Manuel Staehr | 00:34:48.1 | offene Klasse | 0 | 0 | GER | Milkron |
| 0. | 10003 | Christopher Degenhardt | 00:34:48.6 | offene Klasse | 0 | 0 | GER | OTIS Aufzüge - made to move you |

| | | | | | | | | |
|----|-------|-----------------------|------------|---------------|---|---|-----|-----------------------------------|
| 0. | 375 | Volker Mau | 00:34:48.8 | offene Klasse | 0 | 0 | GER | Bucher Municipal |
| 0. | 9183 | Mikha Soeradhiningrat | 00:34:48.9 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 7468 | Niklas Palm | 00:34:49.0 | offene Klasse | 0 | 0 | GER | HERO Software |
| 0. | 4358 | Maximilian Schaidt | 00:34:49.0 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 2745 | Dominik Tees | 00:34:49.1 | offene Klasse | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 7864 | Kevin Paetzel | 00:34:49.3 | offene Klasse | 0 | 0 | GER | IP SYSCON SPORTS |
| 0. | 10522 | Philip Gelin | 00:34:49.4 | offene Klasse | 0 | 0 | GER | RSM Ebner Stolz |
| 0. | 5927 | Jörg Bachmann | 00:34:49.4 | offene Klasse | 0 | 0 | GER | FSS CONSULTING GMBH |
| 0. | 10712 | Wolfgang Plachetzky | 00:34:49.5 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 6675 | Ali Haghayegh | 00:34:49.6 | offene Klasse | 0 | 0 | GER | Hannover Congress Centrum |
| 0. | 4186 | Niels Hänsel-Tovar | 00:34:49.7 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 5881 | Till Urban | 00:34:49.9 | offene Klasse | 0 | 0 | GER | Flughafen Hannover-Langenhagen |
| 0. | 6204 | Mike Bolz | 00:34:49.9 | offene Klasse | 0 | 0 | GER | Goldebeck |
| 0. | 7207 | Jascha Preikschas | 00:34:50.0 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 8067 | Marcel Tunger | 00:34:50.4 | offene Klasse | 0 | 0 | GER | KinderEvents Sehnde |
| 0. | 3776 | Henning Hause | 00:34:50.6 | offene Klasse | 0 | 0 | GER | Team Concordia |
| 0. | 10643 | Mike Walter | 00:34:50.6 | offene Klasse | 0 | 0 | GER | medi terra |
| 0. | 300 | Fabian Speyer | 00:34:50.7 | offene Klasse | 0 | 0 | GER | Amazon HAJ8 |
| 0. | 10772 | Stefan Thiele | 00:34:50.8 | offene Klasse | 0 | 0 | GER | SHP Ingenieure |
| 0. | 3435 | Thomas Otto | 00:34:50.9 | offene Klasse | 0 | 0 | GER | Team Whopper |
| 0. | 7932 | Yosri Ballouda | 00:34:51.6 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 2450 | Tobias Vogel | 00:34:51.6 | offene Klasse | 0 | 0 | GER | 3B |
| 0. | 4932 | Malte Tosch | 00:34:51.6 | offene Klasse | 0 | 0 | GER | Dr. Schippke + Partner |
| 0. | 7716 | No Name | 00:34:52.4 | offene Klasse | 0 | 0 | GER | ILFA Hannover |
| 0. | 894 | Florian Petersen | 00:34:52.5 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 11307 | Bernd Fait | 00:34:52.6 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 4320 | Karl Schürmann | 00:34:52.8 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 10111 | Noname | 00:34:52.9 | offene Klasse | 0 | 0 | GER | Physiotherapie Kemper und Söhne |
| 0. | 10012 | Henrik Munte | 00:34:52.0 | offene Klasse | 0 | 0 | GER | Die Stahlharten |
| 0. | 4287 | Tim-Christopher Macke | 00:34:52.0 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 8576 | Philipp Greitzke | 00:34:52.4 | offene Klasse | 0 | 0 | GER | Team KONE |
| 0. | 2554 | Benjamin Behrens | 00:34:53.2 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 8700 | Marek Lewerenz | 00:34:53.3 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 51411 | Murat Aktas | 00:34:53.9 | offene Klasse | 0 | 0 | GER | Thuasne Runner |
| 0. | 12527 | Julian Rohwer | 00:34:54.0 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 8836 | Philip Bärwald | 00:34:54.0 | offene Klasse | 0 | 0 | GER | KSG Hannover - back in town |
| 0. | 11991 | Vincent Jus | 00:34:54.0 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 8648 | Dominik Buchholz | 00:34:54.2 | offene Klasse | 0 | 0 | GER | Köttermann GmbH |
| 0. | 10867 | Nikolas Richter | 00:34:54.4 | offene Klasse | 0 | 0 | GER | SKC Beratungsgesellschaft mbH |
| 0. | 6674 | Kai Girke | 00:34:54.9 | offene Klasse | 0 | 0 | GER | Hannover Congress Centrum |
| 0. | 9666 | Holger Drotleff | 00:34:55.1 | offene Klasse | 0 | 0 | GER | NLGA |
| 0. | 259 | Nabil Hashim | 00:34:55.1 | offene Klasse | 0 | 0 | GER | Amadeus Fire |
| 0. | 443 | Sergej Jusmann | 00:34:55.3 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 9017 | Niklas Grieger | 00:34:55.4 | offene Klasse | 0 | 0 | GER | Leuchfeuer Digital Marketing GmbH |
| 0. | 10521 | Christian Emmerich | 00:34:55.8 | offene Klasse | 0 | 0 | GER | RSM Ebner Stolz |
| 0. | 2679 | Tobias Schmidt | 00:34:55.9 | offene Klasse | 0 | 0 | GER | Algeco |
| 0. | 6498 | Jonas Kindel | 00:34:56.8 | offene Klasse | 0 | 0 | GER | FunIT |
| 0. | 926 | Nicolas Sachweh | 00:34:56.8 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 874 | Tibor Näther | 00:34:57.3 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 9271 | Jan Klapproth | 00:34:57.7 | offene Klasse | 0 | 0 | GER | BBN + MBG Niedersachsen GmbH |
| 0. | 9018 | Lukas Scharnhorst | 00:34:57.9 | offene Klasse | 0 | 0 | GER | Leuchfeuer Digital Marketing GmbH |
| 0. | 3468 | Kai-Uwe Damen | 00:34:58.2 | offene Klasse | 0 | 0 | GER | ARTIVA SPORTS |
| 0. | 9630 | Dennis Hundertmark | 00:34:58.3 | offene Klasse | 0 | 0 | GER | newcubator |

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|----|-------|-----------------------------|------------|---------------|---|---|-----|------------------------------------|
| 0. | 2317 | Ralf Strohecker | 00:34:58.3 | offene Klasse | 0 | 0 | GER | JCI |
| 0. | 8590 | Yannik Mahlert | 00:34:58.4 | offene Klasse | 0 | 0 | GER | Team KONE |
| 0. | 5926 | Marvin Bublitz | 00:34:58.6 | offene Klasse | 0 | 0 | GER | FSS CONSULTING GMBH |
| 0. | 7170 | Andrii Myronenko | 00:34:58.8 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 4433 | Marvin Tittel | 00:34:59.5 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 12498 | Can Okur | 00:34:59.6 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 7322 | Maarten Van Den Boom | 00:34:59.9 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 6668 | Alexander Bittner | 00:35:00.0 | offene Klasse | 0 | 0 | GER | Hannover Congress Centrum |
| 0. | 12395 | Keanu Helmsing | 00:35:00.3 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 1247 | Raul Friesen | 00:35:00.4 | offene Klasse | 0 | 0 | GER | ehb electronics gmbh |
| 0. | 6502 | Noname | 00:35:00.6 | offene Klasse | 0 | 0 | GER | FunIT |
| 0. | 212 | Ivan Dulev | 00:35:00.8 | offene Klasse | 0 | 0 | GER | ALDI Nord |
| 0. | 9654 | Kilian Kreft | 00:35:01.3 | offene Klasse | 0 | 0 | GER | NLBL-Aktiv |
| 0. | 6862 | Sander Vermeulen | 00:35:01.6 | offene Klasse | 0 | 0 | GER | Hays Hannover |
| 0. | 1879 | Christopher Gleick | 00:35:01.6 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 1764 | Patrick Marahrens | 00:35:02.0 | offene Klasse | 0 | 0 | GER | L3 Consulting |
| 0. | 10861 | Malte Glösen | 00:35:02.1 | offene Klasse | 0 | 0 | GER | SKC Beratungsgesellschaft mbH |
| 0. | 13130 | Oliver Werner | 00:35:02.2 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 1776 | Maximilian Rabsch | 00:35:02.3 | offene Klasse | 0 | 0 | GER | LPI Ingenieurgesellschaft mbH |
| 0. | 9975 | Alexander Lüssenhop | 00:35:02.6 | offene Klasse | 0 | 0 | GER | Osswald 360 |
| 0. | 11103 | Mohamed Sulaiman Haj Bakour | 00:35:02.6 | offene Klasse | 0 | 0 | GER | SWP Architekten |
| 0. | 2468 | Max Dorow | 00:35:02.8 | offene Klasse | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 5636 | Patrick Jochem | 00:35:03.0 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 9453 | Micha Reitz | 00:35:03.1 | offene Klasse | 0 | 0 | GER | MKG Kirchrode & Die Narkoseprofis |
| 0. | 7036 | Christopher Hippler | 00:35:03.3 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 5509 | No Name | 00:35:03.3 | offene Klasse | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 1783 | Jonas Witte | 00:35:03.4 | offene Klasse | 0 | 0 | GER | LPI Ingenieurgesellschaft mbH |
| 0. | 4816 | Malte Schultze | 00:35:03.9 | offene Klasse | 0 | 0 | GER | DF-Laufhelden |
| 0. | 12782 | Timo Albrecht | 00:35:04.1 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Group |
| 0. | 12168 | Lukas Wind | 00:35:04.9 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 11928 | Cedric Buck | 00:35:05.1 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 12788 | Lars Brandau | 00:35:05.1 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Group |
| 0. | 2377 | Torsten Stapel | 00:35:05.4 | offene Klasse | 0 | 0 | GER | VISION Consulting GmbH |
| 0. | 10085 | Marten Bielefeld | 00:35:05.5 | offene Klasse | 0 | 0 | GER | Team PABF / NKG |
| 0. | 12785 | Nils Berger | 00:35:05.9 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Group |
| 0. | 385 | Tjark Engelhardt | 00:35:06.3 | offene Klasse | 0 | 0 | GER | Bundesdruckerei GmbH |
| 0. | 12452 | Lukas Lehmann | 00:35:06.4 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 12856 | Manuel Kirchner | 00:35:06.8 | offene Klasse | 0 | 0 | GER | Laufkunst |
| 0. | 9083 | Jan-Oliver Kirschbaum | 00:35:07.1 | offene Klasse | 0 | 0 | GER | LPKF Laser & Electronics SE |
| 0. | 8717 | Christoph Neunhoeffer | 00:35:07.1 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 6826 | Lasse Künzler | 00:35:07.1 | offene Klasse | 0 | 0 | GER | Vereinszentrum Hannover 96 |
| 0. | 4538 | Paul Höft | 00:35:07.4 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 11657 | Lukas Poschkamp | 00:35:07.5 | offene Klasse | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 4542 | Prunthapan Jeyabalachandra | 00:35:07.6 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 127 | André Frischkemuth | 00:35:07.7 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 1500 | Noname | 00:35:07.9 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 6829 | Melvin Struckmeyer | 00:35:08.0 | offene Klasse | 0 | 0 | GER | Vereinszentrum Hannover 96 |
| 0. | 2281 | Henrik Schulze | 00:35:08.4 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 10794 | Abdelkarim Hannachi | 00:35:08.6 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 8780 | Noname | 00:35:08.9 | offene Klasse | 0 | 0 | GER | Kraftwerk |
| 0. | 7505 | Torben Dohrmann | 00:35:09.1 | offene Klasse | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 3342 | Noname | 00:35:09.4 | offene Klasse | 0 | 0 | GER | BMW Hannover |
| 0. | 6825 | Lasse Künzler | 00:35:09.6 | offene Klasse | 0 | 0 | GER | Vereinszentrum Hannover 96 |

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|----|-------|------------------------------|------------|---------------|---|---|-----|----------------------------------|
| 0. | 8772 | Noname | 00:35:09.6 | offene Klasse | 0 | 0 | GER | Kraftwerk |
| 0. | 10378 | Ralf Hermsen | 00:35:09.7 | offene Klasse | 0 | 0 | GER | Ramboll Hannover Runners |
| 0. | 11690 | Joy Costa Dos Santos | 00:35:09.8 | offene Klasse | 0 | 0 | GER | ÜSTRA AG |
| 0. | 7189 | Peter Paas | 00:35:09.8 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 2630 | Max-Ludwig Stadler | 00:35:09.9 | offene Klasse | 0 | 0 | GER | AIM |
| 0. | 11062 | Ilya Bekker | 00:35:09.9 | offene Klasse | 0 | 0 | GER | Sunshine Energieberatung |
| 0. | 9973 | Sergej Leiker | 00:35:09.9 | offene Klasse | 0 | 0 | GER | Osswald 360 |
| 0. | 4795 | Tom Klaua | 00:35:10.4 | offene Klasse | 0 | 0 | GER | DF-Laufhelden |
| 0. | 9970 | Lisa Haberland | 00:35:10.6 | offene Klasse | 0 | 0 | GER | Osswald 360 |
| 0. | 4820 | Per-Ole Wendt | 00:35:10.6 | offene Klasse | 0 | 0 | GER | DF-Laufhelden |
| 0. | 11920 | No Name | 00:35:11.4 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 13104 | Antoine Saverot | 00:35:11.4 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 8768 | Noname | 00:35:11.4 | offene Klasse | 0 | 0 | GER | Kraftwerk |
| 0. | 7080 | Torben Koch | 00:35:12.1 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 7200 | Torben Petras | 00:35:12.8 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 844 | Kai Machulla | 00:35:13.0 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 538 | Thimo Eichstädt | 00:35:13.1 | offene Klasse | 0 | 0 | GER | deister electronic GmbH |
| 0. | 13111 | Andreas Schrenk | 00:35:14.4 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 6556 | Arne Krohn | 00:35:14.4 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 681 | Elijah Abdah | 00:35:15.1 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 11163 | Henning Wulff | 00:35:15.4 | offene Klasse | 0 | 0 | GER | TAIFUN Software |
| 0. | 6024 | Nikolas Boettcher | 00:35:15.4 | offene Klasse | 0 | 0 | GER | GEO-NET |
| 0. | 5426 | Dirk Nolte | 00:35:15.5 | offene Klasse | 0 | 0 | GER | EY Hannover |
| 0. | 9476 | Nikolaus Kochen | 00:35:15.6 | offene Klasse | 0 | 0 | GER | Modulat Leasing AG |
| 0. | 3052 | Philipp Kramer | 00:35:15.6 | offene Klasse | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 12858 | Andreas Rohrbacher | 00:35:15.8 | offene Klasse | 0 | 0 | GER | Laufkunst |
| 0. | 5417 | Malte Albers | 00:35:16.0 | offene Klasse | 0 | 0 | GER | EY Hannover |
| 0. | 6942 | Chris Denysiak | 00:35:16.1 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 3810 | Niklas Pundschus | 00:35:16.1 | offene Klasse | 0 | 0 | GER | Team Concordia |
| 0. | 7611 | Daniel Koch | 00:35:16.3 | offene Klasse | 0 | 0 | GER | IG Metallteam |
| 0. | 12478 | Fabian Micke | 00:35:16.9 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 8761 | Felix Ziegler | 00:35:17.1 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 9480 | Niklas Nötzel | 00:35:17.2 | offene Klasse | 0 | 0 | GER | Modulat Leasing AG |
| 0. | 10405 | Hendrik Schmitz | 00:35:17.3 | offene Klasse | 0 | 0 | GER | Reha-Konzept |
| 0. | 1728 | Laurin Schult | 00:35:17.4 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 2155 | Lukas Reinke | 00:35:17.5 | offene Klasse | 0 | 0 | GER | Toyota Material Handling |
| 0. | 7027 | Marvin Hennecke | 00:35:17.6 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 1154 | Marcel Immig | 00:35:17.7 | offene Klasse | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 5424 | Björn Klüber | 00:35:18.8 | offene Klasse | 0 | 0 | GER | EY Hannover |
| 0. | 10716 | Maximilian Roy | 00:35:19.3 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 11713 | Kai Rosenberg | 00:35:19.9 | offene Klasse | 0 | 0 | GER | ÜSTRA AG |
| 0. | 7485 | Valentin Amschl | 00:35:20.6 | offene Klasse | 0 | 0 | GER | HOCHTIEF Infrastructure GmbH |
| 0. | 11145 | Nils Grohnert | 00:35:20.7 | offene Klasse | 0 | 0 | GER | TAIFUN Software |
| 0. | 10312 | Nick Troll | 00:35:20.9 | offene Klasse | 0 | 0 | GER | qnips |
| 0. | 6953 | Gabriel Ducatti Lino Machado | 00:35:21.4 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 6121 | Noname | 00:35:22.3 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 10365 | Torsten Manske | 00:35:22.4 | offene Klasse | 0 | 0 | GER | Radio Hannover |
| 0. | 9414 | No Name | 00:35:22.6 | offene Klasse | 0 | 0 | GER | MHHERZTEAM |
| 0. | 11188 | Noname | 00:35:22.8 | offene Klasse | 0 | 0 | GER | Techniker Krankenkasse |
| 0. | 6244 | Marco Heisrath | 00:35:22.8 | offene Klasse | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 701 | Kjell Andresen | 00:35:23.0 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 1552 | Feridun Basagac | 00:35:23.1 | offene Klasse | 0 | 0 | GER | heise - eine Antwort weiter |
| 0. | 4915 | Ben Müller | 00:35:23.6 | offene Klasse | 0 | 0 | GER | Dr. Gemmeke GmbH |

| | | | | | | | | |
|----|-------|-----------------------|------------|---------------|---|---|-----|------------------------------------|
| 0. | 13065 | Timo Lerche | 00:35:23.8 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 2579 | Philipp Kirchner | 00:35:23.8 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 11369 | Joel Weimer | 00:35:23.9 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 5181 | Alexander Fahnenstein | 00:35:23.9 | offene Klasse | 0 | 0 | GER | StromRacer |
| 0. | 11149 | Marcel Jünemann | 00:35:24.1 | offene Klasse | 0 | 0 | GER | TAIFUN Software |
| 0. | 7962 | Maliwan Mirza | 00:35:24.3 | offene Klasse | 0 | 0 | GER | J+S |
| 0. | 8367 | Michael Cramm | 00:35:24.8 | offene Klasse | 0 | 0 | GER | Klinikum Warendorff GmbH |
| 0. | 4293 | Luca Mätschke | 00:35:25.0 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 1317 | Darius Schoppe | 00:35:25.2 | offene Klasse | 0 | 0 | GER | Gasunie |
| 0. | 4477 | Jonas Grede | 00:35:25.9 | offene Klasse | 0 | 0 | GER | Debeka |
| 0. | 4253 | Patrick Malz | 00:35:26.2 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 12522 | Julian Riehn | 00:35:26.4 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5832 | Kevin Obersheimer | 00:35:26.8 | offene Klasse | 0 | 0 | GER | FL Technics |
| 0. | 7119 | Alessandro Lietz | 00:35:26.9 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 11494 | Armin Geißler | 00:35:26.9 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 10940 | Jan Kutzt | 00:35:27.8 | offene Klasse | 0 | 0 | GER | Sonova Consumer Hearing |
| 0. | 7460 | Lukas Beckmann | 00:35:27.0 | offene Klasse | 0 | 0 | GER | HERO Software |
| 0. | 10204 | Andreas Reichwald | 00:35:27.7 | offene Klasse | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 7895 | Gerrit Gädke | 00:35:28.0 | offene Klasse | 0 | 0 | GER | ITGAIN Consulting GmbH |
| 0. | 7978 | Medan Eckart | 00:35:28.1 | offene Klasse | 0 | 0 | GER | JMJ Runners |
| 0. | 6181 | Oguzhan Mun | 00:35:28.6 | offene Klasse | 0 | 0 | GER | GFK Ingenieure |
| 0. | 9154 | Sipan Haggio | 00:35:28.8 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 3846 | Henning Prigge | 00:35:28.9 | offene Klasse | 0 | 0 | GER | Connox |
| 0. | 1904 | Jan Kopras | 00:35:29.1 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 164 | Javier Moya | 00:35:29.1 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 1888 | Jan Hüper | 00:35:29.8 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 542 | Norman Maaß | 00:35:30.1 | offene Klasse | 0 | 0 | GER | deister electronic GmbH |
| 0. | 8915 | Marco Jupe | 00:35:30.4 | offene Klasse | 0 | 0 | GER | Laser Zentrum Hannover e.V. |
| 0. | 7809 | Robert Süling | 00:35:30.7 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 10793 | Paul Grunert | 00:35:30.7 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 7706 | Eyad Swid | 00:35:31.4 | offene Klasse | 0 | 0 | GER | Cool down... |
| 0. | 847 | Jan Malchert | 00:35:31.5 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 6131 | NoName | 00:35:31.6 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 6874 | Claas Akemann | 00:35:31.6 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 12841 | Christopher Wieczorek | 00:35:31.7 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Group |
| 0. | 9250 | Ole Weber | 00:35:32.1 | offene Klasse | 0 | 0 | GER | Materna Hannover |
| 0. | 12988 | Josua Zönnchen | 00:35:32.1 | offene Klasse | 0 | 0 | GER | Canopy Biosciences |
| 0. | 12869 | Martin Albrecht | 00:35:32.1 | offene Klasse | 0 | 0 | GER | Wohnungsgenossenschaft Heimkehr eG |
| 0. | 2904 | David Scott Berger | 00:35:32.3 | offene Klasse | 0 | 0 | GER | Aspria |
| 0. | 12924 | Gerald S. | 00:35:32.6 | offene Klasse | 0 | 0 | GER | Zahnärzte PODBI344 |
| 0. | 6545 | Luisa Marks | 00:35:33.0 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 6129 | NoName | 00:35:34.4 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 11788 | Max Küster | 00:35:34.6 | offene Klasse | 0 | 0 | GER | V-LINE EUROPE |
| 0. | 8668 | Philipp Janßen | 00:35:34.6 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 11332 | Dmitri Kisselman | 00:35:35.0 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 12752 | Sven Rathmann | 00:35:35.5 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 5951 | Dariusz Latoch | 00:35:35.6 | offene Klasse | 0 | 0 | GER | Strate Running Team |
| 0. | 2137 | Stefan Grusenick | 00:35:35.6 | offene Klasse | 0 | 0 | GER | Toyota Material Handling |
| 0. | 12933 | Mehmet Y. | 00:35:36.6 | offene Klasse | 0 | 0 | GER | Zahnärzte PODBI344 |
| 0. | 6167 | NoName | 00:35:36.9 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 7375 | No Name | 00:35:36.9 | offene Klasse | 0 | 0 | GER | Heidenhain |
| 0. | 8145 | No Name | 00:35:37.8 | offene Klasse | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 9036 | René Gehmeyer | 00:35:37.9 | offene Klasse | 0 | 0 | GER | Hustle Heroes |

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|----|-------|---------------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 8854 | Jens Weihrauch | 00:35:37.9 | offene Klasse | 0 | 0 | GER | KSG Hannover - back in town |
| 0. | 9306 | Holger Ladenthin | 00:35:37.9 | offene Klasse | 0 | 0 | GER | Mecklenburgische Versicherungs-Gesel |
| 0. | 6178 | Alexander Kinzel | 00:35:39.4 | offene Klasse | 0 | 0 | GER | GFK Ingenieure |
| 0. | 7488 | Markus Gerndt | 00:35:39.6 | offene Klasse | 0 | 0 | GER | HOCHTIEF Infrastructure GmbH |
| 0. | 2846 | Mark Cieslik | 00:35:39.9 | offene Klasse | 0 | 0 | GER | Arvato |
| 0. | 7569 | Jan-Niclas Tamms | 00:35:40.3 | offene Klasse | 0 | 0 | GER | HannoverDachbauTeam |
| 0. | 6949 | Sönke Meyer | 00:35:40.3 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 6481 | Felix Watolla | 00:35:40.4 | offene Klasse | 0 | 0 | GER | HVNB |
| 0. | 6659 | Ishak Özkan | 00:35:40.6 | offene Klasse | 0 | 0 | GER | AGS |
| 0. | 8542 | Frank Schnitker | 00:35:40.7 | offene Klasse | 0 | 0 | GER | KOMATSU |
| 0. | 2526 | Jan Seidel | 00:35:40.8 | offene Klasse | 0 | 0 | GER | adesso |
| 0. | 9879 | Holger Reinicke | 00:35:41.1 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 3603 | Philipp Bartels | 00:35:41.1 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 7785 | Joel Erkamp | 00:35:41.3 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 4818 | Oliver Tabbara | 00:35:41.4 | offene Klasse | 0 | 0 | GER | DF-Laufhelden |
| 0. | 5159 | Malte Schröter | 00:35:42.1 | offene Klasse | 0 | 0 | GER | M6 |
| 0. | 8091 | Alexander Melcher | 00:35:42.9 | offene Klasse | 0 | 0 | GER | Team Haus am See |
| 0. | 10327 | Tahsin Tozo | 00:35:43.1 | offene Klasse | 0 | 0 | GER | R+V Allgemeine Versicherung AG |
| 0. | 9408 | Andreas Zahn | 00:35:43.4 | offene Klasse | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 2942 | No Name | 00:35:43.9 | offene Klasse | 0 | 0 | GER | Wirtschaftstraum Hannover |
| 0. | 9434 | No Name | 00:35:44.1 | offene Klasse | 0 | 0 | GER | Milkron |
| 0. | 10401 | Marius Hesse | 00:35:45.0 | offene Klasse | 0 | 0 | GER | Reha-Konzept |
| 0. | 10656 | Sören Freitag | 00:35:45.8 | offene Klasse | 0 | 0 | GER | Sennheiser electronic SE & Co. KG |
| 0. | 12758 | Matthias Stupak | 00:35:45.9 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 4616 | Jan Niklas Lautenschläger | 00:35:46.1 | offene Klasse | 0 | 0 | GER | apoBank Hannover |
| 0. | 6392 | Tim Freytag | 00:35:46.6 | offene Klasse | 0 | 0 | GER | Hahne Holding GmbH |
| 0. | 8820 | Noname | 00:35:46.6 | offene Klasse | 0 | 0 | GER | KSB INTAX |
| 0. | 5444 | No Name | 00:35:46.7 | offene Klasse | 0 | 0 | GER | fairKauf-Runner |
| 0. | 11692 | Henry Dürkop | 00:35:46.8 | offene Klasse | 0 | 0 | GER | ÜSTRA AG |
| 0. | 11698 | Silas Föhr | 00:35:46.9 | offene Klasse | 0 | 0 | GER | ÜSTRA AG |
| 0. | 13030 | Sebastian Harder | 00:35:47.1 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 51346 | Noah-Maximilian Klause | 00:35:47.3 | offene Klasse | 0 | 0 | GER | Hermesläufer |
| 0. | 2876 | Jan Rehse | 00:35:47.5 | offene Klasse | 0 | 0 | GER | Arvato |
| 0. | 8085 | Dawid Glowacki | 00:35:47.6 | offene Klasse | 0 | 0 | GER | Team Haus am See |
| 0. | 9894 | Stefan Ryll | 00:35:48.1 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 9067 | Marlik Schuch | 00:35:48.6 | offene Klasse | 0 | 0 | GER | LPKF Laser & Electronics SE |
| 0. | 2873 | Nenad Peric | 00:35:48.8 | offene Klasse | 0 | 0 | GER | Arvato |
| 0. | 12975 | Sven Heckwolf | 00:35:48.9 | offene Klasse | 0 | 0 | GER | Canopy Biosciences |
| 0. | 2938 | No Name | 00:35:48.9 | offene Klasse | 0 | 0 | GER | Wirtschaftstraum Hannover |
| 0. | 10552 | Maximilian Doelle | 00:35:49.4 | offene Klasse | 0 | 0 | GER | Sappi Hannover |
| 0. | 7271 | Marvin Schwacke | 00:35:49.6 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 8660 | Tim Altkemper | 00:35:50.2 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 7046 | Stefan Huemmer | 00:35:50.6 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 4582 | Till Kesten | 00:35:51.3 | offene Klasse | 0 | 0 | GER | Delta Immobilien Gruppe |
| 0. | 1915 | Patrick Leonard | 00:35:51.8 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 5805 | Dmytro Werner | 00:35:51.8 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 13101 | Maurice Hagedorn | 00:35:52.3 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 4600 | Dirk Streicher | 00:35:52.4 | offene Klasse | 0 | 0 | GER | Delta Immobilien Gruppe |
| 0. | 1426 | Noname | 00:35:52.5 | offene Klasse | 0 | 0 | GER | Gundlach |
| 0. | 5295 | Marius Köcke | 00:35:53.1 | offene Klasse | 0 | 0 | GER | Engel & Völkers Commercial |
| 0. | 11248 | Laurin Hotz | 00:35:53.4 | offene Klasse | 0 | 0 | GER | LOTTO Niedersachsen |
| 0. | 779 | Wolfgang Hanko | 00:35:53.5 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 11825 | Alexander Reimche | 00:35:53.5 | offene Klasse | 0 | 0 | GER | VSV |

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|----|-------|-------------------------|------------|---------------|---|---|-----|------------------------------------|
| 0. | 12969 | Jannik Boog | 00:35:53.9 | offene Klasse | 0 | 0 | GER | Canopy Biosciences |
| 0. | 2834 | Torsten Kurland | 00:35:54.4 | offene Klasse | 0 | 0 | GER | Arconic Hannover |
| 0. | 1650 | Bo Wegener | 00:35:54.4 | offene Klasse | 0 | 0 | GER | Team Kienast Unternehmensgruppe |
| 0. | 9182 | Sven Schütte | 00:35:55.0 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 2704 | Yannik Homa | 00:35:55.1 | offene Klasse | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 10644 | Gramos Aliaj | 00:35:55.2 | offene Klasse | 0 | 0 | GER | medi terra |
| 0. | 3263 | Moritz Pagel | 00:35:55.4 | offene Klasse | 0 | 0 | GER | becker+flöge GmbH |
| 0. | 5943 | Andi Alusi | 00:35:55.7 | offene Klasse | 0 | 0 | GER | Strate Running Team |
| 0. | 10991 | Malte Holzvoigt | 00:35:56.1 | offene Klasse | 0 | 0 | GER | St. Joseph Kinder- und Jugendhilfe |
| 0. | 7406 | Saman Jung-Lundberg | 00:35:56.1 | offene Klasse | 0 | 0 | GER | HJL Baumanagement |
| 0. | 6566 | Oliver Iwan | 00:35:56.1 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 277 | Michael Schefer | 00:35:56.1 | offene Klasse | 0 | 0 | GER | Amadeus Fire |
| 0. | 2217 | Vicco Engel | 00:35:57.0 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 12812 | Sönke Kopp | 00:35:57.0 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Group |
| 0. | 2869 | Andreas Rühle | 00:35:57.0 | offene Klasse | 0 | 0 | GER | Arvato |
| 0. | 9567 | Dennis Schäffer | 00:35:57.1 | offene Klasse | 0 | 0 | GER | MTB GmbH |
| 0. | 5431 | Fabian Proske | 00:35:57.4 | offene Klasse | 0 | 0 | GER | EY Hannover |
| 0. | 2327 | Alexander Distelkamp | 00:35:57.4 | offene Klasse | 0 | 0 | GER | Viatrix |
| 0. | 11254 | Christopher Apel | 00:35:57.5 | offene Klasse | 0 | 0 | GER | Honeywell Transnorm |
| 0. | 3258 | Philipp Heitmann | 00:35:57.8 | offene Klasse | 0 | 0 | GER | becker+flöge GmbH |
| 0. | 7410 | Thies Ludewig | 00:35:57.8 | offene Klasse | 0 | 0 | GER | HJL Baumanagement |
| 0. | 1288 | Mathis Walz | 00:35:57.9 | offene Klasse | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 1913 | Andre Hackbarth | 00:35:57.9 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 1449 | Santos Götting | 00:35:58.0 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 13145 | Alexander Timmermann | 00:35:58.1 | offene Klasse | 0 | 0 | GER | Zühlke Engineering GmbH Hannover |
| 0. | 6135 | Noname | 00:35:58.8 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 12368 | Guido Genze | 00:35:58.9 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 2171 | Simon Alexander Voigt | 00:35:59.0 | offene Klasse | 0 | 0 | GER | Toyota Material Handling |
| 0. | 7919 | Konstantin Dovganenko | 00:35:59.1 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 12822 | René Pietzonka | 00:35:59.1 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Group |
| 0. | 9139 | Max Bahne | 00:35:59.2 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 11185 | Noname | 00:35:59.6 | offene Klasse | 0 | 0 | GER | Techniker Krankenkasse |
| 0. | 12686 | Markus Kühne | 00:35:59.9 | offene Klasse | 0 | 0 | GER | #teamWAGNER |
| 0. | 9071 | Simon Heitmann | 00:36:00.1 | offene Klasse | 0 | 0 | GER | LPKF Laser & Electronics SE |
| 0. | 6859 | Finn Justin Reichel | 00:36:00.1 | offene Klasse | 0 | 0 | GER | Hays Hannover |
| 0. | 4372 | Kai Schnücker | 00:36:00.2 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 296 | Markus Reich | 00:36:01.4 | offene Klasse | 0 | 0 | GER | Amazon HAJ8 |
| 0. | 11730 | Marcel Möller | 00:36:02.3 | offene Klasse | 0 | 0 | GER | ÜSTRA AG |
| 0. | 1506 | Rene Busse | 00:36:02.9 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 2198 | Marco Schilling | 00:36:03.4 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 7404 | Habib Arasch | 00:36:04.0 | offene Klasse | 0 | 0 | GER | HJL Baumanagement |
| 0. | 2806 | Chandra Kommana | 00:36:04.0 | offene Klasse | 0 | 0 | GER | Alvotech Hannover |
| 0. | 1094 | Niels Schneider | 00:36:05.9 | offene Klasse | 0 | 0 | GER | DRK-Region Hannover e.V. |
| 0. | 3540 | Ulrich Mühlhoff | 00:36:05.0 | offene Klasse | 0 | 0 | GER | CENTERSCAPE |
| 0. | 10596 | Noname | 00:36:05.1 | offene Klasse | 0 | 0 | GER | Schlütersche Mediengruppe |
| 0. | 319 | Julian Maria Halbritter | 00:36:05.6 | offene Klasse | 0 | 0 | GER | Arcadis Germany GmbH |
| 0. | 12940 | Noname | 00:36:05.8 | offene Klasse | 0 | 0 | GER | TEAMGEIST |
| 0. | 12843 | Daniel Zentarra | 00:36:06.3 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Group |
| 0. | 7830 | Sebastian Wegel | 00:36:06.3 | offene Klasse | 0 | 0 | GER | Institut für Produktionswirtschaft |
| 0. | 3848 | Patrick Wasilewski | 00:36:06.6 | offene Klasse | 0 | 0 | GER | Connox |
| 0. | 12401 | Christopher Herrmann | 00:36:06.9 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 9158 | Jens Stube | 00:36:07.5 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 904 | Patrick Ramsay | 00:36:07.8 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |

| | | | | | | | | |
|----|-------|------------------------|------------|---------------|---|---|-----|------------------------------------|
| 0. | 12329 | Philipp Duwe | 00:36:08.1 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 1936 | Christian Rolle | 00:36:08.6 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 12628 | Noname | 00:36:08.9 | offene Klasse | 0 | 0 | GER | VSM |
| 0. | 9002 | Robin Denecke | 00:36:09.0 | offene Klasse | 0 | 0 | GER | Lebenshilfe Langenhagen-Wedemark |
| 0. | 9402 | Patrick Schmelzer | 00:36:09.1 | offene Klasse | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 3243 | Jan Knittler | 00:36:09.3 | offene Klasse | 0 | 0 | GER | laufend prüfen |
| 0. | 6497 | Jonas Jagemann | 00:36:09.4 | offene Klasse | 0 | 0 | GER | FunIT |
| 0. | 1923 | Simon Kaczmarek | 00:36:09.5 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 7063 | Daniel Kammerzell | 00:36:09.7 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 5893 | Eduart Bunjaku | 00:36:10.0 | offene Klasse | 0 | 0 | GER | FOM Hochschule |
| 0. | 6526 | Noname | 00:36:10.2 | offene Klasse | 0 | 0 | GER | Hannover 96 Arena GmbH & Co. KG |
| 0. | 4622 | Christopher Stannek | 00:36:10.6 | offene Klasse | 0 | 0 | GER | apoBank Hannover |
| 0. | 11965 | Tobias Gruhn | 00:36:10.8 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 3250 | Matthes Ahlhorn | 00:36:11.9 | offene Klasse | 0 | 0 | GER | becker+flöge GmbH |
| 0. | 7897 | Oleg Hilt | 00:36:12.0 | offene Klasse | 0 | 0 | GER | ITGAIN Consulting GmbH |
| 0. | 7734 | Serhii Minin | 00:36:12.5 | offene Klasse | 0 | 0 | GER | imug |
| 0. | 9518 | Immo Modersohn | 00:36:13.0 | offene Klasse | 0 | 0 | GER | Motel One Hannover-Oper |
| 0. | 11823 | Ingo Gersbeck | 00:36:14.1 | offene Klasse | 0 | 0 | GER | VSV |
| 0. | 2414 | Noname | 00:36:14.3 | offene Klasse | 0 | 0 | GER | Du läufst hinter - Willenbrock |
| 0. | 5421 | Alexander Stamm | 00:36:14.4 | offene Klasse | 0 | 0 | GER | EY Hannover |
| 0. | 8863 | Jan-Michael Röver | 00:36:14.5 | offene Klasse | 0 | 0 | GER | Kuhlmann |
| 0. | 13102 | Arian Roofls | 00:36:15.1 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 8657 | Niklas Unruh | 00:36:15.2 | offene Klasse | 0 | 0 | GER | Köttermann GmbH |
| 0. | 11151 | Ron Koenig | 00:36:15.2 | offene Klasse | 0 | 0 | GER | TAIFUN Software |
| 0. | 5950 | Konstantin Krutsch | 00:36:15.4 | offene Klasse | 0 | 0 | GER | Strate Running Team |
| 0. | 2259 | Alexandra Erfurt | 00:36:15.4 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 2220 | Michael Erfurt | 00:36:15.6 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 8976 | Timo Wagner | 00:36:15.9 | offene Klasse | 0 | 0 | GER | LBS NordWest |
| 0. | 10902 | Mathis Leibhan | 00:36:15.9 | offene Klasse | 0 | 0 | GER | Sonepar |
| 0. | 11015 | René Winter | 00:36:16.0 | offene Klasse | 0 | 0 | GER | Stadt Sehnde |
| 0. | 5954 | Viktor Volk | 00:36:16.1 | offene Klasse | 0 | 0 | GER | Strate Running Team |
| 0. | 8710 | Christof Marek | 00:36:16.3 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 51353 | Mark Wichert | 00:36:16.3 | offene Klasse | 0 | 0 | GER | Germerott |
| 0. | 10713 | Klaus Grübl | 00:36:16.3 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 8769 | Noname | 00:36:16.6 | offene Klasse | 0 | 0 | GER | Kraftwerk |
| 0. | 4994 | Michael Ewald Huels | 00:36:16.9 | offene Klasse | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 9094 | Jan Hendrik Klaas | 00:36:17.1 | offene Klasse | 0 | 0 | GER | LPKF Laser & Electronics SE |
| 0. | 4796 | Azad Ayhan | 00:36:17.1 | offene Klasse | 0 | 0 | GER | DF-Laufhelden |
| 0. | 8804 | Tobias Wilde | 00:36:17.5 | offene Klasse | 0 | 0 | GER | KS Huayu Team |
| 0. | 8778 | Noname | 00:36:17.6 | offene Klasse | 0 | 0 | GER | Kraftwerk |
| 0. | 51351 | Marc-Oliver Brakenhoff | 00:36:17.8 | offene Klasse | 0 | 0 | GER | Germerott |
| 0. | 10985 | Arvin Bagherbeyki | 00:36:18.2 | offene Klasse | 0 | 0 | GER | St. Joseph Kinder- und Jugendhilfe |
| 0. | 8858 | Nils Christen | 00:36:18.3 | offene Klasse | 0 | 0 | GER | Kuhlmann |
| 0. | 7097 | Sebastian Krull | 00:36:18.4 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 51352 | Christian Malarski | 00:36:18.4 | offene Klasse | 0 | 0 | GER | Germerott |
| 0. | 2407 | Noname | 00:36:18.5 | offene Klasse | 0 | 0 | GER | Du läufst hinter - Willenbrock |
| 0. | 6339 | Andrii Mazhara | 00:36:18.9 | offene Klasse | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 7823 | Stefan Helber | 00:36:19.3 | offene Klasse | 0 | 0 | GER | Institut für Produktionswirtschaft |
| 0. | 6070 | Noname | 00:36:19.3 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 2382 | Simon Franke | 00:36:19.6 | offene Klasse | 0 | 0 | GER | Wahl GmbH + Co. KG |
| 0. | 3271 | Gerrit Thies | 00:36:19.6 | offene Klasse | 0 | 0 | GER | becker+flöge GmbH |
| 0. | 8651 | Maximilian Koch | 00:36:20.0 | offene Klasse | 0 | 0 | GER | Köttermann GmbH |
| 0. | 3372 | Jan Haseler | 00:36:20.1 | offene Klasse | 0 | 0 | GER | BlmA |

| | | | | | | | | |
|----|-------|----------------------------------|------------|---------------|---|---|-----|-----------------------------------|
| 0. | 10809 | Lennart Klußmann | 00:36:20.3 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 7193 | Patrick Palme | 00:36:20.7 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 9579 | Andreas Hornig | 00:36:22.0 | offene Klasse | 0 | 0 | GER | M&P Ingenieurgesellschaft mbH |
| 0. | 1278 | Tom Kühne | 00:36:22.3 | offene Klasse | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 224 | Jonas Helfrich | 00:36:22.4 | offene Klasse | 0 | 0 | GER | ALDI Nord |
| 0. | 7760 | Marco Mokros | 00:36:22.4 | offene Klasse | 0 | 0 | GER | Value-Add Racing Team |
| 0. | 7408 | Finn Kniebel | 00:36:23.0 | offene Klasse | 0 | 0 | GER | HJL Baumanagement |
| 0. | 2391 | Martin Sengstock | 00:36:23.9 | offene Klasse | 0 | 0 | GER | Wahl GmbH + Co. KG |
| 0. | 8062 | Michael Bedrunka | 00:36:24.1 | offene Klasse | 0 | 0 | GER | KinderEvents Sehnde |
| 0. | 12429 | Niclas Knemöller | 00:36:24.2 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 6696 | Jonas Uhrlandt | 00:36:24.9 | offene Klasse | 0 | 0 | GER | Hannover Congress Centrum |
| 0. | 2146 | Simon Kessebom | 00:36:25.4 | offene Klasse | 0 | 0 | GER | Toyota Material Handling |
| 0. | 8725 | Vadim Rubenstein | 00:36:25.5 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 2440 | Fabio Wefer Brito | 00:36:25.6 | offene Klasse | 0 | 0 | GER | ZUK Immobilien |
| 0. | 5929 | Pascal Balewski | 00:36:26.5 | offene Klasse | 0 | 0 | GER | The FUn GROup Runners |
| 0. | 137 | Oliver Hagemann | 00:36:27.2 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 1102 | Jonas Spaniol | 00:36:27.3 | offene Klasse | 0 | 0 | GER | DRK-Region Hannover e.V. |
| 0. | 4138 | Noname | 00:36:28.1 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 7044 | Sebastian Horn | 00:36:28.1 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 3349 | Noname | 00:36:28.1 | offene Klasse | 0 | 0 | GER | BMW Hannover |
| 0. | 11520 | Lars Schökel | 00:36:28.3 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 9027 | Jonas Fengler | 00:36:28.4 | offene Klasse | 0 | 0 | GER | Logwin HAJ |
| 0. | 1751 | Noname | 00:36:29.0 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 5553 | Jens Bekemeier | 00:36:29.1 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 8908 | Florian Spengler | 00:36:29.1 | offene Klasse | 0 | 0 | GER | Laser Zentrum Hannover e.V. |
| 0. | 1505 | Noname | 00:36:30.0 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 5687 | Erik Luhn | 00:36:30.5 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 7816 | Noname | 00:36:30.6 | offene Klasse | 0 | 0 | GER | Die schnellen Libellen |
| 0. | 7749 | Mathias Münchow | 00:36:31.1 | offene Klasse | 0 | 0 | GER | inTime |
| 0. | 2903 | Noname | 00:36:31.1 | offene Klasse | 0 | 0 | GER | aserto |
| 0. | 169 | Bastian Raecke | 00:36:31.4 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 9484 | Mikolaj Wituszynski | 00:36:31.6 | offene Klasse | 0 | 0 | GER | Modulat Leasing AG |
| 0. | 1995 | Maik Seibel | 00:36:31.6 | offene Klasse | 0 | 0 | GER | nass magnet |
| 0. | 1203 | Christopher Slawik | 00:36:32.0 | offene Klasse | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 651 | Niklas Rihm | 00:36:32.1 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 8664 | Jelle Bartelink | 00:36:32.3 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 4140 | David Löwe | 00:36:32.5 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 4720 | Mathias Duckert | 00:36:32.6 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 5829 | Pascal Grommann | 00:36:32.6 | offene Klasse | 0 | 0 | GER | FL Technics |
| 0. | 9478 | Lars Meier | 00:36:33.6 | offene Klasse | 0 | 0 | GER | Modulat Leasing AG |
| 0. | 4845 | Moritz Nagel | 00:36:33.8 | offene Klasse | 0 | 0 | GER | Deutsches Taubblindenwerk |
| 0. | 9255 | Kevin Diep | 00:36:33.9 | offene Klasse | 0 | 0 | GER | Maximum |
| 0. | 9469 | Max Cording | 00:36:34.6 | offene Klasse | 0 | 0 | GER | Modulat Leasing AG |
| 0. | 3093 | Niclas Schuldt | 00:36:34.6 | offene Klasse | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 8539 | Wulf Ressel | 00:36:34.6 | offene Klasse | 0 | 0 | GER | KOMATSU |
| 0. | 5072 | Henning Dhein | 00:36:34.9 | offene Klasse | 0 | 0 | GER | EasyPark Runners |
| 0. | 2910 | Leiveer Antonio Garcia Marmolejo | 00:36:35.0 | offene Klasse | 0 | 0 | GER | Aspria |
| 0. | 2293 | Holger Thye | 00:36:35.5 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 10664 | Christian Malte Horn | 00:36:35.5 | offene Klasse | 0 | 0 | GER | Sennheiser electronic SE & Co. KG |
| 0. | 2224 | Bernd Meyer | 00:36:35.6 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 10836 | Florian Wagner | 00:36:35.6 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 272 | Pascal Prange | 00:36:36.6 | offene Klasse | 0 | 0 | GER | Amadeus Fire |
| 0. | 8797 | Alexander Heidmann | 00:36:36.6 | offene Klasse | 0 | 0 | GER | KS Huayu Team |

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|----|-------|----------------------------|------------|---------------|---|---|-----|------------------------------------|
| 0. | 10247 | Frederik Gödeke | 00:36:36.8 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 1886 | Lennart Hibbeln | 00:36:37.4 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 2330 | Alexander Gehrke | 00:36:37.4 | offene Klasse | 0 | 0 | GER | Viatrix |
| 0. | 1925 | Lukas Müller Von Blumencro | 00:36:38.0 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 1403 | Malte Behnsen | 00:36:38.5 | offene Klasse | 0 | 0 | GER | Gundlach |
| 0. | 4376 | Tobias Schön | 00:36:38.6 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 3687 | Ertan Öker | 00:36:39.3 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 9751 | Florian Glatthor | 00:36:39.6 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 12692 | Jan Mittelstädt | 00:36:41.1 | offene Klasse | 0 | 0 | GER | #teamWAGNER |
| 0. | 1767 | Marius Szymanski | 00:36:41.3 | offene Klasse | 0 | 0 | GER | L3 Consulting |
| 0. | 11768 | Kristian Cizmesija | 00:36:41.4 | offene Klasse | 0 | 0 | GER | ÜSTRA AG |
| 0. | 1914 | Ole Lauenstein | 00:36:41.5 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 4174 | Hendrik Groppe | 00:36:41.5 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 9744 | Maximilian Fischer | 00:36:41.6 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 466 | Nils Stahl | 00:36:41.8 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 10710 | Tim Mußmann | 00:36:41.9 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 3525 | Marcel Lindenblatt | 00:36:42.1 | offene Klasse | 0 | 0 | GER | CARESTONE |
| 0. | 2459 | Michael Angermann | 00:36:42.3 | offene Klasse | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 9516 | Onur Ertürk | 00:36:42.3 | offene Klasse | 0 | 0 | GER | Motel One Hannover-Oper |
| 0. | 5952 | Noel Robil | 00:36:42.4 | offene Klasse | 0 | 0 | GER | Strate Running Team |
| 0. | 9405 | Thorsten Waldmann | 00:36:43.1 | offene Klasse | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 4045 | André Daschkin | 00:36:43.8 | offene Klasse | 0 | 0 | GER | Datatronic |
| 0. | 9137 | Nikolaus Ahlers | 00:36:44.3 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 1885 | Vanessa Herwig | 00:36:44.6 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 2766 | No Name | 00:36:44.6 | offene Klasse | 0 | 0 | GER | Almex |
| 0. | 1561 | Daniel Klamt | 00:36:44.9 | offene Klasse | 0 | 0 | GER | heise - eine Antwort weiter |
| 0. | 11355 | Yannic Winkler | 00:36:45.8 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 8451 | Max Rosenthal | 00:36:45.9 | offene Klasse | 0 | 0 | GER | Klinikum Wahrendorff GmbH |
| 0. | 11252 | Peter Radtke | 00:36:45.9 | offene Klasse | 0 | 0 | GER | LOTTO Niedersachsen |
| 0. | 1492 | Pascal Van Tübbergen | 00:36:45.1 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 4583 | Michael Kostian | 00:36:45.4 | offene Klasse | 0 | 0 | GER | Delta Immobilien Gruppe |
| 0. | 7829 | Jörn Serrer | 00:36:45.4 | offene Klasse | 0 | 0 | GER | Institut für Produktionswirtschaft |
| 0. | 6983 | Steffen Gärtner | 00:36:45.5 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 5003 | Roland Mölgen | 00:36:46.5 | offene Klasse | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 9079 | Eric Scheidler | 00:36:46.9 | offene Klasse | 0 | 0 | GER | LPKF Laser & Electronics SE |
| 0. | 8865 | Dominik Schmidt | 00:36:47.3 | offene Klasse | 0 | 0 | GER | Kuhlmann |
| 0. | 9082 | Frederico May De Liz | 00:36:47.6 | offene Klasse | 0 | 0 | GER | LPKF Laser & Electronics SE |
| 0. | 2445 | Steve Hartmann | 00:36:47.9 | offene Klasse | 0 | 0 | GER | 3B |
| 0. | 4926 | Tobias Killmann | 00:36:47.9 | offene Klasse | 0 | 0 | GER | Dr. Schippke + Partner |
| 0. | 2447 | Sebastian Menzel | 00:36:48.3 | offene Klasse | 0 | 0 | GER | 3B |
| 0. | 9093 | Tilo Staat | 00:36:48.8 | offene Klasse | 0 | 0 | GER | LPKF Laser & Electronics SE |
| 0. | 11304 | Marjan Dimitrov | 00:36:49.0 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 4931 | Fabian Siebenthaler | 00:36:49.0 | offene Klasse | 0 | 0 | GER | Dr. Schippke + Partner |
| 0. | 3914 | Daniel Schulz | 00:36:49.1 | offene Klasse | 0 | 0 | GER | Creditreform |
| 0. | 10680 | Jonas Pahlow | 00:36:49.8 | offene Klasse | 0 | 0 | GER | Sennheiser electronic SE & Co. KG |
| 0. | 256 | James Donovan | 00:36:50.3 | offene Klasse | 0 | 0 | GER | Amadeus Fire |
| 0. | 3418 | Leon Bendix | 00:36:50.3 | offene Klasse | 0 | 0 | GER | Team Whopper |
| 0. | 11935 | Jan Dettmann | 00:36:50.4 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 113 | No Name | 00:36:50.5 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 8687 | Tim Henning | 00:36:50.7 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 9430 | Noname | 00:36:51.4 | offene Klasse | 0 | 0 | GER | Michael Wessel IT läuft! |
| 0. | 4251 | Daniel Winkelmann | 00:36:51.7 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 860 | Christian Metzner | 00:36:51.8 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |

| | | | | | | | | |
|----|-------|------------------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 11161 | Finley Waldeck | 00:36:51.9 | offene Klasse | 0 | 0 | GER | TAIFUN Software |
| 0. | 10796 | Nils Heise | 00:36:52.1 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 2180 | Jens Gaile | 00:36:52.1 | offene Klasse | 0 | 0 | GER | Treuhand Hannover GmbH |
| 0. | 4044 | Ciwan Chiro | 00:36:52.2 | offene Klasse | 0 | 0 | GER | Datatronic |
| 0. | 9243 | Jonas Karich | 00:36:52.4 | offene Klasse | 0 | 0 | GER | Materna Hannover |
| 0. | 2836 | Alexander- Loth | 00:36:53.1 | offene Klasse | 0 | 0 | GER | Arconic Hannover |
| 0. | 1812 | Samuel Beneke | 00:36:53.3 | offene Klasse | 0 | 0 | GER | LVBZ Steuerberatung |
| 0. | 10353 | Matthias Gerbers | 00:36:53.9 | offene Klasse | 0 | 0 | GER | Radio Hannover |
| 0. | 5358 | Torsten Tesch | 00:36:54.0 | offene Klasse | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 7989 | Johannes Stender | 00:36:54.1 | offene Klasse | 0 | 0 | GER | Immer am Limit! |
| 0. | 3021 | Nils Fedorczuk | 00:36:54.1 | offene Klasse | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 3225 | Leon Semmler | 00:36:54.8 | offene Klasse | 0 | 0 | GER | BDH Klinik Hessisch Oldendorf |
| 0. | 12304 | Cord Siebert | 00:36:55.1 | offene Klasse | 0 | 0 | GER | Volksbank in Schaumburg und Nienburg |
| 0. | 12107 | Phillip Schwarz | 00:36:55.3 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 3358 | Jakob Wienecke | 00:36:55.6 | offene Klasse | 0 | 0 | GER | Bona Lingua läuft |
| 0. | 11638 | Khalaf Khedir | 00:36:55.9 | offene Klasse | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 8776 | Noname | 00:36:55.9 | offene Klasse | 0 | 0 | GER | Kraftwerk |
| 0. | 7024 | Oliver Heilmann | 00:36:56.5 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 464 | David Schulz | 00:36:57.6 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 7838 | Martin Kretschmer | 00:36:57.8 | offene Klasse | 0 | 0 | GER | i-unit group |
| 0. | 11482 | Tobias Lange | 00:36:58.2 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 10283 | Jonas Kröcker | 00:36:58.4 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 5899 | Thorben Liedtke | 00:36:58.6 | offene Klasse | 0 | 0 | GER | FOM Hochschule |
| 0. | 33 | Stiven Tanuzi | 00:36:58.9 | offene Klasse | 0 | 0 | GER | Vinci Energies |
| 0. | 12532 | Tobias Salzmann | 00:36:59.4 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 6631 | Noname | 00:36:59.6 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 7603 | Emrah Güdük | 00:37:00.1 | offene Klasse | 0 | 0 | GER | IG Metallteam |
| 0. | 1055 | Philipp Gluba | 00:37:00.6 | offene Klasse | 0 | 0 | GER | DRK-Region Hannover e.V. |
| 0. | 9483 | Tobias Wissert | 00:37:01.8 | offene Klasse | 0 | 0 | GER | Modulat Leasing AG |
| 0. | 7833 | Gregory Erike | 00:37:01.9 | offene Klasse | 0 | 0 | GER | i-unit group |
| 0. | 1252 | Oliver Schönebäumer-Borchert | 00:37:02.2 | offene Klasse | 0 | 0 | GER | ERNST&YOUNG Architekten AG |
| 0. | 1861 | Christoph Bruns | 00:37:02.4 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 6376 | Michael Bierwirth | 00:37:02.4 | offene Klasse | 0 | 0 | GER | Hahne Holding GmbH |
| 0. | 9479 | Colin Nadolny | 00:37:02.6 | offene Klasse | 0 | 0 | GER | Modulat Leasing AG |
| 0. | 2069 | Daniel Empting | 00:37:02.6 | offene Klasse | 0 | 0 | GER | Silgan White Cap |
| 0. | 8615 | No Name | 00:37:02.9 | offene Klasse | 0 | 0 | GER | Team KONE |
| 0. | 51397 | Stefan Thomas | 00:37:03.1 | offene Klasse | 0 | 0 | GER | Die Chipmonks |
| 0. | 9645 | Simon Kobza | 00:37:03.1 | offene Klasse | 0 | 0 | GER | NiedersachsenMetall |
| 0. | 7633 | Noname | 00:37:04.1 | offene Klasse | 0 | 0 | GER | IG Metallteam |
| 0. | 1640 | Vsevolods Girins | 00:37:04.4 | offene Klasse | 0 | 0 | GER | Team Kienast Unternehmensgruppe |
| 0. | 4621 | Joscha Seidenstricker | 00:37:04.9 | offene Klasse | 0 | 0 | GER | apoBank Hannover |
| 0. | 9816 | Arthur Lechtchyner | 00:37:05.0 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 7396 | Adriano Taubner | 00:37:05.4 | offene Klasse | 0 | 0 | GER | heinekingmedia |
| 0. | 2303 | Helge Wolter | 00:37:05.6 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 12525 | Jan Roggenbach | 00:37:05.6 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 40 | Christian Arlt | 00:37:05.9 | offene Klasse | 0 | 0 | GER | Vinci Energies |
| 0. | 4592 | Bastian Neubert | 00:37:06.1 | offene Klasse | 0 | 0 | GER | Delta Immobilien Gruppe |
| 0. | 2788 | Sven Beißner | 00:37:06.1 | offene Klasse | 0 | 0 | GER | Team Alterric |
| 0. | 9257 | Ronen Kune | 00:37:06.1 | offene Klasse | 0 | 0 | GER | Maximum |
| 0. | 3555 | Jan Kröger | 00:37:06.2 | offene Klasse | 0 | 0 | GER | CG CHEMIKALIEN |
| 0. | 146 | Peter Kalak | 00:37:06.6 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 4611 | Ulf Hagena | 00:37:07.1 | offene Klasse | 0 | 0 | GER | apoBank Hannover |
| 0. | 10270 | Leonard Pistorius | 00:37:07.5 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |

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|----|-------|--------------------------|------------|---------------|---|---|-----|--------------------------------|
| 0. | 9473 | Jonas Jablonski | 00:37:07.6 | offene Klasse | 0 | 0 | GER | Modulat Leasing AG |
| 0. | 3537 | Noname | 00:37:07.8 | offene Klasse | 0 | 0 | GER | CARESTONE |
| 0. | 10512 | Noname | 00:37:07.9 | offene Klasse | 0 | 0 | GER | Röntgenpraxis am Marstall |
| 0. | 350 | Sebastian Jorcik | 00:37:07.9 | offene Klasse | 0 | 0 | GER | Pipe Pacers |
| 0. | 3433 | Oleksandr Podinovskiy | 00:37:08.9 | offene Klasse | 0 | 0 | GER | Team Whopper |
| 0. | 12066 | Tim Peters | 00:37:09.1 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 8398 | Marco Hausmann | 00:37:09.1 | offene Klasse | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 2791 | Ole Mewes | 00:37:09.2 | offene Klasse | 0 | 0 | GER | Team Alterric |
| 0. | 1838 | Markus Stubbe-Damker | 00:37:09.9 | offene Klasse | 0 | 0 | GER | Mobil ISC |
| 0. | 1532 | Finn Haster | 00:37:10.1 | offene Klasse | 0 | 0 | GER | Team Haster |
| 0. | 3184 | David Hipauf | 00:37:10.2 | offene Klasse | 0 | 0 | GER | bbt+ Rechts- und Steuerkanzlei |
| 0. | 9810 | Morten Krull | 00:37:10.3 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 1875 | Diego Fernandez Martinez | 00:37:10.5 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 4731 | Wolfgang Heinz | 00:37:10.6 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 9957 | Lukas Wilken | 00:37:11.1 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 7090 | Tobias Kowol | 00:37:11.3 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 4951 | Tim Nießner | 00:37:11.4 | offene Klasse | 0 | 0 | GER | Dialyse-Hannover.de |
| 0. | 8609 | Sascha Tiemann | 00:37:11.7 | offene Klasse | 0 | 0 | GER | Team KONE |
| 0. | 5297 | Christian Palis | 00:37:11.8 | offene Klasse | 0 | 0 | GER | Engel & Völkers Commercial |
| 0. | 9526 | A. Dahlgrün | 00:37:12.3 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 3042 | No Name | 00:37:12.4 | offene Klasse | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 2792 | Tobias Ruffert | 00:37:12.5 | offene Klasse | 0 | 0 | GER | Team Alterric |
| 0. | 7690 | Niklas Blomberg | 00:37:12.6 | offene Klasse | 0 | 0 | GER | Cool down... |
| 0. | 8676 | Matthias Möller | 00:37:12.9 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 2362 | Moritz Hamm | 00:37:13.2 | offene Klasse | 0 | 0 | GER | VISION Consulting GmbH |
| 0. | 4312 | Erik Froböse | 00:37:13.6 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 12751 | Michael Phillips | 00:37:13.8 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 4587 | Jannik Luhn | 00:37:14.1 | offene Klasse | 0 | 0 | GER | Delta Immobilien Gruppe |
| 0. | 1440 | Nikolai Bursak | 00:37:14.1 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 3188 | Philipp Wegner | 00:37:14.4 | offene Klasse | 0 | 0 | GER | bbt+ Rechts- und Steuerkanzlei |
| 0. | 2392 | Oleg Staris | 00:37:14.8 | offene Klasse | 0 | 0 | GER | Wahl GmbH + Co. KG |
| 0. | 8877 | Noname | 00:37:15.6 | offene Klasse | 0 | 0 | GER | enerix Hannover |
| 0. | 8876 | Noname | 00:37:15.6 | offene Klasse | 0 | 0 | GER | enerix Hannover |
| 0. | 10709 | Martin Meier | 00:37:15.6 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 12797 | Dennis Falkenberg | 00:37:15.6 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Group |
| 0. | 11301 | Martin Brill | 00:37:15.8 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 8691 | Michail Jitomirski | 00:37:16.1 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 11693 | Jan Ehrhardt | 00:37:16.6 | offene Klasse | 0 | 0 | GER | ÜSTRA AG |
| 0. | 2935 | Jan Macewski | 00:37:16.7 | offene Klasse | 0 | 0 | GER | AUCOTEC AG |
| 0. | 2325 | Sven-Cedric Berg | 00:37:16.8 | offene Klasse | 0 | 0 | GER | Viatrix |
| 0. | 2960 | Dominique Goedereis | 00:37:16.9 | offene Klasse | 0 | 0 | GER | Team GIB & AZH |
| 0. | 3395 | Ralf Hansche | 00:37:16.9 | offene Klasse | 0 | 0 | GER | Bundessortenamt |
| 0. | 8737 | Patrick Seewöster | 00:37:17.1 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 11757 | Emre Simsek | 00:37:17.1 | offene Klasse | 0 | 0 | GER | ÜSTRA AG |
| 0. | 9367 | Jonas Klemme | 00:37:17.3 | offene Klasse | 0 | 0 | GER | Meihorst und Partner |
| 0. | 3179 | Jannis Holznagel | 00:37:17.6 | offene Klasse | 0 | 0 | GER | Bau-Software Unternehmen GmbH |
| 0. | 1717 | Cornelius Krummel | 00:37:18.5 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 4823 | Vadim Zapara | 00:37:18.6 | offene Klasse | 0 | 0 | GER | DF-Laufhelden |
| 0. | 11226 | Marc Danowski | 00:37:19.1 | offene Klasse | 0 | 0 | GER | thyssenkrupp Plastics |
| 0. | 5489 | Ioannis Markopoulos | 00:37:19.3 | offene Klasse | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 10360 | Ulrich Schmidt | 00:37:19.4 | offene Klasse | 0 | 0 | GER | Radio Hannover |
| 0. | 8910 | Sven-Olaf Waldhauer | 00:37:20.8 | offene Klasse | 0 | 0 | GER | Laser Zentrum Hannover e.V. |
| 0. | 3181 | Stefan Niehoff | 00:37:20.2 | offene Klasse | 0 | 0 | GER | Bau-Software Unternehmen GmbH |

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|----|-------|----------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 5812 | Tom Zengerling | 00:37:21.3 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 3178 | Rene Bode | 00:37:21.4 | offene Klasse | 0 | 0 | GER | Bau-Software Unternehmen GmbH |
| 0. | 3177 | Florian Barsch | 00:37:21.4 | offene Klasse | 0 | 0 | GER | Bau-Software Unternehmen GmbH |
| 0. | 11246 | Nico Ludemann | 00:37:21.4 | offene Klasse | 0 | 0 | GER | LOTTO Niedersachsen |
| 0. | 12306 | Martin Tillack | 00:37:21.5 | offene Klasse | 0 | 0 | GER | Volksbank in Schaumburg und Nienburg |
| 0. | 11137 | Stanislav Brailovski | 00:37:21.6 | offene Klasse | 0 | 0 | GER | TAIFUN Software |
| 0. | 3977 | Jannik Schwark | 00:37:21.9 | offene Klasse | 0 | 0 | GER | DAK |
| 0. | 1881 | Kevin Hecht | 00:37:22.5 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 10743 | Pascal Richter | 00:37:22.6 | offene Klasse | 0 | 0 | GER | SEW-EURODRIVE GmbH & Co KG |
| 0. | 5579 | Louis Dittmann | 00:37:23.3 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 11042 | Noname | 00:37:23.4 | offene Klasse | 0 | 0 | GER | Studentenwerk Hannover |
| 0. | 9980 | Michael Sonntag | 00:37:23.8 | offene Klasse | 0 | 0 | GER | Osswald 360 |
| 0. | 10332 | Moritz Paulsen | 00:37:23.9 | offene Klasse | 0 | 0 | GER | R+v Allgemeine Versicherung AG |
| 0. | 2767 | No Name | 00:37:25.4 | offene Klasse | 0 | 0 | GER | Almex |
| 0. | 10699 | Felix Schneider | 00:37:26.4 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 12239 | Alexander Knötsan | 00:37:26.4 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 6166 | Noname | 00:37:26.5 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 3490 | Jannik Badenhop | 00:37:26.6 | offene Klasse | 0 | 0 | GER | Capgemini Deutschland GmbH |
| 0. | 10722 | Robin Sternberg | 00:37:26.8 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 797 | Daniel Huber | 00:37:27.7 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 8634 | Timm Leibelt | 00:37:27.8 | offene Klasse | 0 | 0 | GER | K&M |
| 0. | 2842 | Malte Rothkamm | 00:37:28.5 | offene Klasse | 0 | 0 | GER | Arconic Hannover |
| 0. | 5762 | Leon Zehaczek | 00:37:28.5 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 10285 | Francis Wäse | 00:37:28.9 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 10453 | Tobias Lübke | 00:37:29.7 | offene Klasse | 0 | 0 | GER | Team RHB Hannover |
| 0. | 6299 | Dominik Beyer | 00:37:29.8 | offene Klasse | 0 | 0 | GER | GSR Strahlentherapie Hannover |
| 0. | 11779 | Adrian Kufeld | 00:37:30.1 | offene Klasse | 0 | 0 | GER | Scharnhorst |
| 0. | 12730 | Tom Schröder | 00:37:30.4 | offene Klasse | 0 | 0 | GER | WDT/VLO on Tour |
| 0. | 5771 | Paul Pabsch | 00:37:30.6 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 10935 | Dennis Heinrich | 00:37:30.6 | offene Klasse | 0 | 0 | GER | Sonova Consumer Hearing |
| 0. | 8089 | Kim Lengen | 00:37:31.1 | offene Klasse | 0 | 0 | GER | Team Haus am See |
| 0. | 6213 | Dennis Jackson | 00:37:31.6 | offene Klasse | 0 | 0 | GER | All4Golf |
| 0. | 2314 | Ralf Offeney | 00:37:31.9 | offene Klasse | 0 | 0 | GER | JCI |
| 0. | 8821 | Noname | 00:37:32.4 | offene Klasse | 0 | 0 | GER | KSB INTAX |
| 0. | 4179 | Fabain Grusemann | 00:37:32.5 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 1286 | Dennis Spicka | 00:37:32.6 | offene Klasse | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 9238 | Noname | 00:37:33.1 | offene Klasse | 0 | 0 | GER | Martin Braun Sporties |
| 0. | 10313 | Rob Van Der Kamp | 00:37:33.1 | offene Klasse | 0 | 0 | GER | qnips |
| 0. | 13034 | Tobias Hinz | 00:37:33.4 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 7618 | Julian Otto | 00:37:34.1 | offene Klasse | 0 | 0 | GER | IG Metallteam |
| 0. | 3015 | Matthias Dreißig | 00:37:34.1 | offene Klasse | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 11463 | Hauke Kinnius | 00:37:34.9 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 12600 | Leon Wilhelm | 00:37:35.1 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 1846 | Dennis Wölper | 00:37:35.2 | offene Klasse | 0 | 0 | GER | msg |
| 0. | 12575 | No Name | 00:37:35.3 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 12275 | Michael Cordes | 00:37:35.3 | offene Klasse | 0 | 0 | GER | Volksbank in Schaumburg und Nienburg |
| 0. | 6041 | Peter Trute | 00:37:35.6 | offene Klasse | 0 | 0 | GER | GEO-NET |
| 0. | 6864 | Noname | 00:37:35.8 | offene Klasse | 0 | 0 | GER | Hays Hannover |
| 0. | 11043 | Noname | 00:37:35.9 | offene Klasse | 0 | 0 | GER | Studentenwerk Hannover |
| 0. | 6755 | Philipp Reuther | 00:37:36.0 | offene Klasse | 0 | 0 | GER | AUF DER BULT |
| 0. | 6855 | Jonas Kühn | 00:37:36.1 | offene Klasse | 0 | 0 | GER | Hays Hannover |
| 0. | 12832 | Martin Spiewok | 00:37:36.9 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Group |
| 0. | 8278 | Leon Oppermann | 00:37:37.1 | offene Klasse | 0 | 0 | GER | Klinikum Region Hannover GmbH |

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|----|-------|---------------------------|------------|---------------|---|---|-----|-----------------------------------|
| 0. | 4601 | Jörg Tepelmann | 00:37:37.4 | offene Klasse | 0 | 0 | GER | Delta Immobilien Gruppe |
| 0. | 2341 | Marc Thorsten Nindel | 00:37:37.6 | offene Klasse | 0 | 0 | GER | Viatrix |
| 0. | 12717 | Noname | 00:37:38.0 | offene Klasse | 0 | 0 | GER | #teamWAGNER |
| 0. | 6623 | Noname | 00:37:38.1 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 2778 | No Name | 00:37:39.0 | offene Klasse | 0 | 0 | GER | Almex |
| 0. | 9150 | Chantal Ranke | 00:37:39.0 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 719 | Yeeferson David Mazo Diaz | 00:37:39.8 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 6856 | Robin Lubig | 00:37:39.8 | offene Klasse | 0 | 0 | GER | Hays Hannover |
| 0. | 4306 | Leif Magnus Möller | 00:37:40.2 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 8743 | Yannick Stoll | 00:37:40.8 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 8728 | Marcel Schäfer | 00:37:40.8 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 11959 | Niclas Geyer | 00:37:40.8 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 7627 | John Stellmach | 00:37:41.2 | offene Klasse | 0 | 0 | GER | IG Metallteam |
| 0. | 4487 | Floroan Langemeyer | 00:37:42.1 | offene Klasse | 0 | 0 | GER | Debeka |
| 0. | 11398 | Jakob Nuelle | 00:37:42.3 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 3260 | Ömer Likos | 00:37:42.4 | offene Klasse | 0 | 0 | GER | becker+flöge GmbH |
| 0. | 10311 | Felix Ruthenberg | 00:37:42.6 | offene Klasse | 0 | 0 | GER | qnips |
| 0. | 8621 | Philipp Greitzke | 00:37:42.9 | offene Klasse | 0 | 0 | GER | Team KONE |
| 0. | 3954 | Christopher Lau | 00:37:44.8 | offene Klasse | 0 | 0 | GER | DAK |
| 0. | 6860 | Noel Shahim Schulz | 00:37:44.9 | offene Klasse | 0 | 0 | GER | Hays Hannover |
| 0. | 1206 | Felix Struckmann | 00:37:45.0 | offene Klasse | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 11910 | No Name | 00:37:45.6 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 6326 | Sergej Efremenko | 00:37:45.8 | offene Klasse | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 11478 | Niklas Kruse | 00:37:46.1 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 8916 | Joshua McCauley | 00:37:46.6 | offene Klasse | 0 | 0 | GER | Laser Zentrum Hannover e.V. |
| 0. | 6356 | Oliver Swieca | 00:37:46.8 | offene Klasse | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 10224 | Marc Wielk | 00:37:47.6 | offene Klasse | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 4683 | Arun Thevarajah | 00:37:47.6 | offene Klasse | 0 | 0 | GER | Deutsche Bundesbank |
| 0. | 12930 | Sven Sdw | 00:37:48.4 | offene Klasse | 0 | 0 | GER | Zahnärzte PODBI344 |
| 0. | 141 | Sebastian Heck | 00:37:48.6 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 9239 | Noname | 00:37:48.7 | offene Klasse | 0 | 0 | GER | Martin Braun Sporties |
| 0. | 1221 | Noname | 00:37:48.9 | offene Klasse | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 11232 | Hannes Brockmann | 00:37:48.9 | offene Klasse | 0 | 0 | GER | TOPAS |
| 0. | 12156 | Gerome Walter | 00:37:49.1 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 4773 | Mathias Rose | 00:37:49.6 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 8095 | Stephan Schuster | 00:37:49.6 | offene Klasse | 0 | 0 | GER | Team Haus am See |
| 0. | 1351 | Christoph Bövers | 00:37:50.1 | offene Klasse | 0 | 0 | GER | Gemeinde Isernhagen |
| 0. | 4363 | Jörg Philipp Schiesgeries | 00:37:50.1 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 4758 | Bjarne Mücke | 00:37:50.5 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 4727 | Ruark-Julian Gienow | 00:37:51.1 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 7025 | Jens Heise | 00:37:51.1 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 1945 | Karin Schindler | 00:37:51.6 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 3452 | Peter Krampitz | 00:37:52.1 | offene Klasse | 0 | 0 | GER | Busse & Coll Steuerberatungs GmbH |
| 0. | 9069 | Markus Börke | 00:37:53.1 | offene Klasse | 0 | 0 | GER | LPKF Laser & Electronics SE |
| 0. | 8868 | Torben Baatz | 00:37:53.3 | offene Klasse | 0 | 0 | GER | Kühne + Nagel (AG & Co.) KG |
| 0. | 11778 | Alex Mroß | 00:37:54.4 | offene Klasse | 0 | 0 | GER | Scharnhorst |
| 0. | 7486 | Enis Ay | 00:37:54.5 | offene Klasse | 0 | 0 | GER | HOCHTIEF Infrastructure GmbH |
| 0. | 4613 | Matteo Helbing | 00:37:54.6 | offene Klasse | 0 | 0 | GER | apoBank Hannover |
| 0. | 51401 | Noname | 00:37:54.9 | offene Klasse | 0 | 0 | GER | Belo Horizonte |
| 0. | 9138 | Lutz Akemann | 00:37:55.4 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 10370 | Maximilian Jindra | 00:37:55.8 | offene Klasse | 0 | 0 | GER | Radio Hannover |
| 0. | 1957 | Matthias Stein | 00:37:55.8 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 13039 | Alexander Hübscher | 00:37:56.3 | offene Klasse | 0 | 0 | GER | ZF Group |

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|----|-------|-----------------------|------------|---------------|---|---|-----|-------------------------------------|
| 0. | 8887 | Sebastian Neustock | 00:37:56.9 | offene Klasse | 0 | 0 | GER | LNVG Runners |
| 0. | 7930 | Sener Gürek | 00:37:57.7 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 2543 | Bastian Toch | 00:37:58.4 | offene Klasse | 0 | 0 | GER | AGL |
| 0. | 4722 | Gregor Fauter | 00:37:58.8 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 12598 | Joshua Wiebe | 00:37:58.9 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 6685 | Andrè Moos | 00:37:59.0 | offene Klasse | 0 | 0 | GER | Hannover Congress Centrum |
| 0. | 1507 | Noname | 00:37:59.4 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 2971 | Andreas Reichenbecher | 00:37:59.7 | offene Klasse | 0 | 0 | GER | Team GiB & AZH |
| 0. | 10238 | Marvin Bienek | 00:37:59.9 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 448 | Johannes Kirchhoff | 00:38:00.6 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 7851 | Henrik Scharf | 00:38:00.9 | offene Klasse | 0 | 0 | GER | Interhyp AG |
| 0. | 2 | Dominik Eilbracht | 00:38:00.9 | offene Klasse | 0 | 0 | GER | Vinci Energies |
| 0. | 3704 | Julius Schwab | 00:38:01.6 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 12550 | Simon Schulze | 00:38:01.9 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 3627 | Alexander Feise | 00:38:02.6 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 8817 | Noname | 00:38:02.9 | offene Klasse | 0 | 0 | GER | KSB INTAX |
| 0. | 8524 | Frederik Claaßen | 00:38:03.4 | offene Klasse | 0 | 0 | GER | KOMATSU |
| 0. | 1095 | Tim Schubert | 00:38:03.6 | offene Klasse | 0 | 0 | GER | DRK-Region Hannover e.V. |
| 0. | 7498 | Jens Beermann | 00:38:03.6 | offene Klasse | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 2267 | Cay-Peter Meyer | 00:38:03.7 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 1282 | Julian Niepel | 00:38:04.0 | offene Klasse | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 10127 | Christian-Peter Lamm | 00:38:04.6 | offene Klasse | 0 | 0 | GER | PKF TREUWERK |
| 0. | 11285 | Andreas Lippold | 00:38:05.0 | offene Klasse | 0 | 0 | GER | TTB-Runners |
| 0. | 10923 | Noname | 00:38:05.4 | offene Klasse | 0 | 0 | GER | Sonepar |
| 0. | 12831 | Thilo Schwarzer | 00:38:05.5 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Group |
| 0. | 9080 | Lars Thiesen | 00:38:05.6 | offene Klasse | 0 | 0 | GER | LPKF Laser & Electronics SE |
| 0. | 12723 | Norman Winkler | 00:38:05.8 | offene Klasse | 0 | 0 | GER | Waldemar Pruss Armaturenfabrik GmbH |
| 0. | 10937 | Robert Konetzky | 00:38:06.4 | offene Klasse | 0 | 0 | GER | Sonova Consumer Hearing |
| 0. | 13021 | Yannik Glaw | 00:38:06.7 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 11543 | Tobias Vogel | 00:38:07.3 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 2642 | Florian Schulte | 00:38:07.6 | offene Klasse | 0 | 0 | GER | Aircargo Services Hannover |
| 0. | 4119 | Frank Chan | 00:38:07.9 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 5092 | Paul Ackermans | 00:38:08.1 | offene Klasse | 0 | 0 | GER | ECKERT Rechtsanwälte |
| 0. | 7885 | Jonathan Ruhe | 00:38:08.9 | offene Klasse | 0 | 0 | GER | IT-P GmbH |
| 0. | 1990 | Max Kühlke | 00:38:09.1 | offene Klasse | 0 | 0 | GER | nass magnet |
| 0. | 7518 | Liam Marchio | 00:38:09.1 | offene Klasse | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 2179 | Timo Fograscher | 00:38:09.2 | offene Klasse | 0 | 0 | GER | Treuhand Hannover GmbH |
| 0. | 5868 | Tobias Schneider | 00:38:09.4 | offene Klasse | 0 | 0 | GER | Flughafen Hannover-Langenhagen |
| 0. | 9660 | No Name | 00:38:09.6 | offene Klasse | 0 | 0 | GER | NLBL-Aktiv |
| 0. | 4563 | Dennis Schulz | 00:38:09.8 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 7073 | Jan Klasen | 00:38:09.9 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 2983 | Tim Ketter | 00:38:10.5 | offene Klasse | 0 | 0 | GER | Fit im Körper. Clean im Code. |
| 0. | 9996 | Jan Schubert | 00:38:10.6 | offene Klasse | 0 | 0 | GER | OPTIMAL SYSTEMS Hannover |
| 0. | 7407 | Moataz Khirilla | 00:38:10.6 | offene Klasse | 0 | 0 | GER | HJL Baumanagement |
| 0. | 11330 | Mustafa Kayikci | 00:38:10.7 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 1524 | Tobias Winkel | 00:38:11.3 | offene Klasse | 0 | 0 | GER | Hanno Werk GmbH & Co. KG |
| 0. | 2781 | No Name | 00:38:11.6 | offene Klasse | 0 | 0 | GER | Almex |
| 0. | 4446 | Daniel Vorfeld | 00:38:11.6 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 4791 | Hinnerk Wolff | 00:38:12.0 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 9471 | Julian Franken | 00:38:12.3 | offene Klasse | 0 | 0 | GER | Modulat Leasing AG |
| 0. | 11731 | Michael Moritz | 00:38:13.0 | offene Klasse | 0 | 0 | GER | ÜSTRA AG |
| 0. | 7767 | Simeon-Lukas Hennigs | 00:38:13.4 | offene Klasse | 0 | 0 | GER | infinitas |
| 0. | 10002 | Marcus Busse | 00:38:14.1 | offene Klasse | 0 | 0 | GER | OTIS Aufzüge - made to move you |

| | | | | | | | | |
|----|-------|----------------------------|------------|---------------|---|---|-----|----------------------------------|
| 0. | 3591 | Jan-Ulrich Holtgrave | 00:38:14.3 | offene Klasse | 0 | 0 | GER | CISPA |
| 0. | 286 | Christophe Brzustowski | 00:38:15.1 | offene Klasse | 0 | 0 | GER | Amazon HAJ8 |
| 0. | 400 | Yassine Bedri | 00:38:15.4 | offene Klasse | 0 | 0 | GER | CarUnion Runners |
| 0. | 5231 | Khalat Tuku | 00:38:15.4 | offene Klasse | 0 | 0 | GER | Energie-Pensions-Management GmbH |
| 0. | 12821 | Kevin Neudeck | 00:38:15.6 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Group |
| 0. | 11298 | Arno Bollin | 00:38:15.9 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 2770 | No Name | 00:38:16.0 | offene Klasse | 0 | 0 | GER | Almex |
| 0. | 7011 | Mohamed El Fodil Ihaddader | 00:38:16.1 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 13026 | Marc Gerecke | 00:38:16.4 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 6216 | Bernhard Kloth | 00:38:16.8 | offene Klasse | 0 | 0 | GER | All4Golf |
| 0. | 10006 | Tobias Meyer | 00:38:16.9 | offene Klasse | 0 | 0 | GER | OTIS Aufzüge - made to move you |
| 0. | 12569 | Jan Sura | 00:38:16.9 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 12739 | Hektor Camacho | 00:38:17.1 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 2524 | Yovanny Rodriguez | 00:38:17.1 | offene Klasse | 0 | 0 | GER | adesso |
| 0. | 11922 | Alexander Brink | 00:38:17.3 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 9997 | Florian Strüber | 00:38:17.4 | offene Klasse | 0 | 0 | GER | OPTIMAL SYSTEMS Hannover |
| 0. | 9983 | Benjamin Beisner | 00:38:17.6 | offene Klasse | 0 | 0 | GER | OPTIMAL SYSTEMS Hannover |
| 0. | 5676 | Julien Kupka | 00:38:18.9 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 1374 | No Name | 00:38:18.9 | offene Klasse | 0 | 0 | GER | Gemeinde Isernhagen |
| 0. | 351 | Andre Klopstein | 00:38:19.2 | offene Klasse | 0 | 0 | GER | Pipe Pacers |
| 0. | 6144 | Noname | 00:38:19.6 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 5049 | Dietmar Laukötter | 00:38:20.1 | offene Klasse | 0 | 0 | GER | DSG |
| 0. | 4736 | Sebastian Jex | 00:38:20.6 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 11605 | Mohamed Nejib Gdoura | 00:38:20.9 | offene Klasse | 0 | 0 | GER | univativ |
| 0. | 10084 | Lennard Schwarz | 00:38:20.9 | offene Klasse | 0 | 0 | GER | Team PABF / NKG |
| 0. | 11364 | Maximilian Timter | 00:38:21.0 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 1599 | Andreas Nitsche | 00:38:21.1 | offene Klasse | 0 | 0 | GER | IPH gGmbH |
| 0. | 8022 | Marco Wucherpfnig | 00:38:21.1 | offene Klasse | 0 | 0 | GER | KAG - The Endurance Runners |
| 0. | 12139 | Christopher Thieße | 00:38:21.5 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 5745 | Moritz Schmidt | 00:38:21.7 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 299 | Arne Siewert | 00:38:22.1 | offene Klasse | 0 | 0 | GER | Amazon HAJ8 |
| 0. | 4764 | Günter Nieft | 00:38:22.8 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 11939 | Alex Dubiel | 00:38:23.1 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 11607 | Benjamin Janke | 00:38:23.2 | offene Klasse | 0 | 0 | GER | univativ |
| 0. | 7693 | Archibald Hausser | 00:38:23.4 | offene Klasse | 0 | 0 | GER | Cool down... |
| 0. | 7878 | John Hecht | 00:38:23.4 | offene Klasse | 0 | 0 | GER | IT-P GmbH |
| 0. | 9417 | Andreas Schäfer | 00:38:25.2 | offene Klasse | 0 | 0 | GER | MHHERZTEAM |
| 0. | 3575 | Antonio Stanic | 00:38:25.2 | offene Klasse | 0 | 0 | GER | CGI |
| 0. | 2789 | Mads Hansen | 00:38:25.5 | offene Klasse | 0 | 0 | GER | Team Alterric |
| 0. | 11127 | Julian-André Köhne | 00:38:25.9 | offene Klasse | 0 | 0 | GER | Syserso Networks GmbH |
| 0. | 6838 | Nikolas Henschel | 00:38:26.4 | offene Klasse | 0 | 0 | GER | Harryaner*innen |
| 0. | 6834 | Kaan Dinc | 00:38:26.6 | offene Klasse | 0 | 0 | GER | Harryaner*innen |
| 0. | 8358 | Andreas Mönch | 00:38:26.8 | offene Klasse | 0 | 0 | GER | Klinikum Warendorff GmbH |
| 0. | 6111 | Noname | 00:38:26.8 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 2105 | Celvin Lühring | 00:38:26.8 | offene Klasse | 0 | 0 | GER | STRABAG AG |
| 0. | 11689 | Dominik Bublitz | 00:38:27.0 | offene Klasse | 0 | 0 | GER | ÜSTRA AG |
| 0. | 4257 | Nico Kralisch | 00:38:27.0 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 8826 | Noname | 00:38:27.1 | offene Klasse | 0 | 0 | GER | KSB INTAX |
| 0. | 5614 | Henning Heeren | 00:38:27.4 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 9964 | Malin Matteo Wrensch | 00:38:27.7 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 9180 | Adrian Schimpf | 00:38:28.1 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 2684 | Jan Bierschenk | 00:38:28.6 | offene Klasse | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 1222 | Noname | 00:38:28.8 | offene Klasse | 0 | 0 | GER | E.ON Digital Technology |

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|----|-------|-------------------------|------------|---------------|---|---|-----|---|
| 0. | 5923 | Charles Tchoutat Tchabo | 00:38:28.9 | offene Klasse | 0 | 0 | GER | FSS CONSULTING GMBH |
| 0. | 6023 | Johannes Becker | 00:38:29.5 | offene Klasse | 0 | 0 | GER | GEO-NET |
| 0. | 51461 | Robert Paul Wydra | 00:38:29.6 | offene Klasse | 0 | 0 | GER | GFK Ingenieure |
| 0. | 69 | Lars Konieczny | 00:38:30.1 | offene Klasse | 0 | 0 | GER | Vinci Energies |
| 0. | 6171 | Noname | 00:38:30.4 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 6530 | Noname | 00:38:30.9 | offene Klasse | 0 | 0 | GER | Hannover 96 Arena GmbH & Co. KG |
| 0. | 8548 | Gianni Baumeister | 00:38:30.9 | offene Klasse | 0 | 0 | GER | Komatsu Germany GmbH |
| 0. | 9529 | Christian Fuchs | 00:38:30.9 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 9145 | Torben Ellmers | 00:38:31.9 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 9085 | Sebastian Temps | 00:38:32.1 | offene Klasse | 0 | 0 | GER | LPKF Laser & Electronics SE |
| 0. | 289 | Tobias Fricke | 00:38:32.8 | offene Klasse | 0 | 0 | GER | Amazon HAJ8 |
| 0. | 10701 | Behsat Karateke | 00:38:32.9 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 1398 | Sebastian Mohr | 00:38:33.5 | offene Klasse | 0 | 0 | GER | GRENKE AG |
| 0. | 11347 | Nico Polster | 00:38:33.6 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 6577 | Malte Thormann | 00:38:33.6 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 6762 | Lorenz Strietel | 00:38:34.0 | offene Klasse | 0 | 0 | GER | AUF DER BULT |
| 0. | 11440 | Christian Dittert | 00:38:34.4 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 8679 | Slav Geveilers | 00:38:34.8 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 4466 | Kadir Altun | 00:38:36.1 | offene Klasse | 0 | 0 | GER | Debeka |
| 0. | 7975 | Alexander Kowatsch | 00:38:36.3 | offene Klasse | 0 | 0 | GER | J+S |
| 0. | 13049 | Alexander Kirbach | 00:38:36.6 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 10418 | Patrick Kurtz | 00:38:36.9 | offene Klasse | 0 | 0 | GER | Gib Gummi |
| 0. | 6127 | Noname | 00:38:37.1 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 3775 | Jonah Hartmann | 00:38:37.3 | offene Klasse | 0 | 0 | GER | Team Concordia |
| 0. | 3513 | Firas Shmit | 00:38:37.9 | offene Klasse | 0 | 0 | GER | Capgemini Deutschland GmbH |
| 0. | 6531 | Noname | 00:38:37.9 | offene Klasse | 0 | 0 | GER | Hannover 96 Arena GmbH & Co. KG |
| 0. | 3593 | Kay Friedrich | 00:38:38.0 | offene Klasse | 0 | 0 | GER | CISPA |
| 0. | 3436 | Vincent Rethorn | 00:38:38.9 | offene Klasse | 0 | 0 | GER | Team Whopper |
| 0. | 2335 | Felix Klinke | 00:38:38.9 | offene Klasse | 0 | 0 | GER | Viatris |
| 0. | 7944 | Hendrik Hennies | 00:38:39.6 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 10622 | Heiko Pusch | 00:38:39.8 | offene Klasse | 0 | 0 | GER | Nifflers |
| 0. | 10056 | Amadeus Henze | 00:38:39.9 | offene Klasse | 0 | 0 | GER | Paulmann Licht |
| 0. | 5576 | Bastian Degmayr | 00:38:41.3 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 4757 | Vadim Moshkov | 00:38:42.3 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 3476 | Stephan Lehmann | 00:38:42.5 | offene Klasse | 0 | 0 | GER | ARTIVA SPORTS |
| 0. | 7403 | Khaled Almozauek | 00:38:42.6 | offene Klasse | 0 | 0 | GER | HJL Baumanagement |
| 0. | 12369 | Niels Germeroth | 00:38:42.9 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 12295 | Matthias Peterson | 00:38:43.1 | offene Klasse | 0 | 0 | GER | Volksbank in Schaumburg und Nienburg |
| 0. | 6644 | Robin Gießelmann | 00:38:43.1 | offene Klasse | 0 | 0 | GER | AGS |
| 0. | 2734 | No Name | 00:38:45.1 | offene Klasse | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 10927 | Jorgos Estrella | 00:38:45.1 | offene Klasse | 0 | 0 | GER | Sonova Consumer Hearing |
| 0. | 1622 | Niko Kramm | 00:38:45.8 | offene Klasse | 0 | 0 | GER | itsc |
| 0. | 12715 | Noname | 00:38:46.6 | offene Klasse | 0 | 0 | GER | #teamWAGNER |
| 0. | 2752 | Özcan Ergin Yeter | 00:38:46.8 | offene Klasse | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 11046 | Noname | 00:38:46.9 | offene Klasse | 0 | 0 | GER | Studentenwerk Hannover |
| 0. | 3978 | Lukas Schwark | 00:38:47.3 | offene Klasse | 0 | 0 | GER | DAK |
| 0. | 8168 | Jakob Bruns | 00:38:47.4 | offene Klasse | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 16 | Kevin Rössel | 00:38:47.4 | offene Klasse | 0 | 0 | GER | Vinci Energies |
| 0. | 3886 | Noname | 00:38:47.6 | offene Klasse | 0 | 0 | GER | Courtyard by Marriott Hannover Maschsee |
| 0. | 8818 | Noname | 00:38:47.7 | offene Klasse | 0 | 0 | GER | KSB INTAX |
| 0. | 4430 | Noah Tenbrock | 00:38:47.7 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 2070 | Uwe Heimann | 00:38:48.1 | offene Klasse | 0 | 0 | GER | Silgan White Cap |
| 0. | 1931 | Max Reckert | 00:38:48.5 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |

| | | | | | | | | |
|----|-------|-------------------------|------------|---------------|---|---|-----|------------------------------------|
| 0. | 10310 | Marcel Hellwig | 00:38:49.1 | offene Klasse | 0 | 0 | GER | qnips |
| 0. | 8827 | Noname | 00:38:49.4 | offene Klasse | 0 | 0 | GER | KSB INTAX |
| 0. | 10684 | Oliver Prahlow | 00:38:49.6 | offene Klasse | 0 | 0 | GER | Sennheiser electronic SE & Co. KG |
| 0. | 8901 | Neil Müller | 00:38:49.8 | offene Klasse | 0 | 0 | GER | Laser Zentrum Hannover e.V. |
| 0. | 8329 | Nicholas Wahle | 00:38:49.9 | offene Klasse | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 11183 | Noname | 00:38:50.1 | offene Klasse | 0 | 0 | GER | Techniker Krankenkasse |
| 0. | 50 | Tom Hoffmann | 00:38:50.1 | offene Klasse | 0 | 0 | GER | Vinci Energies |
| 0. | 935 | Julian Scherp | 00:38:50.4 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 4361 | Jan Scharfscheer | 00:38:50.7 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 1334 | Ralf Kamisek | 00:38:51.3 | offene Klasse | 0 | 0 | GER | GEA B2Run-Team |
| 0. | 2368 | Dennis Nolting | 00:38:51.5 | offene Klasse | 0 | 0 | GER | VISION Consulting GmbH |
| 0. | 9649 | Norbert Reiners | 00:38:51.6 | offene Klasse | 0 | 0 | GER | NiedersachsenMetall |
| 0. | 1637 | Marius Tepfer | 00:38:51.9 | offene Klasse | 0 | 0 | GER | itsc |
| 0. | 9650 | Sebastian Sokolowski | 00:38:52.1 | offene Klasse | 0 | 0 | GER | NiedersachsenMetall |
| 0. | 6123 | Noname | 00:38:52.1 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 9096 | Abdulla Raufi | 00:38:52.1 | offene Klasse | 0 | 0 | GER | LPKF Laser & Electronics SE |
| 0. | 9684 | Patrick Ziech | 00:38:52.1 | offene Klasse | 0 | 0 | GER | NLGA |
| 0. | 5199 | Tobias Kleinert | 00:38:53.1 | offene Klasse | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 408 | Torsten Gustorf | 00:38:53.9 | offene Klasse | 0 | 0 | GER | CarUnion Runners |
| 0. | 8545 | Thomas Weimann | 00:38:54.7 | offene Klasse | 0 | 0 | GER | KOMATSU |
| 0. | 1851 | Timo Balschinat | 00:38:54.8 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 2985 | Dennis Kupczyk | 00:38:54.9 | offene Klasse | 0 | 0 | GER | Fit im Körper. Clean im Code. |
| 0. | 6425 | Yvan Ngafe | 00:38:55.1 | offene Klasse | 0 | 0 | GER | Hahne Holding GmbH |
| 0. | 6346 | Max Scharf | 00:38:56.4 | offene Klasse | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 2635 | Brian Candia Valdivia | 00:38:57.0 | offene Klasse | 0 | 0 | GER | Aircargo Services Hannover |
| 0. | 4103 | Lukas Borgolte | 00:38:57.2 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 1984 | Ajay Munna Gupta | 00:38:58.1 | offene Klasse | 0 | 0 | GER | nass magnet |
| 0. | 9472 | Salvatore Iannotta | 00:38:58.3 | offene Klasse | 0 | 0 | GER | Modulat Leasing AG |
| 0. | 11578 | Matthias Pfau | 00:38:58.9 | offene Klasse | 0 | 0 | GER | Tutao GmbH |
| 0. | 10714 | Peter Roth | 00:38:59.2 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 1496 | André Wilhelms | 00:38:59.7 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 51394 | Sebastian Molch | 00:39:00.2 | offene Klasse | 0 | 0 | GER | Meierhofer AG |
| 0. | 11087 | Ruben Klose | 00:39:00.5 | offene Klasse | 0 | 0 | GER | Sweco |
| 0. | 10132 | Alexander Schmidt | 00:39:00.6 | offene Klasse | 0 | 0 | GER | PKF TREUWERK |
| 0. | 8616 | Noname | 00:39:00.9 | offene Klasse | 0 | 0 | GER | Team KONE |
| 0. | 11940 | Alexander Eggert | 00:39:01.1 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 2612 | Marvin Schuster | 00:39:01.3 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 6724 | Mihail Lazarova | 00:39:01.3 | offene Klasse | 0 | 0 | GER | HannoVers |
| 0. | 10838 | Dirk Werner | 00:39:01.9 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 6337 | Michael Lorenz | 00:39:02.4 | offene Klasse | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 11044 | Noname | 00:39:02.4 | offene Klasse | 0 | 0 | GER | Studentenwerk Hannover |
| 0. | 11577 | Johannes Münichsdorfer | 00:39:02.4 | offene Klasse | 0 | 0 | GER | Tutao GmbH |
| 0. | 12072 | Torsten Prüsse | 00:39:02.8 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 11576 | Arne Möhle | 00:39:03.9 | offene Klasse | 0 | 0 | GER | Tutao GmbH |
| 0. | 2094 | Selim Pala | 00:39:04.3 | offene Klasse | 0 | 0 | GER | Storengy |
| 0. | 9433 | Jonas Knorr | 00:39:05.2 | offene Klasse | 0 | 0 | GER | Milkron |
| 0. | 10843 | No Name | 00:39:05.3 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 7822 | Malte Groot | 00:39:05.6 | offene Klasse | 0 | 0 | GER | Institut für Produktionswirtschaft |
| 0. | 4441 | Fridolin Vach | 00:39:06.1 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 11573 | Daniel Graf De Oliveira | 00:39:06.1 | offene Klasse | 0 | 0 | GER | Tutao GmbH |
| 0. | 2202 | Stephan Brandt | 00:39:06.4 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 3333 | Noname | 00:39:06.4 | offene Klasse | 0 | 0 | GER | BMW Hannover |
| 0. | 7824 | Timo Helfers | 00:39:07.1 | offene Klasse | 0 | 0 | GER | Institut für Produktionswirtschaft |

| | | | | | | | | |
|----|-------|-------------------------------|------------|---------------|---|---|-----|-----------------------------------|
| 0. | 3959 | Pascal Mäkelburg | 00:39:08.9 | offene Klasse | 0 | 0 | GER | DAK |
| 0. | 121 | Florian Draken | 00:39:09.1 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 12622 | Noname | 00:39:09.3 | offene Klasse | 0 | 0 | GER | VSM |
| 0. | 10723 | Maximilian Tedja | 00:39:09.6 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 9563 | Ali Ismail | 00:39:09.8 | offene Klasse | 0 | 0 | GER | MTB GmbH |
| 0. | 2449 | Jannis Rost | 00:39:10.3 | offene Klasse | 0 | 0 | GER | 3B |
| 0. | 1744 | No Name | 00:39:10.6 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 12762 | Friedrich Witzik | 00:39:11.3 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 11752 | Florian Schouren | 00:39:11.7 | offene Klasse | 0 | 0 | GER | ÜSTRA AG |
| 0. | 2068 | Lukas Deicke | 00:39:12.4 | offene Klasse | 0 | 0 | GER | Silgan White Cap |
| 0. | 10724 | Olaf Tönjes | 00:39:12.9 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 5945 | Mike Gebhardt | 00:39:13.5 | offene Klasse | 0 | 0 | GER | Strate Running Team |
| 0. | 12121 | Julius Stephan | 00:39:13.8 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 12836 | Sebastian Ueck | 00:39:14.7 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Group |
| 0. | 4151 | Florian Schuhmann | 00:39:15.0 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 7493 | Vincent Waßmann | 00:39:15.6 | offene Klasse | 0 | 0 | GER | HOCHTIEF Infrastructure GmbH |
| 0. | 4603 | Noname | 00:39:15.9 | offene Klasse | 0 | 0 | GER | Delta Immobilien Gruppe |
| 0. | 7319 | Carsten Tworuschka | 00:39:15.9 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 5273 | Luca Meier | 00:39:16.6 | offene Klasse | 0 | 0 | GER | ETL Treuhand |
| 0. | 1794 | Eduard Miller | 00:39:16.6 | offene Klasse | 0 | 0 | GER | LW.P Lüders Warneboldt |
| 0. | 9818 | Niklas Leiffholdt | 00:39:16.8 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 6912 | Matthias Bork | 00:39:17.6 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 11628 | No Name | 00:39:18.5 | offene Klasse | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 8017 | Paul Sörensen | 00:39:19.8 | offene Klasse | 0 | 0 | GER | KAG - The Endurance Runners |
| 0. | 7177 | The Anh Nguyen | 00:39:20.1 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 8447 | Christian Rauls | 00:39:20.3 | offene Klasse | 0 | 0 | GER | Klinikum Warendorff GmbH |
| 0. | 7701 | Alexander Schulze Finkenbrunn | 00:39:21.1 | offene Klasse | 0 | 0 | GER | Cool down... |
| 0. | 5051 | Jonas Lindemann | 00:39:21.5 | offene Klasse | 0 | 0 | GER | DSG |
| 0. | 9395 | Thimm Moses | 00:39:21.5 | offene Klasse | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 9110 | Noname | 00:39:22.5 | offene Klasse | 0 | 0 | GER | Luisa läuft! |
| 0. | 2568 | Simon Grabow | 00:39:22.5 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 51463 | Olaf Krause | 00:39:23.6 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 3403 | Jörn Klocke | 00:39:23.6 | offene Klasse | 0 | 0 | GER | Bundessortenamt |
| 0. | 6595 | Jonas Audehm | 00:39:24.3 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 11836 | Veniamin Kalinin | 00:39:24.6 | offene Klasse | 0 | 0 | GER | VetZ GmbH |
| 0. | 2302 | Ingo Wolf | 00:39:25.0 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 8023 | Mostafa Zennani | 00:39:25.8 | offene Klasse | 0 | 0 | GER | KAG - The Endurance Runners |
| 0. | 11293 | Noname | 00:39:26.1 | offene Klasse | 0 | 0 | GER | TTB-Runners |
| 0. | 9614 | Enrico Lang | 00:39:26.8 | offene Klasse | 0 | 0 | GER | NBB Fachmärkte |
| 0. | 2515 | Noname | 00:39:26.9 | offene Klasse | 0 | 0 | GER | Adastra |
| 0. | 4304 | Jovan Mitic | 00:39:27.0 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 9978 | Guido Schroeder | 00:39:27.1 | offene Klasse | 0 | 0 | GER | Osswald 360 |
| 0. | 8012 | Dustin Klyk | 00:39:27.5 | offene Klasse | 0 | 0 | GER | KAG - The Endurance Runners |
| 0. | 864 | Marc Maiwald | 00:39:27.5 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 6073 | Noname | 00:39:27.6 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 5201 | Valentin Koch | 00:39:27.9 | offene Klasse | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 1569 | Frederik Pietschmann | 00:39:27.9 | offene Klasse | 0 | 0 | GER | heise - eine Antwort weiter |
| 0. | 5128 | Muawi Bilek | 00:39:28.3 | offene Klasse | 0 | 0 | GER | EDEKA Wucherpfennig GmbH |
| 0. | 9128 | Noname | 00:39:28.9 | offene Klasse | 0 | 0 | GER | Luther |
| 0. | 5481 | Himanshu Karkara | 00:39:29.6 | offene Klasse | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 1978 | Oscar Zurek | 00:39:30.0 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 9876 | Tim Rehkopf | 00:39:30.4 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 2970 | Benni Varwig | 00:39:30.4 | offene Klasse | 0 | 0 | GER | Team GiB & AZH |

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|----|-------|------------------------|------------|---------------|---|---|-----|-------------------------------|
| 0. | 9985 | Justus Finn Eggerstedt | 00:39:31.2 | offene Klasse | 0 | 0 | GER | OPTIMAL SYSTEMS Hannover |
| 0. | 3863 | Noname | 00:39:32.4 | offene Klasse | 0 | 0 | GER | ConTeam |
| 0. | 6072 | Noname | 00:39:33.1 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 1973 | Joel Werner | 00:39:34.0 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 3746 | Patrick Amelsberg | 00:39:34.0 | offene Klasse | 0 | 0 | GER | Team Concordia |
| 0. | 6902 | Ole Bing | 00:39:34.1 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 7331 | Simon Weber | 00:39:34.4 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 9557 | Thomas Walter | 00:39:34.4 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 6563 | Irfan Sünün | 00:39:34.4 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 376 | Petar Panayotov | 00:39:35.9 | offene Klasse | 0 | 0 | GER | Bucher Municipal |
| 0. | 1476 | Jonas Meyer | 00:39:35.9 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 5595 | Marcel Fischer | 00:39:36.3 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 527 | René Neichel | 00:39:36.5 | offene Klasse | 0 | 0 | GER | COMRAMO AG |
| 0. | 5065 | Fabian Sanchez Ararat | 00:39:36.9 | offene Klasse | 0 | 0 | GER | DSG |
| 0. | 4047 | Tobias Goeze | 00:39:37.3 | offene Klasse | 0 | 0 | GER | Datatronic |
| 0. | 1943 | Christoph Scheithauer | 00:39:37.4 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 2366 | Hubert Kouam | 00:39:37.6 | offene Klasse | 0 | 0 | GER | VISION Consulting GmbH |
| 0. | 1946 | Conrad Schmidt | 00:39:37.6 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 9968 | David Ziemann | 00:39:38.1 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 4779 | Thomas Schreiber | 00:39:38.3 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 1483 | Markus Pottmeier | 00:39:39.9 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 5004 | No Name | 00:39:40.1 | offene Klasse | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 1225 | Noname | 00:39:40.8 | offene Klasse | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 11164 | Noname | 00:39:40.9 | offene Klasse | 0 | 0 | GER | TAIFUN Software |
| 0. | 9572 | Noname | 00:39:40.9 | offene Klasse | 0 | 0 | GER | MTB GmbH |
| 0. | 2134 | Leon Glasing | 00:39:41.1 | offene Klasse | 0 | 0 | GER | Toyota Material Handling |
| 0. | 3764 | Aleksandr Engel | 00:39:42.1 | offene Klasse | 0 | 0 | GER | Team Concordia |
| 0. | 11821 | Lars Jonas Etterling | 00:39:42.2 | offene Klasse | 0 | 0 | GER | VSV |
| 0. | 12611 | Henning Schröder | 00:39:42.8 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 11671 | Martin Wilke | 00:39:42.8 | offene Klasse | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 2166 | Kevin Strutz | 00:39:43.0 | offene Klasse | 0 | 0 | GER | Toyota Material Handling |
| 0. | 5830 | Jonas Tamosaitis | 00:39:43.9 | offene Klasse | 0 | 0 | GER | FL Technics |
| 0. | 58 | Jannik Röttger | 00:39:44.1 | offene Klasse | 0 | 0 | GER | Vinci Energies |
| 0. | 1451 | Felipe Guerrero | 00:39:44.6 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 3273 | No Name | 00:39:44.9 | offene Klasse | 0 | 0 | GER | Team Behn Steuerberatung |
| 0. | 9252 | Noname | 00:39:44.9 | offene Klasse | 0 | 0 | GER | Caros Supporter |
| 0. | 12081 | Carsten Rohde | 00:39:45.5 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 9671 | Anton Farr | 00:39:45.8 | offene Klasse | 0 | 0 | GER | NLGA |
| 0. | 10703 | Ralf Kemmesies | 00:39:45.8 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 7281 | Eni Sinanaj | 00:39:45.9 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 3895 | Maximilian Last | 00:39:46.1 | offene Klasse | 0 | 0 | GER | CRATOS GmbH |
| 0. | 2768 | No Name | 00:39:46.8 | offene Klasse | 0 | 0 | GER | Almex |
| 0. | 1867 | Robert Czupryniak | 00:39:47.5 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 12736 | Arne Becker | 00:39:47.6 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 7977 | Alexander Jänecke | 00:39:47.6 | offene Klasse | 0 | 0 | GER | J+S |
| 0. | 3498 | No Name | 00:39:48.8 | offene Klasse | 0 | 0 | GER | Capgemini Deutschland GmbH |
| 0. | 9824 | Sven Maibaum | 00:39:48.9 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 11169 | Carlo Schultens | 00:39:49.0 | offene Klasse | 0 | 0 | GER | team runners |
| 0. | 9089 | Julian Kwoczek | 00:39:49.1 | offene Klasse | 0 | 0 | GER | LPKF Laser & Electronics SE |
| 0. | 7280 | Alexander Siliamov | 00:39:49.3 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 271 | Christoph Pemp | 00:39:49.6 | offene Klasse | 0 | 0 | GER | Amadeus Fire |
| 0. | 5835 | Michael Becker | 00:39:50.1 | offene Klasse | 0 | 0 | GER | Laufteam Flexsys 2024 |
| 0. | 8227 | Marcel Käber | 00:39:51.8 | offene Klasse | 0 | 0 | GER | Klinikum Region Hannover GmbH |

| | | | | | | | | |
|----|-------|---------------------|------------|---------------|---|---|-----|------------------------------------|
| 0. | 5497 | Rafael Pranga | 00:39:52.1 | offene Klasse | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 4590 | Arne Morick | 00:39:52.3 | offene Klasse | 0 | 0 | GER | Delta Immobilien Gruppe |
| 0. | 7506 | Maurice Frerking | 00:39:52.3 | offene Klasse | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 11380 | Jörg Wilken | 00:39:52.3 | offene Klasse | 0 | 0 | GER | Arxada |
| 0. | 2576 | Andre Holland | 00:39:52.5 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 10989 | Veit Boelsen | 00:39:52.7 | offene Klasse | 0 | 0 | GER | St. Joseph Kinder- und Jugendhilfe |
| 0. | 10029 | Erk Kosel | 00:39:53.4 | offene Klasse | 0 | 0 | GER | Paritätischer Nds. |
| 0. | 2383 | Matthias Freitag | 00:39:53.5 | offene Klasse | 0 | 0 | GER | Wahl GmbH + Co. KG |
| 0. | 12460 | No Name | 00:39:53.6 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 1774 | Erik Horstmann | 00:39:54.9 | offene Klasse | 0 | 0 | GER | LPI Ingenieurgesellschaft mbH |
| 0. | 8744 | Frank Thiele | 00:39:55.3 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 264 | Veit Klingenberg | 00:39:55.5 | offene Klasse | 0 | 0 | GER | Amadeus Fire |
| 0. | 7457 | Vincent Wagner | 00:39:55.6 | offene Klasse | 0 | 0 | GER | Bumke |
| 0. | 9528 | No Name | 00:39:56.4 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 4066 | Jalal Ali | 00:39:58.1 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 6190 | Simon Rüttschilling | 00:39:58.1 | offene Klasse | 0 | 0 | GER | GFK Ingenieure |
| 0. | 12865 | Christoph Schramke | 00:39:58.6 | offene Klasse | 0 | 0 | GER | 3 wings for wind |
| 0. | 8288 | Matthias Richter | 00:39:58.6 | offene Klasse | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 12875 | Sven Jesse | 00:39:59.9 | offene Klasse | 0 | 0 | GER | Wohnungsgenossenschaft Heimkehr eG |
| 0. | 1947 | Stefan Schoenemann | 00:40:00.8 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 1940 | Hakkan Salman | 00:40:00.9 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 6474 | Markus Ernst | 00:40:02.3 | offene Klasse | 0 | 0 | GER | HVNB |
| 0. | 2514 | Noname | 00:40:03.8 | offene Klasse | 0 | 0 | GER | Adastra |
| 0. | 2652 | Jörn Hengstler | 00:40:05.3 | offene Klasse | 0 | 0 | GER | AirITSystems |
| 0. | 8180 | Lennart Dreyer | 00:40:05.3 | offene Klasse | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 314 | No Name | 00:40:05.4 | offene Klasse | 0 | 0 | GER | AntonPaar OptoTec GmbH |
| 0. | 10749 | No Name | 00:40:05.9 | offene Klasse | 0 | 0 | GER | SEYSTA |
| 0. | 11705 | Jan Hartje | 00:40:06.5 | offene Klasse | 0 | 0 | GER | ÜSTRA AG |
| 0. | 10431 | Felix Much | 00:40:06.6 | offene Klasse | 0 | 0 | GER | reinisch |
| 0. | 7400 | Noname | 00:40:06.9 | offene Klasse | 0 | 0 | GER | heinekingmedia |
| 0. | 1574 | Thomas Kaltschmidt | 00:40:07.6 | offene Klasse | 0 | 0 | GER | heise - eine Antwort weiter |
| 0. | 6163 | Noname | 00:40:08.1 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 6048 | Mohanad Younes | 00:40:08.1 | offene Klasse | 0 | 0 | GER | GEO-NET |
| 0. | 13077 | Luca Menze | 00:40:08.3 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 2412 | Noname | 00:40:09.3 | offene Klasse | 0 | 0 | GER | Du läufst hinter - Willenbrock |
| 0. | 6990 | Johann Geßner | 00:40:09.3 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 10690 | Michael Andre | 00:40:10.3 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 6237 | Alexander Ehlers | 00:40:10.4 | offene Klasse | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 4205 | Toni Hippchen | 00:40:10.5 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 7794 | Andreas Kreybohm | 00:40:10.7 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 51363 | Noname | 00:40:12.2 | offene Klasse | 0 | 0 | GER | SV EIME DAMEN |
| 0. | 6680 | Frank Kulbarsch | 00:40:12.4 | offene Klasse | 0 | 0 | GER | Hannover Congress Centrum |
| 0. | 1280 | Udo Merten | 00:40:13.1 | offene Klasse | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 51364 | Noname | 00:40:13.4 | offene Klasse | 0 | 0 | GER | SV EIME DAMEN |
| 0. | 8005 | Ole Kersten | 00:40:13.6 | offene Klasse | 0 | 0 | GER | KAG - The Endurance Runners |
| 0. | 51362 | Noname | 00:40:13.7 | offene Klasse | 0 | 0 | GER | SV EIME DAMEN |
| 0. | 8181 | Stefan Ebert | 00:40:13.8 | offene Klasse | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 3376 | Kevin Krawutschke | 00:40:14.0 | offene Klasse | 0 | 0 | GER | BImA |
| 0. | 2379 | Eric Weise | 00:40:14.1 | offene Klasse | 0 | 0 | GER | VISION Consulting GmbH |
| 0. | 6671 | Ralf Brenneke | 00:40:15.2 | offene Klasse | 0 | 0 | GER | Hannover Congress Centrum |
| 0. | 6110 | Noname | 00:40:15.2 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 1395 | Nick Facklam | 00:40:15.3 | offene Klasse | 0 | 0 | GER | GRENKE AG |
| 0. | 51476 | Jens Schlösser | 00:40:15.5 | offene Klasse | 0 | 0 | GER | Tröster GmbH |

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|----|-------|---------------------|------------|---------------|---|---|-----|-------------------------------------|
| 0. | 8762 | Noname | 00:40:15.6 | offene Klasse | 0 | 0 | GER | Kraftwerk |
| 0. | 8777 | Noname | 00:40:15.6 | offene Klasse | 0 | 0 | GER | Kraftwerk |
| 0. | 10697 | Jens Hörstgen | 00:40:16.0 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 2038 | Sean Weirauch | 00:40:17.1 | offene Klasse | 0 | 0 | GER | Hilton |
| 0. | 406 | Lennox Franz | 00:40:17.9 | offene Klasse | 0 | 0 | GER | CarUnion Runners |
| 0. | 9090 | Bas Lievaart | 00:40:17.9 | offene Klasse | 0 | 0 | GER | LPKF Laser & Electronics SE |
| 0. | 6601 | Adam Selem | 00:40:18.1 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 6145 | Noname | 00:40:18.4 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 7649 | Bastian Kock | 00:40:18.6 | offene Klasse | 0 | 0 | GER | IHK Hannover |
| 0. | 6603 | Moritz Sabatier | 00:40:19.1 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 6602 | Gero Reinhardt | 00:40:19.1 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 1809 | Timothy Sargent | 00:40:19.3 | offene Klasse | 0 | 0 | GER | #WeAreLutz |
| 0. | 13003 | Dennis Binder | 00:40:19.3 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 6142 | Noname | 00:40:19.8 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 4539 | Samuel Hohmeier | 00:40:20.4 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 12765 | Alexander Fercho | 00:40:20.5 | offene Klasse | 0 | 0 | GER | Wedemeier Wirtschaftsprüfer |
| 0. | 6045 | Michael Schrempf | 00:40:21.0 | offene Klasse | 0 | 0 | GER | GEO-NET |
| 0. | 6263 | Marcel Pergelt | 00:40:21.1 | offene Klasse | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 8112 | Mario Riethmüller | 00:40:21.3 | offene Klasse | 0 | 0 | GER | klartxt racing team |
| 0. | 5420 | Leon Ehresmann | 00:40:22.1 | offene Klasse | 0 | 0 | GER | EY Hannover |
| 0. | 3857 | Arnold Schmidt | 00:40:22.1 | offene Klasse | 0 | 0 | GER | Consulting Team Vermögensverwaltung |
| 0. | 12921 | Lukas R. | 00:40:22.8 | offene Klasse | 0 | 0 | GER | Zahnärzte PODBI344 |
| 0. | 5919 | Firaz Kabak | 00:40:22.8 | offene Klasse | 0 | 0 | GER | frobese GmbH |
| 0. | 2356 | Carsten Gebhardt | 00:40:24.3 | offene Klasse | 0 | 0 | GER | VISION Consulting GmbH |
| 0. | 11314 | Michael Grabonovski | 00:40:24.3 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 4019 | Alesandro Körner | 00:40:24.5 | offene Klasse | 0 | 0 | GER | DAK |
| 0. | 6268 | Heiko Teßmer | 00:40:25.4 | offene Klasse | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 417 | Esat Shatri | 00:40:25.4 | offene Klasse | 0 | 0 | GER | CarUnion Runners |
| 0. | 2805 | Sebastian Kandzia | 00:40:25.8 | offene Klasse | 0 | 0 | GER | Alvotech Hannover |
| 0. | 432 | Torsten Dix | 00:40:26.4 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 9510 | Noname | 00:40:26.4 | offene Klasse | 0 | 0 | GER | MOSAIK architekt:innen |
| 0. | 6542 | Rieke Kunze | 00:40:26.7 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 11786 | Thorsten Hanusa | 00:40:26.8 | offene Klasse | 0 | 0 | GER | V-LINE EUROPE |
| 0. | 2287 | Markus Sinnigen | 00:40:27.9 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 9 | Jordan Doswald | 00:40:28.1 | offene Klasse | 0 | 0 | GER | Vinci Energies |
| 0. | 6489 | Carl Michael Vogt | 00:40:28.3 | offene Klasse | 0 | 0 | GER | HWK Hannover & Friends |
| 0. | 51457 | Andreas Mönch | 00:40:28.6 | offene Klasse | 0 | 0 | GER | für Warendorf |
| 0. | 12018 | Lars Krenzin | 00:40:28.8 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 3573 | No Name | 00:40:28.8 | offene Klasse | 0 | 0 | GER | CGI |
| 0. | 5861 | Dominik Ridder | 00:40:28.9 | offene Klasse | 0 | 0 | GER | Flughafen Hannover-Langenhagen |
| 0. | 8452 | Oliver Rosenthal | 00:40:29.1 | offene Klasse | 0 | 0 | GER | Klinikum Warendorff GmbH |
| 0. | 12019 | Tim Krenzin | 00:40:29.4 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 9936 | Christian Unger | 00:40:30.1 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 1768 | Gerd Adamek | 00:40:30.2 | offene Klasse | 0 | 0 | GER | LPI Ingenieurgesellschaft mbH |
| 0. | 11201 | Noname | 00:40:30.3 | offene Klasse | 0 | 0 | GER | WORMLAND |
| 0. | 4626 | Noname | 00:40:30.3 | offene Klasse | 0 | 0 | GER | apoBank Hannover |
| 0. | 494 | Geri Rottino | 00:40:30.6 | offene Klasse | 0 | 0 | GER | Cochlear Deutschland GmbH & co.KG |
| 0. | 160 | Carlos Manzanares | 00:40:30.6 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 7951 | Julian Navarro | 00:40:30.7 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 4540 | Daniel Höpoldseder | 00:40:30.8 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 9607 | No Name | 00:40:30.9 | offene Klasse | 0 | 0 | GER | NaturaRunnies |
| 0. | 9608 | No Name | 00:40:31.1 | offene Klasse | 0 | 0 | GER | NaturaRunnies |
| 0. | 6885 | Hannes Banik | 00:40:31.4 | offene Klasse | 0 | 0 | GER | HDI AG |

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| 0. | 11197 | No Name | 00:40:31.9 | offene Klasse | 0 | 0 | GER | WORMLAND |
| 0. | 9522 | Juri Boettcher | 00:40:32.4 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 1771 | Alexander Hänsel | 00:40:32.6 | offene Klasse | 0 | 0 | GER | LPI Ingenieurgesellschaft mbH |
| 0. | 51413 | Metin Eskinyurt | 00:40:32.9 | offene Klasse | 0 | 0 | GER | Thuasne Runner |
| 0. | 7267 | Kevin Schröder | 00:40:32.1 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 2936 | Pascal Stolzenbach | 00:40:32.4 | offene Klasse | 0 | 0 | GER | AUCOTEC AG |
| 0. | 5013 | No Name | 00:40:33.1 | offene Klasse | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 8952 | Noname | 00:40:33.5 | offene Klasse | 0 | 0 | GER | lavera.naturals |
| 0. | 1902 | Haziz Kolgeci | 00:40:33.6 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 10833 | Noah Süptitz | 00:40:34.3 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 1781 | Alexander Weller | 00:40:34.4 | offene Klasse | 0 | 0 | GER | LPI Ingenieurgesellschaft mbH |
| 0. | 85 | Özgür Duran | 00:40:35.1 | offene Klasse | 0 | 0 | GER | Win4Youth |
| 0. | 2443 | Stephan Caspers | 00:40:35.5 | offene Klasse | 0 | 0 | GER | 3B |
| 0. | 6134 | Noname | 00:40:35.8 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 10385 | Johannes Schneider | 00:40:35.9 | offene Klasse | 0 | 0 | GER | Ramboll Hannover Runners |
| 0. | 8885 | Micha Jahns | 00:40:36.2 | offene Klasse | 0 | 0 | GER | LNVG Runners |
| 0. | 5911 | Robin Polke | 00:40:36.5 | offene Klasse | 0 | 0 | GER | frobese GmbH |
| 0. | 1872 | Alexandros Dimou | 00:40:36.5 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 6598 | Noname | 00:40:37.2 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 3985 | Robin Trümper | 00:40:37.8 | offene Klasse | 0 | 0 | GER | DAK |
| 0. | 12862 | Anil Balkis | 00:40:39.7 | offene Klasse | 0 | 0 | GER | 3 wings for wind |
| 0. | 5279 | Eric Wolters | 00:40:40.1 | offene Klasse | 0 | 0 | GER | ETL Treuhand |
| 0. | 12472 | Tim Meinecke | 00:40:40.1 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 11878 | Lennart Lichey | 00:40:40.6 | offene Klasse | 0 | 0 | GER | VGH Versicherungen |
| 0. | 2697 | David Graff | 00:40:41.1 | offene Klasse | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 5335 | Luca Knoop | 00:40:41.3 | offene Klasse | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 4680 | Tamer Simsek | 00:40:42.1 | offene Klasse | 0 | 0 | GER | Deutsche Bundesbank |
| 0. | 6046 | Christian Wetzel | 00:40:42.6 | offene Klasse | 0 | 0 | GER | GEO-NET |
| 0. | 5742 | Kilian Schetter | 00:40:43.0 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 2980 | Shahzod Akhrarkhodjaev | 00:40:43.1 | offene Klasse | 0 | 0 | GER | Fit im Körper. Clean im Code. |
| 0. | 9428 | Noname | 00:40:43.2 | offene Klasse | 0 | 0 | GER | Michael Wessel IT läuft! |
| 0. | 10148 | Florian Kleuters | 00:40:44.1 | offene Klasse | 0 | 0 | GER | PORR |
| 0. | 6032 | Gregor Meusel | 00:40:44.3 | offene Klasse | 0 | 0 | GER | GEO-NET |
| 0. | 11864 | Fabian Bunge | 00:40:44.5 | offene Klasse | 0 | 0 | GER | VGH Versicherungen |
| 0. | 12737 | Hugo Benalcazar | 00:40:45.3 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 9174 | Stefan Paproth | 00:40:45.8 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 5095 | Olaf Frick | 00:40:45.9 | offene Klasse | 0 | 0 | GER | ECKERT Rechtsanwälte |
| 0. | 6628 | Noname | 00:40:46.8 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 3352 | Noname | 00:40:46.9 | offene Klasse | 0 | 0 | GER | BMW Hannover |
| 0. | 9117 | Mike Hillers | 00:40:47.1 | offene Klasse | 0 | 0 | GER | Luther |
| 0. | 4855 | Marcus Turk | 00:40:47.4 | offene Klasse | 0 | 0 | GER | Die Project Werbung GmbH |
| 0. | 1889 | Lucas Hutchinson | 00:40:49.3 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 468 | Özcan Udun | 00:40:49.5 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 12425 | Lothar Klemann | 00:40:50.6 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 9716 | No Name | 00:40:51.1 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 8549 | Stefan Thöneböhn | 00:40:51.1 | offene Klasse | 0 | 0 | GER | Komatsu Germany GmbH |
| 0. | 12651 | No Name | 00:40:51.4 | offene Klasse | 0 | 0 | GER | W. Hippke & Partner |
| 0. | 8647 | Jannik Varlemann | 00:40:51.9 | offene Klasse | 0 | 0 | GER | KD Schmid Runners |
| 0. | 5936 | Tobias Storch | 00:40:52.1 | offene Klasse | 0 | 0 | GER | The FUn GROup Runners |
| 0. | 9164 | Karsten Korte | 00:40:52.3 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 12608 | Ben Yannick Zinn | 00:40:53.1 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 266 | Kirill Ment | 00:40:53.1 | offene Klasse | 0 | 0 | GER | Amadeus Fire |
| 0. | 5930 | Emanuel Brucker | 00:40:53.2 | offene Klasse | 0 | 0 | GER | The FUn GROup Runners |

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|----|-------|------------------------|------------|---------------|---|---|-----|------------------------------------|
| 0. | 8645 | Finn Peters | 00:40:53.8 | offene Klasse | 0 | 0 | GER | KD Schmid Runners |
| 0. | 10240 | Max Brückner | 00:40:54.8 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 12707 | Sören Tönnies | 00:40:55.1 | offene Klasse | 0 | 0 | GER | #teamWAGNER |
| 0. | 7516 | Matthias Krummey | 00:40:55.1 | offene Klasse | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 3504 | Jacob Lipper | 00:40:55.4 | offene Klasse | 0 | 0 | GER | Cappgemini Deutschland GmbH |
| 0. | 1897 | Oliver Kleiner | 00:40:56.0 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 1713 | Julian Klein | 00:40:56.3 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 7884 | Andreas Mitschke | 00:40:56.4 | offene Klasse | 0 | 0 | GER | IT-P GmbH |
| 0. | 9409 | Noname | 00:40:56.4 | offene Klasse | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 7194 | Daniel Schulze Lammers | 00:40:57.2 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 5352 | Jan Erik Reese | 00:40:57.7 | offene Klasse | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 2874 | Stefan Huth | 00:40:58.1 | offene Klasse | 0 | 0 | GER | Arvato |
| 0. | 1811 | Jens Werner | 00:40:58.1 | offene Klasse | 0 | 0 | GER | #WeAreLutz |
| 0. | 1880 | Karsten Gorges | 00:40:58.4 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 9399 | Gökhan Özarslan | 00:40:59.2 | offene Klasse | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 411 | Dariusz Kriger | 00:40:59.4 | offene Klasse | 0 | 0 | GER | CarUnion Runners |
| 0. | 6378 | Carsten Bormann | 00:40:59.9 | offene Klasse | 0 | 0 | GER | Hahne Holding GmbH |
| 0. | 3457 | Kevin Schäfer | 00:41:00.1 | offene Klasse | 0 | 0 | GER | Busse & Coll Steuerberatungs GmbH |
| 0. | 2648 | Leon Daskijevic | 00:41:00.3 | offene Klasse | 0 | 0 | GER | AirITSystems |
| 0. | 8086 | Sami Gündüz | 00:41:00.8 | offene Klasse | 0 | 0 | GER | Team Haus am See |
| 0. | 4570 | Noname | 00:41:01.3 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 1908 | Almamy Krubally | 00:41:03.6 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 8852 | Jonas Uhrich | 00:41:04.2 | offene Klasse | 0 | 0 | GER | KSG Hannover - back in town |
| 0. | 10943 | Thareja Sahil | 00:41:04.3 | offene Klasse | 0 | 0 | GER | Sonova Consumer Hearing |
| 0. | 2617 | Sven Thürnau | 00:41:04.6 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 11060 | Tassilo Bahr | 00:41:05.7 | offene Klasse | 0 | 0 | GER | Sunshine Energieberatung |
| 0. | 4650 | Eike Burger | 00:41:05.8 | offene Klasse | 0 | 0 | GER | Deutsche Bundesbank |
| 0. | 4481 | Böwe Jan-Eric | 00:41:05.9 | offene Klasse | 0 | 0 | GER | Debeka |
| 0. | 11068 | Wolfgang Fanck | 00:41:06.4 | offene Klasse | 0 | 0 | GER | Sunshine Energieberatung |
| 0. | 9411 | Noname | 00:41:06.7 | offene Klasse | 0 | 0 | GER | Team |
| 0. | 8845 | Jan Pasemann | 00:41:07.0 | offene Klasse | 0 | 0 | GER | KSG Hannover - back in town |
| 0. | 2294 | Sven Ulbrich | 00:41:07.6 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 5770 | Robert Stieler | 00:41:07.9 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 7421 | Benjamin Kossmann | 00:41:08.1 | offene Klasse | 0 | 0 | GER | Heinz von Heiden GmbH Massivhäuser |
| 0. | 12061 | Gerrit Nünke | 00:41:08.3 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 481 | Felix Grund | 00:41:08.6 | offene Klasse | 0 | 0 | GER | Cochlear Deutschland GmbH & co.KG |
| 0. | 13116 | Tobias Sennwitz | 00:41:08.6 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 10538 | Soner Topcu | 00:41:09.5 | offene Klasse | 0 | 0 | GER | Rudolf Architekten |
| 0. | 7443 | Lennart Grüne | 00:41:09.7 | offene Klasse | 0 | 0 | GER | Bumke |
| 0. | 9914 | Andre Soltau | 00:41:09.8 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 9734 | Malte Dittrich | 00:41:09.8 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 9034 | Noname | 00:41:10.1 | offene Klasse | 0 | 0 | GER | Logwin HAJ |
| 0. | 12914 | Saki G. | 00:41:10.9 | offene Klasse | 0 | 0 | GER | Zahnärzte PODBI344 |
| 0. | 8878 | Noname | 00:41:11.1 | offene Klasse | 0 | 0 | GER | enerix Hannover |
| 0. | 11095 | Niklas Schwewe | 00:41:12.1 | offene Klasse | 0 | 0 | GER | Sweco |
| 0. | 1027 | Dennis Bahns | 00:41:12.8 | offene Klasse | 0 | 0 | GER | DRK-Region Hannover e.V. |
| 0. | 10595 | Noname | 00:41:13.6 | offene Klasse | 0 | 0 | GER | Schlütersche Mediengruppe |
| 0. | 8819 | Noname | 00:41:13.6 | offene Klasse | 0 | 0 | GER | KSB INTAX |
| 0. | 4651 | No Name | 00:41:13.6 | offene Klasse | 0 | 0 | GER | Deutsche Bundesbank |
| 0. | 223 | Gerrit Haftmann | 00:41:16.6 | offene Klasse | 0 | 0 | GER | ALDI Nord |
| 0. | 6925 | Nikita Povelkin | 00:41:16.9 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 9514 | Arwin Azizi | 00:41:17.0 | offene Klasse | 0 | 0 | GER | Motel One Hannover-Oper |
| 0. | 6170 | Noname | 00:41:17.8 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |

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|----|-------|-----------------------|------------|---------------|---|---|-----|------------------------------------|
| 0. | 9517 | Paul Vincent Liehr | 00:41:17.9 | offene Klasse | 0 | 0 | GER | Motel One Hannover-Oper |
| 0. | 3940 | Max Handwerk | 00:41:18.1 | offene Klasse | 0 | 0 | GER | DAK |
| 0. | 2074 | Daniel Razagatov | 00:41:18.3 | offene Klasse | 0 | 0 | GER | Silgan White Cap |
| 0. | 9392 | Emil Karateyev | 00:41:18.4 | offene Klasse | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 12695 | Thomas Owusu | 00:41:18.8 | offene Klasse | 0 | 0 | GER | #teamWAGNER |
| 0. | 8476 | Sven Visser | 00:41:19.1 | offene Klasse | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 3460 | Christian Busse | 00:41:19.1 | offene Klasse | 0 | 0 | GER | Busse Balfanz & Partner mbB |
| 0. | 8117 | Marvin Backhaus | 00:41:19.9 | offene Klasse | 0 | 0 | GER | Kleiner: Steuerberater |
| 0. | 6618 | No Name | 00:41:20.4 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 10518 | Johannes Rötting | 00:41:22.3 | offene Klasse | 0 | 0 | GER | Rötting & Wessels Part StbG mbB |
| 0. | 4050 | Marco Jodeit | 00:41:22.3 | offene Klasse | 0 | 0 | GER | Datatronic |
| 0. | 311 | Lars Klepzig | 00:41:22.6 | offene Klasse | 0 | 0 | GER | AntonPaar OptoTec GmbH |
| 0. | 7540 | Hassan Mahmoud | 00:41:22.6 | offene Klasse | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 9400 | Kevin Pimenta Martins | 00:41:23.1 | offene Klasse | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 9020 | Rene Martens | 00:41:23.4 | offene Klasse | 0 | 0 | GER | Die Anker |
| 0. | 10483 | Sven Manhold | 00:41:24.4 | offene Klasse | 0 | 0 | GER | RITTER GENT COLLEGEN |
| 0. | 10487 | Jan Schlüpmann | 00:41:24.7 | offene Klasse | 0 | 0 | GER | RITTER GENT COLLEGEN |
| 0. | 9680 | Christian Wicke | 00:41:24.9 | offene Klasse | 0 | 0 | GER | NLGA |
| 0. | 7800 | Shahzad Sayyad | 00:41:27.4 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 10488 | Josef Seck | 00:41:28.2 | offene Klasse | 0 | 0 | GER | RITTER GENT COLLEGEN |
| 0. | 12755 | Michael Schubert | 00:41:28.9 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 6511 | Noname | 00:41:29.3 | offene Klasse | 0 | 0 | GER | Hannover 96 Arena GmbH & Co. KG |
| 0. | 1297 | Alexander Fritz | 00:41:30.4 | offene Klasse | 0 | 0 | GER | Gasunie |
| 0. | 10480 | Fabian Körber | 00:41:30.6 | offene Klasse | 0 | 0 | GER | RITTER GENT COLLEGEN |
| 0. | 8522 | Siracettin Bulut | 00:41:30.9 | offene Klasse | 0 | 0 | GER | KOMATSU |
| 0. | 1326 | Fabio Woy | 00:41:31.1 | offene Klasse | 0 | 0 | GER | Gasunie |
| 0. | 11777 | Stephan Meinicke | 00:41:31.5 | offene Klasse | 0 | 0 | GER | Scharnhorst |
| 0. | 12475 | Bennet Menz | 00:41:31.8 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 1301 | Rüdiger Höft | 00:41:31.9 | offene Klasse | 0 | 0 | GER | Gasunie |
| 0. | 8486 | Jan Gerbothe | 00:41:32.3 | offene Klasse | 0 | 0 | GER | Kniggendorf |
| 0. | 2357 | Oliver Böhmer | 00:41:32.4 | offene Klasse | 0 | 0 | GER | VISION Consulting GmbH |
| 0. | 4929 | Matthias Leue | 00:41:32.9 | offene Klasse | 0 | 0 | GER | Dr. Schippke + Partner |
| 0. | 4927 | Jens Kögel | 00:41:33.6 | offene Klasse | 0 | 0 | GER | Dr. Schippke + Partner |
| 0. | 4930 | Christoph Neitzel | 00:41:33.6 | offene Klasse | 0 | 0 | GER | Dr. Schippke + Partner |
| 0. | 3249 | Daniel Szklarski | 00:41:33.8 | offene Klasse | 0 | 0 | GER | laufend prüfen |
| 0. | 2131 | Osman Ersal | 00:41:33.9 | offene Klasse | 0 | 0 | GER | Toyota Material Handling |
| 0. | 2944 | No Name | 00:41:34.2 | offene Klasse | 0 | 0 | GER | Wirtschaftstraum Hannover |
| 0. | 7531 | Christoph Steinberg | 00:41:34.4 | offene Klasse | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 12224 | Jörg Zarth | 00:41:34.8 | offene Klasse | 0 | 0 | GER | Vinzenzkrankenhaus Hannover GmbH |
| 0. | 12095 | Oliver Schilling | 00:41:34.9 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 10694 | Elmar Flecke | 00:41:35.3 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 12003 | Ramon Kloppe | 00:41:36.3 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 6373 | Johannes Baur | 00:41:36.4 | offene Klasse | 0 | 0 | GER | Hahne Holding GmbH |
| 0. | 960 | Markus Stoffregen | 00:41:36.7 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 8822 | Noname | 00:41:37.1 | offene Klasse | 0 | 0 | GER | KSB INTAX |
| 0. | 8999 | Olaf Meyer | 00:41:37.6 | offene Klasse | 0 | 0 | GER | Lebenshilfe Langenhagen-Wedemark |
| 0. | 6222 | Kai Tanevski | 00:41:38.1 | offene Klasse | 0 | 0 | GER | All4Golf |
| 0. | 3930 | Benjamin Bohn | 00:41:38.5 | offene Klasse | 0 | 0 | GER | DAK |
| 0. | 2395 | Taref Youssef | 00:41:38.9 | offene Klasse | 0 | 0 | GER | Wahl GmbH + Co. KG |
| 0. | 8752 | Udo Von Grone | 00:41:39.6 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 2376 | Uwe Schwesinger | 00:41:40.0 | offene Klasse | 0 | 0 | GER | VISION Consulting GmbH |
| 0. | 8065 | Mateusz Fundalewicz | 00:41:40.4 | offene Klasse | 0 | 0 | GER | KinderEvents Sehnde |
| 0. | 4658 | Clemens Gräve | 00:41:42.6 | offene Klasse | 0 | 0 | GER | Deutsche Bundesbank |

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|----|-------|--------------------------------|------------|---------------|---|---|-----|--|
| 0. | 8695 | Adrian Köhne | 00:41:42.6 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 5123 | Markus Soot | 00:41:43.8 | offene Klasse | 0 | 0 | GER | edding Funstarters |
| 0. | 9535 | Nico Heins | 00:41:44.1 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 423 | Jonathan Baron | 00:41:44.4 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 10987 | No Name | 00:41:44.5 | offene Klasse | 0 | 0 | GER | St. Joseph Kinder- und Jugendhilfe |
| 0. | 2636 | Björn Fischer | 00:41:44.6 | offene Klasse | 0 | 0 | GER | Aircargo Services Hannover |
| 0. | 2650 | Max Fengler | 00:41:44.6 | offene Klasse | 0 | 0 | GER | AirITSystems |
| 0. | 12112 | Daniel Sohn | 00:41:45.1 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 11517 | Florian Schickel | 00:41:45.3 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 6044 | Ingo Wendt | 00:41:46.1 | offene Klasse | 0 | 0 | GER | GEO-NET |
| 0. | 11741 | Dorijan Plavčić | 00:41:46.4 | offene Klasse | 0 | 0 | GER | ÜSTRA AG |
| 0. | 3953 | Lutz Kremer | 00:41:46.6 | offene Klasse | 0 | 0 | GER | DAK |
| 0. | 7026 | Carsten Hennig | 00:41:47.9 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 1699 | Noname | 00:41:47.9 | offene Klasse | 0 | 0 | GER | Knauf Interfer Stahl Service Center GmbH |
| 0. | 2517 | Steffen Burmeister | 00:41:48.1 | offene Klasse | 0 | 0 | GER | adesso |
| 0. | 1757 | Noname | 00:41:48.3 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 2932 | Jonas Gemmingen Von Massenbach | 00:41:49.8 | offene Klasse | 0 | 0 | GER | AUCOTEC AG |
| 0. | 13072 | No Name | 00:41:50.6 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 10587 | Noname | 00:41:51.1 | offene Klasse | 0 | 0 | GER | Schlütersche Mediengruppe |
| 0. | 1033 | Tobias Bräuer | 00:41:51.1 | offene Klasse | 0 | 0 | GER | DRK-Region Hannover e.V. |
| 0. | 9986 | Florian Franke | 00:41:51.2 | offene Klasse | 0 | 0 | GER | OPTIMAL SYSTEMS Hannover |
| 0. | 2523 | Thomas Pabsch | 00:41:51.3 | offene Klasse | 0 | 0 | GER | adesso |
| 0. | 6397 | Christoph Grabowski | 00:41:51.7 | offene Klasse | 0 | 0 | GER | Hahne Holding GmbH |
| 0. | 10685 | Leon Stein | 00:41:51.9 | offene Klasse | 0 | 0 | GER | Sennheiser electronic SE & Co. KG |
| 0. | 7102 | Dominik Kupczyk | 00:41:51.9 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 2864 | Daniel Glass | 00:41:52.9 | offene Klasse | 0 | 0 | GER | Arvato |
| 0. | 7277 | Fatbardh Shala | 00:41:52.9 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 10139 | Kai Rogge | 00:41:53.1 | offene Klasse | 0 | 0 | GER | Planungsbüro Isernhagen |
| 0. | 8794 | Murad Drboyan | 00:41:54.2 | offene Klasse | 0 | 0 | GER | Krüger Hannover GmbH & Co. KG |
| 0. | 4163 | Merlin Gerhards | 00:41:54.3 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 6786 | Marvin Stadelmann | 00:41:54.4 | offene Klasse | 0 | 0 | GER | Hannoversche Volksbank |
| 0. | 12010 | Patrick Kozikowski | 00:41:54.8 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 2465 | Ralf Delto | 00:41:55.1 | offene Klasse | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 1442 | Daniel Czerwinski | 00:41:55.5 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 8016 | Krzysztof Milewski | 00:41:55.6 | offene Klasse | 0 | 0 | GER | KAG - The Endurance Runners |
| 0. | 10964 | Junseo Park | 00:41:55.8 | offene Klasse | 0 | 0 | GER | Team SOPHIE |
| 0. | 7795 | Lars Krömer | 00:41:55.9 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 10614 | Karl Schulze | 00:41:57.3 | offene Klasse | 0 | 0 | GER | Die schnellen SCHUFA Runners |
| 0. | 4771 | Nicole Reuter | 00:41:57.3 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 1805 | Sarhad Haweri | 00:41:57.4 | offene Klasse | 0 | 0 | GER | #WeAreLutz |
| 0. | 2373 | Philipp Schwartz | 00:42:00.8 | offene Klasse | 0 | 0 | GER | VISION Consulting GmbH |
| 0. | 7888 | Johannes Willeke | 00:42:01.1 | offene Klasse | 0 | 0 | GER | IT-P GmbH |
| 0. | 2057 | Sebastian Holzki | 00:42:01.2 | offene Klasse | 0 | 0 | GER | SET GmbH |
| 0. | 5531 | Alexander Warszawski | 00:42:01.4 | offene Klasse | 0 | 0 | GER | FIDES Treuhand GmbH & Co. KG |
| 0. | 8847 | Stephan Prinz | 00:42:01.4 | offene Klasse | 0 | 0 | GER | KSG Hannover - back in town |
| 0. | 12301 | Björn Schütte | 00:42:01.6 | offene Klasse | 0 | 0 | GER | Volksbank in Schaumburg und Nienburg |
| 0. | 2516 | Noname | 00:42:01.8 | offene Klasse | 0 | 0 | GER | adesso |
| 0. | 2055 | Tobias Baum | 00:42:02.1 | offene Klasse | 0 | 0 | GER | SET GmbH |
| 0. | 10589 | Noname | 00:42:02.1 | offene Klasse | 0 | 0 | GER | Schlütersche Mediengruppe |
| 0. | 9097 | Markus Engel | 00:42:02.1 | offene Klasse | 0 | 0 | GER | LPKF Laser & Electronics SE |
| 0. | 7877 | Konstantin Friedrich | 00:42:02.1 | offene Klasse | 0 | 0 | GER | IT-P GmbH |
| 0. | 7964 | Ernst Felker | 00:42:02.3 | offene Klasse | 0 | 0 | GER | J+S |
| 0. | 2052 | Arthur Brack | 00:42:03.1 | offene Klasse | 0 | 0 | GER | SET GmbH |

| | | | | | | | | |
|----|-------|------------------------|------------|---------------|---|---|-----|-----------------------------------|
| 0. | 9134 | Christoph Oppermann | 00:42:03.6 | offene Klasse | 0 | 0 | GER | M.M.Warburg & CO |
| 0. | 323 | Gordon Mauer | 00:42:03.6 | offene Klasse | 0 | 0 | GER | Arcadis Germany GmbH |
| 0. | 1581 | Sandro Sauer | 00:42:03.9 | offene Klasse | 0 | 0 | GER | Hencke Systemberatung |
| 0. | 7646 | Christian Grascha | 00:42:04.1 | offene Klasse | 0 | 0 | GER | IHK Hannover |
| 0. | 4799 | Alexander Dik | 00:42:05.7 | offene Klasse | 0 | 0 | GER | DF-Laufhelden |
| 0. | 2359 | Fabian Bongartz | 00:42:05.8 | offene Klasse | 0 | 0 | GER | VISION Consulting GmbH |
| 0. | 7327 | Leander Von Holt | 00:42:06.1 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 6903 | Roland Birth | 00:42:06.2 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 2061 | Jonathan Vollmer | 00:42:06.7 | offene Klasse | 0 | 0 | GER | SET GmbH |
| 0. | 51455 | Friedrich Borges | 00:42:07.1 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 4858 | Christian Bredlow | 00:42:07.2 | offene Klasse | 0 | 0 | GER | Lauf Dimi Lauf |
| 0. | 2780 | No Name | 00:42:07.9 | offene Klasse | 0 | 0 | GER | Almex |
| 0. | 6705 | Stephan Garbe | 00:42:08.6 | offene Klasse | 0 | 0 | GER | hannoverimpuls |
| 0. | 2177 | Tim Yanko | 00:42:08.7 | offene Klasse | 0 | 0 | GER | Toyota Material Handling |
| 0. | 9335 | Daniel Schurzig | 00:42:09.3 | offene Klasse | 0 | 0 | GER | MED-EL Deutschland GmbH |
| 0. | 5922 | Maximilian Steinke | 00:42:10.9 | offene Klasse | 0 | 0 | GER | frobese GmbH |
| 0. | 10219 | Jan Schiebold | 00:42:12.5 | offene Klasse | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 330 | No Name | 00:42:12.5 | offene Klasse | 0 | 0 | GER | Arcadis Germany GmbH |
| 0. | 8385 | Alexander Gegenfurtner | 00:42:14.3 | offene Klasse | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 414 | Sebastian Schindler | 00:42:14.9 | offene Klasse | 0 | 0 | GER | CarUnion Runners |
| 0. | 11249 | Florian Kelm | 00:42:15.4 | offene Klasse | 0 | 0 | GER | LOTTO Niedersachsen |
| 0. | 11111 | Fabian Altaner | 00:42:15.7 | offene Klasse | 0 | 0 | GER | sympacon |
| 0. | 8436 | Dmytro Oryshchenko | 00:42:16.4 | offene Klasse | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 5752 | Radu-Gabriel Calenic | 00:42:16.8 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 7929 | Gerrit Teschke | 00:42:17.0 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 6648 | Domenik Heick | 00:42:17.6 | offene Klasse | 0 | 0 | GER | AGS |
| 0. | 3075 | Jan Ole Nölke | 00:42:17.8 | offene Klasse | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 3107 | Kjell Tiedemann | 00:42:18.4 | offene Klasse | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 13106 | Michael Schmalz | 00:42:18.5 | offene Klasse | 0 | 0 | GER | ZF Group |
| 0. | 1527 | Noname | 00:42:19.4 | offene Klasse | 0 | 0 | GER | Hanno Werk GmbH & Co. KG |
| 0. | 6162 | Noname | 00:42:21.1 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 4221 | Christian Jähner | 00:42:21.5 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 7076 | Thomas Knott | 00:42:21.9 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 7401 | Noname | 00:42:23.0 | offene Klasse | 0 | 0 | GER | heinekingmedia |
| 0. | 6066 | Noname | 00:42:23.6 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 1060 | Philipp Hoffmann | 00:42:24.5 | offene Klasse | 0 | 0 | GER | DRK-Region Hannover e.V. |
| 0. | 4541 | Mark Jaeschke | 00:42:25.1 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 8345 | Ogur Akkoc | 00:42:26.1 | offene Klasse | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 2358 | Tim Böhmer | 00:42:28.1 | offene Klasse | 0 | 0 | GER | VISION Consulting GmbH |
| 0. | 4710 | David André | 00:42:28.4 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 2580 | Samuel Koda | 00:42:29.4 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 11153 | Artur Lange | 00:42:29.4 | offene Klasse | 0 | 0 | GER | TAIFUN Software |
| 0. | 7338 | Jannik Wich-Heiter | 00:42:29.9 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 5921 | Oytun Öner | 00:42:30.6 | offene Klasse | 0 | 0 | GER | frobese GmbH |
| 0. | 4584 | Lukas Lange | 00:42:32.1 | offene Klasse | 0 | 0 | GER | Delta Immobilien Gruppe |
| 0. | 10866 | Joey Rehkopf | 00:42:32.2 | offene Klasse | 0 | 0 | GER | SKC Beratungsgesellschaft mbH |
| 0. | 1933 | Danny Reiske | 00:42:33.3 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 1866 | Dennis Cramer | 00:42:33.3 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 4525 | Kai Domdey | 00:42:33.3 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 1896 | Sascha Klein | 00:42:33.5 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 4330 | Georg Pöppeng | 00:42:34.0 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 5280 | Markus Heering | 00:42:34.1 | offene Klasse | 0 | 0 | GER | Eurest Deutschland GmbH |
| 0. | 9758 | Daniel Gralla | 00:42:34.9 | offene Klasse | 0 | 0 | GER | NORD/LB |

| | | | | | | | | |
|----|-------|-------------------------|------------|---------------|---|---|-----|---------------------------------|
| 0. | 12910 | Michi C. | 00:42:35.6 | offene Klasse | 0 | 0 | GER | Zahnärzte PODBI344 |
| 0. | 3467 | Marc-André Beyer | 00:42:36.0 | offene Klasse | 0 | 0 | GER | ARTIVA SPORTS |
| 0. | 1977 | Frank Zilian | 00:42:36.6 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 9993 | Maurice Knurr | 00:42:37.0 | offene Klasse | 0 | 0 | GER | OPTIMAL SYSTEMS Hannover |
| 0. | 7564 | Bruno Herpin | 00:42:37.1 | offene Klasse | 0 | 0 | GER | HannoverDachbauTeam |
| 0. | 10929 | Dirk Fügemann | 00:42:37.5 | offene Klasse | 0 | 0 | GER | Sonova Consumer Hearing |
| 0. | 11988 | Ralf Humke | 00:42:37.6 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 9540 | Marvin Kuntke | 00:42:38.2 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 3000 | Heiko Awe | 00:42:39.1 | offene Klasse | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 8493 | Frederik Otto | 00:42:39.3 | offene Klasse | 0 | 0 | GER | Kniggendorf |
| 0. | 1884 | Tobias Hein | 00:42:39.7 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 4042 | Daniel Bormann | 00:42:40.3 | offene Klasse | 0 | 0 | GER | Datatronic |
| 0. | 8495 | Kevin Pfeiffer | 00:42:40.8 | offene Klasse | 0 | 0 | GER | Kniggendorf |
| 0. | 9977 | Marvin Schreiner | 00:42:41.1 | offene Klasse | 0 | 0 | GER | Osswald 360 |
| 0. | 2857 | Tamino Thiele | 00:42:41.3 | offene Klasse | 0 | 0 | GER | Arvato |
| 0. | 3913 | Lars Schäfer | 00:42:43.8 | offene Klasse | 0 | 0 | GER | Creditreform |
| 0. | 10613 | Leo Pacios Troester | 00:42:43.9 | offene Klasse | 0 | 0 | GER | Die schnellen SCHUFA Runners |
| 0. | 11048 | Noname | 00:42:43.9 | offene Klasse | 0 | 0 | GER | Studentenwerk Hannover |
| 0. | 2458 | Jens Alfken | 00:42:43.3 | offene Klasse | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 2063 | Rainer Senning | 00:42:44.5 | offene Klasse | 0 | 0 | GER | sharesuite |
| 0. | 6697 | Arsalan Vadoudi | 00:42:44.7 | offene Klasse | 0 | 0 | GER | Hannover Congress Centrum |
| 0. | 2448 | Torsten Richter | 00:42:45.1 | offene Klasse | 0 | 0 | GER | 3B |
| 0. | 7796 | Philipp Miedza | 00:42:45.6 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 2943 | No Name | 00:42:46.1 | offene Klasse | 0 | 0 | GER | Wirtschaftstraum Hannover |
| 0. | 2218 | Felix Erbe | 00:42:46.5 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 11702 | Enver Mjeku | 00:42:47.1 | offene Klasse | 0 | 0 | GER | ÜSTRA AG |
| 0. | 2064 | Michael Weißmann | 00:42:47.2 | offene Klasse | 0 | 0 | GER | sharesuite |
| 0. | 8812 | Noname | 00:42:47.9 | offene Klasse | 0 | 0 | GER | KSB INTAX |
| 0. | 3251 | Bilal Al Homsy | 00:42:48.3 | offene Klasse | 0 | 0 | GER | becker+flöge GmbH |
| 0. | 5110 | Nicolas Hans Grad | 00:42:50.5 | offene Klasse | 0 | 0 | GER | Ecovis Hannover |
| 0. | 6512 | Noname | 00:42:51.2 | offene Klasse | 0 | 0 | GER | Hannover 96 Arena GmbH & Co. KG |
| 0. | 1012 | Wolfgang Pieper | 00:42:53.6 | offene Klasse | 0 | 0 | GER | dogado GmbH |
| 0. | 11138 | Marcel Dannenbaum | 00:42:53.9 | offene Klasse | 0 | 0 | GER | TAIFUN Software |
| 0. | 3381 | Lennart Seeliger | 00:42:55.6 | offene Klasse | 0 | 0 | GER | BImA |
| 0. | 8325 | Axel Umbach | 00:42:55.6 | offene Klasse | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 5999 | Noname | 00:42:57.1 | offene Klasse | 0 | 0 | GER | Genoverband e. V. |
| 0. | 7892 | Per Stricker | 00:42:57.5 | offene Klasse | 0 | 0 | GER | ITGAIN Consulting GmbH |
| 0. | 9648 | Christoph Putzer | 00:42:57.6 | offene Klasse | 0 | 0 | GER | NiedersachsenMetall |
| 0. | 12179 | Elias Ahbib | 00:42:57.6 | offene Klasse | 0 | 0 | GER | Vincentz Network |
| 0. | 12524 | Bjarne Rogalski | 00:42:57.6 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 12806 | Jean-Marcel Kahlhöfer | 00:42:57.8 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Group |
| 0. | 5647 | Erfan Kazem | 00:42:57.9 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 10467 | Noname | 00:42:57.9 | offene Klasse | 0 | 0 | GER | riera - elektrisiert |
| 0. | 9620 | Noname | 00:42:58.3 | offene Klasse | 0 | 0 | GER | NBB Fachmärkte |
| 0. | 6001 | Tim Näfe | 00:42:58.5 | offene Klasse | 0 | 0 | GER | Genoverband e. V. |
| 0. | 5724 | Nils Remmert | 00:42:58.5 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 5990 | Noname | 00:42:58.6 | offene Klasse | 0 | 0 | GER | Genoverband e. V. |
| 0. | 10468 | Noname | 00:42:59.5 | offene Klasse | 0 | 0 | GER | riera - elektrisiert |
| 0. | 12828 | Jan Schneemann | 00:42:59.6 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Group |
| 0. | 10603 | Thivakaran Ravichandran | 00:43:00.1 | offene Klasse | 0 | 0 | GER | Schmitt + Sohn Aufzüge |
| 0. | 7937 | Martin Hintz | 00:43:01.1 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 8497 | Turan Soyly | 00:43:02.1 | offene Klasse | 0 | 0 | GER | Kniggendorf |
| 0. | 4950 | Matthias Hörl | 00:43:02.5 | offene Klasse | 0 | 0 | GER | Dialyse-Hannover.de |

| | | | | | | | | |
|----|-------|-----------------------------|------------|---------------|---|---|-----|-----------------------------------|
| 0. | 11719 | Gerald Knoch | 00:43:02.8 | offene Klasse | 0 | 0 | GER | ÜSTRA AG |
| 0. | 10314 | André Von Hören | 00:43:03.1 | offene Klasse | 0 | 0 | GER | qnips |
| 0. | 4298 | Simon Thurmwald | 00:43:03.1 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 1648 | Mats Wegener | 00:43:03.4 | offene Klasse | 0 | 0 | GER | Team Kienast Unternehmensgruppe |
| 0. | 4127 | David Czok | 00:43:03.6 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 803 | Sven Jänichen | 00:43:05.1 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 8499 | Christian Thelen | 00:43:05.6 | offene Klasse | 0 | 0 | GER | Kniggendorf |
| 0. | 5063 | Saef Mane Awad | 00:43:05.6 | offene Klasse | 0 | 0 | GER | DSG |
| 0. | 1735 | Paul Baumann | 00:43:06.6 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 1521 | Marco Thiedmann | 00:43:07.8 | offene Klasse | 0 | 0 | GER | Hanno Werk GmbH & Co. KG |
| 0. | 9474 | Thomas Kindling | 00:43:09.0 | offene Klasse | 0 | 0 | GER | Modulat Leasing AG |
| 0. | 4606 | Steffen Ebert | 00:43:09.6 | offene Klasse | 0 | 0 | GER | apoBank Hannover |
| 0. | 9065 | Ansgar Lüpke | 00:43:09.6 | offene Klasse | 0 | 0 | GER | LPKF Laser & Electronics SE |
| 0. | 7839 | Sascha Rühmann | 00:43:09.7 | offene Klasse | 0 | 0 | GER | i-unit group |
| 0. | 2615 | Jan Szimmuck | 00:43:10.3 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 7038 | Linus Hoffmann | 00:43:10.5 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 10640 | Adrian Walter | 00:43:10.6 | offene Klasse | 0 | 0 | GER | medi terra |
| 0. | 4614 | Andreas Hinsching | 00:43:10.6 | offene Klasse | 0 | 0 | GER | apoBank Hannover |
| 0. | 8781 | No name | 00:43:11.7 | offene Klasse | 0 | 0 | GER | Kraftwerk |
| 0. | 12450 | No Name | 00:43:12.1 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 10636 | Shounny Moreira | 00:43:12.6 | offene Klasse | 0 | 0 | GER | medi terra |
| 0. | 12397 | Jan Hennig | 00:43:13.0 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 6915 | Tom Luca Brennecke | 00:43:13.4 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 5018 | Efstathios Sidiropoulos | 00:43:13.6 | offene Klasse | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 7866 | Maximilian Riekenberg | 00:43:13.7 | offene Klasse | 0 | 0 | GER | IP SYSCON SPORTS |
| 0. | 7927 | Julian Pradel | 00:43:13.8 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 9191 | Victor-Lennart Weitling | 00:43:13.9 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 51360 | No name | 00:43:13.9 | offene Klasse | 0 | 0 | GER | SV EIME DAMEN |
| 0. | 8541 | Dustin Rose | 00:43:14.5 | offene Klasse | 0 | 0 | GER | KOMATSU |
| 0. | 1712 | Richard-Benedikt Kindsvater | 00:43:14.6 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 4528 | Henning Engel | 00:43:14.8 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 5005 | Lampros Nakos | 00:43:14.8 | offene Klasse | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 2730 | Martin Raebesch | 00:43:15.7 | offene Klasse | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 5027 | Mabafei Patasse | 00:43:16.0 | offene Klasse | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 2410 | No name | 00:43:17.3 | offene Klasse | 0 | 0 | GER | Du läufst hinter - Willenbrock |
| 0. | 4788 | Kai Wendelken | 00:43:17.5 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 2409 | No name | 00:43:18.4 | offene Klasse | 0 | 0 | GER | Du läufst hinter - Willenbrock |
| 0. | 4754 | Jens Meyer | 00:43:18.5 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 10718 | Thorsten Rust | 00:43:18.8 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 11834 | No Name | 00:43:18.8 | offene Klasse | 0 | 0 | GER | VetZ GmbH |
| 0. | 3545 | Tom Baumöller | 00:43:19.3 | offene Klasse | 0 | 0 | GER | CG CHEMIKALIEN |
| 0. | 9403 | Daniel Sommer | 00:43:20.6 | offene Klasse | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 6980 | Florian Gardewin | 00:43:22.3 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 3424 | Daniel Schornagel | 00:43:22.8 | offene Klasse | 0 | 0 | GER | Team Whopper |
| 0. | 7852 | Christian Schröder | 00:43:23.1 | offene Klasse | 0 | 0 | GER | Interhyp AG |
| 0. | 3583 | Finn Carus | 00:43:24.1 | offene Klasse | 0 | 0 | GER | winkler Unternehmensgruppe |
| 0. | 12764 | No name | 00:43:24.7 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 12756 | Dmitrij Senkewitsch | 00:43:25.2 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 5081 | Bastian Dörnte | 00:43:25.2 | offene Klasse | 0 | 0 | GER | EBRC running mates |
| 0. | 11782 | Johannes Dietze | 00:43:25.3 | offene Klasse | 0 | 0 | GER | Scharnhorst |
| 0. | 8841 | Andreas Lerch | 00:43:25.4 | offene Klasse | 0 | 0 | GER | KSG Hannover - back in town |
| 0. | 4782 | Fabian Stieg | 00:43:27.5 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 10175 | No Name | 00:43:27.6 | offene Klasse | 0 | 0 | GER | PreussenElektra GmbH |

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|----|-------|------------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 3154 | Yu Huang | 00:43:27.9 | offene Klasse | 0 | 0 | GER | Waygate Technologies |
| 0. | 8507 | -Daniel Scholz | 00:43:28.1 | offene Klasse | 0 | 0 | GER | Koch & Kollegen |
| 0. | 6665 | Nico Vicente Romero | 00:43:28.4 | offene Klasse | 0 | 0 | GER | AGS |
| 0. | 2848 | Tobias Lengsfeld | 00:43:28.6 | offene Klasse | 0 | 0 | GER | Arvato |
| 0. | 12642 | Noname | 00:43:28.9 | offene Klasse | 0 | 0 | GER | VSM |
| 0. | 9178 | Ole Rottmann | 00:43:29.6 | offene Klasse | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 2030 | Philipp Gurjanov | 00:43:29.8 | offene Klasse | 0 | 0 | GER | ROLAND Rechtsschutz-Versicherungs-AG |
| 0. | 12639 | Noname | 00:43:30.4 | offene Klasse | 0 | 0 | GER | VSM |
| 0. | 8504 | -Tino Koch | 00:43:30.7 | offene Klasse | 0 | 0 | GER | Koch & Kollegen |
| 0. | 9511 | Noname | 00:43:31.0 | offene Klasse | 0 | 0 | GER | MOSAIK architekt:innen |
| 0. | 6651 | No Name | 00:43:31.1 | offene Klasse | 0 | 0 | GER | AGS |
| 0. | 12653 | Marcel Rochow | 00:43:31.7 | offene Klasse | 0 | 0 | GER | W. Hippke & Partner |
| 0. | 8506 | -Maxi Schalkowski | 00:43:34.8 | offene Klasse | 0 | 0 | GER | Koch & Kollegen |
| 0. | 10641 | Andreas Walter | 00:43:35.4 | offene Klasse | 0 | 0 | GER | medi terra |
| 0. | 10429 | Mert Kaya | 00:43:35.9 | offene Klasse | 0 | 0 | GER | reinisch |
| 0. | 11235 | Joachim Maass | 00:43:36.4 | offene Klasse | 0 | 0 | GER | TOPAS |
| 0. | 6215 | Manuel Kempe | 00:43:37.6 | offene Klasse | 0 | 0 | GER | All4Golf |
| 0. | 7831 | Leon Angerstein | 00:43:37.8 | offene Klasse | 0 | 0 | GER | i-unit group |
| 0. | 9991 | Martin Hinzmann | 00:43:39.0 | offene Klasse | 0 | 0 | GER | OPTIMAL SYSTEMS Hannover |
| 0. | 10630 | Mansur Boltaev | 00:43:39.1 | offene Klasse | 0 | 0 | GER | medi terra |
| 0. | 11193 | Sean Francisco | 00:43:39.2 | offene Klasse | 0 | 0 | GER | datatel |
| 0. | 245 | No Name | 00:43:39.6 | offene Klasse | 0 | 0 | GER | ALDI Nord |
| 0. | 7541 | Noname | 00:43:39.8 | offene Klasse | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 4080 | Riccardo Bader | 00:43:40.4 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 1634 | Andreas Seifert | 00:43:40.9 | offene Klasse | 0 | 0 | GER | itsc |
| 0. | 51378 | Noname | 00:43:41.7 | offene Klasse | 0 | 0 | GER | Nosrat Moradi |
| 0. | 5920 | Oliver Wiechens | 00:43:41.9 | offene Klasse | 0 | 0 | GER | frobese GmbH |
| 0. | 10298 | Philip Keller | 00:43:42.4 | offene Klasse | 0 | 0 | GER | Zinsflitzer |
| 0. | 10302 | Robert Waltemath | 00:43:42.4 | offene Klasse | 0 | 0 | GER | Zinsflitzer |
| 0. | 9072 | Marian Büsselberg | 00:43:43.0 | offene Klasse | 0 | 0 | GER | LPKF Laser & Electronics SE |
| 0. | 11223 | Domenik Bartsch | 00:43:44.6 | offene Klasse | 0 | 0 | GER | thyssenkrupp Plastics |
| 0. | 5071 | Jean-Pierre Brasseler | 00:43:44.9 | offene Klasse | 0 | 0 | GER | EasyPark Runners |
| 0. | 10295 | Jakob Gutekunst | 00:43:45.9 | offene Klasse | 0 | 0 | GER | Zinsflitzer |
| 0. | 10301 | Dominik Taube | 00:43:46.2 | offene Klasse | 0 | 0 | GER | Zinsflitzer |
| 0. | 4857 | Noname | 00:43:46.9 | offene Klasse | 0 | 0 | GER | Die Project Werbung GmbH |
| 0. | 12640 | Noname | 00:43:47.4 | offene Klasse | 0 | 0 | GER | VSM |
| 0. | 2586 | Claus Lamster | 00:43:47.8 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 10299 | Mathias Klein | 00:43:48.9 | offene Klasse | 0 | 0 | GER | Zinsflitzer |
| 0. | 3590 | Markus Kötter | 00:43:50.1 | offene Klasse | 0 | 0 | GER | CISPA |
| 0. | 8614 | Joen Pierre Zimmermann | 00:43:51.1 | offene Klasse | 0 | 0 | GER | Team KONE |
| 0. | 3272 | Michael Thöne-Flöge | 00:43:51.2 | offene Klasse | 0 | 0 | GER | becker+flöge GmbH |
| 0. | 9223 | Thomas Merziger | 00:43:51.4 | offene Klasse | 0 | 0 | GER | Martin Braun Sporties |
| 0. | 6059 | Noname | 00:43:51.8 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 4511 | Rebin Alo | 00:43:52.8 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 546 | Carsten Schröter | 00:43:54.4 | offene Klasse | 0 | 0 | GER | deister electronic GmbH |
| 0. | 10863 | Marcel Koltzsch | 00:43:55.1 | offene Klasse | 0 | 0 | GER | SKC Beratungsgesellschaft mbH |
| 0. | 7085 | Pete Johann Konrad | 00:43:55.6 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 9073 | Mirza Ahmed | 00:43:56.1 | offene Klasse | 0 | 0 | GER | LPKF Laser & Electronics SE |
| 0. | 11495 | Jano Martin | 00:43:56.5 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 465 | Fabian Stachon | 00:43:56.6 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 2227 | Sebastian Szych | 00:43:57.1 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 10888 | Kay Dolle | 00:43:57.9 | offene Klasse | 0 | 0 | GER | Sonepar |
| 0. | 12896 | Christian Jacob | 00:43:57.9 | offene Klasse | 0 | 0 | GER | Xcenda |

| | | | | | | | | |
|----|-------|----------------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 9429 | Noname | 00:43:59.4 | offene Klasse | 0 | 0 | GER | Michael Wessel IT läuft! |
| 0. | 12285 | Jan Kunz | 00:43:59.7 | offene Klasse | 0 | 0 | GER | Volksbank in Schaumburg und Nienburg |
| 0. | 6667 | No Name | 00:44:01.9 | offene Klasse | 0 | 0 | GER | AGS |
| 0. | 6653 | Lorenz Kiehn | 00:44:01.1 | offene Klasse | 0 | 0 | GER | AGS |
| 0. | 1721 | Tim Neubert | 00:44:03.3 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 6165 | Noname | 00:44:03.4 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 2081 | Oliver Vibrans | 00:44:03.6 | offene Klasse | 0 | 0 | GER | Silgan White Cap |
| 0. | 11414 | No Name | 00:44:04.1 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 6124 | Noname | 00:44:04.6 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 2838 | Arco Nic2 | 00:44:05.6 | offene Klasse | 0 | 0 | GER | Arconic Hannover |
| 0. | 6849 | Matthias Ziegler | 00:44:05.9 | offene Klasse | 0 | 0 | GER | Harryaner*innen |
| 0. | 10720 | Jörg Simon | 00:44:07.4 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 1474 | Stephan Merk | 00:44:07.5 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 10704 | Lutz Krause | 00:44:09.1 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 12784 | Ignat Baudach | 00:44:09.1 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Group |
| 0. | 3102 | Sören Speer | 00:44:09.8 | offene Klasse | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 12863 | Tilmar Götz | 00:44:11.1 | offene Klasse | 0 | 0 | GER | 3 wings for wind |
| 0. | 9702 | Niklas Behrens | 00:44:13.0 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 7958 | Frederic Ulrich | 00:44:13.1 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 12827 | Jannek Schmidt | 00:44:13.2 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Group |
| 0. | 9355 | Paul Capellen | 00:44:13.2 | offene Klasse | 0 | 0 | GER | Impala Sprinters |
| 0. | 2776 | No Name | 00:44:13.5 | offene Klasse | 0 | 0 | GER | Almex |
| 0. | 6578 | Lukas Aslanidis | 00:44:15.2 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 3422 | Mo Ibrahim | 00:44:17.9 | offene Klasse | 0 | 0 | GER | Team Whopper |
| 0. | 12645 | Noname | 00:44:18.3 | offene Klasse | 0 | 0 | GER | VSM |
| 0. | 12644 | Noname | 00:44:19.0 | offene Klasse | 0 | 0 | GER | VSM |
| 0. | 10669 | Tim Krause | 00:44:19.2 | offene Klasse | 0 | 0 | GER | Sennheiser electronic SE & Co. KG |
| 0. | 11376 | Gero-Francis Meyer | 00:44:19.6 | offene Klasse | 0 | 0 | GER | Arxada |
| 0. | 7283 | Mathis Smit | 00:44:19.6 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 6500 | Christian Nacke | 00:44:19.6 | offene Klasse | 0 | 0 | GER | FunIT |
| 0. | 5345 | Florian Mohnike | 00:44:20.0 | offene Klasse | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 9928 | Jan Swatek | 00:44:20.8 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 5524 | No Name | 00:44:20.9 | offene Klasse | 0 | 0 | GER | FiberBridge Photonics |
| 0. | 5913 | Christian Mercier | 00:44:21.0 | offene Klasse | 0 | 0 | GER | frobese GmbH |
| 0. | 12557 | Nils Lukas Solga | 00:44:21.6 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 12949 | Helmut Bartke-Wilke | 00:44:22.4 | offene Klasse | 0 | 0 | GER | Praxis Küppers / Lymperopoulos |
| 0. | 9561 | Noname | 00:44:22.7 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 2370 | Lukas Röhr | 00:44:23.1 | offene Klasse | 0 | 0 | GER | VISION Consulting GmbH |
| 0. | 424 | Marc Bäte | 00:44:23.8 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 9543 | Julian Lünig | 00:44:24.4 | offene Klasse | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 428 | Jörg Brunke | 00:44:24.9 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 7680 | Torsten Preuß | 00:44:27.0 | offene Klasse | 0 | 0 | GER | IKEA Deutschland GmbH & Co. KG |
| 0. | 7645 | Cristian González | 00:44:27.0 | offene Klasse | 0 | 0 | GER | IHK Hannover |
| 0. | 9084 | Björn Nothbaum | 00:44:27.1 | offene Klasse | 0 | 0 | GER | LPKF Laser & Electronics SE |
| 0. | 11186 | Noname | 00:44:27.4 | offene Klasse | 0 | 0 | GER | Techniker Krankenkasse |
| 0. | 4470 | Lukas Braun | 00:44:29.2 | offene Klasse | 0 | 0 | GER | Debeka |
| 0. | 2509 | Noname | 00:44:29.7 | offene Klasse | 0 | 0 | GER | Adastra |
| 0. | 5160 | Johannes Fritsch | 00:44:31.0 | offene Klasse | 0 | 0 | GER | M6 |
| 0. | 8551 | Sven Gromeyer | 00:44:31.3 | offene Klasse | 0 | 0 | GER | Saltis |
| 0. | 10586 | Noname | 00:44:31.6 | offene Klasse | 0 | 0 | GER | Schlütersche Mediengruppe |
| 0. | 12672 | Kleber Andres Fierro Caiza | 00:44:31.6 | offene Klasse | 0 | 0 | GER | #teamWAGNER |
| 0. | 8550 | Christian Alpers | 00:44:32.1 | offene Klasse | 0 | 0 | GER | Saltis |
| 0. | 10594 | Noname | 00:44:32.6 | offene Klasse | 0 | 0 | GER | Schlütersche Mediengruppe |

| | | | | | | | | |
|----|-------|------------------------|------------|---------------|---|---|-----|-----------------------------------|
| 0. | 5331 | Bennet Jablanovszky | 00:44:32.6 | offene Klasse | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 5380 | Tobias Pudenz | 00:44:32.9 | offene Klasse | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 1856 | Maxi Brandau | 00:44:34.0 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 8749 | Hannes Unger | 00:44:36.1 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 3297 | Steven Schudy | 00:44:36.6 | offene Klasse | 0 | 0 | GER | BG RCI |
| 0. | 2670 | Lars Stratmann | 00:44:36.9 | offene Klasse | 0 | 0 | GER | AirITSystems |
| 0. | 596 | Steven Hunter | 00:44:36.9 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 625 | Marinus Mälzer | 00:44:36.9 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 6176 | Maxim Faber | 00:44:37.4 | offene Klasse | 0 | 0 | GER | GFK Ingenieure |
| 0. | 5795 | Jannek Voßbrink | 00:44:38.4 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 1006 | Silvan Roy Franke | 00:44:40.1 | offene Klasse | 0 | 0 | GER | dogado GmbH |
| 0. | 6845 | Marcin Nowak | 00:44:42.2 | offene Klasse | 0 | 0 | GER | Harryaner*innen |
| 0. | 9078 | Alexander Stebe | 00:44:42.6 | offene Klasse | 0 | 0 | GER | LPKF Laser & Electronics SE |
| 0. | 1002 | Volkan Altun | 00:44:43.4 | offene Klasse | 0 | 0 | GER | dogado GmbH |
| 0. | 7957 | Lucas Dieguez | 00:44:46.0 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 9448 | Sascha Enax | 00:44:46.7 | offene Klasse | 0 | 0 | GER | MKG Kirchrode & Die Narkoseprofis |
| 0. | 1816 | Jost Johann Kriete | 00:44:47.1 | offene Klasse | 0 | 0 | GER | LVBZ Steuerberatung |
| 0. | 10591 | Noname | 00:44:47.6 | offene Klasse | 0 | 0 | GER | Schlütersche Mediengruppe |
| 0. | 4059 | Marvin Malorny | 00:44:47.9 | offene Klasse | 0 | 0 | GER | DATEV eG |
| 0. | 1248 | Matthias Hanke | 00:44:47.9 | offene Klasse | 0 | 0 | GER | ehb electronics gmbh |
| 0. | 8204 | Oliver Toben | 00:44:48.0 | offene Klasse | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 8513 | Daniel Heitmüller | 00:44:48.2 | offene Klasse | 0 | 0 | GER | Kochstrasse |
| 0. | 1814 | Nico Evers | 00:44:48.4 | offene Klasse | 0 | 0 | GER | LVBZ Steuerberatung |
| 0. | 2724 | Dennis Podeszwa | 00:44:48.6 | offene Klasse | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 10598 | Noname | 00:44:50.3 | offene Klasse | 0 | 0 | GER | Schlütersche Mediengruppe |
| 0. | 7742 | Noname | 00:44:50.4 | offene Klasse | 0 | 0 | GER | imug |
| 0. | 8343 | Tomas Zukauskas | 00:44:52.5 | offene Klasse | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 9444 | Holger Moysich | 00:44:52.7 | offene Klasse | 0 | 0 | GER | MKG Kirchrode & Die Narkoseprofis |
| 0. | 3217 | Daniel Hasch | 00:44:52.7 | offene Klasse | 0 | 0 | GER | BDH Klinik Hessisch Oldendorf |
| 0. | 8782 | Noname | 00:44:52.9 | offene Klasse | 0 | 0 | GER | Kraftwerk |
| 0. | 1955 | Andrej Stachewitz | 00:44:53.6 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 2118 | Gerrit Lippe | 00:44:54.8 | offene Klasse | 0 | 0 | GER | top itservices AG |
| 0. | 2324 | Jan Becker | 00:44:55.7 | offene Klasse | 0 | 0 | GER | Viatrix |
| 0. | 1335 | Uwe Kolkmann | 00:44:56.3 | offene Klasse | 0 | 0 | GER | GEA B2Run-Team |
| 0. | 10637 | Alex Walter | 00:44:56.6 | offene Klasse | 0 | 0 | GER | medi terra |
| 0. | 3362 | Adam Botor | 00:44:56.6 | offene Klasse | 0 | 0 | GER | BOTOR TROJAN & PARTNERS StBG mbH |
| 0. | 2250 | Eugen Klink | 00:44:56.6 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 8508 | Teve Frederik Ahrens | 00:44:58.7 | offene Klasse | 0 | 0 | GER | Kochstrasse |
| 0. | 4508 | Stefan Klitscher | 00:44:58.9 | offene Klasse | 0 | 0 | GER | DEGENER // ars mundi // ARTES |
| 0. | 10532 | Fabian Grothe | 00:44:59.5 | offene Klasse | 0 | 0 | GER | Rudolf Architekten |
| 0. | 4083 | Christian Bartling | 00:44:59.6 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 2937 | Noname | 00:45:00.4 | offene Klasse | 0 | 0 | GER | AUCOTEC AG |
| 0. | 11036 | Henry Nandzik | 00:45:00.6 | offene Klasse | 0 | 0 | GER | STR8 events |
| 0. | 10490 | Mohamed E. F. Elareibi | 00:45:01.1 | offene Klasse | 0 | 0 | GER | Röntgenpraxis am Marstall |
| 0. | 11032 | Jan Anders | 00:45:01.3 | offene Klasse | 0 | 0 | GER | STR8 events |
| 0. | 119 | Tim Meibes | 00:45:01.4 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 8514 | Timo Kahl | 00:45:02.0 | offene Klasse | 0 | 0 | GER | Kochstrasse |
| 0. | 2786 | Noname | 00:45:02.3 | offene Klasse | 0 | 0 | GER | Team Alterric |
| 0. | 11038 | Torben Schwiening | 00:45:02.5 | offene Klasse | 0 | 0 | GER | STR8 events |
| 0. | 7891 | Simon Gravel | 00:45:03.1 | offene Klasse | 0 | 0 | GER | ITGAIN Consulting GmbH |
| 0. | 9984 | Tobias Bisgwa | 00:45:03.1 | offene Klasse | 0 | 0 | GER | OPTIMAL SYSTEMS Hannover |
| 0. | 1752 | Noname | 00:45:03.6 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 11040 | Simon Ulbrich | 00:45:03.8 | offene Klasse | 0 | 0 | GER | STR8 events |

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|----|-------|-----------------------|------------|---------------|---|---|-----|----------------------------------|
| 0. | 6360 | Leon Munaretto | 00:45:03.9 | offene Klasse | 0 | 0 | GER | Hagen Brandschutz |
| 0. | 8090 | Pal Lorinczi | 00:45:04.5 | offene Klasse | 0 | 0 | GER | Team Haus am See |
| 0. | 1491 | Florian Umbach | 00:45:04.6 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 4150 | Axel Fehse | 00:45:04.8 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 9988 | Lukas Gorzolka | 00:45:05.5 | offene Klasse | 0 | 0 | GER | OPTIMAL SYSTEMS Hannover |
| 0. | 11041 | Mirko Voges | 00:45:06.1 | offene Klasse | 0 | 0 | GER | STR8 events |
| 0. | 3869 | Christoph Sundermeier | 00:45:06.6 | offene Klasse | 0 | 0 | GER | Running CONTURies |
| 0. | 8509 | Kerry Bartels | 00:45:06.7 | offene Klasse | 0 | 0 | GER | Kochstrasse |
| 0. | 1009 | Erden Kertmen | 00:45:07.1 | offene Klasse | 0 | 0 | GER | dogado GmbH |
| 0. | 8670 | Marwin Burkert | 00:45:08.1 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 1807 | Emmanuel Nwaozuzu | 00:45:08.9 | offene Klasse | 0 | 0 | GER | #WeAreLutz |
| 0. | 11853 | Tobias Zillich | 00:45:09.3 | offene Klasse | 0 | 0 | GER | VetZ GmbH |
| 0. | 6503 | Noname | 00:45:09.4 | offene Klasse | 0 | 0 | GER | Hannover 96 Arena GmbH & Co. KG |
| 0. | 2095 | Maxim Schmalz | 00:45:09.9 | offene Klasse | 0 | 0 | GER | Storengy |
| 0. | 8512 | Hannes Buchholz | 00:45:11.9 | offene Klasse | 0 | 0 | GER | Kochstrasse |
| 0. | 7620 | Adrian Parucha | 00:45:12.2 | offene Klasse | 0 | 0 | GER | IG Metallteam |
| 0. | 11872 | Fabio Impellizzeri | 00:45:12.2 | offene Klasse | 0 | 0 | GER | VGH Versicherungen |
| 0. | 3164 | Nils Rothe | 00:45:13.6 | offene Klasse | 0 | 0 | GER | Waygate Technologies |
| 0. | 8402 | Fabian Hohmann | 00:45:15.1 | offene Klasse | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 10924 | Qays Al Keero | 00:45:15.8 | offene Klasse | 0 | 0 | GER | Sonova Consumer Hearing |
| 0. | 7613 | Kevin Krzempek | 00:45:16.2 | offene Klasse | 0 | 0 | GER | IG Metallteam |
| 0. | 7703 | Klaas Windmölller | 00:45:18.1 | offene Klasse | 0 | 0 | GER | Cool down... |
| 0. | 8997 | Kenny Macasero | 00:45:18.4 | offene Klasse | 0 | 0 | GER | Lebenshilfe Langenhagen-Wedemark |
| 0. | 4707 | Wolfram Ermlich | 00:45:21.6 | offene Klasse | 0 | 0 | GER | Hermesläufer |
| 0. | 4482 | Kirsan Kiritharan | 00:45:22.0 | offene Klasse | 0 | 0 | GER | Debeka |
| 0. | 10821 | Heinz Pahl | 00:45:23.9 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 304 | Mustafa Cakir | 00:45:24.8 | offene Klasse | 0 | 0 | GER | AntonPaar OptoTec GmbH |
| 0. | 2112 | Nik Alizadeh | 00:45:26.0 | offene Klasse | 0 | 0 | GER | top itservices AG |
| 0. | 6063 | Noname | 00:45:27.2 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 6781 | Harald Matzke | 00:45:27.7 | offene Klasse | 0 | 0 | GER | Hannoversche Volksbank |
| 0. | 6064 | Noname | 00:45:28.3 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 10322 | Levent Coknez | 00:45:28.4 | offene Klasse | 0 | 0 | GER | R+V Allgemeine Versicherung AG |
| 0. | 129 | No Name | 00:45:28.6 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 10891 | Tom Gerber | 00:45:30.1 | offene Klasse | 0 | 0 | GER | Sonepar |
| 0. | 11984 | Sebastian Hohlfeld | 00:45:30.4 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 10335 | Timo Rowold | 00:45:31.3 | offene Klasse | 0 | 0 | GER | R+V Allgemeine Versicherung AG |
| 0. | 3506 | Maik-Manuel Melcher | 00:45:31.6 | offene Klasse | 0 | 0 | GER | Capgemini Deutschland GmbH |
| 0. | 3291 | Nils Bauer | 00:45:32.8 | offene Klasse | 0 | 0 | GER | BG RCI |
| 0. | 4206 | Louis Hollasch | 00:45:33.4 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 12130 | Mike Swatschina | 00:45:33.8 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 11053 | Noname | 00:45:34.9 | offene Klasse | 0 | 0 | GER | Studentenwerk Hannover |
| 0. | 1217 | Noname | 00:45:36.9 | offene Klasse | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 260 | Alexander Holzki | 00:45:37.3 | offene Klasse | 0 | 0 | GER | Amadeus Fire |
| 0. | 12060 | Mike Nowotny | 00:45:37.3 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 9569 | Silas Taherian | 00:45:37.4 | offene Klasse | 0 | 0 | GER | MTB GmbH |
| 0. | 3406 | Carsten Seidel | 00:45:37.8 | offene Klasse | 0 | 0 | GER | Bundessortenamt |
| 0. | 1303 | Robert Kamolz | 00:45:37.9 | offene Klasse | 0 | 0 | GER | Gasunie |
| 0. | 12846 | Marc Nemela | 00:45:40.0 | offene Klasse | 0 | 0 | GER | Steuerspatzen |
| 0. | 9364 | Olaf Granobs | 00:45:42.6 | offene Klasse | 0 | 0 | GER | Meihorst und Partner |
| 0. | 2086 | Marc Hennigs | 00:45:42.6 | offene Klasse | 0 | 0 | GER | Storengy |
| 0. | 3416 | Hans Fux | 00:45:43.1 | offene Klasse | 0 | 0 | GER | Team Whopper |
| 0. | 3340 | Noname | 00:45:44.1 | offene Klasse | 0 | 0 | GER | BMW Hannover |
| 0. | 1868 | Philip Dahlke | 00:45:44.2 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |

| | | | | | | | | |
|----|-------|-----------------------|------------|---------------|---|---|-----|--|
| 0. | 2826 | Jonas Meyer | 00:45:44.7 | offene Klasse | 0 | 0 | GER | Kidizeit Hannover |
| 0. | 5303 | Steffen Schroth | 00:45:44.9 | offene Klasse | 0 | 0 | GER | Engel & Völkers Commercial |
| 0. | 4735 | Sebastian Hüttersen | 00:45:45.9 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 4794 | Johann-Ryan Zur Horst | 00:45:46.0 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 1700 | Noname | 00:45:46.0 | offene Klasse | 0 | 0 | GER | Knauf Interfer Stahl Service Center GmbH |
| 0. | 2531 | Jonas Von Glahn | 00:45:46.7 | offene Klasse | 0 | 0 | GER | adesso |
| 0. | 3353 | Noname | 00:45:47.4 | offene Klasse | 0 | 0 | GER | BMW Hannover |
| 0. | 3354 | Noname | 00:45:48.4 | offene Klasse | 0 | 0 | GER | BMW Hannover |
| 0. | 12477 | Patrick Meyer | 00:45:48.6 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 3346 | Noname | 00:45:49.7 | offene Klasse | 0 | 0 | GER | BMW Hannover |
| 0. | 10765 | Fabian Kern | 00:45:50.2 | offene Klasse | 0 | 0 | GER | SHP Ingenieure |
| 0. | 159 | Christoph Mahner | 00:45:50.9 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 2771 | No Name | 00:45:51.9 | offene Klasse | 0 | 0 | GER | Almex |
| 0. | 294 | Nick Moser | 00:45:52.1 | offene Klasse | 0 | 0 | GER | Amazon HAJ8 |
| 0. | 5976 | Bjerke Gfrörer | 00:45:52.3 | offene Klasse | 0 | 0 | GER | GJW NOS |
| 0. | 5978 | Niklas Kapelle | 00:45:53.1 | offene Klasse | 0 | 0 | GER | GJW NOS |
| 0. | 5977 | Felix Jährig | 00:45:54.3 | offene Klasse | 0 | 0 | GER | GJW NOS |
| 0. | 1121 | Noname | 00:45:57.6 | offene Klasse | 0 | 0 | GER | DRK-Region Hannover e.V. |
| 0. | 9972 | Wencke Krüger | 00:45:58.9 | offene Klasse | 0 | 0 | GER | Osswald 360 |
| 0. | 12125 | Sven-Philipp Stoltze | 00:45:59.4 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 11318 | Sascha Nisse | 00:45:59.6 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 10700 | Kai Jutzi | 00:46:01.1 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 1342 | Juri Zosim | 00:46:01.1 | offene Klasse | 0 | 0 | GER | GEA B2Run-Team |
| 0. | 10435 | Ole Buchholz | 00:46:04.8 | offene Klasse | 0 | 0 | GER | REMONDIS Industrie Service |
| 0. | 3829 | Andreas Wilkening | 00:46:05.1 | offene Klasse | 0 | 0 | GER | Team Concordia |
| 0. | 5171 | Malte Leideck | 00:46:11.1 | offene Klasse | 0 | 0 | GER | Mohmühle96 |
| 0. | 5173 | Thomas Naujock | 00:46:11.3 | offene Klasse | 0 | 0 | GER | Mohmühle96 |
| 0. | 1818 | Till-Yarick Misfeldt | 00:46:12.6 | offene Klasse | 0 | 0 | GER | LVBZ Steuerberatung |
| 0. | 7576 | Daniel Meyer | 00:46:12.9 | offene Klasse | 0 | 0 | GER | IC-L Ingenieur Consulting Langenh. |
| 0. | 12588 | Till Uhlmann | 00:46:13.1 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 7422 | Sandro Kubern | 00:46:14.1 | offene Klasse | 0 | 0 | GER | Heinz von Heiden GmbH Massivhäuser |
| 0. | 12663 | Jens Büchler | 00:46:14.4 | offene Klasse | 0 | 0 | GER | #teamWAGNER |
| 0. | 177 | Jens Schulze | 00:46:16.4 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 9982 | Tarik Bajramovic | 00:46:18.0 | offene Klasse | 0 | 0 | GER | OPTIMAL SYSTEMS Hannover |
| 0. | 4741 | Sascha Koch | 00:46:18.9 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 11789 | Moritz Maske | 00:46:20.4 | offene Klasse | 0 | 0 | GER | V-LINE EUROPE |
| 0. | 8991 | Malte Jäger | 00:46:21.3 | offene Klasse | 0 | 0 | GER | Lebenshilfe Langenhagen-Wedemark |
| 0. | 880 | Lennart Ocholt | 00:46:24.0 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 11694 | Heiko Kölling | 00:46:24.1 | offene Klasse | 0 | 0 | GER | ÜSTRA AG |
| 0. | 4517 | Noname | 00:46:24.3 | offene Klasse | 0 | 0 | GER | Deloitte |
| 0. | 7818 | Pawel Gamballa | 00:46:25.4 | offene Klasse | 0 | 0 | GER | WIA-Runner |
| 0. | 1384 | Lane Stoschek | 00:46:26.6 | offene Klasse | 0 | 0 | GER | Gemeinde Isernhagen |
| 0. | 4768 | Arsenii Pisarev | 00:46:30.5 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 8531 | Hüsnü Genc | 00:46:30.7 | offene Klasse | 0 | 0 | GER | KOMATSU |
| 0. | 106 | Marco Ulbrich | 00:46:30.9 | offene Klasse | 0 | 0 | GER | AGILA Haustierversicherung AG |
| 0. | 12073 | Martin Püschel | 00:46:33.8 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 3616 | No Name | 00:46:34.6 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 3672 | Eugen Lupp | 00:46:36.9 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 9979 | Christina Sonntag | 00:46:37.8 | offene Klasse | 0 | 0 | GER | Osswald 360 |
| 0. | 1007 | Maurice Galuba | 00:46:38.9 | offene Klasse | 0 | 0 | GER | dogado GmbH |
| 0. | 11011 | Colin Schulz | 00:46:39.6 | offene Klasse | 0 | 0 | GER | Stadt Sehnde |
| 0. | 1578 | Philipp Zinke | 00:46:39.9 | offene Klasse | 0 | 0 | GER | heise - eine Antwort weiter |
| 0. | 4537 | Jonas Hintze | 00:46:40.1 | offene Klasse | 0 | 0 | GER | Deloitte |

| | | | | | | | | |
|----|-------|-----------------------|------------|---------------|---|---|-----|---|
| 0. | 11012 | Niko Seifert | 00:46:40.8 | offene Klasse | 0 | 0 | GER | Stadt Sehnde |
| 0. | 11828 | Marcel Bollenbach | 00:46:42.1 | offene Klasse | 0 | 0 | GER | VetZ GmbH |
| 0. | 7788 | Michael Kamm | 00:46:42.6 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 11008 | Holger Kunde | 00:46:43.3 | offene Klasse | 0 | 0 | GER | Stadt Sehnde |
| 0. | 10130 | Christoph Schädel | 00:46:46.6 | offene Klasse | 0 | 0 | GER | PKF TREUWERK |
| 0. | 6242 | Renato Harambasic | 00:46:50.9 | offene Klasse | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 10999 | Wolfgang Bruns | 00:46:51.3 | offene Klasse | 0 | 0 | GER | Stadt Sehnde |
| 0. | 7684 | Matthias Schwarze | 00:46:53.0 | offene Klasse | 0 | 0 | GER | IKEA Deutschland GmbH & Co. KG |
| 0. | 8815 | Noname | 00:46:53.4 | offene Klasse | 0 | 0 | GER | KSB INTAX |
| 0. | 11184 | Noname | 00:46:53.5 | offene Klasse | 0 | 0 | GER | Techniker Krankenkasse |
| 0. | 8816 | Noname | 00:46:54.4 | offene Klasse | 0 | 0 | GER | KSB INTAX |
| 0. | 8019 | Ivo Sucur | 00:46:54.8 | offene Klasse | 0 | 0 | GER | KAG - The Endurance Runners |
| 0. | 7808 | Marco Sievers | 00:46:55.1 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 509 | Noname | 00:46:55.1 | offene Klasse | 0 | 0 | GER | CGM Team Hannover |
| 0. | 10133 | Tom Schmidt | 00:46:55.1 | offene Klasse | 0 | 0 | GER | PKF TREUWERK |
| 0. | 8830 | Noname | 00:46:55.4 | offene Klasse | 0 | 0 | GER | KSB INTAX |
| 0. | 4870 | Hans Tapfer | 00:46:56.2 | offene Klasse | 0 | 0 | GER | digital.manufaktur GmbH |
| 0. | 12781 | Stefan Wallis | 00:46:56.3 | offene Klasse | 0 | 0 | GER | Weiss IT - Runner |
| 0. | 3509 | Josua Rösener | 00:46:56.8 | offene Klasse | 0 | 0 | GER | Capgemini Deutschland GmbH |
| 0. | 7756 | Eugen Bohdan | 00:46:57.0 | offene Klasse | 0 | 0 | GER | Value-Add Racing Team |
| 0. | 8766 | Noname | 00:46:57.2 | offene Klasse | 0 | 0 | GER | Kraftwerk |
| 0. | 12742 | Michael Henke | 00:46:58.3 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 6191 | Serkan Kilic | 00:46:59.7 | offene Klasse | 0 | 0 | GER | GFK Ingenieure |
| 0. | 3553 | Jens Jung | 00:47:00.1 | offene Klasse | 0 | 0 | GER | CG CHEMIKALIEN |
| 0. | 10887 | Paul-Niklas Bruchmann | 00:47:01.1 | offene Klasse | 0 | 0 | GER | Sonepar |
| 0. | 6179 | Niklas Skopek | 00:47:01.3 | offene Klasse | 0 | 0 | GER | GFK Ingenieure |
| 0. | 6180 | Narek Markarjan | 00:47:01.9 | offene Klasse | 0 | 0 | GER | GFK Ingenieure |
| 0. | 8770 | Noname | 00:47:02.9 | offene Klasse | 0 | 0 | GER | Kraftwerk |
| 0. | 6056 | Noname | 00:47:04.8 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 11058 | Yannick Aldag | 00:47:04.9 | offene Klasse | 0 | 0 | GER | Sunshine Energieberatung |
| 0. | 51361 | Noname | 00:47:05.9 | offene Klasse | 0 | 0 | GER | SV EIME DAMEN |
| 0. | 51359 | Noname | 00:47:06.9 | offene Klasse | 0 | 0 | GER | SV EIME DAMEN |
| 0. | 3885 | Noname | 00:47:07.7 | offene Klasse | 0 | 0 | GER | Courtyard by Marriott Hannover Maschsee |
| 0. | 3872 | Moritz Heptner | 00:47:09.4 | offene Klasse | 0 | 0 | GER | Courtyard by Marriott Hannover Maschsee |
| 0. | 7784 | Dmitri Diener | 00:47:10.8 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 407 | Tim Garbers | 00:47:12.1 | offene Klasse | 0 | 0 | GER | CarUnion Runners |
| 0. | 3344 | Noname | 00:47:12.2 | offene Klasse | 0 | 0 | GER | BMW Hannover |
| 0. | 4761 | Hussein Nassereddine | 00:47:14.1 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 6851 | Granit Berisha | 00:47:14.1 | offene Klasse | 0 | 0 | GER | Hays Hannover |
| 0. | 1850 | Alexander Antesberger | 00:47:14.7 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 3205 | Vitalii Holovnia | 00:47:15.7 | offene Klasse | 0 | 0 | GER | BDH Klinik Hessisch Oldendorf |
| 0. | 3343 | Noname | 00:47:15.9 | offene Klasse | 0 | 0 | GER | BMW Hannover |
| 0. | 3233 | Adrian Benke | 00:47:16.2 | offene Klasse | 0 | 0 | GER | laufend prüfen |
| 0. | 2810 | Holger Zagst | 00:47:18.3 | offene Klasse | 0 | 0 | GER | Alvotech Hannover |
| 0. | 11213 | Tarek Apostel | 00:47:19.0 | offene Klasse | 0 | 0 | GER | Therapeuticum Gehrden |
| 0. | 4422 | Andre Niehoff | 00:47:20.6 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 4719 | Lutz Döpke | 00:47:22.4 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 2837 | Arco Nic1 | 00:47:23.3 | offene Klasse | 0 | 0 | GER | Arconic Hannover |
| 0. | 1077 | Kilian Meyer | 00:47:24.8 | offene Klasse | 0 | 0 | GER | DRK-Region Hannover e.V. |
| 0. | 12633 | Noname | 00:47:25.8 | offene Klasse | 0 | 0 | GER | VSM |
| 0. | 5723 | Meiko Remiorz | 00:47:27.1 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 1360 | Noredine Gumz | 00:47:27.9 | offene Klasse | 0 | 0 | GER | Gemeinde Isernhagen |
| 0. | 6108 | Noname | 00:47:29.6 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |

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|----|-------|----------------------------------|------------|---------------|---|---|-----|---------------------------------|
| 0. | 3415 | Ali Shah | 00:47:29.6 | offene Klasse | 0 | 0 | GER | Team Whopper |
| 0. | 2878 | Khaled Baako | 00:47:30.2 | offene Klasse | 0 | 0 | GER | Arvato |
| 0. | 7628 | Kevin Stilger | 00:47:30.8 | offene Klasse | 0 | 0 | GER | IG Metallteam |
| 0. | 12691 | Sebastian Mente | 00:47:30.8 | offene Klasse | 0 | 0 | GER | #teamWAGNER |
| 0. | 3129 | Alexander Kraft | 00:47:31.6 | offene Klasse | 0 | 0 | GER | Bahr Modultechnik GmbH |
| 0. | 11530 | Joao Belo | 00:47:32.6 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 8401 | Dennis Hoffmann | 00:47:34.9 | offene Klasse | 0 | 0 | GER | Klinikum Warendorff GmbH |
| 0. | 6865 | No Name | 00:47:35.2 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 11413 | Tolga Caglayan | 00:47:35.5 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 11274 | Björn Bergau | 00:47:35.9 | offene Klasse | 0 | 0 | GER | TTB-Runners |
| 0. | 3408 | Dominik Von Berg | 00:47:37.1 | offene Klasse | 0 | 0 | GER | Bundessortenamt |
| 0. | 12634 | Noname | 00:47:38.6 | offene Klasse | 0 | 0 | GER | VSM |
| 0. | 2076 | Lukas Schmitke | 00:47:40.1 | offene Klasse | 0 | 0 | GER | Silgan White Cap |
| 0. | 12638 | Noname | 00:47:41.7 | offene Klasse | 0 | 0 | GER | VSM |
| 0. | 9999 | Jan Winkelmann | 00:47:42.5 | offene Klasse | 0 | 0 | GER | OPTIMAL SYSTEMS Hannover |
| 0. | 442 | Andreas Hofmann | 00:47:42.9 | offene Klasse | 0 | 0 | GER | CBR Service GmbH |
| 0. | 1714 | Karsten Köpp | 00:47:48.4 | offene Klasse | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 10266 | Anton Meißner | 00:47:48.5 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 3585 | Sebastian Kunze | 00:47:49.1 | offene Klasse | 0 | 0 | GER | winkler Unternehmensgruppe |
| 0. | 4192 | Sebastian Heidweiler | 00:47:50.3 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 6702 | Noname | 00:47:51.7 | offene Klasse | 0 | 0 | GER | Hannover Congress Centrum |
| 0. | 1015 | Fabian Severin | 00:47:51.9 | offene Klasse | 0 | 0 | GER | dogado GmbH |
| 0. | 6164 | Noname | 00:47:53.6 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 3437 | Edwin Huns | 00:47:55.9 | offene Klasse | 0 | 0 | GER | Team Whopper |
| 0. | 4864 | Alexander Bobzien | 00:47:56.4 | offene Klasse | 0 | 0 | GER | digital.manufaktur GmbH |
| 0. | 3909 | Florian Krause | 00:47:56.4 | offene Klasse | 0 | 0 | GER | Creditreform |
| 0. | 749 | Gustav William Elste | 00:47:56.6 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 5296 | Matti Paetow | 00:47:56.9 | offene Klasse | 0 | 0 | GER | Engel & Völkers Commercial |
| 0. | 5831 | Chetan Magdum | 00:47:57.6 | offene Klasse | 0 | 0 | GER | FL Technics |
| 0. | 4865 | Brian Chenier | 00:47:57.6 | offene Klasse | 0 | 0 | GER | digital.manufaktur GmbH |
| 0. | 405 | Michel Fix | 00:47:59.9 | offene Klasse | 0 | 0 | GER | CarUnion Runners |
| 0. | 11699 | Marcel Garms | 00:48:00.5 | offene Klasse | 0 | 0 | GER | ÜSTRA AG |
| 0. | 416 | Tobias Schütte | 00:48:00.9 | offene Klasse | 0 | 0 | GER | CarUnion Runners |
| 0. | 12837 | Alexander Von Vietinghoff-Soltes | 00:48:02.8 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Group |
| 0. | 8124 | Manuel Schaumburg | 00:48:04.9 | offene Klasse | 0 | 0 | GER | Kleiner: Steuerberater |
| 0. | 8538 | Kadir Öztürk | 00:48:05.1 | offene Klasse | 0 | 0 | GER | KOMATSU |
| 0. | 11926 | Leon Brunotte | 00:48:10.4 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 539 | Martin Kaka | 00:48:12.8 | offene Klasse | 0 | 0 | GER | deister electronic GmbH |
| 0. | 3009 | Oliver Christiansen | 00:48:12.9 | offene Klasse | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 8802 | Gürkan Tas | 00:48:12.3 | offene Klasse | 0 | 0 | GER | KS Huayu Team |
| 0. | 4051 | Sandis Leo Lasmanis | 00:48:14.1 | offene Klasse | 0 | 0 | GER | Datatronic |
| 0. | 658 | No Name | 00:48:14.1 | offene Klasse | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 11903 | Samua Amin | 00:48:14.3 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 1452 | Leo Gutschke | 00:48:15.4 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 3465 | Daniel Arcati | 00:48:15.8 | offene Klasse | 0 | 0 | GER | ARTIVA SPORTS |
| 0. | 9351 | Maximilian Metz | 00:48:17.2 | offene Klasse | 0 | 0 | GER | MT-Schule |
| 0. | 7157 | Frank Matthias | 00:48:17.8 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 8485 | Grzegorz Adamiuk | 00:48:22.6 | offene Klasse | 0 | 0 | GER | Kniggendorf |
| 0. | 6173 | Noname | 00:48:23.9 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 1285 | Thomas Seifert | 00:48:26.8 | offene Klasse | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 2984 | Mark Kohl | 00:48:27.4 | offene Klasse | 0 | 0 | GER | Fit im Körper. Clean im Code. |
| 0. | 2530 | Lennart Gantz | 00:48:27.6 | offene Klasse | 0 | 0 | GER | adesso |
| 0. | 2674 | Noname | 00:48:28.6 | offene Klasse | 0 | 0 | GER | AirITSystems |

| | | | | | | | | |
|----|-------|------------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 540 | Steffen Klapproth | 00:48:33.9 | offene Klasse | 0 | 0 | GER | deister electronic GmbH |
| 0. | 4003 | Ernst-Werner Riedel | 00:48:34.4 | offene Klasse | 0 | 0 | GER | DAK |
| 0. | 9581 | Daniel Kobi | 00:48:34.9 | offene Klasse | 0 | 0 | GER | M&P Ingenieurgesellschaft mbH |
| 0. | 5750 | Marvin Schubert | 00:48:42.6 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 7617 | Daniel Neumann | 00:48:45.2 | offene Klasse | 0 | 0 | GER | IG Metallteam |
| 0. | 2587 | Tim Leimeister | 00:48:45.6 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 11354 | Jannes Segelke | 00:48:46.1 | offene Klasse | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 2600 | Jeton Mustafa | 00:48:46.8 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 12294 | Frank Nehrhoff | 00:48:47.1 | offene Klasse | 0 | 0 | GER | Volksbank in Schaumburg und Nienburg |
| 0. | 5939 | Kai Uwe Edinger | 00:48:49.7 | offene Klasse | 0 | 0 | GER | FW-FERNWÄRME-TECHNIK GmbH |
| 0. | 3594 | Philip Klostermeyer | 00:48:51.6 | offene Klasse | 0 | 0 | GER | CISPA |
| 0. | 11410 | Thorsten Woelke | 00:48:53.3 | offene Klasse | 0 | 0 | GER | TUI Group |
| 0. | 51374 | Sascha Stolte | 00:48:58.1 | offene Klasse | 0 | 0 | GER | KAGEMA |
| 0. | 51367 | Jörg Köhler | 00:48:58.6 | offene Klasse | 0 | 0 | GER | KAGEMA |
| 0. | 51375 | Luca Tschiche | 00:48:58.6 | offene Klasse | 0 | 0 | GER | KAGEMA |
| 0. | 51373 | Jakob Sauer | 00:48:59.8 | offene Klasse | 0 | 0 | GER | KAGEMA |
| 0. | 8301 | Jannick Schiller | 00:48:59.8 | offene Klasse | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 51365 | Gunar Brinke | 00:49:00.1 | offene Klasse | 0 | 0 | GER | KAGEMA |
| 0. | 2777 | No Name | 00:49:00.8 | offene Klasse | 0 | 0 | GER | Almex |
| 0. | 51366 | Daniel Hauser | 00:49:01.5 | offene Klasse | 0 | 0 | GER | KAGEMA |
| 0. | 5060 | Till Endres | 00:49:03.1 | offene Klasse | 0 | 0 | GER | DSG |
| 0. | 51371 | Jan Packebusch | 00:49:03.6 | offene Klasse | 0 | 0 | GER | KAGEMA |
| 0. | 9095 | Tim Pistorius | 00:49:03.9 | offene Klasse | 0 | 0 | GER | LPKF Laser & Electronics SE |
| 0. | 51372 | Alexander Rothenberger | 00:49:04.3 | offene Klasse | 0 | 0 | GER | KAGEMA |
| 0. | 7412 | Hamed Mohammadi | 00:49:04.7 | offene Klasse | 0 | 0 | GER | HJL Baumanagement |
| 0. | 7567 | Mick Rücker | 00:49:05.1 | offene Klasse | 0 | 0 | GER | HannoverDachbauTeam |
| 0. | 4801 | Alexander Golev | 00:49:10.4 | offene Klasse | 0 | 0 | GER | DF-Laufhelden |
| 0. | 12763 | Marcus Wrede | 00:49:14.9 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 8788 | Adrian Hübner | 00:49:15.4 | offene Klasse | 0 | 0 | GER | Krüger Hannover GmbH & Co. KG |
| 0. | 2018 | Noname | 00:49:15.6 | offene Klasse | 0 | 0 | GER | People Love Running |
| 0. | 12754 | Yogendra Sapkale | 00:49:16.9 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 11158 | Dirk Schräder | 00:49:17.4 | offene Klasse | 0 | 0 | GER | TAIFUN Software |
| 0. | 3963 | Max Müller | 00:49:19.1 | offene Klasse | 0 | 0 | GER | DAK |
| 0. | 9857 | Guido Ostenfeld | 00:49:20.4 | offene Klasse | 0 | 0 | GER | NORD/LB |
| 0. | 7614 | Ricardo Dettmer | 00:49:20.6 | offene Klasse | 0 | 0 | GER | IG Metallteam |
| 0. | 5274 | Kristof Müller | 00:49:22.4 | offene Klasse | 0 | 0 | GER | ETL Treuhand |
| 0. | 2843 | Kay Marc Scheele | 00:49:26.1 | offene Klasse | 0 | 0 | GER | Arconic Hannover |
| 0. | 6978 | Nils Fuhrmann | 00:49:28.1 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 12718 | Jörg Brandt | 00:49:30.1 | offene Klasse | 0 | 0 | GER | Waldemar Pruss Armaturenfabrik GmbH |
| 0. | 7594 | Tayfun Bekaroglu | 00:49:31.3 | offene Klasse | 0 | 0 | GER | IG Metallteam |
| 0. | 7696 | Daniel Jahnke | 00:49:32.8 | offene Klasse | 0 | 0 | GER | Cool down... |
| 0. | 9443 | Bastian Papenberg | 00:49:35.4 | offene Klasse | 0 | 0 | GER | MKG Kirchrode & Die Narkoseprofis |
| 0. | 3744 | Alexander Sperling | 00:49:35.9 | offene Klasse | 0 | 0 | GER | Compact |
| 0. | 1806 | Steffen Meyer | 00:49:36.2 | offene Klasse | 0 | 0 | GER | #WeAreLutz |
| 0. | 318 | Noname | 00:49:38.8 | offene Klasse | 0 | 0 | GER | AntonPaar OptoTec GmbH |
| 0. | 3740 | Haris Agovic | 00:49:39.3 | offene Klasse | 0 | 0 | GER | Compact |
| 0. | 927 | No Name | 00:49:39.5 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 8785 | Clinton Babila | 00:49:42.4 | offene Klasse | 0 | 0 | GER | Krüger Hannover GmbH & Co. KG |
| 0. | 10592 | Noname | 00:49:43.1 | offene Klasse | 0 | 0 | GER | Schlütersche Mediengruppe |
| 0. | 3742 | Jens Marschall | 00:49:43.1 | offene Klasse | 0 | 0 | GER | Compact |
| 0. | 1464 | Julian Kadolph | 00:49:44.6 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 9092 | Haider Khan | 00:49:47.1 | offene Klasse | 0 | 0 | GER | LPKF Laser & Electronics SE |
| 0. | 3420 | Alexander Stosiek | 00:49:48.6 | offene Klasse | 0 | 0 | GER | Team Whopper |

| | | | | | | | | |
|----|-------|----------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 8839 | Til Mohrmann | 00:49:49.7 | offene Klasse | 0 | 0 | GER | KSG Hannover - back in town |
| 0. | 8825 | Noname | 00:49:49.9 | offene Klasse | 0 | 0 | GER | KSB INTAX |
| 0. | 5042 | Noname | 00:49:50.9 | offene Klasse | 0 | 0 | GER | DRK Landesverband Niedersachsen e.V. |
| 0. | 8893 | Kai Biester | 00:49:53.4 | offene Klasse | 0 | 0 | GER | Laser Zentrum Hannover e.V. |
| 0. | 11160 | Viktor Unfericht | 00:49:54.1 | offene Klasse | 0 | 0 | GER | TAIFUN Software |
| 0. | 8851 | Marco Stefanelli | 00:49:54.9 | offene Klasse | 0 | 0 | GER | KSG Hannover - back in town |
| 0. | 12916 | Podbi344 Noname | 00:49:55.4 | offene Klasse | 0 | 0 | GER | Zahnärzte PODBI344 |
| 0. | 9033 | Noname | 00:49:58.1 | offene Klasse | 0 | 0 | GER | Logwin HAJ |
| 0. | 11739 | Jannik Giebel | 00:49:58.9 | offene Klasse | 0 | 0 | GER | ÜSTRA AG |
| 0. | 7 | Fynn Lukas Bunke | 00:50:00.3 | offene Klasse | 0 | 0 | GER | Vinci Energies |
| 0. | 3114 | Patrick Wiesner | 00:50:02.3 | offene Klasse | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 4806 | Daniel Klein | 00:50:07.9 | offene Klasse | 0 | 0 | GER | DF-Laufhelden |
| 0. | 7504 | Dany Chung | 00:50:08.9 | offene Klasse | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 7981 | Jan Plich | 00:50:09.3 | offene Klasse | 0 | 0 | GER | Jim Knopf Runners |
| 0. | 6340 | Robert Moye | 00:50:09.8 | offene Klasse | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 8673 | Dennis Djalali Amiri | 00:50:10.1 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 2245 | Christian Jaensch | 00:50:10.4 | offene Klasse | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 51345 | Noname | 00:50:10.8 | offene Klasse | 0 | 0 | GER | Denise Fricke |
| 0. | 8426 | Aljoscha Lüpke | 00:50:15.9 | offene Klasse | 0 | 0 | GER | Klinikum Wahrendorff GmbH |
| 0. | 2035 | Yann Frost | 00:50:22.4 | offene Klasse | 0 | 0 | GER | Hilton |
| 0. | 11747 | Lucas Sander | 00:50:23.5 | offene Klasse | 0 | 0 | GER | ÜSTRA AG |
| 0. | 12807 | Thomas Karathanassis | 00:50:24.3 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Group |
| 0. | 1164 | Michael Krolik | 00:50:24.9 | offene Klasse | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 8534 | Sven Kattan | 00:50:26.6 | offene Klasse | 0 | 0 | GER | KOMATSU |
| 0. | 12783 | Mohammad Samir Altir | 00:50:27.2 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Group |
| 0. | 3351 | Noname | 00:50:27.9 | offene Klasse | 0 | 0 | GER | BMW Hannover |
| 0. | 7757 | Fabian Gisder | 00:50:28.7 | offene Klasse | 0 | 0 | GER | Value-Add Racing Team |
| 0. | 10597 | Noname | 00:50:29.8 | offene Klasse | 0 | 0 | GER | Schlütersche Mediengruppe |
| 0. | 10834 | Lars Krokowski | 00:50:43.4 | offene Klasse | 0 | 0 | GER | Siemens AG |
| 0. | 10009 | Dogan Yasit | 00:50:43.7 | offene Klasse | 0 | 0 | GER | Die Stahlharten |
| 0. | 5878 | Marion Tenge | 00:50:43.9 | offene Klasse | 0 | 0 | GER | Flughafen Hannover-Langenhagen |
| 0. | 1113 | Sarwan Vahlbruch | 00:50:44.3 | offene Klasse | 0 | 0 | GER | DRK-Region Hannover e.V. |
| 0. | 3068 | Marc Mrosk | 00:50:46.1 | offene Klasse | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 10122 | Poul Schön | 00:50:46.4 | offene Klasse | 0 | 0 | GER | Pier 51 |
| 0. | 1863 | David Calero Abellan | 00:50:49.0 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 3641 | Kevin Heinrich | 00:50:51.7 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 3599 | Björn Anders | 00:50:52.0 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 3717 | Simon Vollbrecht | 00:50:52.2 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 3639 | Ruwen Harders | 00:50:53.1 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 10123 | Adrian Rekow | 00:50:53.4 | offene Klasse | 0 | 0 | GER | Pier 51 |
| 0. | 3609 | Janik Buchwald | 00:50:53.6 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 3682 | Daniel Naumov | 00:50:54.1 | offene Klasse | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 12599 | Benedict Wildmann | 00:50:54.9 | offene Klasse | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5727 | Stefan Rifel | 00:50:59.5 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 12818 | Patrick Mejza | 00:50:59.8 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Group |
| 0. | 5799 | Lukas Weidich | 00:51:01.8 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 5597 | Martin Rezlav | 00:51:02.3 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 1937 | Jens Rosemeyer | 00:51:03.5 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 10696 | Luca Hoppe | 00:51:13.3 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 2933 | Leon Hanke | 00:51:13.7 | offene Klasse | 0 | 0 | GER | AUCOTEC AG |
| 0. | 5897 | Cedric Kabisch | 00:51:15.1 | offene Klasse | 0 | 0 | GER | FOM Hochschule |
| 0. | 8377 | Pierre Kober | 00:51:15.6 | offene Klasse | 0 | 0 | GER | Klinikum Wahrendorff GmbH |
| 0. | 3239 | Lewin Hauffe | 00:51:15.7 | offene Klasse | 0 | 0 | GER | laufend prüfen |

| | | | | | | | | |
|----|-------|--------------------------|------------|---------------|---|---|-----|---------------------------------|
| 0. | 6168 | Noname | 00:51:18.1 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 8592 | Max Menzel | 00:51:19.2 | offene Klasse | 0 | 0 | GER | Team KONE |
| 0. | 1125 | Noname | 00:51:20.3 | offene Klasse | 0 | 0 | GER | DRK-Region Hannover e.V. |
| 0. | 11738 | Lukas Paker | 00:51:21.8 | offene Klasse | 0 | 0 | GER | ÜSTRA AG |
| 0. | 3407 | Felix Palzer | 00:51:23.1 | offene Klasse | 0 | 0 | GER | Bundessortenamt |
| 0. | 6316 | Noname | 00:51:26.1 | offene Klasse | 0 | 0 | GER | GSR Strahlentherapie Hannover |
| 0. | 9248 | Jannik Steinkühler | 00:51:27.4 | offene Klasse | 0 | 0 | GER | Materna Hannover |
| 0. | 6138 | Noname | 00:51:28.6 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 2988 | Noname | 00:51:29.5 | offene Klasse | 0 | 0 | GER | Fit im Körper. Clean im Code. |
| 0. | 4263 | René Kulina | 00:51:30.3 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 8082 | Christian Janz | 00:51:33.3 | offene Klasse | 0 | 0 | GER | Kinderpflege Bärenstark |
| 0. | 10952 | Ilir Dervishi | 00:51:41.4 | offene Klasse | 0 | 0 | GER | Team SOPHIE |
| 0. | 6169 | Noname | 00:51:45.6 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 6147 | Noname | 00:51:49.8 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 1341 | Reinhard Will | 00:51:50.1 | offene Klasse | 0 | 0 | GER | GEA B2Run-Team |
| 0. | 1339 | Rolf Roeßke | 00:51:50.9 | offene Klasse | 0 | 0 | GER | GEA B2Run-Team |
| 0. | 198 | Malte-Jasper Mass | 00:51:54.4 | offene Klasse | 0 | 0 | GER | Team Elli Oil |
| 0. | 4755 | Dragan Mihajlovic | 00:51:54.9 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 814 | Lisa-Marie Köster | 00:52:01.6 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 10877 | Hafizuddin Omar | 00:52:02.6 | offene Klasse | 0 | 0 | GER | Laufzeitmesser |
| 0. | 6449 | Mario Stollmeier | 00:52:07.2 | offene Klasse | 0 | 0 | GER | Hahne Holding GmbH |
| 0. | 6052 | Noname | 00:52:13.6 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 6061 | Noname | 00:52:15.5 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 6058 | Noname | 00:52:15.8 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 1073 | Torsten Loeffler | 00:52:16.4 | offene Klasse | 0 | 0 | GER | DRK-Region Hannover e.V. |
| 0. | 162 | Alvaro Mateo Morales | 00:52:17.1 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 2400 | Dennis Kiok | 00:52:18.1 | offene Klasse | 0 | 0 | GER | WHM Garbsen - Team Laufen |
| 0. | 213 | No Name | 00:52:19.2 | offene Klasse | 0 | 0 | GER | ALDI Nord |
| 0. | 12735 | Duke Abor | 00:52:22.5 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 4718 | Lucas De Oliveira Raasch | 00:52:22.6 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 1480 | Salar Osso | 00:52:23.4 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 8498 | Dominik Theda | 00:52:30.6 | offene Klasse | 0 | 0 | GER | Kniggendorf |
| 0. | 8829 | Noname | 00:52:32.0 | offene Klasse | 0 | 0 | GER | KSB INTAX |
| 0. | 8823 | Noname | 00:52:33.4 | offene Klasse | 0 | 0 | GER | KSB INTAX |
| 0. | 5314 | Fabio Cludius | 00:52:36.9 | offene Klasse | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 1554 | Alexander Spier | 00:52:37.7 | offene Klasse | 0 | 0 | GER | heise - eine Antwort weiter |
| 0. | 7880 | Alissa Hünitzsch | 00:52:39.3 | offene Klasse | 0 | 0 | GER | IT-P GmbH |
| 0. | 404 | Bernd Fiedler | 00:52:39.9 | offene Klasse | 0 | 0 | GER | CarUnion Runners |
| 0. | 8723 | Leif Raulfs | 00:52:40.7 | offene Klasse | 0 | 0 | GER | KPMG |
| 0. | 7879 | Henrik Horstmeier | 00:52:41.1 | offene Klasse | 0 | 0 | GER | IT-P GmbH |
| 0. | 2952 | No Name | 00:52:41.7 | offene Klasse | 0 | 0 | GER | Wirtschaftstraum Hannover |
| 0. | 11216 | Kimo Petersen | 00:52:44.0 | offene Klasse | 0 | 0 | GER | Therapeuticum Gehrden |
| 0. | 7625 | Tim Seifert | 00:52:44.8 | offene Klasse | 0 | 0 | GER | IG Metallteam |
| 0. | 2696 | Stavros Loukidis | 00:52:45.6 | offene Klasse | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 9976 | Hans- Joachim Meyer | 00:52:45.9 | offene Klasse | 0 | 0 | GER | Osswald 360 |
| 0. | 12650 | Jörg Hippke | 00:52:45.9 | offene Klasse | 0 | 0 | GER | W. Hippke & Partner |
| 0. | 7638 | Burak Yimaz | 00:52:47.1 | offene Klasse | 0 | 0 | GER | IG Metallteam |
| 0. | 409 | Norman Henning | 00:52:51.6 | offene Klasse | 0 | 0 | GER | CarUnion Runners |
| 0. | 12920 | Podbi344 Noname | 00:52:53.1 | offene Klasse | 0 | 0 | GER | Zahnärzte PODBI344 |
| 0. | 9466 | Melanie Thal | 00:52:53.3 | offene Klasse | 0 | 0 | GER | Möbel Heinrich Running Sofa (r) |
| 0. | 12704 | Fabian Schwert | 00:52:55.2 | offene Klasse | 0 | 0 | GER | #teamWAGNER |
| 0. | 5064 | Jerome Lauersdorf | 00:52:55.9 | offene Klasse | 0 | 0 | GER | DSG |
| 0. | 8849 | Karl Heinz Range | 00:53:01.7 | offene Klasse | 0 | 0 | GER | KSG Hannover - back in town |

| | | | | | | | | |
|----|-------|-------------------------------|------------|---------------|---|---|-----|-----------------------------------|
| 0. | 4419 | Raphael Stiller | 00:53:03.0 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 9605 | Aleksej Poliakov | 00:53:04.9 | offene Klasse | 0 | 0 | GER | Multident Runner |
| 0. | 5052 | Heiko Kujath | 00:53:12.4 | offene Klasse | 0 | 0 | GER | DSG |
| 0. | 7718 | Noname | 00:53:12.6 | offene Klasse | 0 | 0 | GER | ILFA Hannover |
| 0. | 8786 | Emmanuel Babila | 00:53:14.2 | offene Klasse | 0 | 0 | GER | Krüger Hannover GmbH & Co. KG |
| 0. | 1659 | Jan Wegener | 00:53:16.2 | offene Klasse | 0 | 0 | GER | Team Kienast Unternehmensgruppe |
| 0. | 6119 | Noname | 00:53:16.6 | offene Klasse | 0 | 0 | GER | GETEC ENERGIE GmbH |
| 0. | 9994 | Robér L'orange | 00:53:17.1 | offene Klasse | 0 | 0 | GER | OPTIMAL SYSTEMS Hannover |
| 0. | 3126 | Alexander Bialas | 00:53:19.9 | offene Klasse | 0 | 0 | GER | Bahr Modultechnik GmbH |
| 0. | 1815 | Sebastian Glösen | 00:53:20.3 | offene Klasse | 0 | 0 | GER | LVBZ Steuerberatung |
| 0. | 10932 | Alex Grimm | 00:53:22.6 | offene Klasse | 0 | 0 | GER | Sonova Consumer Hearing |
| 0. | 2681 | Julian Wolff | 00:53:23.4 | offene Klasse | 0 | 0 | GER | Algeco |
| 0. | 1463 | János Jungbluth | 00:53:24.1 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 4478 | Katharina Putzke-Christiansen | 00:53:37.2 | offene Klasse | 0 | 0 | GER | Debeka |
| 0. | 8795 | Frank Geist | 00:53:41.1 | offene Klasse | 0 | 0 | GER | KS Huayu Team |
| 0. | 9016 | Sebastian Afeldt | 00:53:41.7 | offene Klasse | 0 | 0 | GER | Leuchfeuer Digital Marketing GmbH |
| 0. | 1836 | Dennis Rathgeber | 00:53:43.1 | offene Klasse | 0 | 0 | GER | Mobil ISC |
| 0. | 1939 | Eloi Saez Amell | 00:53:45.6 | offene Klasse | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 47 | Morten Emker | 00:53:47.4 | offene Klasse | 0 | 0 | GER | Vinci Energies |
| 0. | 10593 | Noname | 00:53:50.1 | offene Klasse | 0 | 0 | GER | Schlütersche Mediengruppe |
| 0. | 4586 | Peter Link | 00:53:57.4 | offene Klasse | 0 | 0 | GER | Delta Immobilien Gruppe |
| 0. | 7568 | Darius Sommer | 00:54:11.9 | offene Klasse | 0 | 0 | GER | HannoverDachbauTeam |
| 0. | 1591 | Noname | 00:54:19.4 | offene Klasse | 0 | 0 | GER | infra GmbH |
| 0. | 11237 | Jonas Urban | 00:54:20.2 | offene Klasse | 0 | 0 | GER | TOPAS |
| 0. | 2853 | Gunnar Augustin | 00:54:20.9 | offene Klasse | 0 | 0 | GER | Arvato |
| 0. | 5928 | Maximilian Gluch | 00:54:21.4 | offene Klasse | 0 | 0 | GER | FSS CONSULTING GMBH |
| 0. | 5924 | Simon Thiesen | 00:54:24.4 | offene Klasse | 0 | 0 | GER | FSS CONSULTING GMBH |
| 0. | 8386 | Okan Gemici | 00:54:27.1 | offene Klasse | 0 | 0 | GER | Klinikum Wahrendorff GmbH |
| 0. | 9565 | Tim Kellner | 00:54:27.4 | offene Klasse | 0 | 0 | GER | MTB GmbH |
| 0. | 7456 | Oliver Uliczka | 00:54:35.8 | offene Klasse | 0 | 0 | GER | Bumke |
| 0. | 7452 | Pascal Obertür-Schwedhelm | 00:54:36.3 | offene Klasse | 0 | 0 | GER | Bumke |
| 0. | 6632 | Noname | 00:54:40.7 | offene Klasse | 0 | 0 | GER | Hannover 96 |
| 0. | 5062 | Michael Yanta | 00:54:43.9 | offene Klasse | 0 | 0 | GER | DSG |
| 0. | 4048 | Walter Gundlach | 00:54:45.9 | offene Klasse | 0 | 0 | GER | Datatronic |
| 0. | 2855 | Maximilian Roland Haberstro | 00:55:05.5 | offene Klasse | 0 | 0 | GER | Arvato |
| 0. | 1223 | Noname | 00:55:07.6 | offene Klasse | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 184 | Stefan Wasgien | 00:55:09.9 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 175 | Michail Karagiannidis | 00:55:10.9 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 142 | Pascal Herburg | 00:55:12.0 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 3324 | Martin Müller | 00:55:17.1 | offene Klasse | 0 | 0 | GER | Bildungsverein Hannover |
| 0. | 2511 | Noname | 00:55:17.7 | offene Klasse | 0 | 0 | GER | Adastra |
| 0. | 2512 | Noname | 00:55:18.4 | offene Klasse | 0 | 0 | GER | Adastra |
| 0. | 7862 | No Name | 00:55:18.9 | offene Klasse | 0 | 0 | GER | IP SYSCON SPORTS |
| 0. | 9981 | Ian Spurr | 00:55:20.4 | offene Klasse | 0 | 0 | GER | Osswald 360 |
| 0. | 8093 | Bastian Neumann | 00:55:22.2 | offene Klasse | 0 | 0 | GER | Team Haus am See |
| 0. | 855 | Lucas Meier | 00:55:27.6 | offene Klasse | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 8350 | Ansgar Bantelmann | 00:55:33.4 | offene Klasse | 0 | 0 | GER | Klinikum Wahrendorff GmbH |
| 0. | 181 | Olaf Sprunk | 00:55:33.6 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 4379 | Marc Schramm | 00:55:47.6 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 4158 | Bryan Fritze | 00:55:51.1 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 4341 | Timo Rennmann | 00:55:51.6 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 4056 | Marc Vogelsang | 00:55:51.6 | offene Klasse | 0 | 0 | GER | Datatronic |
| 0. | 1254 | Klaus - Dieter Fröhlich | 00:55:53.8 | offene Klasse | 0 | 0 | GER | ERNST² Architekten AG |

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|----|-------|----------------------|------------|---------------|---|---|-----|-----------------------------------|
| 0. | 3952 | Rene Kreitz | 00:56:04.1 | offene Klasse | 0 | 0 | GER | DAK |
| 0. | 12144 | Manuel Truckses | 00:56:06.4 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 1503 | Noname | 00:56:07.2 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 12820 | Fabian Müller | 00:56:10.2 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Group |
| 0. | 166 | Simon Oellien | 00:56:24.1 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 7144 | Mirko Lehmann | 00:56:25.1 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 5255 | Daniel Petzsch | 00:56:29.4 | offene Klasse | 0 | 0 | GER | Team Mila |
| 0. | 5257 | No Name | 00:56:32.9 | offene Klasse | 0 | 0 | GER | Team Mila |
| 0. | 11377 | Vaibhav Pandya | 00:56:36.6 | offene Klasse | 0 | 0 | GER | Arxada |
| 0. | 8811 | Noname | 00:56:38.2 | offene Klasse | 0 | 0 | GER | KSB INTAX |
| 0. | 8813 | Noname | 00:56:40.6 | offene Klasse | 0 | 0 | GER | KSB INTAX |
| 0. | 7562 | Leslie Freund | 00:56:42.1 | offene Klasse | 0 | 0 | GER | HannoverDachbauTeam |
| 0. | 12636 | Noname | 00:56:47.4 | offene Klasse | 0 | 0 | GER | VSM |
| 0. | 12632 | Noname | 00:56:47.9 | offene Klasse | 0 | 0 | GER | VSM |
| 0. | 12643 | Noname | 00:56:50.6 | offene Klasse | 0 | 0 | GER | VSM |
| 0. | 12641 | Noname | 00:56:50.7 | offene Klasse | 0 | 0 | GER | VSM |
| 0. | 11070 | Jan Gerland | 00:56:51.7 | offene Klasse | 0 | 0 | GER | Sunshine Energieberatung |
| 0. | 6999 | Thomas Goly | 00:56:52.1 | offene Klasse | 0 | 0 | GER | HDI AG |
| 0. | 12637 | Noname | 00:56:53.6 | offene Klasse | 0 | 0 | GER | VSM |
| 0. | 12635 | Noname | 00:56:53.7 | offene Klasse | 0 | 0 | GER | VSM |
| 0. | 1477 | Marc Öhlerking | 00:56:59.2 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 7787 | Horst Hildebrandt | 00:57:13.2 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 7803 | Leon Scharfenberg | 00:57:14.4 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 12114 | Gilbert Soltys | 00:57:16.0 | offene Klasse | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 10361 | Carlo Podzielný | 00:57:16.7 | offene Klasse | 0 | 0 | GER | Radio Hannover |
| 0. | 10022 | Rainer Flinks | 00:57:24.4 | offene Klasse | 0 | 0 | GER | Paritätischer Nds. |
| 0. | 9435 | Jörn Künsebeck | 00:57:33.3 | offene Klasse | 0 | 0 | GER | Milkron |
| 0. | 1501 | Noname | 00:57:38.2 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 4139 | Kilian Dunsche Lucas | 00:57:40.8 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 3321 | Rico Sutioso | 00:57:42.9 | offene Klasse | 0 | 0 | GER | Bildungsverein Hannover |
| 0. | 10046 | No Name | 00:57:43.0 | offene Klasse | 0 | 0 | GER | Paritätischer Nds. |
| 0. | 1455 | Heiner Hanebutt | 00:57:44.0 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 1380 | Sascha Sehls | 00:57:49.7 | offene Klasse | 0 | 0 | GER | Gemeinde Isernhagen |
| 0. | 3387 | Marcus Heins | 00:57:50.7 | offene Klasse | 0 | 0 | GER | Bundessortenamt |
| 0. | 5988 | Noname | 00:57:57.4 | offene Klasse | 0 | 0 | GER | Genoverband e. V. |
| 0. | 8767 | Noname | 00:57:57.7 | offene Klasse | 0 | 0 | GER | Kraftwerk |
| 0. | 10011 | Jan Lindeken | 00:58:03.7 | offene Klasse | 0 | 0 | GER | Die Stahlharten |
| 0. | 6183 | Peter Köster | 00:58:11.2 | offene Klasse | 0 | 0 | GER | GFK Ingenieure |
| 0. | 6189 | Karim Gasmi | 00:58:12.6 | offene Klasse | 0 | 0 | GER | GFK Ingenieure |
| 0. | 11080 | Gerhard Schulz | 00:58:15.0 | offene Klasse | 0 | 0 | GER | Sunshine Energieberatung |
| 0. | 4765 | Christoph Paul | 00:58:26.4 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 4663 | No Name | 00:58:27.7 | offene Klasse | 0 | 0 | GER | Deutsche Bundesbank |
| 0. | 10698 | Jörg Ißberner | 00:58:37.3 | offene Klasse | 0 | 0 | GER | Xylem Sensus |
| 0. | 3029 | Frederic Gille | 00:58:37.7 | offene Klasse | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 3823 | Ulrich Steinbeck | 00:58:49.1 | offene Klasse | 0 | 0 | GER | Team Concordia |
| 0. | 5360 | Karsten Trautmann | 00:58:52.2 | offene Klasse | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 3341 | Noname | 00:58:53.2 | offene Klasse | 0 | 0 | GER | BMW Hannover |
| 0. | 12941 | Alexander Endres | 00:58:59.7 | offene Klasse | 0 | 0 | GER | *DAS ENDRES LÄCHELN* |
| 0. | 5225 | Noname | 00:59:01.3 | offene Klasse | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 12944 | Torge Jeß | 00:59:04.7 | offene Klasse | 0 | 0 | GER | *DAS ENDRES LÄCHELN* |
| 0. | 3444 | Daniel Brügesch | 00:59:07.4 | offene Klasse | 0 | 0 | GER | Busse & Coll Steuerberatungs GmbH |
| 0. | 8557 | Onel Ates | 00:59:14.4 | offene Klasse | 0 | 0 | GER | Team KONE |
| 0. | 5059 | Sven Härting | 00:59:14.6 | offene Klasse | 0 | 0 | GER | DSG |

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|----|-------|---------------------|------------|---------------|---|---|-----|--------------------------------------|
| 0. | 7843 | Lars Pfuhl | 00:59:20.6 | offene Klasse | 0 | 0 | GER | interev GmbH |
| 0. | 7846 | Yannik Sippel | 00:59:23.1 | offene Klasse | 0 | 0 | GER | interev GmbH |
| 0. | 4734 | Michael Hoppe | 00:59:24.4 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 7844 | Juergen Recha | 00:59:25.4 | offene Klasse | 0 | 0 | GER | interev GmbH |
| 0. | 7786 | Stefan Hambruch | 00:59:25.7 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 12947 | Robert Arnold | 00:59:26.0 | offene Klasse | 0 | 0 | GER | Praxis Küppers / Lymperopoulos |
| 0. | 211 | Valentino Cofone | 00:59:31.5 | offene Klasse | 0 | 0 | GER | ALDI Nord |
| 0. | 5588 | Jannis Eickenroth | 00:59:34.8 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 4160 | René Fuhrmann-Macke | 00:59:45.4 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 8487 | Julian Giesecke | 00:59:59.1 | offene Klasse | 0 | 0 | GER | Kniggendorf |
| 0. | 11180 | Noname | 01:00:01.2 | offene Klasse | 0 | 0 | GER | Techniker Krankenkasse |
| 0. | 11590 | Uwe Neugebauer | 01:00:02.4 | offene Klasse | 0 | 0 | GER | Uniper Hannover |
| 0. | 2147 | Nico Kroeck | 01:00:09.7 | offene Klasse | 0 | 0 | GER | Toyota Material Handling |
| 0. | 2139 | Jan-Philipp Hamann | 01:00:11.8 | offene Klasse | 0 | 0 | GER | Toyota Material Handling |
| 0. | 7807 | Ali Shrayef | 01:00:19.4 | offene Klasse | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 4052 | Stephan Pahlitzsch | 01:00:33.6 | offene Klasse | 0 | 0 | GER | Datatronic |
| 0. | 8985 | Percy Garve | 01:00:37.7 | offene Klasse | 0 | 0 | GER | Lebenshilfe Langenhagen-Wedemark |
| 0. | 4057 | Thomas Wilfinger | 01:00:38.0 | offene Klasse | 0 | 0 | GER | Datatronic |
| 0. | 8620 | Sebastian Ramm | 01:00:47.9 | offene Klasse | 0 | 0 | GER | Team KONE |
| 0. | 1580 | Paul Platenius | 01:00:54.2 | offene Klasse | 0 | 0 | GER | Hencke Systemberatung |
| 0. | 3038 | Michael Heinecke | 01:01:04.1 | offene Klasse | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 12787 | Stefan Bork | 01:01:14.1 | offene Klasse | 0 | 0 | GER | WERTGARANTIE Group |
| 0. | 2850 | Noname | 01:01:15.9 | offene Klasse | 0 | 0 | GER | Arvato |
| 0. | 5169 | Björn Glitza | 01:01:16.9 | offene Klasse | 0 | 0 | GER | Mohmühle96 |
| 0. | 5175 | Kai Niermann | 01:01:16.9 | offene Klasse | 0 | 0 | GER | Mohmühle96 |
| 0. | 2157 | Andreas Ritzke | 01:01:20.7 | offene Klasse | 0 | 0 | GER | Toyota Material Handling |
| 0. | 7666 | Noname | 01:01:22.9 | offene Klasse | 0 | 0 | GER | IHK Hannover |
| 0. | 4747 | Jens Magercurth | 01:01:31.9 | offene Klasse | 0 | 0 | GER | FC Deutsche Post |
| 0. | 6806 | Hubert Lüken | 01:01:37.7 | offene Klasse | 0 | 0 | GER | HW Runners |
| 0. | 5877 | No Name | 01:01:42.2 | offene Klasse | 0 | 0 | GER | Flughafen Hannover-Langenhagen |
| 0. | 2361 | Gregor Breun | 01:01:49.6 | offene Klasse | 0 | 0 | GER | VISION Consulting GmbH |
| 0. | 10503 | Thomas Plagemann | 01:01:56.2 | offene Klasse | 0 | 0 | GER | Röntgenpraxis am Marstall |
| 0. | 7392 | Carolina Schröder | 01:02:05.7 | offene Klasse | 0 | 0 | GER | HP Dreamteam |
| 0. | 51464 | Florian Vach | 01:02:05.9 | offene Klasse | 0 | 0 | GER | Hanno Werk GmbH & Co. KG |
| 0. | 5715 | Jan Pietsch | 01:02:14.6 | offene Klasse | 0 | 0 | GER | Finanz Informatik |
| 0. | 7761 | Marco Möscheid | 01:02:34.9 | offene Klasse | 0 | 0 | GER | Value-Add Racing Team |
| 0. | 3386 | Torben Sdralek | 01:02:41.2 | offene Klasse | 0 | 0 | GER | BImA |
| 0. | 3383 | Enrico Weckerlei | 01:02:42.2 | offene Klasse | 0 | 0 | GER | BImA |
| 0. | 4580 | Lucas Jurkait | 01:02:47.1 | offene Klasse | 0 | 0 | GER | Delta Immobilien Gruppe |
| 0. | 7758 | Andreas Kulik-Klare | 01:02:50.1 | offene Klasse | 0 | 0 | GER | Value-Add Racing Team |
| 0. | 8555 | Ahmet Ali Khan | 01:02:50.5 | offene Klasse | 0 | 0 | GER | Team KONE |
| 0. | 12714 | Noname | 01:03:00.1 | offene Klasse | 0 | 0 | GER | #teamWAGNER |
| 0. | 549 | Daniel Wente | 01:03:19.4 | offene Klasse | 0 | 0 | GER | deister electronic GmbH |
| 0. | 544 | Stefan Mosler | 01:03:20.8 | offene Klasse | 0 | 0 | GER | deister electronic GmbH |
| 0. | 9304 | Nicolas Krebs | 01:03:32.5 | offene Klasse | 0 | 0 | GER | Mecklenburgische Versicherungs-Gesel |
| 0. | 9314 | Lucas Ollek | 01:03:34.5 | offene Klasse | 0 | 0 | GER | Mecklenburgische Versicherungs-Gesel |
| 0. | 9311 | Hendrik Münch | 01:03:39.5 | offene Klasse | 0 | 0 | GER | Mecklenburgische Versicherungs-Gesel |
| 0. | 3283 | Jens Batke | 01:03:53.9 | offene Klasse | 0 | 0 | GER | Behncke GmbH |
| 0. | 11830 | Moritz Buhse | 01:04:15.4 | offene Klasse | 0 | 0 | GER | VetZ GmbH |
| 0. | 10280 | Yannick Treu | 01:04:35.9 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 11848 | Kai Pfister | 01:04:37.8 | offene Klasse | 0 | 0 | GER | VetZ GmbH |
| 0. | 4604 | Noname | 01:04:38.7 | offene Klasse | 0 | 0 | GER | Delta Immobilien Gruppe |
| 0. | 10236 | Florian Bencke | 01:04:38.9 | offene Klasse | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |

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|----|-------|----------------------------------|------------|---------------|---|---|-----|------------------------------------|
| 0. | 4579 | Wallentin Jochim | 01:04:39.5 | offene Klasse | 0 | 0 | GER | Delta Immobilien Gruppe |
| 0. | 11207 | Francesco Lyko | 01:04:41.1 | offene Klasse | 0 | 0 | GER | Running Winkulaner |
| 0. | 8435 | Sören Öhl | 01:04:47.1 | offene Klasse | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 7934 | Florian Benske | 01:05:06.9 | offene Klasse | 0 | 0 | GER | Jäger Group |
| 0. | 11381 | Patricia Alt | 01:05:45.1 | offene Klasse | 0 | 0 | GER | Arxada |
| 0. | 5448 | Van Hoang Runge | 01:05:54.2 | offene Klasse | 0 | 0 | GER | fairKauf-Runner |
| 0. | 5172 | Danial Meschi | 01:06:07.0 | offene Klasse | 0 | 0 | GER | Mohmühle96 |
| 0. | 5282 | Fabian Humburg | 01:06:15.8 | offene Klasse | 0 | 0 | GER | Eurest Deutschland GmbH |
| 0. | 2986 | Khoi Nguyen Nguyen Le | 01:06:18.4 | offene Klasse | 0 | 0 | GER | Fit im Körper. Clean im Code. |
| 0. | 11597 | No Name | 01:06:18.5 | offene Klasse | 0 | 0 | GER | Uniper Hannover |
| 0. | 1502 | Andre Weiss | 01:06:18.9 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 3568 | Thilo Hanke | 01:06:22.9 | offene Klasse | 0 | 0 | GER | CG CHEMIKALIEN |
| 0. | 12761 | Nicolas Wanek | 01:06:35.5 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 12757 | Heinz Stankat | 01:06:37.7 | offene Klasse | 0 | 0 | GER | Weatherford |
| 0. | 12989 | No Name | 01:06:42.4 | offene Klasse | 0 | 0 | GER | Canopy Biosciences |
| 0. | 5021 | Tim Steffen | 01:07:02.1 | offene Klasse | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 11204 | Karim Hamoude Al Hadame | 01:07:09.1 | offene Klasse | 0 | 0 | GER | Running Winkulaner |
| 0. | 6427 | Marcel Nuttall | 01:07:40.2 | offene Klasse | 0 | 0 | GER | Hahne Holding GmbH |
| 0. | 8076 | Tobias Weisbach | 01:08:32.9 | offene Klasse | 0 | 0 | GER | Kinderlebensträume e.V. |
| 0. | 10585 | Ulrich Wilk | 01:08:41.7 | offene Klasse | 0 | 0 | GER | SAZ Services GmbH |
| 0. | 10579 | Louis Pasic | 01:08:42.7 | offene Klasse | 0 | 0 | GER | SAZ Services GmbH |
| 0. | 1048 | Leon Flieger | 01:08:53.9 | offene Klasse | 0 | 0 | GER | DRK-Region Hannover e.V. |
| 0. | 9501 | Noname | 01:09:14.4 | offene Klasse | 0 | 0 | GER | Molex Runners |
| 0. | 11055 | Noname | 01:09:16.5 | offene Klasse | 0 | 0 | GER | Studentenwerk Hannover |
| 0. | 11054 | Noname | 01:09:19.5 | offene Klasse | 0 | 0 | GER | Studentenwerk Hannover |
| 0. | 11051 | Noname | 01:09:19.7 | offene Klasse | 0 | 0 | GER | Studentenwerk Hannover |
| 0. | 11052 | Noname | 01:09:21.5 | offene Klasse | 0 | 0 | GER | Studentenwerk Hannover |
| 0. | 7542 | Noname | 01:09:25.2 | offene Klasse | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 2643 | Patrick Wunderlich | 01:09:36.9 | offene Klasse | 0 | 0 | GER | Aircargo Services Hannover |
| 0. | 10415 | Fabian Weber | 01:09:40.4 | offene Klasse | 0 | 0 | GER | Reha Peiner Straße |
| 0. | 10416 | Torge Woth | 01:09:40.4 | offene Klasse | 0 | 0 | GER | Reha Peiner Straße |
| 0. | 12909 | Fabian B. | 01:10:11.9 | offene Klasse | 0 | 0 | GER | Zahnärzte PODBI344 |
| 0. | 4990 | No Name | 01:10:12.2 | offene Klasse | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 12658 | Christian Auras | 01:10:23.7 | offene Klasse | 0 | 0 | GER | #teamWAGNER |
| 0. | 2060 | Andreas Schrell | 01:10:34.0 | offene Klasse | 0 | 0 | GER | SET GmbH |
| 0. | 12976 | No Name | 01:10:53.0 | offene Klasse | 0 | 0 | GER | Canopy Biosciences |
| 0. | 7513 | Rajesh Jaya | 01:11:24.7 | offene Klasse | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 3979 | Ralf Smolla | 01:11:38.6 | offene Klasse | 0 | 0 | GER | DAK |
| 0. | 4961 | Heiko-Jens Bußmann | 01:11:39.7 | offene Klasse | 0 | 0 | GER | Dialyse-Hannover.de |
| 0. | 4956 | Oliver Laue | 01:11:41.1 | offene Klasse | 0 | 0 | GER | Dialyse-Hannover.de |
| 0. | 9485 | Mehran Aminzadeh | 01:12:31.7 | offene Klasse | 0 | 0 | GER | Molex Runners |
| 0. | 5440 | Andree Borchers | 01:12:55.8 | offene Klasse | 0 | 0 | GER | fairKauf-Runner |
| 0. | 1504 | Arnold Preusche | 01:12:57.5 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 9500 | Noname | 01:13:02.2 | offene Klasse | 0 | 0 | GER | Molex Runners |
| 0. | 8775 | Noname | 01:13:37.2 | offene Klasse | 0 | 0 | GER | Kraftwerk |
| 0. | 8763 | Noname | 01:13:39.5 | offene Klasse | 0 | 0 | GER | Kraftwerk |
| 0. | 8771 | Noname | 01:13:40.2 | offene Klasse | 0 | 0 | GER | Kraftwerk |
| 0. | 8774 | Noname | 01:13:42.2 | offene Klasse | 0 | 0 | GER | Kraftwerk |
| 0. | 168 | Francisco Javier Paniagua Guzmán | 01:14:02.7 | offene Klasse | 0 | 0 | GER | Airbus |
| 0. | 3201 | Verena Hellmann | 01:14:54.5 | offene Klasse | 0 | 0 | GER | BDH Klinik Hessisch Oldendorf |
| 0. | 1473 | Lukas Luther | 01:15:14.0 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 4096 | Pascal Bleidistel | 01:18:10.8 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 2598 | Christoph Motzke | 01:18:47.4 | offene Klasse | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |

| | | | | | | | | |
|----|------|--------------------|------------|---------------|---|---|-----|--------------------------|
| 0. | 5167 | Jan-Phillip Berndt | 01:19:26.3 | offene Klasse | 0 | 0 | GER | Mohmühle96 |
| 0. | 5179 | Malte Trenk | 01:19:27.7 | offene Klasse | 0 | 0 | GER | Mohmühle96 |
| 0. | 5176 | Lukas Penther | 01:19:30.5 | offene Klasse | 0 | 0 | GER | Mohmühle96 |
| 0. | 5166 | Max Baden | 01:19:34.0 | offene Klasse | 0 | 0 | GER | Mohmühle96 |
| 0. | 2813 | Noname | 01:20:16.8 | offene Klasse | 0 | 0 | GER | Kidizeit Hannover |
| 0. | 2814 | Noname | 01:20:30.9 | offene Klasse | 0 | 0 | GER | Kidizeit Hannover |
| 0. | 3278 | No Name | 01:23:07.4 | offene Klasse | 0 | 0 | GER | Team Behn Steuerberatung |
| 0. | 4267 | Sören Labyk | 01:23:41.1 | offene Klasse | 0 | 0 | GER | DB / VDES |
| 0. | 1482 | Christian Pörtl | 01:25:49.7 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |
| 0. | 1466 | Luca Klüber | 01:26:17.0 | offene Klasse | 0 | 0 | GER | Hanebutt GmbH |

Ü30

| Pos | Nr | Name | Zeit | Kat | KPos | GPos | Nation | Verein |
|-----|-------|-------------------------|------------|-----|------|------|--------|-----------------------------------|
| 0. | 5204 | Rene Menzel | 00:20:46.0 | Ü30 | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 13088 | Christoph Nowak | 00:21:24.2 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 2699 | Tobias Haase | 00:23:31.2 | Ü30 | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 7931 | Maximilian Zarte | 00:23:41.9 | Ü30 | 0 | 0 | GER | Jäger Group |
| 0. | 12049 | Florian Meyer | 00:23:58.2 | Ü30 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 2182 | Matti Hann | 00:23:59.3 | Ü30 | 0 | 0 | GER | Treuhand Hannover GmbH |
| 0. | 8214 | Björn Heuer | 00:24:11.7 | Ü30 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 1550 | Henrik Wall | 00:24:24.8 | Ü30 | 0 | 0 | GER | Haufe Group |
| 0. | 5589 | Nils Haug | 00:24:31.8 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 9885 | Michael Ring | 00:24:37.7 | Ü30 | 0 | 0 | GER | NORD/LB |
| 0. | 5633 | Simon Jelinek | 00:24:44.3 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 1960 | Simon Steven | 00:24:48.2 | Ü30 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 12315 | Fabian Baier | 00:25:00.7 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 3797 | Kevin Meyer | 00:25:07.7 | Ü30 | 0 | 0 | GER | Team Concordia |
| 0. | 1207 | Michael Tiedge | 00:25:16.4 | Ü30 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 5210 | Viktor Priert | 00:25:20.3 | Ü30 | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 5478 | Adem Igueblalene | 00:25:47.7 | Ü30 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 12668 | David De Lamo | 00:25:50.3 | Ü30 | 0 | 0 | GER | #teamWAGNER |
| 0. | 11455 | Lasse Jannsen | 00:25:56.9 | Ü30 | 0 | 0 | GER | TUI Group |
| 0. | 5794 | Dan Voß | 00:25:57.5 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 9941 | Florian Völkner | 00:25:58.2 | Ü30 | 0 | 0 | GER | NORD/LB |
| 0. | 8882 | Simon Gottschalk | 00:26:03.6 | Ü30 | 0 | 0 | GER | L3S Research Center |
| 0. | 4999 | Laurin Marks | 00:26:06.1 | Ü30 | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 7217 | Carl Redecker | 00:26:08.2 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 9749 | Chris Gewecke | 00:26:18.1 | Ü30 | 0 | 0 | GER | NORD/LB |
| 0. | 2291 | Claas Alexander Stroh | 00:26:56.5 | Ü30 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 13073 | Jorge Martinez | 00:27:00.4 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 9204 | Andreas Kliewer | 00:27:00.8 | Ü30 | 0 | 0 | GER | Marley Deutschland GmbH |
| 0. | 805 | Steffen Jürges | 00:27:01.8 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 7393 | Maximilian Bley | 00:27:03.0 | Ü30 | 0 | 0 | GER | heinekingmedia |
| 0. | 3668 | Linus Lietke | 00:27:04.0 | Ü30 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 8595 | Simon Nagel | 00:27:05.6 | Ü30 | 0 | 0 | GER | Team KONE |
| 0. | 11643 | Bafti Krraba | 00:27:05.7 | Ü30 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 11649 | Saber Misho Shamo | 00:27:07.8 | Ü30 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 4550 | Erik Mählmann | 00:27:08.8 | Ü30 | 0 | 0 | GER | Deloitte |
| 0. | 10687 | Simon Tarrach | 00:27:12.0 | Ü30 | 0 | 0 | GER | Sennheiser electronic SE & Co. KG |
| 0. | 4037 | Rainer Schneckenleitner | 00:27:13.6 | Ü30 | 0 | 0 | GER | Dassault Systemes |
| 0. | 2104 | Ilas Kraftschik | 00:27:14.7 | Ü30 | 0 | 0 | GER | STRABAG AG |
| 0. | 6782 | Daniel Napp | 00:27:16.6 | Ü30 | 0 | 0 | GER | Hannoversche Volksbank |

| | | | | | | | | |
|----|-------|----------------------------|------------|-----|---|---|-----|------------------------------------|
| 0. | 8258 | Malte Machleb | 00:27:16.7 | Ü30 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 3083 | Thorben Puls | 00:27:22.6 | Ü30 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 2918 | Julian Rudolph | 00:27:22.6 | Ü30 | 0 | 0 | GER | Aspria |
| 0. | 9119 | Julian Monden | 00:27:27.3 | Ü30 | 0 | 0 | GER | Luther |
| 0. | 1169 | Christian Lehmann | 00:27:27.5 | Ü30 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 29 | Andre Keller | 00:27:28.0 | Ü30 | 0 | 0 | GER | Vinci Energies |
| 0. | 5127 | Patrick Behle | 00:27:28.3 | Ü30 | 0 | 0 | GER | EDEKA Wucherpfennig GmbH |
| 0. | 11574 | Rick Harmelink | 00:27:29.4 | Ü30 | 0 | 0 | GER | Tutao GmbH |
| 0. | 4332 | Felix Rabe | 00:27:29.5 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 8569 | Niels Diers | 00:27:36.9 | Ü30 | 0 | 0 | GER | Team KONE |
| 0. | 4852 | No Name | 00:27:37.8 | Ü30 | 0 | 0 | GER | Deutsches Taubblindenwerk |
| 0. | 8128 | Johannes Buchalik-Schregel | 00:27:42.6 | Ü30 | 0 | 0 | GER | Kleine Klautiere |
| 0. | 10913 | Tim Triefenbach | 00:27:47.1 | Ü30 | 0 | 0 | GER | Sonepar |
| 0. | 10117 | Daniel Köhler | 00:27:48.7 | Ü30 | 0 | 0 | GER | Physio to go 2024 |
| 0. | 5492 | Hamed Mobini | 00:27:50.1 | Ü30 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 51405 | Sven Meyer | 00:27:54.5 | Ü30 | 0 | 0 | GER | RegionRunners |
| 0. | 7290 | Andreas Stein | 00:27:56.3 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 11506 | Julien Podlech | 00:27:57.8 | Ü30 | 0 | 0 | GER | TUI Group |
| 0. | 11263 | Marius Jankowsky | 00:27:58.1 | Ü30 | 0 | 0 | GER | Honeywell Transnorm |
| 0. | 80 | Edward Stoye | 00:27:59.3 | Ü30 | 0 | 0 | GER | activelaw |
| 0. | 11522 | Kevin Ahlborn | 00:28:00.3 | Ü30 | 0 | 0 | GER | TUI Group |
| 0. | 12602 | Jan-Henning Willrodt | 00:28:05.3 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 1983 | Tobias Grube | 00:28:05.6 | Ü30 | 0 | 0 | GER | nass magnet |
| 0. | 9920 | Richard Stein | 00:28:07.4 | Ü30 | 0 | 0 | GER | NORD/LB |
| 0. | 8959 | Julian Gaube | 00:28:09.3 | Ü30 | 0 | 0 | GER | LBS NordWest |
| 0. | 51395 | Nebraska Elyas | 00:28:11.6 | Ü30 | 0 | 0 | GER | TKH Hannover |
| 0. | 9834 | Hannes Mesloh | 00:28:13.5 | Ü30 | 0 | 0 | GER | NORD/LB |
| 0. | 1911 | Sebastian Kühn | 00:28:16.2 | Ü30 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 5082 | Daniel Gleiniger | 00:28:17.3 | Ü30 | 0 | 0 | GER | EBRC running mates |
| 0. | 10253 | Jan-Christoph Hohlfeld | 00:28:17.8 | Ü30 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 6287 | Max Küchler | 00:28:24.0 | Ü30 | 0 | 0 | GER | GRBV Ingenieure im Bauwesen |
| 0. | 7510 | Stefan Glowatzki | 00:28:24.6 | Ü30 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 9377 | Fridtjof Strass | 00:28:25.0 | Ü30 | 0 | 0 | GER | MeKo Manufacturing |
| 0. | 9717 | Marvin Bürger | 00:28:27.0 | Ü30 | 0 | 0 | GER | NORD/LB |
| 0. | 11165 | Mattis Böging | 00:28:27.8 | Ü30 | 0 | 0 | GER | team runners |
| 0. | 889 | Vincent Pakzad | 00:28:27.8 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 5710 | Fabian Passon | 00:28:28.9 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 1570 | André Popp | 00:28:30.9 | Ü30 | 0 | 0 | GER | heise - eine Antwort weiter |
| 0. | 1787 | Melvin Baykal | 00:28:31.0 | Ü30 | 0 | 0 | GER | LW.P Lüders Warneboldt |
| 0. | 9548 | Daniel Pfuhl | 00:28:32.3 | Ü30 | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 12138 | Tobias Termer | 00:28:32.6 | Ü30 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 6988 | Tim Gennrich | 00:28:33.2 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 5468 | Corentin Fournier | 00:28:33.8 | Ü30 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 8129 | Frederik Kiene | 00:28:37.3 | Ü30 | 0 | 0 | GER | Kleine Klautiere |
| 0. | 6295 | Stefan Wilkening | 00:28:39.9 | Ü30 | 0 | 0 | GER | GRBV Ingenieure im Bauwesen |
| 0. | 5209 | Hendrik Priemer | 00:28:40.3 | Ü30 | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 12519 | Tobias Reinke | 00:28:41.3 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 201 | Matthias Thiel | 00:28:42.0 | Ü30 | 0 | 0 | GER | Team Elli Oil |
| 0. | 13002 | Konrad Bild | 00:28:43.8 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 1740 | Michael Tieben | 00:28:44.0 | Ü30 | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 7769 | Nils Nandzik | 00:28:44.1 | Ü30 | 0 | 0 | GER | infinitas |
| 0. | 10158 | Klaas Kleinke | 00:28:45.9 | Ü30 | 0 | 0 | GER | ppb Architektur & Stadtplanung |
| 0. | 12387 | Kevin Glimm | 00:28:48.3 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |

| | | | | | | | | |
|----|-------|------------------------|------------|-----|---|---|-----|---------------------------------|
| 0. | 12654 | Lukas Schrader | 00:28:51.4 | Ü30 | 0 | 0 | GER | W. Hippke & Partner |
| 0. | 4968 | Phil-Jordan Neugebauer | 00:28:52.3 | Ü30 | 0 | 0 | GER | Drees & Sommer |
| 0. | 11901 | Timo Ahrens | 00:28:58.9 | Ü30 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 8164 | Fabian Boecker | 00:28:59.8 | Ü30 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 9889 | Jakob Rose | 00:29:04.0 | Ü30 | 0 | 0 | GER | NORD/LB |
| 0. | 3630 | Eduard Garbowski | 00:29:04.5 | Ü30 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 11471 | No Name | 00:29:07.1 | Ü30 | 0 | 0 | GER | TUI Group |
| 0. | 1577 | Pascal Wissner | 00:29:12.4 | Ü30 | 0 | 0 | GER | heise - eine Antwort weiter |
| 0. | 4295 | Finn Meinecke | 00:29:12.6 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 6947 | Söhnke Dirks | 00:29:19.6 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 7922 | Julius Jäger | 00:29:19.8 | Ü30 | 0 | 0 | GER | Jäger Group |
| 0. | 10200 | Simon Niemeyer | 00:29:20.3 | Ü30 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 11537 | Marcel Ströer | 00:29:21.3 | Ü30 | 0 | 0 | GER | TUI Group |
| 0. | 7168 | Jakob Müller | 00:29:21.6 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 7813 | Thorben Rasch | 00:29:22.1 | Ü30 | 0 | 0 | GER | R&L-Ingenieure |
| 0. | 4198 | Mark Herrmann | 00:29:23.5 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 4420 | Paul Stintat | 00:29:24.6 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 5836 | Pascal Bräuling | 00:29:25.1 | Ü30 | 0 | 0 | GER | Laufteam Flexsys 2024 |
| 0. | 5594 | Daniel Fischbach | 00:29:26.0 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 13122 | Marvin Stüde | 00:29:28.1 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 7940 | Florian Zimmermann | 00:29:30.9 | Ü30 | 0 | 0 | GER | Jäger Group |
| 0. | 10329 | Ingo Lemberger | 00:29:32.5 | Ü30 | 0 | 0 | GER | R+V Allgemeine Versicherung AG |
| 0. | 7029 | Denis Herrmann | 00:29:34.4 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 4107 | Kim Nicolai Böttger | 00:29:35.0 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 5791 | Georg Viergutz | 00:29:35.9 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 13141 | Zygi Ziaukas | 00:29:38.1 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 3898 | Christoph Schunke | 00:29:39.1 | Ü30 | 0 | 0 | GER | CRATOS GmbH |
| 0. | 2175 | Pascal Weinholz | 00:29:39.3 | Ü30 | 0 | 0 | GER | Toyota Material Handling |
| 0. | 6343 | Henrik Preiß | 00:29:40.3 | Ü30 | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 12408 | Julian Höfers | 00:29:43.1 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 11900 | Eike Ahlers | 00:29:45.2 | Ü30 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 866 | Igor Mitnik | 00:29:46.8 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 775 | Niklas Greve | 00:29:47.3 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 2398 | Arne Grothaus | 00:29:48.0 | Ü30 | 0 | 0 | GER | WHM Garbsen - Team Laufen |
| 0. | 794 | Jan-Christoph Homann | 00:29:48.3 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 11667 | Mourad Souissi | 00:29:50.3 | Ü30 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 10243 | Sebastian Flügel | 00:29:50.5 | Ü30 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 6281 | Alexander Gudat | 00:29:51.0 | Ü30 | 0 | 0 | GER | GRBV Ingenieure im Bauwesen |
| 0. | 13010 | Jan Doehring | 00:29:56.3 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 11166 | Maximilian Wittber | 00:29:56.6 | Ü30 | 0 | 0 | GER | team runners |
| 0. | 5567 | Jan Busche | 00:29:59.3 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 4391 | Felix Seanger | 00:30:00.3 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 11824 | Alexander Kohlmeier | 00:30:01.3 | Ü30 | 0 | 0 | GER | VSV |
| 0. | 1168 | Dominik Kunz | 00:30:02.3 | Ü30 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 9406 | Sebastian Walter | 00:30:04.9 | Ü30 | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 2405 | Lars Stegen | 00:30:06.5 | Ü30 | 0 | 0 | GER | WHM Garbsen - Team Laufen |
| 0. | 4307 | Renke Mücke | 00:30:06.9 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 11493 | Lars Markgraf | 00:30:09.5 | Ü30 | 0 | 0 | GER | TUI Group |
| 0. | 9120 | Marco-Marcel Niebuhr | 00:30:09.9 | Ü30 | 0 | 0 | GER | Luther |
| 0. | 12420 | Philipp Katzwinkel | 00:30:10.3 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 9201 | Christian Jaross | 00:30:10.5 | Ü30 | 0 | 0 | GER | Marley Deutschland GmbH |
| 0. | 9953 | Daniel Wichert | 00:30:12.6 | Ü30 | 0 | 0 | GER | NORD/LB |
| 0. | 7394 | Johannes Kulyk | 00:30:12.6 | Ü30 | 0 | 0 | GER | heinekingmedia |

| | | | | | | | | |
|----|-------|----------------------|------------|-----|---|---|-----|-----------------------------------|
| 0. | 5378 | Nico De Ruvo | 00:30:14.8 | Ü30 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 9493 | Tobias Rode | 00:30:17.1 | Ü30 | 0 | 0 | GER | Molex Runners |
| 0. | 7086 | André Köpke | 00:30:17.9 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 5485 | Henri Lesaffre | 00:30:18.5 | Ü30 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 10670 | Stefan Kühl | 00:30:18.6 | Ü30 | 0 | 0 | GER | Sennheiser electronic SE & Co. KG |
| 0. | 7061 | Michael Jung | 00:30:18.9 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 1229 | Felix Gärtner | 00:30:20.1 | Ü30 | 0 | 0 | GER | Edeka-Runners |
| 0. | 1140 | Stephan Donst | 00:30:22.1 | Ü30 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 9739 | Fabian Epping | 00:30:22.1 | Ü30 | 0 | 0 | GER | NORD/LB |
| 0. | 1979 | Stefan Ahlers | 00:30:22.6 | Ü30 | 0 | 0 | GER | nass magnet |
| 0. | 7953 | Philip Buhmann | 00:30:23.5 | Ü30 | 0 | 0 | GER | Jäger Group |
| 0. | 9704 | Paul Wegner | 00:30:24.8 | Ü30 | 0 | 0 | GER | NORD/LB |
| 0. | 3495 | Simon Colin | 00:30:26.5 | Ü30 | 0 | 0 | GER | Capgemini Deutschland GmbH |
| 0. | 4345 | Yannick Rohlfing | 00:30:27.8 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 3894 | Nils Kuhnke | 00:30:28.1 | Ü30 | 0 | 0 | GER | CRATOS GmbH |
| 0. | 12516 | Björn Reinecke | 00:30:31.5 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 3456 | Philipp Sandvoß | 00:30:33.1 | Ü30 | 0 | 0 | GER | Busse & Coll Steuerberatungs GmbH |
| 0. | 11986 | Joshua Homeister | 00:30:33.6 | Ü30 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 5547 | Simon Barz | 00:30:34.3 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 176 | Hans-Martin Schöne | 00:30:38.8 | Ü30 | 0 | 0 | GER | Airbus |
| 0. | 12439 | Jonas Krüger | 00:30:39.5 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5100 | Hendrik Mysegades | 00:30:40.4 | Ü30 | 0 | 0 | GER | ECKERT Rechtsanwälte |
| 0. | 9111 | Lukas Heidt | 00:30:41.3 | Ü30 | 0 | 0 | GER | the lost Vikings |
| 0. | 8625 | Hendrik Arndt | 00:30:42.1 | Ü30 | 0 | 0 | GER | Team KONE |
| 0. | 3571 | Fabian Feußner | 00:30:42.5 | Ü30 | 0 | 0 | GER | CGI |
| 0. | 1427 | Justin Hasler | 00:30:42.6 | Ü30 | 0 | 0 | GER | GWE |
| 0. | 6000 | Janis Mostert | 00:30:44.1 | Ü30 | 0 | 0 | GER | Genoverband e. V. |
| 0. | 3448 | Stefan Fricke | 00:30:45.0 | Ü30 | 0 | 0 | GER | Busse & Coll Steuerberatungs GmbH |
| 0. | 7082 | Arne Kollat | 00:30:45.6 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 6336 | André Lincango Lopez | 00:30:47.9 | Ü30 | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 3899 | Pankaj Sharma | 00:30:49.9 | Ü30 | 0 | 0 | GER | CRATOS GmbH |
| 0. | 7597 | Jonas Crull | 00:30:50.5 | Ü30 | 0 | 0 | GER | IG Metallteam |
| 0. | 13097 | Andreas Relard | 00:30:50.6 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 1315 | Kristof Schaefer | 00:30:51.2 | Ü30 | 0 | 0 | GER | Gasunie |
| 0. | 2425 | Harro Gelfert | 00:30:51.4 | Ü30 | 0 | 0 | GER | WTS Group AG |
| 0. | 2433 | Nils Ziemann | 00:30:54.6 | Ü30 | 0 | 0 | GER | WTS Group AG |
| 0. | 3759 | Pascal Rettke | 00:30:54.8 | Ü30 | 0 | 0 | GER | Team Concordia |
| 0. | 10248 | Florian Löhrke | 00:30:54.8 | Ü30 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 2655 | Patrick Hettwer | 00:30:56.0 | Ü30 | 0 | 0 | GER | AirITSystems |
| 0. | 12660 | Lutz Biester | 00:30:56.8 | Ü30 | 0 | 0 | GER | #teamWAGNER |
| 0. | 5456 | Paul Braastad-Tiffon | 00:30:57.3 | Ü30 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 8978 | Felix Wolter | 00:30:58.6 | Ü30 | 0 | 0 | GER | LBS NordWest |
| 0. | 11345 | Jan Pielsticker | 00:30:59.9 | Ü30 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 4290 | Julien Mann | 00:31:01.6 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 10207 | Martin Schulz | 00:31:05.5 | Ü30 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 12104 | Bruno Schubert | 00:31:06.6 | Ü30 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 3837 | Christian Czok | 00:31:06.8 | Ü30 | 0 | 0 | GER | Connox |
| 0. | 2720 | Pascal Picke | 00:31:07.1 | Ü30 | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 7084 | Ulf König | 00:31:07.3 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 10197 | Michael Mommert | 00:31:10.0 | Ü30 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 3997 | Ghassen Faidi | 00:31:11.2 | Ü30 | 0 | 0 | GER | DAK |
| 0. | 13012 | Luca Dreier | 00:31:16.4 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 302 | Marek Biermann | 00:31:18.1 | Ü30 | 0 | 0 | GER | AntonPaar OptoTec GmbH |

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|----|-------|----------------------|------------|-----|---|---|-----|----------------------------------|
| 0. | 10267 | Christoph Michler | 00:31:18.3 | Ü30 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 4245 | Sascha Kley | 00:31:22.6 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 13109 | Christoph Schowe | 00:31:24.3 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 8871 | Tobias Pages | 00:31:25.8 | Ü30 | 0 | 0 | GER | Kühne + Nagel (AG & Co.) KG |
| 0. | 13066 | Phillip Lewetzki | 00:31:27.1 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 11655 | Lukas Ohde | 00:31:27.3 | Ü30 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 8130 | Martin Lippold | 00:31:28.8 | Ü30 | 0 | 0 | GER | Kleine Klautiere |
| 0. | 6424 | Frederik Mündelein | 00:31:30.3 | Ü30 | 0 | 0 | GER | Hahne Holding GmbH |
| 0. | 10069 | Robin Petersen | 00:31:30.9 | Ü30 | 0 | 0 | GER | Paulmann Licht |
| 0. | 5590 | Kevin Ekert | 00:31:32.9 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 5190 | Jürgen Greifendorf | 00:31:33.0 | Ü30 | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 12083 | Finn Rowohlt | 00:31:33.6 | Ü30 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 1270 | Oliver Eisenacher | 00:31:33.8 | Ü30 | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 9924 | Lukas Stübig | 00:31:34.1 | Ü30 | 0 | 0 | GER | NORD/LB |
| 0. | 2624 | Patrick Liedtke | 00:31:34.4 | Ü30 | 0 | 0 | GER | AIM |
| 0. | 13033 | Rasmus Henschel | 00:31:34.8 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 8900 | Jaryi Lippek | 00:31:35.0 | Ü30 | 0 | 0 | GER | Laser Zentrum Hannover e.V. |
| 0. | 6974 | Tim Fritsche | 00:31:36.9 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 12505 | Hendrik Jasper | 00:31:36.9 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 2168 | Florian Trick | 00:31:38.4 | Ü30 | 0 | 0 | GER | Toyota Material Handling |
| 0. | 12685 | Vincent Krumrey | 00:31:38.5 | Ü30 | 0 | 0 | GER | #teamWAGNER |
| 0. | 5490 | Antony Martin | 00:31:38.6 | Ü30 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 3620 | Andreas Deschka | 00:31:39.1 | Ü30 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 10244 | Sören Freistedt | 00:31:39.3 | Ü30 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 10076 | Sören Schwarze | 00:31:40.4 | Ü30 | 0 | 0 | GER | Paulmann Licht |
| 0. | 10545 | Steve Mewes | 00:31:40.5 | Ü30 | 0 | 0 | GER | BSG RWE Hannover |
| 0. | 11937 | Marvin Diederichs | 00:31:41.0 | Ü30 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 13013 | Christoph Dufhaus | 00:31:41.5 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 12198 | Marcel Borchert | 00:31:42.8 | Ü30 | 0 | 0 | GER | Vinzenzkrankenhaus Hannover GmbH |
| 0. | 133 | Lukas Gathmann | 00:31:44.6 | Ü30 | 0 | 0 | GER | Airbus |
| 0. | 9923 | Hendrik Strohmeier | 00:31:45.2 | Ü30 | 0 | 0 | GER | NORD/LB |
| 0. | 7598 | Sven Dartsch | 00:31:45.8 | Ü30 | 0 | 0 | GER | IG Metallteam |
| 0. | 877 | Michael Nowotny | 00:31:46.5 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 12322 | Sascha Behr | 00:31:46.8 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 2695 | Marco Gewecke | 00:31:47.5 | Ü30 | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 12157 | Jan Wedemeyer | 00:31:47.8 | Ü30 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 8603 | Daniel Rogers | 00:31:47.9 | Ü30 | 0 | 0 | GER | Team KONE |
| 0. | 11296 | Stephan Bartelt | 00:31:48.1 | Ü30 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 4182 | Henrik Halm | 00:31:49.0 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 51406 | Phi Ngo | 00:31:51.5 | Ü30 | 0 | 0 | GER | RegionRunners |
| 0. | 4130 | Tido Davids | 00:31:52.3 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 10246 | Maximilian Germerott | 00:31:52.8 | Ü30 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 12380 | Emre Gürsoy | 00:31:53.4 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 7053 | Jacob Jäckel | 00:31:53.8 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 12024 | Alexander Kuba | 00:31:54.1 | Ü30 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 1876 | Tim Fornacon | 00:31:55.1 | Ü30 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 1594 | Mark De Vries | 00:31:56.8 | Ü30 | 0 | 0 | GER | IPH gGmbH |
| 0. | 9509 | Serj Josef Voskian | 00:31:57.1 | Ü30 | 0 | 0 | GER | MOSAİK architekt:innen |
| 0. | 13113 | Marcel Schwenke | 00:31:58.0 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 7135 | Andreas Makovskij | 00:31:58.3 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 11953 | Hannes Geißler | 00:32:01.2 | Ü30 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 4389 | Steven Schweda | 00:32:02.1 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 4082 | Myles Kevin Barrabas | 00:32:05.8 | Ü30 | 0 | 0 | GER | DB / VDES |

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|----|-------|-----------------------------------|------------|-----|---|---|-----|---------------------------------|
| 0. | 5817 | Max Zimmermann | 00:32:06.8 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 11913 | Jannick Bettels | 00:32:09.0 | Ü30 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 2102 | Dennis Hiller | 00:32:09.5 | Ü30 | 0 | 0 | GER | STRABAG AG |
| 0. | 12562 | Dennis Steinhoff | 00:32:09.9 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 4077 | Simon Baas | 00:32:10.1 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 305 | No Name | 00:32:11.1 | Ü30 | 0 | 0 | GER | AntonPaar OptoTec GmbH |
| 0. | 4156 | Tim Freiherr Von Ungern-Steinbock | 00:32:11.3 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 308 | Jannek Hisleiter | 00:32:15.5 | Ü30 | 0 | 0 | GER | AntonPaar OptoTec GmbH |
| 0. | 6223 | Patrick Troitzsch | 00:32:15.6 | Ü30 | 0 | 0 | GER | All4Golf |
| 0. | 10387 | Samuel Woodward | 00:32:16.0 | Ü30 | 0 | 0 | GER | Ramboll Hannover Runners |
| 0. | 945 | Nils Schwanengel | 00:32:17.5 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 10864 | Marius Luding | 00:32:17.6 | Ü30 | 0 | 0 | GER | SKC Beratungsgesellschaft mbH |
| 0. | 2022 | Jannis Finze | 00:32:19.4 | Ü30 | 0 | 0 | GER | PREUSS Gruppe |
| 0. | 744 | Sebastian Dose | 00:32:20.2 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 559 | Steve Brauckhoff | 00:32:20.4 | Ü30 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 12391 | Niklas Heidenreich | 00:32:21.9 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 8577 | David Groß | 00:32:21.9 | Ü30 | 0 | 0 | GER | Team KONE |
| 0. | 10525 | Wolfgang Rettenmayr | 00:32:24.2 | Ü30 | 0 | 0 | GER | RSM Ebner Stolz |
| 0. | 12011 | Marius Krack | 00:32:27.4 | Ü30 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 1799 | Alexander Von List | 00:32:29.5 | Ü30 | 0 | 0 | GER | LW.P Lüders Warneboldt |
| 0. | 8905 | Thilo Schmidt | 00:32:35.0 | Ü30 | 0 | 0 | GER | Laser Zentrum Hannover e.V. |
| 0. | 8307 | No Name | 00:32:35.5 | Ü30 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 2226 | Malte Fugel | 00:32:35.6 | Ü30 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 9147 | Julian Gercke | 00:32:37.6 | Ü30 | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 8975 | Jaspar Tzschierter | 00:32:37.8 | Ü30 | 0 | 0 | GER | LBS NordWest |
| 0. | 12993 | Goekhan Ayar | 00:32:38.6 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 5686 | Tim Ludwigkeit | 00:32:39.8 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 11673 | Mohsen Zgil | 00:32:39.9 | Ü30 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 11927 | Florian Bruns | 00:32:42.8 | Ü30 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 4223 | Hendrik Janot | 00:32:43.8 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 1274 | Philipp Holz | 00:32:44.4 | Ü30 | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 1647 | Dennis Kristof | 00:32:45.8 | Ü30 | 0 | 0 | GER | Team Kienast Unternehmensgruppe |
| 0. | 138 | Christoph Hahn | 00:32:46.4 | Ü30 | 0 | 0 | GER | Airbus |
| 0. | 2666 | Maximilian Schrörs | 00:32:46.6 | Ü30 | 0 | 0 | GER | AirITSystems |
| 0. | 1422 | Sascha Priesemann | 00:32:47.8 | Ü30 | 0 | 0 | GER | Gundlach |
| 0. | 1919 | Thomas Marten | 00:32:48.4 | Ü30 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 7142 | Lennart Markgraf | 00:32:49.8 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 8217 | Patrick Holz | 00:32:49.8 | Ü30 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 7215 | Damian Reck | 00:32:51.6 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 3287 | Maximilian Kämpfer | 00:32:52.0 | Ü30 | 0 | 0 | GER | Behncke GmbH |
| 0. | 11619 | Arkan Alsaleh | 00:32:53.3 | Ü30 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 5756 | Florian Selent | 00:32:54.6 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 4260 | Thorben Kuball | 00:32:56.3 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 5516 | Jannick Frerichs | 00:32:57.1 | Ü30 | 0 | 0 | GER | FiberBridge Photonics |
| 0. | 738 | Joshua Dams | 00:32:58.0 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 1823 | Jan Wilshusen | 00:32:58.5 | Ü30 | 0 | 0 | GER | LVBZ Steuerberatung |
| 0. | 10271 | Roman Polsfut | 00:32:58.8 | Ü30 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 4882 | Sebastian Westa | 00:32:59.0 | Ü30 | 0 | 0 | GER | DIDImmo |
| 0. | 4493 | Dennis Tokay | 00:32:59.4 | Ü30 | 0 | 0 | GER | Debeka |
| 0. | 11668 | Fouad Tarras | 00:33:02.4 | Ü30 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 9625 | Sören Boie | 00:33:02.9 | Ü30 | 0 | 0 | GER | neotares |
| 0. | 3153 | Sebastian Hoppensack | 00:33:03.1 | Ü30 | 0 | 0 | GER | Waygate Technologies |
| 0. | 6494 | Edgar Gerner | 00:33:03.4 | Ü30 | 0 | 0 | GER | FunIT |

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|----|-------|---------------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 12559 | Fabian Bertram | 00:33:03.4 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 11122 | Marcel Forster | 00:33:03.7 | Ü30 | 0 | 0 | GER | Syserso Networks GmbH |
| 0. | 9044 | Philip Haupt | 00:33:04.9 | Ü30 | 0 | 0 | GER | Lorenzbau |
| 0. | 10152 | Jan Philipp Pietrek | 00:33:05.3 | Ü30 | 0 | 0 | GER | PORR |
| 0. | 5664 | Torben Wengelnik | 00:33:06.3 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 10374 | Aaron Mehlhose | 00:33:07.3 | Ü30 | 0 | 0 | GER | Ramboll Hannover Runners |
| 0. | 12870 | Marco Aschemann | 00:33:07.4 | Ü30 | 0 | 0 | GER | Wohnungsgenossenschaft Heimkehr eG |
| 0. | 6428 | No Name | 00:33:08.4 | Ü30 | 0 | 0 | GER | Hahne Holding GmbH |
| 0. | 9803 | Patrick Klein | 00:33:10.1 | Ü30 | 0 | 0 | GER | NORD/LB |
| 0. | 5574 | Tim Dahlmann | 00:33:11.4 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 5683 | Sebastian Lippert | 00:33:12.7 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 9291 | Daniel Gilgenberger | 00:33:14.3 | Ü30 | 0 | 0 | GER | Mecklenburgische Versicherungs-Gesel |
| 0. | 1305 | Florian Lingemann | 00:33:14.4 | Ü30 | 0 | 0 | GER | Gasunie |
| 0. | 6432 | Sead Ramadani | 00:33:14.9 | Ü30 | 0 | 0 | GER | Hahne Holding GmbH |
| 0. | 1598 | Eike Lorenz | 00:33:16.9 | Ü30 | 0 | 0 | GER | IPH gGmbH |
| 0. | 7566 | Mattes Lammers | 00:33:19.3 | Ü30 | 0 | 0 | GER | HannoverDachbauTeam |
| 0. | 11618 | Miran Aljaf | 00:33:19.3 | Ü30 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 6835 | Dennis Grandke | 00:33:19.4 | Ü30 | 0 | 0 | GER | Harryaner*innen |
| 0. | 5544 | Nico Baade | 00:33:22.0 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 3316 | Tim Holtheuer | 00:33:23.1 | Ü30 | 0 | 0 | GER | Bildungsverein Hannover |
| 0. | 13081 | No Name | 00:33:23.4 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 3900 | Sascha Vollmer | 00:33:24.0 | Ü30 | 0 | 0 | GER | CRATOS GmbH |
| 0. | 8895 | Philipp Gehrke | 00:33:24.1 | Ü30 | 0 | 0 | GER | Laser Zentrum Hannover e.V. |
| 0. | 3523 | Erik Ketelsen | 00:33:24.4 | Ü30 | 0 | 0 | GER | CARESTONE |
| 0. | 1980 | Luan Araujo Vasques | 00:33:24.8 | Ü30 | 0 | 0 | GER | nass magnet |
| 0. | 10860 | Tim Ebbecke | 00:33:25.3 | Ü30 | 0 | 0 | GER | SKC Beratungsgesellschaft mbH |
| 0. | 1733 | Robert Zaunick | 00:33:26.4 | Ü30 | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 12652 | Leon Rien | 00:33:28.0 | Ü30 | 0 | 0 | GER | W. Hippke & Partner |
| 0. | 11750 | Maximilian Schlüter | 00:33:28.8 | Ü30 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 10787 | Jan-Gerrit Dörrie | 00:33:29.1 | Ü30 | 0 | 0 | GER | Siemens AG |
| 0. | 13120 | Gregor Matthias Stenglein | 00:33:29.2 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 12422 | Kristof Kehrmann | 00:33:29.9 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 12358 | Dominik Falczyk | 00:33:30.1 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 4442 | Ben Veith | 00:33:31.5 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 5085 | Arne Petersen | 00:33:34.9 | Ü30 | 0 | 0 | GER | EBRC running mates |
| 0. | 10017 | Sebastian Boldt | 00:33:35.8 | Ü30 | 0 | 0 | GER | Paritätischer Nds. |
| 0. | 4305 | Patrick Möhle | 00:33:36.1 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 5196 | Marcel Kaufholdt | 00:33:36.3 | Ü30 | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 12619 | Jan Kastening | 00:33:36.5 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 7270 | Frederic Schwäbe | 00:33:36.6 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 11802 | Kevin Klevenow | 00:33:38.6 | Ü30 | 0 | 0 | GER | VEA |
| 0. | 7631 | Alexander Teuber | 00:33:40.3 | Ü30 | 0 | 0 | GER | IG Metallteam |
| 0. | 12985 | Markus Weber | 00:33:43.3 | Ü30 | 0 | 0 | GER | Canopy Biosciences |
| 0. | 8790 | Alexander Meyer | 00:33:43.4 | Ü30 | 0 | 0 | GER | Krüger Hannover GmbH & Co. KG |
| 0. | 11266 | Thomas Nahrendorf | 00:33:43.5 | Ü30 | 0 | 0 | GER | Honeywell Transnorm |
| 0. | 1300 | Maximilian Hellberg | 00:33:45.7 | Ü30 | 0 | 0 | GER | Gasunie |
| 0. | 10903 | Fabian Lewen | 00:33:46.7 | Ü30 | 0 | 0 | GER | Sonepar |
| 0. | 5610 | Timo Harbecke | 00:33:46.8 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 8467 | Lars Steinacker | 00:33:46.8 | Ü30 | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 4168 | Christoph Glantz | 00:33:47.0 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 4355 | Tobias Sander | 00:33:47.4 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 5667 | Niklas Kownatzki | 00:33:50.9 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 568 | Steffen Dickel | 00:33:52.3 | Ü30 | 0 | 0 | GER | Diakovere gGmbH |

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|----|-------|---------------------|------------|-----|---|---|-----|-------------------------------|
| 0. | 1612 | Nico Gläser | 00:33:52.4 | Ü30 | 0 | 0 | GER | itsc |
| 0. | 8283 | Aaron Plate | 00:33:53.6 | Ü30 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 8604 | Daniel Schwarze | 00:33:54.1 | Ü30 | 0 | 0 | GER | Team KONE |
| 0. | 6321 | Oussama Atlagh | 00:33:54.3 | Ü30 | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 13000 | Thomas Beutner | 00:33:55.1 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 306 | Andrej Fendel | 00:33:58.7 | Ü30 | 0 | 0 | GER | AntonPaar OptoTec GmbH |
| 0. | 5382 | Denis Wiedemeyer | 00:34:00.0 | Ü30 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 5695 | Pascal Mengerßen | 00:34:01.0 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 6882 | Florian Badstieber | 00:34:01.1 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 11315 | Dennis Hergert | 00:34:02.6 | Ü30 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 11641 | Sven Ferdinand Kohl | 00:34:02.6 | Ü30 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 5672 | Phillip Kretschmann | 00:34:03.8 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 10889 | Kevin Galuhn | 00:34:07.9 | Ü30 | 0 | 0 | GER | Sonepar |
| 0. | 8913 | Alexander Wienke | 00:34:08.1 | Ü30 | 0 | 0 | GER | Laser Zentrum Hannover e.V. |
| 0. | 897 | Bartosz Pilarski | 00:34:09.1 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 10208 | Paul Schulz | 00:34:10.8 | Ü30 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 8416 | Jan Krüger | 00:34:12.1 | Ü30 | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 5340 | Christian Liemann | 00:34:14.5 | Ü30 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 6991 | Farid Ghanbari | 00:34:16.9 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 11362 | Sascha Telsemeyer | 00:34:17.3 | Ü30 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 11359 | Sebastian Stach | 00:34:19.1 | Ü30 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 7050 | Anoof Ibrahim | 00:34:20.4 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 6652 | Maximilian Keil | 00:34:23.8 | Ü30 | 0 | 0 | GER | AGS |
| 0. | 6917 | Aron Brinckmann | 00:34:24.3 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 96 | Evgenij Henning | 00:34:24.4 | Ü30 | 0 | 0 | GER | AGILA Haustierversicherung AG |
| 0. | 3623 | Miguel Doallo Gomez | 00:34:24.5 | Ü30 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 2236 | Nils Hansen | 00:34:25.6 | Ü30 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 10531 | Dicle Dogan | 00:34:29.1 | Ü30 | 0 | 0 | GER | Rudolf Architekten |
| 0. | 13063 | Sebastian Lack | 00:34:29.6 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 5150 | Christoph Wiegand | 00:34:31.9 | Ü30 | 0 | 0 | GER | EDEKA Wucherpfennig GmbH |
| 0. | 8006 | Maxim Degtjarev | 00:34:32.1 | Ü30 | 0 | 0 | GER | KAG - The Endurance Runners |
| 0. | 6891 | Patrick Becher | 00:34:32.1 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 8037 | Paul Shkarlat | 00:34:32.2 | Ü30 | 0 | 0 | GER | FristabLAUF! |
| 0. | 3017 | Nils Emmerich | 00:34:32.5 | Ü30 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 7219 | Benedict Reimann | 00:34:33.5 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 6637 | Pascal Cegielski | 00:34:33.6 | Ü30 | 0 | 0 | GER | AGS |
| 0. | 7339 | Jan Wiebusch | 00:34:36.3 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 3528 | Oliver Müller | 00:34:41.7 | Ü30 | 0 | 0 | GER | CARESTONE |
| 0. | 8412 | Andreas Klein | 00:34:45.6 | Ü30 | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 7471 | Arne Reichenberg | 00:34:46.6 | Ü30 | 0 | 0 | GER | HERO Software |
| 0. | 11807 | Frederik Richau | 00:34:47.9 | Ü30 | 0 | 0 | GER | VEA |
| 0. | 5549 | Niclas Becker | 00:34:50.8 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 11957 | Timo Gewohn | 00:34:51.9 | Ü30 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 2457 | Nils Vehling | 00:34:52.1 | Ü30 | 0 | 0 | GER | BSG ABB & Hitachi Energy e.V. |
| 0. | 9699 | Lasse Balzer | 00:34:53.8 | Ü30 | 0 | 0 | GER | NORD/LB |
| 0. | 9896 | Carsten Sattler | 00:34:55.6 | Ü30 | 0 | 0 | GER | NORD/LB |
| 0. | 6412 | No Name | 00:34:57.2 | Ü30 | 0 | 0 | GER | Hahne Holding GmbH |
| 0. | 3608 | Jonas Brunnert | 00:34:58.1 | Ü30 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 12143 | Wiktor Trojan | 00:35:01.1 | Ü30 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 13079 | Tim Meyer | 00:35:06.1 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 2260 | Bennet Brunke | 00:35:09.4 | Ü30 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 8899 | Fabian Kranert | 00:35:10.7 | Ü30 | 0 | 0 | GER | Laser Zentrum Hannover e.V. |
| 0. | 11409 | Matias Britto | 00:35:12.4 | Ü30 | 0 | 0 | GER | TUI Group |

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|----|-------|-----------------------------|------------|-----|---|---|-----|------------------------------------|
| 0. | 6600 | Arne Fuhst | 00:35:13.4 | Ü30 | 0 | 0 | GER | Hannover 96 |
| 0. | 4552 | Finn Luka Müller | 00:35:13.4 | Ü30 | 0 | 0 | GER | Deloitte |
| 0. | 9144 | André Döring | 00:35:14.7 | Ü30 | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 1127 | Jan Albers | 00:35:15.1 | Ü30 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 2574 | No Name | 00:35:16.5 | Ü30 | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 11650 | Jamal Zaghla | 00:35:17.1 | Ü30 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 2561 | Phillip Doering | 00:35:26.2 | Ü30 | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 10331 | Ron Mitschker | 00:35:26.4 | Ü30 | 0 | 0 | GER | R+v Allgemeine Versicherung AG |
| 0. | 12016 | Fabian Krampe | 00:35:26.6 | Ü30 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 11616 | Faisal Aldomez | 00:35:26.6 | Ü30 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 12406 | Lukas Hinken | 00:35:26.8 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 13125 | Moritz Uhlendorf | 00:35:28.1 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 5386 | Marc Wörmann | 00:35:28.6 | Ü30 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 2237 | Daniel Heine | 00:35:30.0 | Ü30 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 12044 | Mohamad Moayad Mansour | 00:35:32.8 | Ü30 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 4461 | Ingo Ziemer | 00:35:33.5 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 1208 | Tobias Tröger | 00:35:33.6 | Ü30 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 2923 | Felix Wimmer | 00:35:35.9 | Ü30 | 0 | 0 | GER | Aspria |
| 0. | 10273 | Patrick Murtzen | 00:35:38.3 | Ü30 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 769 | Dennis Glowacki | 00:35:42.8 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 7702 | Julius Schwarz | 00:35:43.2 | Ü30 | 0 | 0 | GER | Cool down... |
| 0. | 12393 | Lars Heilemann | 00:35:43.9 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 10379 | Tobias Kentgens | 00:35:44.2 | Ü30 | 0 | 0 | GER | Ramboll Hannover Runners |
| 0. | 1233 | Alexander Reu-Rosier | 00:35:48.1 | Ü30 | 0 | 0 | GER | Edeka-Runners |
| 0. | 53 | Tim Krueger | 00:35:50.9 | Ü30 | 0 | 0 | GER | Vinci Energies |
| 0. | 9538 | Lennert Kordex | 00:35:57.9 | Ü30 | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 13139 | Fares Romane | 00:35:58.4 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 6867 | Chris Abraham | 00:35:59.1 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 4244 | No Name | 00:35:59.7 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 10983 | Jan Hoefener | 00:36:02.4 | Ü30 | 0 | 0 | GER | BSG Sparkasse HGP |
| 0. | 5510 | Maximilian Westphal | 00:36:03.5 | Ü30 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 7871 | No Name | 00:36:05.1 | Ü30 | 0 | 0 | GER | IP SYSCON SPORTS |
| 0. | 10137 | Benjamin Peter | 00:36:05.8 | Ü30 | 0 | 0 | GER | Planungsbüro Isernhagen |
| 0. | 10155 | Philipp Schwemmer | 00:36:06.4 | Ü30 | 0 | 0 | GER | PORR |
| 0. | 9935 | Konstantinos Tzontas | 00:36:06.9 | Ü30 | 0 | 0 | GER | NORD/LB |
| 0. | 964 | Bastian Struwe | 00:36:09.3 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 12662 | Anthony Brandt | 00:36:10.8 | Ü30 | 0 | 0 | GER | #teamWAGNER |
| 0. | 2211 | Axel Claassen | 00:36:10.9 | Ü30 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 10741 | Alexander Muhamodev | 00:36:14.3 | Ü30 | 0 | 0 | GER | SEW-EURODRIVE GmbH & Co KG |
| 0. | 1271 | Hendrik Gerland | 00:36:16.1 | Ü30 | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 1724 | Amadeus Pötschke | 00:36:16.3 | Ü30 | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 5518 | Philipp Gersema | 00:36:18.4 | Ü30 | 0 | 0 | GER | FiberBridge Photonics |
| 0. | 1192 | Torben Runte | 00:36:20.9 | Ü30 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 7517 | Conrad Kuhwald | 00:36:23.7 | Ü30 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 7815 | Dennis Leander Schmidt | 00:36:26.9 | Ü30 | 0 | 0 | GER | Die schnellen Libellen |
| 0. | 2176 | Jörn Wiethaup | 00:36:27.1 | Ü30 | 0 | 0 | GER | Toyota Material Handling |
| 0. | 13059 | No Name | 00:36:28.6 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 5781 | Christian Tölle | 00:36:30.3 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 12093 | Joseph Michael Scherfenberg | 00:36:30.6 | Ü30 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 7376 | Steve Neumann | 00:36:34.6 | Ü30 | 0 | 0 | GER | Heidenhain |
| 0. | 3982 | Mohyi Eldin Takriti | 00:36:37.8 | Ü30 | 0 | 0 | GER | DAK |
| 0. | 6389 | Kelvin Enwemeka | 00:36:39.2 | Ü30 | 0 | 0 | GER | Hahne Holding GmbH |
| 0. | 9575 | Till Gorgs | 00:36:40.4 | Ü30 | 0 | 0 | GER | M&P Ingenieurgesellschaft mbH |

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|----|-------|---------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 9577 | Martin Groten | 00:36:40.9 | Ü30 | 0 | 0 | GER | M&P Ingenieurgesellschaft mbH |
| 0. | 151 | Sascha Koppmann | 00:36:43.3 | Ü30 | 0 | 0 | GER | Airbus |
| 0. | 5230 | Rutger Senger | 00:36:45.0 | Ü30 | 0 | 0 | GER | Energie-Pensions-Management GmbH |
| 0. | 9856 | Rusim Omar | 00:36:47.1 | Ü30 | 0 | 0 | GER | NORD/LB |
| 0. | 12664 | No Name | 00:36:48.8 | Ü30 | 0 | 0 | GER | #teamWAGNER |
| 0. | 12679 | Hannes Hoppe | 00:36:50.7 | Ü30 | 0 | 0 | GER | #teamWAGNER |
| 0. | 7265 | Philipp Schrader | 00:36:51.1 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 1291 | Tobias Zak | 00:36:51.5 | Ü30 | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 8932 | Sascha Hoffmann | 00:36:51.5 | Ü30 | 0 | 0 | GER | lavera.naturals |
| 0. | 11124 | Lewis Kan | 00:36:52.6 | Ü30 | 0 | 0 | GER | Syserso Networks GmbH |
| 0. | 7990 | Johannes Wenzel | 00:36:54.3 | Ü30 | 0 | 0 | GER | Immer am Limit! |
| 0. | 2451 | Jonas Hausdorf | 00:36:58.5 | Ü30 | 0 | 0 | GER | BSG ABB & Hitachi Energy e.V. |
| 0. | 12026 | Martin Kühn | 00:36:59.3 | Ü30 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 1834 | Tim Oelsner | 00:37:00.1 | Ü30 | 0 | 0 | GER | Mobil ISC |
| 0. | 1392 | Sahap Alptekin | 00:37:00.3 | Ü30 | 0 | 0 | GER | GRENKE AG |
| 0. | 5568 | Tim Busse | 00:37:06.5 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 1826 | Steffen Brock | 00:37:07.6 | Ü30 | 0 | 0 | GER | Mobil ISC |
| 0. | 12135 | No Name | 00:37:07.6 | Ü30 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 196 | Kevin Herrmann | 00:37:08.1 | Ü30 | 0 | 0 | GER | Team Elli Oil |
| 0. | 68 | Björn Kahler | 00:37:09.1 | Ü30 | 0 | 0 | GER | Vinci Energies |
| 0. | 7243 | Marius Salzbrunn | 00:37:10.9 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 4145 | Joel Emad | 00:37:10.9 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 10279 | Torben Sieg | 00:37:11.0 | Ü30 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 4319 | Kevin Pabst | 00:37:11.1 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 12980 | Jonah Rauer | 00:37:11.4 | Ü30 | 0 | 0 | GER | Canopy Biosciences |
| 0. | 12131 | Tim Swoboda | 00:37:11.8 | Ü30 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 3064 | Michael Mayer | 00:37:12.3 | Ü30 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 5313 | Max Bühlmann | 00:37:13.8 | Ü30 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 10918 | Viktor Widder | 00:37:17.8 | Ü30 | 0 | 0 | GER | Sonepar |
| 0. | 12507 | Markus Penner | 00:37:19.4 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 11360 | Erik Stephan | 00:37:20.8 | Ü30 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 872 | Daniel Mundt | 00:37:21.4 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 363 | Alexander Wiersig | 00:37:22.8 | Ü30 | 0 | 0 | GER | Pipe Pacers |
| 0. | 1198 | Angelo Schraud | 00:37:23.3 | Ü30 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 5689 | Marcel Lyko | 00:37:24.2 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 4476 | Andreas Gatzmann | 00:37:25.0 | Ü30 | 0 | 0 | GER | Debeka |
| 0. | 10781 | Ibrahim Bouhaja | 00:37:25.3 | Ü30 | 0 | 0 | GER | Siemens AG |
| 0. | 938 | No Name | 00:37:27.0 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 12311 | Enis Aktas | 00:37:30.1 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5697 | Max Mielke | 00:37:31.1 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 7992 | Philipp Buhles | 00:37:31.4 | Ü30 | 0 | 0 | GER | Running Bulls |
| 0. | 12411 | Felix Hoppe | 00:37:33.6 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 7768 | Lukas Ladwig | 00:37:34.1 | Ü30 | 0 | 0 | GER | infinitas |
| 0. | 370 | Christoph Ehrhardt | 00:37:34.8 | Ü30 | 0 | 0 | GER | Bucher Municipal |
| 0. | 12134 | Jan-Levin Taraldsen | 00:37:36.1 | Ü30 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 4475 | Daniel Kijac | 00:37:37.1 | Ü30 | 0 | 0 | GER | Debeka |
| 0. | 8007 | Maxim Degtjarev | 00:37:38.4 | Ü30 | 0 | 0 | GER | KAG - The Endurance Runners |
| 0. | 11523 | Lucas Seidel | 00:37:41.1 | Ü30 | 0 | 0 | GER | TUI Group |
| 0. | 4981 | Maximilian Bolesta | 00:37:43.9 | Ü30 | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 10278 | Torben Schwalenberg | 00:37:46.3 | Ü30 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 11531 | Sebastian Haffner | 00:37:48.1 | Ü30 | 0 | 0 | GER | TUI Group |
| 0. | 9330 | Moritz Wisotzki | 00:37:50.1 | Ü30 | 0 | 0 | GER | Mecklenburgische Versicherungs-Gesel |
| 0. | 2453 | Justin Manthey | 00:37:52.3 | Ü30 | 0 | 0 | GER | BSG ABB & Hitachi Energy e.V. |

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|----|-------|-----------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 2736 | Martin Scheu | 00:37:54.4 | Ü30 | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 8925 | Felix Granow | 00:37:54.5 | Ü30 | 0 | 0 | GER | lavera.naturals |
| 0. | 7697 | Patrick Klößen | 00:37:56.6 | Ü30 | 0 | 0 | GER | Cool down... |
| 0. | 533 | Nico Wolpert | 00:37:57.6 | Ü30 | 0 | 0 | GER | COMRAMO AG |
| 0. | 11754 | Christian Schwarz | 00:37:58.4 | Ü30 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 11773 | Thomas Wrubel | 00:37:59.1 | Ü30 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 10858 | Tim Ebbecke | 00:38:01.3 | Ü30 | 0 | 0 | GER | SKC Beratungsgesellschaft mbH |
| 0. | 11313 | Marvin Gerhardi | 00:38:02.4 | Ü30 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 11564 | Timo Zapf | 00:38:03.1 | Ü30 | 0 | 0 | GER | TUI Group |
| 0. | 993 | Artur Wolny | 00:38:03.3 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 11468 | Marco Köhnen | 00:38:04.6 | Ü30 | 0 | 0 | GER | TUI Group |
| 0. | 10021 | Simon Domberg | 00:38:04.6 | Ü30 | 0 | 0 | GER | Paritätischer Nds. |
| 0. | 4464 | Denis Zysk | 00:38:05.0 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 13129 | Jae Won Choi | 00:38:06.1 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 795 | Dennis Hoppe | 00:38:06.9 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 3410 | Dirk Leifheit | 00:38:07.8 | Ü30 | 0 | 0 | GER | Bundeswehr |
| 0. | 12158 | Ramon Weigel-Wiese | 00:38:10.3 | Ü30 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 11544 | Alexander Voigt | 00:38:10.4 | Ü30 | 0 | 0 | GER | TUI Group |
| 0. | 5494 | No Name | 00:38:11.5 | Ü30 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 882 | Denis Olma | 00:38:12.6 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 4890 | Timo Cirkel | 00:38:13.0 | Ü30 | 0 | 0 | GER | Beasts of Data Warehousing & Running |
| 0. | 8960 | Patrick Göhmann | 00:38:15.3 | Ü30 | 0 | 0 | GER | LBS NordWest |
| 0. | 3651 | No Name | 00:38:15.9 | Ü30 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 12996 | Rajat Batni | 00:38:18.0 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 6789 | Benjamin Voß | 00:38:22.4 | Ü30 | 0 | 0 | GER | Hannoversche Volksbank |
| 0. | 9420 | Anselm Artur Derda | 00:38:23.2 | Ü30 | 0 | 0 | GER | MHHERZTEAM |
| 0. | 6839 | Marcel André Hölscher | 00:38:27.1 | Ü30 | 0 | 0 | GER | Harryaner*innen |
| 0. | 7348 | Florian Winkelmann | 00:38:28.6 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 11708 | Andreas Herzberg | 00:38:28.8 | Ü30 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 12982 | Martin Schmid | 00:38:31.6 | Ü30 | 0 | 0 | GER | Canopy Biosciences |
| 0. | 8583 | Dominic John | 00:38:35.2 | Ü30 | 0 | 0 | GER | Team KONE |
| 0. | 7766 | Marc Grove | 00:38:35.4 | Ü30 | 0 | 0 | GER | infinitas |
| 0. | 4400 | Karol Skarupa | 00:38:36.8 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 4308 | Leonhard Mues | 00:38:37.2 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 6869 | Ferhat Aclan | 00:38:39.0 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 7035 | Julian Hinrichsen | 00:38:42.9 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 12324 | Jan Beinker | 00:38:45.6 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 234 | Patrik Millek | 00:38:48.8 | Ü30 | 0 | 0 | GER | ALDI Nord |
| 0. | 1397 | Marko Hömke | 00:38:50.4 | Ü30 | 0 | 0 | GER | GRENKE AG |
| 0. | 11176 | Ersin Piskin | 00:38:51.9 | Ü30 | 0 | 0 | GER | Techniker Krankenkasse |
| 0. | 1619 | Fabian Kallmeier | 00:38:52.4 | Ü30 | 0 | 0 | GER | itsc |
| 0. | 4491 | Jannis Vater | 00:38:53.9 | Ü30 | 0 | 0 | GER | Debeka |
| 0. | 5572 | Rene Choynowski | 00:38:54.3 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 4460 | Sebastian Zacharias | 00:38:54.8 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 1309 | No Name | 00:38:57.9 | Ü30 | 0 | 0 | GER | Gasunie |
| 0. | 5741 | Sebastian Scherp | 00:39:02.8 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 3051 | Tim Köller | 00:39:09.9 | Ü30 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 12656 | Marco Tadday | 00:39:09.9 | Ü30 | 0 | 0 | GER | W. Hippke & Partner |
| 0. | 6207 | James Ashraf | 00:39:16.9 | Ü30 | 0 | 0 | GER | All4Golf |
| 0. | 2216 | Eric Ehrke | 00:39:20.3 | Ü30 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 4234 | Daniel Kastens | 00:39:20.3 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 11228 | Tobias Hildebrandt | 00:39:20.7 | Ü30 | 0 | 0 | GER | thyssenkrupp Plastics |
| 0. | 7212 | Gaurav Singh Rathore | 00:39:21.6 | Ü30 | 0 | 0 | GER | HDI AG |

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|----|-------|-------------------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 7359 | Melvin Zimmermann | 00:39:21.6 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 6987 | Jan Geldermann | 00:39:21.9 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 7712 | Florian Mütter | 00:39:22.1 | Ü30 | 0 | 0 | GER | Cool down... |
| 0. | 9664 | No Name | 00:39:22.6 | Ü30 | 0 | 0 | GER | NLBL-Aktiv |
| 0. | 3556 | Jan-Hendrik Laudien | 00:39:25.1 | Ü30 | 0 | 0 | GER | CG CHEMIKALIEN |
| 0. | 7730 | Jan Beitlich | 00:39:25.6 | Ü30 | 0 | 0 | GER | imug |
| 0. | 1555 | Henok Demiss-Vehling | 00:39:27.1 | Ü30 | 0 | 0 | GER | heise - eine Antwort weiter |
| 0. | 5134 | Ancho Martinez | 00:39:30.4 | Ü30 | 0 | 0 | GER | EDEKA Wucherpfennig GmbH |
| 0. | 10645 | Sebastian Barth | 00:39:34.1 | Ü30 | 0 | 0 | GER | Sennheiser electronic SE & Co. KG |
| 0. | 11123 | Philipp Gärtig | 00:39:36.0 | Ü30 | 0 | 0 | GER | Syserso Networks GmbH |
| 0. | 10258 | Robert Koch | 00:39:36.3 | Ü30 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 11766 | Philipp Weiland | 00:39:39.2 | Ü30 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 11721 | Paul-Christoph Kühn | 00:39:47.2 | Ü30 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 10288 | Sascha Wulf | 00:39:48.1 | Ü30 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 67 | Daniel Hemmann | 00:39:48.9 | Ü30 | 0 | 0 | GER | Vinci Energies |
| 0. | 13008 | Mohammed El Mahdi Saadi | 00:39:52.5 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 12511 | Nick Pollesch | 00:39:59.2 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 6833 | No Name | 00:40:00.1 | Ü30 | 0 | 0 | GER | Harryaner*innen |
| 0. | 10176 | Jan Dönges | 00:40:00.3 | Ü30 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 2206 | Bennet Brunke | 00:40:05.1 | Ü30 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 4105 | Luiz Botelho | 00:40:05.3 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 10584 | David Wiecki | 00:40:06.4 | Ü30 | 0 | 0 | GER | SAZ Services GmbH |
| 0. | 10661 | Bastian Hauschild | 00:40:12.4 | Ü30 | 0 | 0 | GER | Sennheiser electronic SE & Co. KG |
| 0. | 7435 | Marius Ramm | 00:40:13.2 | Ü30 | 0 | 0 | GER | HPI |
| 0. | 7137 | Jörn Mang | 00:40:14.4 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 3497 | Matthias Effenberger | 00:40:17.3 | Ü30 | 0 | 0 | GER | Capgemini Deutschland GmbH |
| 0. | 8162 | Malte Blank | 00:40:19.2 | Ü30 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 7700 | Nils Pallenberg | 00:40:23.9 | Ü30 | 0 | 0 | GER | Cool down... |
| 0. | 1156 | Said Jaatit | 00:40:25.4 | Ü30 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 11726 | Nils Macke | 00:40:25.6 | Ü30 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 12542 | Nico Scholz | 00:40:27.6 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 4106 | Henning Böttcher | 00:40:32.3 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 11195 | No Name | 00:40:32.3 | Ü30 | 0 | 0 | GER | WORMLAND |
| 0. | 12999 | Sergej Berg | 00:40:34.0 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 9316 | Christoph Pospich | 00:40:36.8 | Ü30 | 0 | 0 | GER | Mecklenburgische Versicherungs-Gesel |
| 0. | 11989 | Kjell Isberner | 00:40:39.9 | Ü30 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 10688 | Fabian Wittenberger | 00:40:42.4 | Ü30 | 0 | 0 | GER | Sennheiser electronic SE & Co. KG |
| 0. | 9737 | Igor Drobot | 00:40:43.3 | Ü30 | 0 | 0 | GER | NORD/LB |
| 0. | 7369 | Stephan John | 00:40:47.1 | Ü30 | 0 | 0 | GER | Zementwerk Hannover |
| 0. | 10541 | Alexander Braune | 00:40:49.7 | Ü30 | 0 | 0 | GER | BSG RWE Hannover |
| 0. | 11630 | Jonathan Andres Escobar Rojas | 00:40:49.9 | Ü30 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 11117 | Albert Werner | 00:40:52.2 | Ü30 | 0 | 0 | GER | sympacon |
| 0. | 8646 | Joric Pretzel | 00:40:52.4 | Ü30 | 0 | 0 | GER | KD Schmid Runners |
| 0. | 12451 | Christian Lehmann | 00:40:52.6 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 4318 | Hussein Özalp | 00:40:55.3 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 4240 | Torsten Kirchner | 00:40:56.2 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 3612 | No Name | 00:40:59.1 | Ü30 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 7383 | Sebastian Benndorf | 00:41:04.1 | Ü30 | 0 | 0 | GER | HP Dreamteam |
| 0. | 3922 | Jens Gölzenleuchter | 00:41:04.4 | Ü30 | 0 | 0 | GER | CT Lloyd |
| 0. | 6265 | Roberto Rodriguez-Sanz | 00:41:08.4 | Ü30 | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 5562 | Tim Brockmann | 00:41:11.1 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 12192 | Junaid Sheikh | 00:41:18.3 | Ü30 | 0 | 0 | GER | Vincentz Network |
| 0. | 8958 | Daniel Dralle | 00:41:18.4 | Ü30 | 0 | 0 | GER | LBS NordWest |

| | | | | | | | | |
|----|-------|------------------------|------------|-----|---|---|-----|------------------------------------|
| 0. | 12900 | Timotheus Stremel | 00:41:18.7 | Ü30 | 0 | 0 | GER | Xcenda |
| 0. | 10160 | Murat Samut | 00:41:18.7 | Ü30 | 0 | 0 | GER | ppb Architektur & Stadtplanung |
| 0. | 13076 | Jan Hoffmann | 00:41:19.0 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 3961 | Wissam Mawas | 00:41:20.6 | Ü30 | 0 | 0 | GER | DAK |
| 0. | 4385 | Nico Schulz | 00:41:22.6 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 2479 | Patryk Kubów | 00:41:25.3 | Ü30 | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 10481 | Dominik Korte | 00:41:26.9 | Ü30 | 0 | 0 | GER | RITTER GENT COLLEGEN |
| 0. | 8167 | Sebastian Brauer | 00:41:29.6 | Ü30 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 2754 | Igor Bruss | 00:41:30.3 | Ü30 | 0 | 0 | GER | ALLSAT |
| 0. | 11208 | Jannik Podszuweit | 00:41:33.5 | Ü30 | 0 | 0 | GER | Running Winkulaner |
| 0. | 7523 | Julien Rasche | 00:41:34.3 | Ü30 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 4276 | Benjamin Lerch | 00:41:38.5 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 5702 | Andre Nesser | 00:41:43.2 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 7346 | Marc-Phillip Wilsch | 00:41:45.9 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 2993 | Ivan Ninov | 00:42:01.7 | Ü30 | 0 | 0 | GER | Adlethes |
| 0. | 9360 | Hayan Al Choufi-Freybe | 00:42:02.6 | Ü30 | 0 | 0 | GER | Meihorst und Partner |
| 0. | 5604 | Fabian Gottschalk | 00:42:02.8 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 3673 | Sumit Mahajan | 00:42:03.2 | Ü30 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 70 | Andre Reinicke | 00:42:06.4 | Ü30 | 0 | 0 | GER | Vinci Energies |
| 0. | 821 | Dieter Kuhn | 00:42:08.1 | Ü30 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 6323 | Jannik Beuße | 00:42:12.3 | Ü30 | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 7925 | No Name | 00:42:18.3 | Ü30 | 0 | 0 | GER | Jäger Group |
| 0. | 11981 | Sebastian Hinck | 00:42:36.1 | Ü30 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 504 | Ben Smith | 00:42:36.6 | Ü30 | 0 | 0 | GER | CGM Team Hannover |
| 0. | 12180 | Alexander Schweers | 00:42:38.1 | Ü30 | 0 | 0 | GER | Vincenz Network |
| 0. | 8223 | Stjepan Ivanusec | 00:42:42.1 | Ü30 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 8060 | No Name | 00:42:45.3 | Ü30 | 0 | 0 | GER | Team Kerck |
| 0. | 90 | Jan Zielke | 00:42:50.1 | Ü30 | 0 | 0 | GER | Win4Youth |
| 0. | 12260 | Muhammed Emekci | 00:42:53.8 | Ü30 | 0 | 0 | GER | Kanzlei Vogeler |
| 0. | 11337 | Lukas Kurth | 00:42:54.1 | Ü30 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 4189 | Kevin Häseker | 00:42:55.8 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 8606 | Pascal Stieglitz | 00:42:56.9 | Ü30 | 0 | 0 | GER | Team KONE |
| 0. | 4258 | No Name | 00:43:02.5 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 9741 | Max Fedoorv | 00:43:05.6 | Ü30 | 0 | 0 | GER | NORD/LB |
| 0. | 42 | Viktor Bobryk | 00:43:05.6 | Ü30 | 0 | 0 | GER | Vinci Energies |
| 0. | 11109 | Florian Valentin | 00:43:05.7 | Ü30 | 0 | 0 | GER | SWP Architekten |
| 0. | 11102 | Martin Bentolila | 00:43:06.1 | Ü30 | 0 | 0 | GER | SWP Architekten |
| 0. | 12614 | Prasanth Mahendran | 00:43:06.6 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 12613 | Manoj Gandhi | 00:43:16.4 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 6277 | Johannes Dieckmann | 00:43:19.4 | Ü30 | 0 | 0 | GER | GRBV Ingenieure im Bauwesen |
| 0. | 2016 | Ralf Taphorn | 00:43:24.6 | Ü30 | 0 | 0 | GER | People Love Running |
| 0. | 10533 | Ahmet Maloku | 00:43:26.1 | Ü30 | 0 | 0 | GER | Rudolf Architekten |
| 0. | 9029 | Nils Henschke | 00:43:31.1 | Ü30 | 0 | 0 | GER | Logwin HAJ |
| 0. | 4104 | Björn Bornemann | 00:43:36.9 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 4967 | Torben Lipke | 00:43:38.6 | Ü30 | 0 | 0 | GER | Drees & Sommer |
| 0. | 8659 | Dennis Schilling | 00:43:47.2 | Ü30 | 0 | 0 | GER | Köttermann GmbH |
| 0. | 7900 | Hendrik Bruns | 00:43:51.6 | Ü30 | 0 | 0 | GER | IVC Runners |
| 0. | 7899 | Sebastian Breuste | 00:43:52.6 | Ü30 | 0 | 0 | GER | IVC Runners |
| 0. | 1567 | Max Müller | 00:44:03.9 | Ü30 | 0 | 0 | GER | heise - eine Antwort weiter |
| 0. | 1627 | Glenn Müller | 00:44:06.4 | Ü30 | 0 | 0 | GER | itsc |
| 0. | 5688 | Benjamin Lurz | 00:44:09.4 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 1097 | Marvin Schuster | 00:44:17.6 | Ü30 | 0 | 0 | GER | DRK-Region Hannover e.V. |
| 0. | 1571 | Christian Ratz | 00:44:21.9 | Ü30 | 0 | 0 | GER | heise - eine Antwort weiter |

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|----|-------|----------------------------------|------------|-----|---|---|-----|-----------------------------------|
| 0. | 7078 | Marco Koch | 00:44:22.1 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 7006 | Marco Guarini | 00:44:25.9 | Ü30 | 0 | 0 | GER | HDI AG |
| 0. | 11868 | Ahmet R. Gündüz | 00:44:27.3 | Ü30 | 0 | 0 | GER | VGH Versicherungen |
| 0. | 4480 | Sven Herre | 00:44:32.9 | Ü30 | 0 | 0 | GER | Debeka |
| 0. | 8166 | Mahmoud Borchani | 00:44:37.1 | Ü30 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 1356 | Sascha Freier | 00:44:39.7 | Ü30 | 0 | 0 | GER | Gemeinde Isernhagen |
| 0. | 487 | Arne Lüdde | 00:44:41.6 | Ü30 | 0 | 0 | GER | Cochlear Deutschland GmbH & co.KG |
| 0. | 3020 | Max-Henrik Fabian | 00:44:43.9 | Ü30 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 12023 | Nik Kruska | 00:44:45.6 | Ü30 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 10859 | Tim Ebbecke | 00:44:49.9 | Ü30 | 0 | 0 | GER | SKC Beratungsgesellschaft mbH |
| 0. | 1710 | Vincent Hilker | 00:44:51.4 | Ü30 | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 7739 | Sebastian Zeile | 00:44:51.9 | Ü30 | 0 | 0 | GER | imug |
| 0. | 6359 | Patrick Meyer | 00:44:59.2 | Ü30 | 0 | 0 | GER | Hagen Brandschutz |
| 0. | 8518 | Dominik Luther | 00:45:02.2 | Ü30 | 0 | 0 | GER | Kochstrasse |
| 0. | 6358 | Sven Beckmann | 00:45:04.3 | Ü30 | 0 | 0 | GER | Hagen Brandschutz |
| 0. | 8964 | Kevin Kaché | 00:45:04.7 | Ü30 | 0 | 0 | GER | LBS NordWest |
| 0. | 2676 | Jonathan Goecke | 00:45:24.6 | Ü30 | 0 | 0 | GER | Algeco |
| 0. | 7380 | Niklas Schmid | 00:45:26.5 | Ü30 | 0 | 0 | GER | Heidenhain |
| 0. | 12852 | Alexander Wildhagen | 00:45:49.3 | Ü30 | 0 | 0 | GER | Steuerspatzen |
| 0. | 156 | Robert Liepelt | 00:45:55.8 | Ü30 | 0 | 0 | GER | Airbus |
| 0. | 10782 | Dimitri Bruch | 00:46:12.9 | Ü30 | 0 | 0 | GER | Siemens AG |
| 0. | 5734 | Tolga Sahindas | 00:46:13.3 | Ü30 | 0 | 0 | GER | Finanz Informatik |
| 0. | 6650 | Heiko Kaffka | 00:46:15.6 | Ü30 | 0 | 0 | GER | AGS |
| 0. | 6633 | Niklas Abe | 00:46:16.6 | Ü30 | 0 | 0 | GER | AGS |
| 0. | 7699 | Johannes Lübbert | 00:46:17.4 | Ü30 | 0 | 0 | GER | Cool down... |
| 0. | 1352 | Julian-Carlos De Diego Hernandez | 00:46:26.1 | Ü30 | 0 | 0 | GER | Gemeinde Isernhagen |
| 0. | 7821 | Tim Nawo | 00:46:28.1 | Ü30 | 0 | 0 | GER | WIA-Runner |
| 0. | 9113 | Cihan Cevirme | 00:46:29.6 | Ü30 | 0 | 0 | GER | Luther |
| 0. | 4327 | Robert Pioch | 00:46:31.8 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 3711 | Rene Smuskiewicz | 00:46:36.1 | Ü30 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 13041 | Nagesh Jambapura Byrareddy | 00:46:37.8 | Ü30 | 0 | 0 | GER | ZF Group |
| 0. | 10072 | Andreas Rullo Rovira | 00:46:46.6 | Ü30 | 0 | 0 | GER | Paulmann Licht |
| 0. | 9585 | Marvin Proest | 00:47:19.1 | Ü30 | 0 | 0 | GER | M&P Ingenieurgesellschaft mbH |
| 0. | 12364 | Matthias Fritsche | 00:47:20.8 | Ü30 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 11603 | Lars Engelke | 00:47:26.2 | Ü30 | 0 | 0 | GER | univativ |
| 0. | 8289 | Fabian Ridder | 00:47:26.8 | Ü30 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 2651 | Patrick Hasse | 00:47:28.6 | Ü30 | 0 | 0 | GER | AirITSystems |
| 0. | 6384 | Sarthakkumar Dholiya | 00:47:29.7 | Ü30 | 0 | 0 | GER | Hahne Holding GmbH |
| 0. | 4117 | Bruno Busic | 00:47:36.4 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 12974 | Florian Hamberger | 00:48:07.2 | Ü30 | 0 | 0 | GER | Canopy Biosciences |
| 0. | 4137 | Ralf Dobinsky | 00:48:10.7 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 592 | No Name | 00:48:12.8 | Ü30 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 9123 | Jan Spiering | 00:48:19.2 | Ü30 | 0 | 0 | GER | Luther |
| 0. | 2653 | Christopher Heske | 00:48:30.1 | Ü30 | 0 | 0 | GER | AirITSystems |
| 0. | 91 | Shwan Aljaf | 00:48:37.4 | Ü30 | 0 | 0 | GER | AGILA Haustierversicherung AG |
| 0. | 1108 | Berk Tastan | 00:48:46.3 | Ü30 | 0 | 0 | GER | DRK-Region Hannover e.V. |
| 0. | 2319 | Steffen Abraham | 00:48:47.1 | Ü30 | 0 | 0 | GER | Untis Niedersachsen |
| 0. | 6491 | Max-Anton Hänisch | 00:48:56.4 | Ü30 | 0 | 0 | GER | Tax us if you can |
| 0. | 3094 | Patrick Sgorzali | 00:49:29.4 | Ü30 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 12886 | Tim Wolkenhauer | 00:49:57.7 | Ü30 | 0 | 0 | GER | Wolkenhauer GbR |
| 0. | 7984 | Niko Zdravkovic | 00:50:04.8 | Ü30 | 0 | 0 | GER | Jim Knopf Runners |
| 0. | 112 | Carlos Bellido Feria | 00:50:19.6 | Ü30 | 0 | 0 | GER | Airbus |
| 0. | 2764 | Florian Schäfer | 00:50:28.7 | Ü30 | 0 | 0 | GER | ALLSAT |

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|----|-------|-------------------------------|------------|-----|---|---|-----|------------------------------------|
| 0. | 1046 | André Ewald | 00:50:40.3 | Ü30 | 0 | 0 | GER | DRK-Region Hannover e.V. |
| 0. | 11639 | Björn Kohl | 00:50:40.4 | Ü30 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 5271 | Christoph Kreye | 00:50:54.8 | Ü30 | 0 | 0 | GER | ETL Treuhand |
| 0. | 9602 | Sven Großer | 00:51:40.1 | Ü30 | 0 | 0 | GER | Multident Runner |
| 0. | 12258 | Eduardo Tercas | 00:51:55.3 | Ü30 | 0 | 0 | GER | Kanzlei Vogeler |
| 0. | 2242 | Dennis Horn | 00:51:59.1 | Ü30 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 229 | Murat Kirackir | 00:52:18.6 | Ü30 | 0 | 0 | GER | ALDI Nord |
| 0. | 1967 | Florian Voelger | 00:52:47.5 | Ü30 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 7371 | Marius Schneider | 00:53:30.1 | Ü30 | 0 | 0 | GER | Zementwerk Hannover |
| 0. | 10443 | Robin Possiel | 00:53:35.4 | Ü30 | 0 | 0 | GER | REMONDIS Industrie Service |
| 0. | 118 | Bryan Chlouba | 00:53:47.6 | Ü30 | 0 | 0 | GER | Airbus |
| 0. | 11092 | Meesam Naqvi | 00:53:54.6 | Ü30 | 0 | 0 | GER | Sweco |
| 0. | 8370 | Ansgar Dimmann | 00:54:11.1 | Ü30 | 0 | 0 | GER | Klinikum Warendorff GmbH |
| 0. | 6387 | Halid Dizdarevic | 00:54:17.9 | Ü30 | 0 | 0 | GER | Hahne Holding GmbH |
| 0. | 6272 | No Name | 00:56:48.3 | Ü30 | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 10044 | No Name | 00:58:28.4 | Ü30 | 0 | 0 | GER | Paritätischer Nds. |
| 0. | 7497 | Shubham Beedkar | 00:59:04.8 | Ü30 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 10475 | Jeton Pacolli | 01:00:37.6 | Ü30 | 0 | 0 | GER | riera - elektrisiert |
| 0. | 1635 | Mohamad Shoubash | 01:00:55.2 | Ü30 | 0 | 0 | GER | itsc |
| 0. | 10146 | Said Kessai | 01:01:06.4 | Ü30 | 0 | 0 | GER | PORR |
| 0. | 10141 | Francisco Angel | 01:01:08.8 | Ü30 | 0 | 0 | GER | PORR |
| 0. | 8874 | Anak Agung Sastrawan | 01:02:36.8 | Ü30 | 0 | 0 | GER | Kühne + Nagel (AG & Co.) KG |
| 0. | 2640 | Christopher-Darren Moreman | 01:03:30.4 | Ü30 | 0 | 0 | GER | Aircargo Services Hannover |
| 0. | 6654 | Robert Kuklewski | 01:04:06.6 | Ü30 | 0 | 0 | GER | AGS |
| 0. | 1069 | Patryk Kruppke | 01:04:59.6 | Ü30 | 0 | 0 | GER | DRK-Region Hannover e.V. |
| 0. | 11612 | Daryl Michael Sihotang | 01:05:45.5 | Ü30 | 0 | 0 | GER | univativ |
| 0. | 4462 | Hans Zimmer | 01:08:36.2 | Ü30 | 0 | 0 | GER | DB / VDES |
| 0. | 5156 | Tillman Seidler | 01:10:30.7 | Ü30 | 0 | 0 | GER | EFG Schwemann & Heuser KG |
| 0. | 12966 | Omar Alabbasi | 01:10:59.7 | Ü30 | 0 | 0 | GER | Canopy Biosciences |
| 0. | 7514 | Diaz Wellington Joseph Milton | 01:11:24.2 | Ü30 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |

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| Pos | Nr | Name | Zeit | Kat | KPos | GPos | Nation | Verein |
|-----|-------|----------------------------|------------|-----|------|------|--------|------------------------------|
| 0. | 722 | Sönke Brockwitz | 00:23:07.2 | Ü35 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 12067 | René Petilliot | 00:24:26.8 | Ü35 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 772 | Steffen Graeber | 00:24:33.5 | Ü35 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 12552 | Stephan Schwetschke | 00:24:52.2 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 3646 | Kim Hardy Hinckfuß | 00:24:55.5 | Ü35 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 4088 | Tim Bausmerth | 00:25:00.2 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 3111 | Christian Wedig | 00:25:04.0 | Ü35 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 4457 | Torsten Wolf | 00:25:13.1 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 2908 | Guillermo Domínguez Romero | 00:25:21.0 | Ü35 | 0 | 0 | GER | Aspria |
| 0. | 5187 | Christian Busch | 00:25:22.0 | Ü35 | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 5283 | Stefan Knabe | 00:25:40.0 | Ü35 | 0 | 0 | GER | Eurest Deutschland GmbH |
| 0. | 5651 | Sebastian Klein | 00:25:40.1 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 573 | Alexander Ellwein | 00:25:54.5 | Ü35 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 115 | Francisco Bizcocho | 00:25:57.6 | Ü35 | 0 | 0 | GER | Airbus |
| 0. | 4311 | Michael Neitzel | 00:26:18.9 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 2307 | Jan Marheineke | 00:26:21.6 | Ü35 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 4456 | Joachim Wilhelm | 00:26:34.7 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 5556 | Konrad Bleyl | 00:26:48.4 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 920 | Raoul Roßmann | 00:26:51.3 | Ü35 | 0 | 0 | GER | Dirk Rossmann GmbH |

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|----|-------|------------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 740 | Marcel Dempwolf | 00:26:53.6 | Ü35 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 2295 | Rolf Vieten | 00:26:55.0 | Ü35 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 5961 | Olaf Domeier | 00:26:56.2 | Ü35 | 0 | 0 | GER | Gehrke Econ |
| 0. | 12537 | Sebastian Schirmmacher | 00:27:07.5 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 10083 | No Name | 00:27:13.8 | Ü35 | 0 | 0 | GER | Perso Plankontor GmbH |
| 0. | 4310 | Mathias Müller-Franz | 00:27:14.7 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 4687 | Nick Wermuth | 00:27:19.6 | Ü35 | 0 | 0 | GER | Deutsche Bundesbank |
| 0. | 13031 | Leo Fischer | 00:27:19.6 | Ü35 | 0 | 0 | GER | ZF Group |
| 0. | 5359 | Sten Thiemke | 00:27:21.0 | Ü35 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 7213 | Mihail Rau | 00:27:22.8 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 1321 | Arthur Suchann | 00:27:24.2 | Ü35 | 0 | 0 | GER | Gasunie |
| 0. | 9926 | André Subbert | 00:27:29.8 | Ü35 | 0 | 0 | GER | NORD/LB |
| 0. | 11975 | Manuel Hentschke | 00:27:38.7 | Ü35 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 6273 | Martin Allert | 00:27:43.0 | Ü35 | 0 | 0 | GER | GRBV Ingenieure im Bauwesen |
| 0. | 12601 | Dirk Willhaus | 00:27:46.3 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 9776 | Florian Hiß | 00:27:55.3 | Ü35 | 0 | 0 | GER | NORD/LB |
| 0. | 1235 | Veysi Savga | 00:27:59.9 | Ü35 | 0 | 0 | GER | Edeka-Runners |
| 0. | 8969 | Malte Peitz | 00:28:04.3 | Ü35 | 0 | 0 | GER | LBS NordWest |
| 0. | 9378 | Roman Menze | 00:28:05.5 | Ü35 | 0 | 0 | GER | MeKo Manufacturing |
| 0. | 10062 | Jan Lösch | 00:28:08.0 | Ü35 | 0 | 0 | GER | Paulmann Licht |
| 0. | 3758 | Jan-Hendrik Diederich | 00:28:17.9 | Ü35 | 0 | 0 | GER | Team Concordia |
| 0. | 12092 | Christoph Scherf | 00:28:18.6 | Ü35 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 9779 | Tobias Holz | 00:28:30.1 | Ü35 | 0 | 0 | GER | NORD/LB |
| 0. | 13058 | Andreas Kraus | 00:28:30.9 | Ü35 | 0 | 0 | GER | ZF Group |
| 0. | 11770 | Timo Wilkens | 00:28:31.8 | Ü35 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 585 | Marek Hanhoff | 00:28:33.3 | Ü35 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 7152 | Jonas Meyer | 00:28:33.5 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 11772 | Michael Wolkenstein | 00:28:33.7 | Ü35 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 3510 | Tim Sahling | 00:28:38.0 | Ü35 | 0 | 0 | GER | Capgemini Deutschland GmbH |
| 0. | 6248 | Daniel Hoppe | 00:28:39.5 | Ü35 | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 9327 | Ronny Voigt | 00:28:47.4 | Ü35 | 0 | 0 | GER | Mecklenburgische Versicherungs-Gesel |
| 0. | 5997 | Michael Krone | 00:28:52.5 | Ü35 | 0 | 0 | GER | Genoverband e. V. |
| 0. | 8623 | Steven Eltzoth | 00:28:53.0 | Ü35 | 0 | 0 | GER | Team KONE |
| 0. | 5500 | Felix Golly | 00:28:56.1 | Ü35 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 7062 | Kai Kalhöfer | 00:28:56.1 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 13040 | Eric Hund | 00:28:57.9 | Ü35 | 0 | 0 | GER | ZF Group |
| 0. | 2306 | Florian Ziora | 00:29:08.9 | Ü35 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 1232 | Christian Rabe | 00:29:11.1 | Ü35 | 0 | 0 | GER | Edeka-Runners |
| 0. | 10748 | Christian Sandherm | 00:29:11.3 | Ü35 | 0 | 0 | GER | SEYSTA |
| 0. | 5203 | Peter Mathea | 00:29:20.0 | Ü35 | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 3637 | Peter Hackstedt | 00:29:21.2 | Ü35 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 1709 | Sören Heidekorn | 00:29:23.5 | Ü35 | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 7040 | Thomas Hofmann | 00:29:24.1 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 7230 | Artur Rittmann | 00:29:27.3 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 358 | Florian Pöppe | 00:29:33.6 | Ü35 | 0 | 0 | GER | Pipe Pacers |
| 0. | 5520 | Christoph Ottenhues | 00:29:36.0 | Ü35 | 0 | 0 | GER | FiberBridge Photonics |
| 0. | 11947 | Caspar Fortmann | 00:29:37.1 | Ü35 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 918 | Marcel Rokahr | 00:29:40.5 | Ü35 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 906 | Martin Redweik | 00:29:41.5 | Ü35 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 5941 | Jan-Frederic Helbig | 00:29:42.9 | Ü35 | 0 | 0 | GER | FW-FERNWÄRME-TECHNIK GmbH |
| 0. | 240 | Kai Sanojca | 00:29:43.1 | Ü35 | 0 | 0 | GER | ALDI Nord |
| 0. | 8929 | Frank Heerwald | 00:29:45.7 | Ü35 | 0 | 0 | GER | lavera.naturals |
| 0. | 10045 | Lennart Walter | 00:29:48.1 | Ü35 | 0 | 0 | GER | Paritätischer Nds. |

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|----|-------|------------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 13099 | Eike Rindfleisch | 00:29:48.3 | Ü35 | 0 | 0 | GER | ZF Group |
| 0. | 3173 | Joris Vochten | 00:29:50.5 | Ü35 | 0 | 0 | GER | Waygate Technologies |
| 0. | 9175 | Thomas Paterjey | 00:29:55.9 | Ü35 | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 1181 | Eduardo Pallas | 00:30:01.1 | Ü35 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 78 | Alexander Nefzger | 00:30:05.8 | Ü35 | 0 | 0 | GER | activelaw |
| 0. | 10195 | Robert Liepner | 00:30:06.2 | Ü35 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 8284 | Stephan Rahmer | 00:30:07.4 | Ü35 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 10655 | Robert Falke | 00:30:07.6 | Ü35 | 0 | 0 | GER | Sennheiser electronic SE & Co. KG |
| 0. | 10446 | Andre Weiss | 00:30:07.6 | Ü35 | 0 | 0 | GER | REMONDIS Industrie Service |
| 0. | 9919 | Daniel Steglich | 00:30:09.6 | Ü35 | 0 | 0 | GER | NORD/LB |
| 0. | 10758 | Robin Neubauer | 00:30:10.8 | Ü35 | 0 | 0 | GER | shl Runners |
| 0. | 12471 | Raik Mazurek | 00:30:11.3 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 349 | Sebastian Greiner | 00:30:11.6 | Ü35 | 0 | 0 | GER | Pipe Pacers |
| 0. | 4339 | Daniel Reinecke | 00:30:12.5 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 12521 | Dennis Rettberg | 00:30:14.4 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 4065 | Till Albers | 00:30:15.3 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 10665 | Robert Hupke | 00:30:20.3 | Ü35 | 0 | 0 | GER | Sennheiser electronic SE & Co. KG |
| 0. | 5573 | Jan Cordes | 00:30:20.4 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 9321 | André Schilling | 00:30:22.9 | Ü35 | 0 | 0 | GER | Mecklenburgische Versicherungs-Gesel |
| 0. | 12523 | Martin Ringe-Krause | 00:30:26.1 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 3044 | Andre Jacubczik | 00:30:30.9 | Ü35 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 752 | Daniel Englisch | 00:30:31.0 | Ü35 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 5804 | Christian Werner | 00:30:34.3 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 4032 | Anton Korol | 00:30:37.4 | Ü35 | 0 | 0 | GER | Dassault Systemes |
| 0. | 2484 | Kilian Riedel | 00:30:39.1 | Ü35 | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 381 | Raiko Sebastian Berger | 00:30:39.5 | Ü35 | 0 | 0 | GER | Bundesdruckerei GmbH |
| 0. | 4180 | Lasse Gutsch | 00:30:41.1 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 8945 | Matthias Steege | 00:30:43.0 | Ü35 | 0 | 0 | GER | lavera.naturals |
| 0. | 339 | No Name | 00:30:47.8 | Ü35 | 0 | 0 | GER | BANTLEON |
| 0. | 1155 | Jannis Iwan | 00:30:48.3 | Ü35 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 12508 | Jan Peters | 00:30:48.5 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 1871 | Eugen Dietz | 00:30:48.6 | Ü35 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 4 | Jacek Schymon | 00:30:52.4 | Ü35 | 0 | 0 | GER | Vinci Energies |
| 0. | 125 | Javier Flores | 00:30:54.6 | Ü35 | 0 | 0 | GER | Airbus |
| 0. | 7114 | Eduard Leis | 00:30:59.6 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 2629 | Henrik Schünemann | 00:31:01.1 | Ü35 | 0 | 0 | GER | AIM |
| 0. | 5995 | David Köller | 00:31:02.2 | Ü35 | 0 | 0 | GER | Genoverband e. V. |
| 0. | 5464 | Dominik Derichs | 00:31:04.8 | Ü35 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 11540 | No Name | 00:31:05.5 | Ü35 | 0 | 0 | GER | TUI Group |
| 0. | 12447 | Robert Lange | 00:31:09.0 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 1078 | Michael Meyer-Coors | 00:31:10.1 | Ü35 | 0 | 0 | GER | DRK-Region Hannover e.V. |
| 0. | 1001 | Marcus Zylka | 00:31:10.8 | Ü35 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 1852 | Uwe Bamm | 00:31:12.8 | Ü35 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 11326 | Dennis Kamenski | 00:31:14.0 | Ü35 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 11936 | Thies Dibbern | 00:31:15.1 | Ü35 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 10154 | Phillip Rheinbay | 00:31:17.2 | Ü35 | 0 | 0 | GER | PORR |
| 0. | 9240 | Michael Busse | 00:31:18.6 | Ü35 | 0 | 0 | GER | Materna Hannover |
| 0. | 2309 | Markus Liebner | 00:31:19.4 | Ü35 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 9301 | Jannis Kofink | 00:31:20.3 | Ü35 | 0 | 0 | GER | Mecklenburgische Versicherungs-Gesel |
| 0. | 6935 | Schure Christopher | 00:31:20.5 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 7998 | Benjamin Pflüger | 00:31:23.6 | Ü35 | 0 | 0 | GER | Running Bulls |
| 0. | 9785 | Stefan Jacobi | 00:31:30.0 | Ü35 | 0 | 0 | GER | NORD/LB |
| 0. | 13014 | Sridhar Duraisamy | 00:31:31.1 | Ü35 | 0 | 0 | GER | ZF Group |

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|----|-------|-------------------------------|------------|-----|---|---|-----|-----------------------------------|
| 0. | 1190 | Maximilian Rodatz | 00:31:34.8 | Ü35 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 4495 | Faruk Yavsan | 00:31:37.4 | Ü35 | 0 | 0 | GER | Debeka |
| 0. | 6482 | Farid Betet | 00:31:43.8 | Ü35 | 0 | 0 | GER | HWK Hannover & Friends |
| 0. | 3517 | No Name | 00:31:44.5 | Ü35 | 0 | 0 | GER | Capgemini Deutschland GmbH |
| 0. | 4093 | Tobias Bielefeld | 00:31:45.2 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 9895 | Daniel Sander | 00:31:45.4 | Ü35 | 0 | 0 | GER | NORD/LB |
| 0. | 13015 | Kacper Emmrich | 00:31:46.1 | Ü35 | 0 | 0 | GER | ZF Group |
| 0. | 6535 | Dennis Cassens | 00:31:49.8 | Ü35 | 0 | 0 | GER | Hannover 96 |
| 0. | 13007 | Jan Bruns | 00:31:55.0 | Ü35 | 0 | 0 | GER | ZF Group |
| 0. | 521 | Christoph Klatt | 00:31:56.3 | Ü35 | 0 | 0 | GER | COMRAMO AG |
| 0. | 11097 | Moritz Stein | 00:31:58.2 | Ü35 | 0 | 0 | GER | Sweco |
| 0. | 9385 | No Name | 00:32:00.4 | Ü35 | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 3463 | Oliver Macke | 00:32:01.4 | Ü35 | 0 | 0 | GER | CADFEM Germany |
| 0. | 5887 | Lukas Zychski | 00:32:02.3 | Ü35 | 0 | 0 | GER | Flughafen Hannover-Langenhagen |
| 0. | 5469 | Ruben Garcia Moreno | 00:32:02.9 | Ü35 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 4126 | Florian Czeski | 00:32:06.2 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 8597 | David Oltersdorf | 00:32:06.6 | Ü35 | 0 | 0 | GER | Team KONE |
| 0. | 11372 | Dean-Marcel Wöltje | 00:32:07.6 | Ü35 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 10071 | Thomas Rögner | 00:32:08.8 | Ü35 | 0 | 0 | GER | Paulmann Licht |
| 0. | 7623 | Lars Schubert | 00:32:10.9 | Ü35 | 0 | 0 | GER | IG Metallteam |
| 0. | 7595 | Andreas Bosse | 00:32:13.3 | Ü35 | 0 | 0 | GER | IG Metallteam |
| 0. | 39 | Torben Wolff | 00:32:13.8 | Ü35 | 0 | 0 | GER | Vinci Energies |
| 0. | 7268 | Carsten Schulte | 00:32:15.4 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 724 | Phil Brückmann | 00:32:17.7 | Ü35 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 10857 | No Name | 00:32:19.3 | Ü35 | 0 | 0 | GER | SKC Beratungsgesellschaft mbH |
| 0. | 7245 | Cristobal Sapunar | 00:32:19.6 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 12659 | Florian Beermann | 00:32:19.9 | Ü35 | 0 | 0 | GER | #teamWAGNER |
| 0. | 1992 | Martin Röhrs | 00:32:26.3 | Ü35 | 0 | 0 | GER | nass magnet |
| 0. | 1795 | Michael Müller | 00:32:27.0 | Ü35 | 0 | 0 | GER | LW.P Lüders Warneboldt |
| 0. | 9126 | Frederik Wesch | 00:32:27.5 | Ü35 | 0 | 0 | GER | Luther |
| 0. | 2597 | No Name | 00:32:27.9 | Ü35 | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 9124 | Stefan Tolksdorf | 00:32:29.5 | Ü35 | 0 | 0 | GER | Luther |
| 0. | 12661 | Lutz Borker | 00:32:30.1 | Ü35 | 0 | 0 | GER | #teamWAGNER |
| 0. | 3570 | Alexander Ebeling | 00:32:30.5 | Ü35 | 0 | 0 | GER | CGI |
| 0. | 5955 | Stefan Ammon | 00:32:31.3 | Ü35 | 0 | 0 | GER | Gehrke Econ |
| 0. | 4473 | Asensio Dennis | 00:32:31.9 | Ü35 | 0 | 0 | GER | Debeka |
| 0. | 12702 | Jan-Hendrik Schmedewitz | 00:32:34.4 | Ü35 | 0 | 0 | GER | #teamWAGNER |
| 0. | 11132 | Daniel Seeliger | 00:32:35.8 | Ü35 | 0 | 0 | GER | Syserso Networks GmbH |
| 0. | 10554 | Mario Heinzel | 00:32:39.3 | Ü35 | 0 | 0 | GER | Sappi Hannover |
| 0. | 11370 | Adrian Wisny | 00:32:39.8 | Ü35 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 9883 | Sebastian Rieder | 00:32:40.9 | Ü35 | 0 | 0 | GER | NORD/LB |
| 0. | 11737 | Hendrik Osterbuhr | 00:32:41.8 | Ü35 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 2991 | Pascal Ludynia | 00:32:43.4 | Ü35 | 0 | 0 | GER | Adlethes |
| 0. | 12390 | Dennis Hausteine-Schnakenberg | 00:32:43.8 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 7263 | Benjamin Schönfeld | 00:32:44.9 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 12394 | Andreas Hellwig | 00:32:45.3 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 12500 | Thomas Otto | 00:32:45.5 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5798 | David Markert | 00:32:45.5 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 3561 | Jan Schäfer | 00:32:47.6 | Ü35 | 0 | 0 | GER | CG CHEMIKALIEN |
| 0. | 11832 | Daniel Fischer | 00:32:48.0 | Ü35 | 0 | 0 | GER | VetZ GmbH |
| 0. | 11637 | Melek Isso | 00:32:48.8 | Ü35 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 11311 | Christian Gähle | 00:32:52.6 | Ü35 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 9555 | Alex Sudakow | 00:32:53.8 | Ü35 | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |

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|----|-------|----------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 13006 | Finn Brinkmann | 00:32:54.3 | Ü35 | 0 | 0 | GER | ZF Group |
| 0. | 10905 | Marcel Motzkus | 00:32:59.7 | Ü35 | 0 | 0 | GER | Sonepar |
| 0. | 1621 | Jonathan Koontz | 00:33:00.5 | Ü35 | 0 | 0 | GER | itsc |
| 0. | 1722 | Marcel Peters | 00:33:02.1 | Ü35 | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 6289 | Andreas Martinez | 00:33:03.6 | Ü35 | 0 | 0 | GER | GRBV Ingenieure im Bauwesen |
| 0. | 5522 | Oleg Straub | 00:33:03.8 | Ü35 | 0 | 0 | GER | FiberBridge Photonics |
| 0. | 2274 | Rene Reuber | 00:33:06.4 | Ü35 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 7179 | Lars Nielsen | 00:33:06.4 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 6588 | Jan Siegmann | 00:33:08.1 | Ü35 | 0 | 0 | GER | Hannover 96 |
| 0. | 13028 | Abdullah Hakimi | 00:33:11.1 | Ü35 | 0 | 0 | GER | ZF Group |
| 0. | 1844 | Marvin Schmidtmer | 00:33:12.9 | Ü35 | 0 | 0 | GER | msg |
| 0. | 8423 | Patrick Loeffler | 00:33:14.0 | Ü35 | 0 | 0 | GER | Klinikum Warendorff GmbH |
| 0. | 10409 | Maik Holderith | 00:33:20.0 | Ü35 | 0 | 0 | GER | Reha Peiner Straße |
| 0. | 10959 | Abdulrazak Irrgang | 00:33:21.1 | Ü35 | 0 | 0 | GER | Team SOPHIE |
| 0. | 700 | Hannes Amelung | 00:33:21.5 | Ü35 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 11648 | Shibly Masad | 00:33:22.0 | Ü35 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 10033 | Marc Taeger-Leicht | 00:33:24.9 | Ü35 | 0 | 0 | GER | Paritätischer Nds. |
| 0. | 5879 | Oliver Träder | 00:33:24.9 | Ü35 | 0 | 0 | GER | Flughafen Hannover-Langenhagen |
| 0. | 120 | Andreas Davidek | 00:33:26.1 | Ü35 | 0 | 0 | GER | Airbus |
| 0. | 4465 | Mustafa Akcora | 00:33:28.1 | Ü35 | 0 | 0 | GER | Debeka |
| 0. | 8869 | Elias Burkhardt | 00:33:29.3 | Ü35 | 0 | 0 | GER | Kühne + Nagel (AG & Co.) KG |
| 0. | 11712 | Robert Huber | 00:33:29.6 | Ü35 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 721 | Tobias Brenke | 00:33:33.0 | Ü35 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 11654 | Christian Nieksch | 00:33:33.0 | Ü35 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 12252 | Andreas Vogeler | 00:33:35.0 | Ü35 | 0 | 0 | GER | Kanzlei Vogeler |
| 0. | 2193 | Hendrik Steffen | 00:33:36.1 | Ü35 | 0 | 0 | GER | Treuhand Hannover GmbH |
| 0. | 10676 | Steffen Matthias | 00:33:39.2 | Ü35 | 0 | 0 | GER | Sennheiser electronic SE & Co. KG |
| 0. | 7379 | Jochen Schlobohm | 00:33:40.1 | Ü35 | 0 | 0 | GER | Heidenhain |
| 0. | 9929 | Kai Sygusch | 00:33:41.1 | Ü35 | 0 | 0 | GER | NORD/LB |
| 0. | 11743 | Matthias Krautstrunk | 00:33:44.0 | Ü35 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 3069 | Jan Müller | 00:33:45.1 | Ü35 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 12570 | André Sydow | 00:33:49.8 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 126 | Simon Förster | 00:33:50.8 | Ü35 | 0 | 0 | GER | Airbus |
| 0. | 7261 | Hendrik Scholz | 00:33:52.1 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 5189 | Gabriel Dziurdzia | 00:33:52.5 | Ü35 | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 4424 | Carl Immo Stüdemann | 00:33:52.6 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 9276 | Arne Bendt | 00:33:55.2 | Ü35 | 0 | 0 | GER | Mecklenburgische Versicherungs-Gesel |
| 0. | 5104 | Jan Wendler | 00:33:57.6 | Ü35 | 0 | 0 | GER | ECKERT Rechtsanwälte |
| 0. | 2477 | Manuel Höck | 00:33:59.4 | Ü35 | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 5131 | Christian Heit | 00:34:00.1 | Ü35 | 0 | 0 | GER | EDEKA Wucherpfennig GmbH |
| 0. | 8039 | Daniel Urban | 00:34:02.6 | Ü35 | 0 | 0 | GER | FristabLAUF! |
| 0. | 10739 | Gero Irmischer | 00:34:03.3 | Ü35 | 0 | 0 | GER | SEW-EURODRIVE GmbH & Co KG |
| 0. | 483 | Silvio Heidenreich | 00:34:03.4 | Ü35 | 0 | 0 | GER | Cochlear Deutschland GmbH & co.KG |
| 0. | 11257 | Gustavo Fabrino | 00:34:03.5 | Ü35 | 0 | 0 | GER | Honeywell Transnorm |
| 0. | 9155 | Kilian Haller | 00:34:08.5 | Ü35 | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 5623 | Sebastian Heuer | 00:34:11.5 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 9206 | Robert Meynberg | 00:34:11.9 | Ü35 | 0 | 0 | GER | Marley Deutschland GmbH |
| 0. | 5142 | Markus Schleicher | 00:34:14.4 | Ü35 | 0 | 0 | GER | EDEKA Wucherpfennig GmbH |
| 0. | 7185 | Alvaro Ochoa | 00:34:15.4 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 12355 | Tom Ehlert | 00:34:17.9 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 1601 | Ali Soltani | 00:34:19.8 | Ü35 | 0 | 0 | GER | IPH gGmbH |
| 0. | 6325 | Rafik Bouchaira | 00:34:19.8 | Ü35 | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 3836 | Thomas Becker | 00:34:21.1 | Ü35 | 0 | 0 | GER | Connox |

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|----|-------|------------------------|------------|-----|---|---|-----|-----------------------------------|
| 0. | 5621 | Michael Herbener | 00:34:27.3 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 9859 | Philip Parada | 00:34:28.8 | Ü35 | 0 | 0 | GER | NORD/LB |
| 0. | 5355 | Lennart Rösemann | 00:34:28.8 | Ü35 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 31 | No Name | 00:34:29.0 | Ü35 | 0 | 0 | GER | Vinci Energies |
| 0. | 4191 | Marco Hehmann | 00:34:29.5 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 633 | Hendrik Moeller | 00:34:33.6 | Ü35 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 10752 | Robert Bernstein | 00:34:34.1 | Ü35 | 0 | 0 | GER | shl Runners |
| 0. | 11610 | Daniel Schulze | 00:34:35.3 | Ü35 | 0 | 0 | GER | univativ |
| 0. | 10410 | No Name | 00:34:35.4 | Ü35 | 0 | 0 | GER | Reha Peiner Straße |
| 0. | 6730 | André-Philipp Tucholla | 00:34:35.8 | Ü35 | 0 | 0 | GER | HannoVers |
| 0. | 11445 | Nico Herden-Fuchs | 00:34:36.4 | Ü35 | 0 | 0 | GER | TUI Group |
| 0. | 9499 | Philipp Stahlberg | 00:34:37.6 | Ü35 | 0 | 0 | GER | Molex Runners |
| 0. | 11194 | Michael Kaiser | 00:34:43.4 | Ü35 | 0 | 0 | GER | datatel |
| 0. | 7472 | Nicolas Trébouté | 00:34:49.8 | Ü35 | 0 | 0 | GER | HERO Software |
| 0. | 2989 | Marius Coibanasu | 00:34:51.3 | Ü35 | 0 | 0 | GER | Adlethes |
| 0. | 1734 | No Name | 00:34:52.0 | Ü35 | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 11707 | Christoph Hennig | 00:34:54.6 | Ü35 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 2142 | Andreas Höper | 00:34:57.4 | Ü35 | 0 | 0 | GER | Toyota Material Handling |
| 0. | 9882 | Harm Riechers | 00:34:57.8 | Ü35 | 0 | 0 | GER | NORD/LB |
| 0. | 9656 | Latif Ayesh | 00:34:57.9 | Ü35 | 0 | 0 | GER | NLBL-Aktiv |
| 0. | 4094 | Felix Bismark | 00:34:59.0 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 1284 | Alexander Schmedes | 00:34:59.5 | Ü35 | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 2553 | Dennis Angelstein | 00:35:02.0 | Ü35 | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 2590 | Sascha Margraf | 00:35:06.3 | Ü35 | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 12997 | Sebastian Bechthold | 00:35:10.9 | Ü35 | 0 | 0 | GER | ZF Group |
| 0. | 9494 | Johannes Rosiak | 00:35:12.9 | Ü35 | 0 | 0 | GER | Molex Runners |
| 0. | 11733 | Alexander Naumow | 00:35:13.1 | Ü35 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 12595 | Artur Wechsel | 00:35:18.9 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5622 | Ingo Herrmann | 00:35:21.4 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 1407 | Jan Brüggemann | 00:35:22.1 | Ü35 | 0 | 0 | GER | Gundlach |
| 0. | 3563 | Roland Scholz | 00:35:22.7 | Ü35 | 0 | 0 | GER | CG CHEMIKALIEN |
| 0. | 4190 | Christoph Heger | 00:35:23.0 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 581 | Nicolas Große | 00:35:24.2 | Ü35 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 9132 | Marcus Meyer | 00:35:25.3 | Ü35 | 0 | 0 | GER | M.M.Warburg & CO |
| 0. | 5712 | Tobias Pawollek | 00:35:29.1 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 5813 | Steffen Zenker | 00:35:30.3 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 2296 | Jakob Walther | 00:35:33.6 | Ü35 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 1402 | Christopher Batke | 00:35:35.5 | Ü35 | 0 | 0 | GER | Gundlach |
| 0. | 5112 | Nico Heinsch | 00:35:35.8 | Ü35 | 0 | 0 | GER | Ecovis Hannover |
| 0. | 13128 | Praveen Vellaichamy | 00:35:36.3 | Ü35 | 0 | 0 | GER | ZF Group |
| 0. | 6291 | Lukas Müller | 00:35:38.6 | Ü35 | 0 | 0 | GER | GRBV Ingenieure im Bauwesen |
| 0. | 11623 | Jan Boegemann | 00:35:40.4 | Ü35 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 12150 | Julian Van Hoek | 00:35:42.6 | Ü35 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 8947 | Christian Tews | 00:35:43.0 | Ü35 | 0 | 0 | GER | lavera.naturals |
| 0. | 13090 | Henning Pasligh | 00:35:43.2 | Ü35 | 0 | 0 | GER | ZF Group |
| 0. | 4326 | Joshua Pinkernell | 00:35:47.5 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 737 | Gregor Dahlhues | 00:35:48.5 | Ü35 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 247 | Martin Voigt | 00:35:49.6 | Ü35 | 0 | 0 | GER | ALDI Nord |
| 0. | 2173 | Andreas Weiche | 00:35:52.6 | Ü35 | 0 | 0 | GER | Toyota Material Handling |
| 0. | 5455 | Frederik Böhm | 00:35:53.5 | Ü35 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 5853 | Tim Kreuzmann | 00:35:57.8 | Ü35 | 0 | 0 | GER | Flughafen Hannover-Langenhagen |
| 0. | 7364 | Eugen Zuev | 00:35:57.8 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 336 | Marius Hoppe | 00:36:00.9 | Ü35 | 0 | 0 | GER | BANTLEON |

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|----|-------|----------------------|------------|-----|---|---|-----|-------------------------------------|
| 0. | 2807 | Hendrik Lahmann | 00:36:01.5 | Ü35 | 0 | 0 | GER | Alvotech Hannover |
| 0. | 1528 | Jan Adler | 00:36:02.1 | Ü35 | 0 | 0 | GER | Team Haster |
| 0. | 12054 | Christian Mollet | 00:36:07.5 | Ü35 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 6341 | Mohsen Noroozi | 00:36:12.1 | Ü35 | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 3030 | Tobias Gleitz | 00:36:16.1 | Ü35 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 11870 | Paul Lukosch | 00:36:21.7 | Ü35 | 0 | 0 | GER | VGH Versicherungen |
| 0. | 2625 | Alexander Lorenz | 00:36:22.9 | Ü35 | 0 | 0 | GER | AIM |
| 0. | 6919 | Sören Brokamp | 00:36:26.4 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 6901 | Peter Bertram | 00:36:27.9 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 5292 | Benjamin Weeske | 00:36:28.4 | Ü35 | 0 | 0 | GER | Eurest Deutschland GmbH |
| 0. | 10884 | Sergej Balde | 00:36:28.8 | Ü35 | 0 | 0 | GER | Sonepar |
| 0. | 2490 | Alexander Steffensen | 00:36:30.5 | Ü35 | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 8654 | Falk Schacht | 00:36:31.1 | Ü35 | 0 | 0 | GER | Köttermann GmbH |
| 0. | 1924 | Mathias Müller | 00:36:34.1 | Ü35 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 11592 | Roman Reinsch | 00:36:36.9 | Ü35 | 0 | 0 | GER | Uniper Hannover |
| 0. | 9603 | Dennis Martin | 00:36:38.1 | Ü35 | 0 | 0 | GER | Multident Runner |
| 0. | 8855 | Markus Welzel | 00:36:41.4 | Ü35 | 0 | 0 | GER | KSG Hannover - back in town |
| 0. | 12513 | Tobias Pusch | 00:36:44.1 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 3719 | Malte Westendorf | 00:36:45.8 | Ü35 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 12413 | Felix Huneke | 00:36:46.7 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 6439 | Sebastian Robra | 00:36:47.7 | Ü35 | 0 | 0 | GER | Hahne Holding GmbH |
| 0. | 9159 | Patrick Hoffmann | 00:36:47.9 | Ü35 | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 92 | Bojan Dzombic | 00:36:51.6 | Ü35 | 0 | 0 | GER | AGILA Haustierversicherung AG |
| 0. | 6257 | Kia Heng Lam | 00:36:51.6 | Ü35 | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 10846 | Sebastian Dutz | 00:36:52.8 | Ü35 | 0 | 0 | GER | SK ³ |
| 0. | 10448 | Christoph Böhnke | 00:36:53.1 | Ü35 | 0 | 0 | GER | Team RHB Hannover |
| 0. | 11844 | Markus Mattes | 00:36:53.6 | Ü35 | 0 | 0 | GER | VetZ GmbH |
| 0. | 6939 | No Name | 00:36:55.0 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 11620 | Hakan Arikan | 00:36:55.6 | Ü35 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 9827 | Thomas Malkowytch | 00:36:57.4 | Ü35 | 0 | 0 | GER | NORD/LB |
| 0. | 5975 | Benedikt Elsner | 00:37:01.0 | Ü35 | 0 | 0 | GER | GJW NOS |
| 0. | 5227 | Florian Kuhnt | 00:37:01.3 | Ü35 | 0 | 0 | GER | Energie-Pensions-Management GmbH |
| 0. | 1791 | Dennis Klatt | 00:37:06.1 | Ü35 | 0 | 0 | GER | LW.P Lüders Warneboldt |
| 0. | 3550 | Hagen Hagemeyer | 00:37:06.8 | Ü35 | 0 | 0 | GER | CG CHEMIKALIEN |
| 0. | 2008 | André Meißner | 00:37:07.4 | Ü35 | 0 | 0 | GER | Numatic - Performance you can trust |
| 0. | 12560 | Sebastian Stegen | 00:37:11.3 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 6334 | Vitali Krebs | 00:37:11.5 | Ü35 | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 10840 | Martin Wuttig | 00:37:12.1 | Ü35 | 0 | 0 | GER | Siemens AG |
| 0. | 2794 | Tomas Vaverka | 00:37:13.7 | Ü35 | 0 | 0 | GER | Team Alterric |
| 0. | 13103 | Nicklas Samuelsson | 00:37:14.6 | Ü35 | 0 | 0 | GER | ZF Group |
| 0. | 9631 | Jan Sauer | 00:37:15.2 | Ü35 | 0 | 0 | GER | newcubator |
| 0. | 11992 | Sven Kaffka | 00:37:15.5 | Ü35 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 2542 | Tim Tiedemann | 00:37:15.5 | Ü35 | 0 | 0 | GER | AGL |
| 0. | 707 | Tobias Bartels | 00:37:20.5 | Ü35 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 1294 | Daniel Boeck | 00:37:24.2 | Ü35 | 0 | 0 | GER | Gasunie |
| 0. | 7374 | Julian Albrecht | 00:37:30.5 | Ü35 | 0 | 0 | GER | Heidenhain |
| 0. | 12127 | Kevin Stünkel | 00:37:35.6 | Ü35 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 4496 | Baris Yigit | 00:37:35.9 | Ü35 | 0 | 0 | GER | Debeka |
| 0. | 7252 | Christian Schlee | 00:37:36.1 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 4199 | Philipp Herzog-Truxa | 00:37:37.2 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 2497 | Lars Wittwer | 00:37:37.6 | Ü35 | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 3924 | Nils Kleveman | 00:37:37.6 | Ü35 | 0 | 0 | GER | CT Lloyd |
| 0. | 12341 | Michel Butschies | 00:37:38.9 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |

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|----|-------|----------------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 320 | J.r. Killer | 00:37:39.4 | Ü35 | 0 | 0 | GER | Arcadis Germany GmbH |
| 0. | 3926 | Artur Roth | 00:37:40.1 | Ü35 | 0 | 0 | GER | CT Lloyd |
| 0. | 3458 | Jürgen Schaper | 00:37:40.1 | Ü35 | 0 | 0 | GER | Busse & Coll Steuerberatungs GmbH |
| 0. | 9401 | Aaron Porger | 00:37:40.2 | Ü35 | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 4469 | Michael Boros | 00:37:42.5 | Ü35 | 0 | 0 | GER | Debeka |
| 0. | 7952 | Robert Zahn | 00:37:42.6 | Ü35 | 0 | 0 | GER | Jäger Group |
| 0. | 4985 | Markus Engelke | 00:37:42.9 | Ü35 | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 10788 | Lars Eberhardt | 00:37:44.0 | Ü35 | 0 | 0 | GER | Siemens AG |
| 0. | 12873 | Adrian Gottschalk | 00:37:44.4 | Ü35 | 0 | 0 | GER | Wohnungsgenossenschaft Heimkehr eG |
| 0. | 6254 | Seran Kizilyel | 00:37:45.9 | Ü35 | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 11584 | Laszlo Gergely | 00:37:50.6 | Ü35 | 0 | 0 | GER | Uniper Hannover |
| 0. | 7223 | Erik Reuber | 00:37:52.8 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 2665 | Mark Ruschin | 00:37:55.3 | Ü35 | 0 | 0 | GER | AirITSystems |
| 0. | 332 | Jan Dimer | 00:37:57.6 | Ü35 | 0 | 0 | GER | BANTLEON |
| 0. | 9655 | Carsten Behrendt | 00:37:58.5 | Ü35 | 0 | 0 | GER | NLBL-Aktiv |
| 0. | 909 | Torben Reisgies | 00:37:59.6 | Ü35 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 4213 | Stefan Hunstock | 00:37:59.7 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 11905 | Pascal Banusch | 00:38:00.8 | Ü35 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 6957 | Christian Emmrich | 00:38:01.3 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 8939 | Jan Rotermund | 00:38:02.7 | Ü35 | 0 | 0 | GER | lavera.naturals |
| 0. | 348 | No Name | 00:38:02.9 | Ü35 | 0 | 0 | GER | Pipe Pacers |
| 0. | 7112 | Ruslan Leikom | 00:38:02.1 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 11526 | Stefan Siemon | 00:38:05.6 | Ü35 | 0 | 0 | GER | TUI Group |
| 0. | 12436 | Viktor Koop | 00:38:08.1 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 4891 | Dominik Michalzik | 00:38:12.3 | Ü35 | 0 | 0 | GER | Beasts of Data Warehousing & Running |
| 0. | 13050 | Johannes Kirchhoff | 00:38:14.5 | Ü35 | 0 | 0 | GER | ZF Group |
| 0. | 182 | Sebastian Wallner | 00:38:17.1 | Ü35 | 0 | 0 | GER | Airbus |
| 0. | 7156 | Mathias Mielke | 00:38:18.4 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 8911 | Christian Zander | 00:38:22.1 | Ü35 | 0 | 0 | GER | Laser Zentrum Hannover e.V. |
| 0. | 9045 | Kamiran Kinik | 00:38:23.1 | Ü35 | 0 | 0 | GER | Lorenzbau |
| 0. | 836 | Thomas Lewandowski | 00:38:27.8 | Ü35 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 8890 | Benjamin Brennenstuhl | 00:38:29.1 | Ü35 | 0 | 0 | GER | FSK16 |
| 0. | 6495 | Michael Happe | 00:38:29.8 | Ü35 | 0 | 0 | GER | FunIT |
| 0. | 1393 | Philipp Bartels | 00:38:33.9 | Ü35 | 0 | 0 | GER | GRENKE AG |
| 0. | 4204 | Bastian Hinze | 00:38:36.5 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 9855 | Ramón Nowojski | 00:38:40.6 | Ü35 | 0 | 0 | GER | NORD/LB |
| 0. | 6719 | Benedikt Funke | 00:38:42.4 | Ü35 | 0 | 0 | GER | HannoVers |
| 0. | 12501 | Assem Oubari | 00:38:45.4 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 12465 | Unnikrishnan Madhava Mendu | 00:38:47.1 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 6284 | Stefan Jahn | 00:38:48.6 | Ü35 | 0 | 0 | GER | GRBV Ingenieure im Bauwesen |
| 0. | 13107 | Lukas Zochowski | 00:38:54.5 | Ü35 | 0 | 0 | GER | ZF Group |
| 0. | 739 | Vincent De Wiljes | 00:38:58.6 | Ü35 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 8220 | Kawa Ibrahim | 00:39:00.2 | Ü35 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 7939 | Daniel Stäge | 00:39:04.3 | Ü35 | 0 | 0 | GER | Jäger Group |
| 0. | 8965 | Christian Körner | 00:39:04.6 | Ü35 | 0 | 0 | GER | LBS NordWest |
| 0. | 3434 | Oli Mielentz | 00:39:13.6 | Ü35 | 0 | 0 | GER | Team Whopper |
| 0. | 8347 | Bilal Altin | 00:39:14.3 | Ü35 | 0 | 0 | GER | Klinikum Wahrendorff GmbH |
| 0. | 4089 | Marcus Becker | 00:39:22.6 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 11443 | Martin Hartwig | 00:39:27.0 | Ü35 | 0 | 0 | GER | TUI Group |
| 0. | 9622 | Nicolas Knop | 00:39:27.3 | Ü35 | 0 | 0 | GER | Neoskop |
| 0. | 8584 | Thies Koch | 00:39:31.1 | Ü35 | 0 | 0 | GER | Team KONE |
| 0. | 2402 | Philipp Perschke | 00:39:36.9 | Ü35 | 0 | 0 | GER | WHM Garbsen - Team Laufen |
| 0. | 3677 | Sven Meier | 00:39:38.0 | Ü35 | 0 | 0 | GER | Clarios Germany Holding GmbH |

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|----|-------|------------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 899 | Jan Hendrik Polier | 00:39:39.4 | Ü35 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 7291 | Benett Stein | 00:39:41.4 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 9289 | Tim Garbemann | 00:39:43.9 | Ü35 | 0 | 0 | GER | Mecklenburgische Versicherungs-Gesel |
| 0. | 10673 | Eduard Lebsak | 00:39:44.1 | Ü35 | 0 | 0 | GER | Sennheiser electronic SE & Co. KG |
| 0. | 1517 | Johannes Kremin | 00:39:45.8 | Ü35 | 0 | 0 | GER | Hanno Werk GmbH & Co. KG |
| 0. | 9846 | Janes Müller | 00:39:54.6 | Ü35 | 0 | 0 | GER | NORD/LB |
| 0. | 5599 | André Frischbier | 00:39:56.8 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 5078 | Philipp Tyburski | 00:39:58.1 | Ü35 | 0 | 0 | GER | EasyPark Runners |
| 0. | 8138 | Bernward Adams | 00:40:01.7 | Ü35 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 10575 | Maik Landshoef | 00:40:04.1 | Ü35 | 0 | 0 | GER | SAZ Services GmbH |
| 0. | 1847 | Artur Blautzik | 00:40:12.4 | Ü35 | 0 | 0 | GER | msg |
| 0. | 9554 | Martin Spahr | 00:40:12.6 | Ü35 | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 4143 | Konstantin Elpel | 00:40:14.9 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 2992 | Ivan Marinkovic | 00:40:15.0 | Ü35 | 0 | 0 | GER | Adlethes |
| 0. | 9523 | Pascal Brooks | 00:40:15.3 | Ü35 | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 1708 | Sergej Hausauer | 00:40:17.0 | Ü35 | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 5751 | Sören Schulz | 00:40:17.6 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 11717 | Philipp Klein | 00:40:18.1 | Ü35 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 11751 | David Schönbeck | 00:40:19.9 | Ü35 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 2979 | Marcel Gröger | 00:40:22.1 | Ü35 | 0 | 0 | GER | Autobahn GmbH, AS Hannover |
| 0. | 3991 | Christian Zimmermann | 00:40:22.5 | Ü35 | 0 | 0 | GER | DAK |
| 0. | 12334 | Alexander Brinkmann | 00:40:28.6 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 11889 | Michael Schwertner | 00:40:54.8 | Ü35 | 0 | 0 | GER | VGH Versicherungen |
| 0. | 9393 | Christian Korff | 00:40:58.3 | Ü35 | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 11568 | Kinan Bahsas | 00:41:00.2 | Ü35 | 0 | 0 | GER | Tutao GmbH |
| 0. | 5652 | Alexander Klewno | 00:41:10.1 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 10550 | Erbil Celik | 00:41:13.5 | Ü35 | 0 | 0 | GER | Sappi Hannover |
| 0. | 3667 | No Name | 00:41:18.1 | Ü35 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 13117 | No Name | 00:41:20.1 | Ü35 | 0 | 0 | GER | ZF Group |
| 0. | 3 | Tobias Flemming | 00:41:22.1 | Ü35 | 0 | 0 | GER | Vinci Energies |
| 0. | 11803 | Nicolas Koch | 00:41:28.1 | Ü35 | 0 | 0 | GER | VEA |
| 0. | 10432 | Steven Kropp | 00:41:29.1 | Ü35 | 0 | 0 | GER | REMONDIS Industrie Service |
| 0. | 10088 | Marvin Koschlick | 00:41:34.3 | Ü35 | 0 | 0 | GER | Team PABF / NKG |
| 0. | 5810 | Christopher Winter | 00:41:35.2 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 4285 | Andrey Ludwigs | 00:41:39.5 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 116 | Fabian Brandts | 00:41:40.9 | Ü35 | 0 | 0 | GER | Airbus |
| 0. | 6330 | Stefanos Georgakakis | 00:41:43.1 | Ü35 | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 10816 | Marc Lippert | 00:41:45.5 | Ü35 | 0 | 0 | GER | Siemens AG |
| 0. | 11626 | Iskender Bulu | 00:41:50.1 | Ü35 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 1857 | Kristian Zlatko Brandt | 00:41:52.9 | Ü35 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 12187 | Benjamin Armutat | 00:41:59.1 | Ü35 | 0 | 0 | GER | Vincentz Network |
| 0. | 12190 | Tobias Bergmeier | 00:42:00.6 | Ü35 | 0 | 0 | GER | Vincentz Network |
| 0. | 1311 | Jeffrey Partisch | 00:42:02.4 | Ü35 | 0 | 0 | GER | Gasunie |
| 0. | 25 | Rüdiger Brauer | 00:42:07.1 | Ü35 | 0 | 0 | GER | Vinci Energies |
| 0. | 7521 | Roman Neufeld | 00:42:11.8 | Ü35 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 9387 | Tony Hämmerlein | 00:42:12.1 | Ü35 | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 5758 | Marlon Serkowski | 00:42:14.6 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 11865 | Christos Drigas | 00:42:17.7 | Ü35 | 0 | 0 | GER | VGH Versicherungen |
| 0. | 9550 | Alexander Reinhardt | 00:42:20.8 | Ü35 | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 11491 | Marcel Lorenz | 00:42:30.1 | Ü35 | 0 | 0 | GER | TUI Group |
| 0. | 11615 | Nabil Abou-Taha | 00:42:34.5 | Ü35 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 397 | Simon Wendt | 00:42:35.3 | Ü35 | 0 | 0 | GER | Bundesdruckerei GmbH |
| 0. | 7355 | Victor Zapata | 00:42:39.4 | Ü35 | 0 | 0 | GER | HDI AG |

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| 0. | 5680 | Stanislaw Leguta | 00:42:56.5 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 9872 | Pierre-Oliver Quellmann | 00:42:57.8 | Ü35 | 0 | 0 | GER | NORD/LB |
| 0. | 11771 | Jens-Christian Winter | 00:43:01.8 | Ü35 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 12587 | Sebastian Uhe | 00:43:10.3 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 8873 | Gregor Raabe | 00:43:12.2 | Ü35 | 0 | 0 | GER | Kühne + Nagel (AG & Co.) KG |
| 0. | 2616 | Sebastian Telle | 00:43:14.1 | Ü35 | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 4220 | Michael Ivchanskiy | 00:43:19.1 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 4444 | Patrick Volbers | 00:43:19.6 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 51387 | Alexander Bause | 00:43:19.9 | Ü35 | 0 | 0 | GER | MEDIFOX DAN |
| 0. | 7854 | Mike Wiedemann | 00:43:22.4 | Ü35 | 0 | 0 | GER | Interhyp AG |
| 0. | 7221 | Paul Reiser | 00:43:27.4 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 12488 | Sascha Murr | 00:43:27.8 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 157 | Ulises Macias | 00:43:30.3 | Ü35 | 0 | 0 | GER | Airbus |
| 0. | 1839 | Artur Wegmann | 00:43:31.5 | Ü35 | 0 | 0 | GER | Mobil ISC |
| 0. | 11450 | Mirco Hübner | 00:43:37.3 | Ü35 | 0 | 0 | GER | TUI Group |
| 0. | 10438 | Ahmad Hisso | 00:43:37.7 | Ü35 | 0 | 0 | GER | REMONDIS Industrie Service |
| 0. | 3735 | Christian Rinne | 00:43:48.1 | Ü35 | 0 | 0 | GER | comNET Runners |
| 0. | 7901 | Patrick Haupt | 00:43:55.9 | Ü35 | 0 | 0 | GER | IVC Runners |
| 0. | 12399 | Jan Hentschel | 00:44:01.1 | Ü35 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 10434 | Maximilian Brendel | 00:44:03.6 | Ü35 | 0 | 0 | GER | REMONDIS Industrie Service |
| 0. | 5375 | Marcel Dbouk | 00:44:05.8 | Ü35 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 7034 | Oliver Hinrichs | 00:44:07.7 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 3414 | Jerome Mahler | 00:44:14.4 | Ü35 | 0 | 0 | GER | Team Whopper |
| 0. | 161 | Daniel Mares | 00:44:16.6 | Ü35 | 0 | 0 | GER | Airbus |
| 0. | 1193 | Jan Philipp Schirmer | 00:44:36.3 | Ü35 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 3629 | Florian Frantz | 00:44:39.4 | Ü35 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 1596 | Alexander Fengler | 00:44:44.3 | Ü35 | 0 | 0 | GER | IPH gGmbH |
| 0. | 4058 | Feroos Anuth | 00:44:48.4 | Ü35 | 0 | 0 | GER | DATEV eG |
| 0. | 2538 | Patrick Leinhos | 00:44:49.4 | Ü35 | 0 | 0 | GER | AGL |
| 0. | 3526 | Maurice Lindenblatt | 00:44:53.2 | Ü35 | 0 | 0 | GER | CARESTONE |
| 0. | 131 | Juan Manuel García López | 00:45:01.1 | Ü35 | 0 | 0 | GER | Airbus |
| 0. | 10499 | Benjamin Kundlatsch | 00:45:01.6 | Ü35 | 0 | 0 | GER | Röntgenpraxis am Marstall |
| 0. | 13118 | Unni Raja Somaraj | 00:45:06.1 | Ü35 | 0 | 0 | GER | ZF Group |
| 0. | 2132 | Andreas Fischer | 00:45:09.2 | Ü35 | 0 | 0 | GER | Toyota Material Handling |
| 0. | 552 | Murat Arslan | 00:45:09.3 | Ü35 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 8511 | Arne Breusing | 00:45:10.2 | Ü35 | 0 | 0 | GER | Kochstrasse |
| 0. | 10528 | Jörn Steinke | 00:45:13.6 | Ü35 | 0 | 0 | GER | RSM Ebner Stolz |
| 0. | 32 | Andrii Posikera | 00:45:18.9 | Ü35 | 0 | 0 | GER | Vinci Energies |
| 0. | 7378 | Michael Schadow | 00:45:21.9 | Ü35 | 0 | 0 | GER | Heidenhain |
| 0. | 9960 | Markus Wittlake | 00:45:22.1 | Ü35 | 0 | 0 | GER | NORD/LB |
| 0. | 3694 | Alan Ramadan | 00:45:39.6 | Ü35 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 10786 | Denny Dietrich | 00:46:03.8 | Ü35 | 0 | 0 | GER | Siemens AG |
| 0. | 12694 | Patrick Narjes | 00:46:12.3 | Ü35 | 0 | 0 | GER | #teamWAGNER |
| 0. | 10818 | Alexander Lorei | 00:46:13.3 | Ü35 | 0 | 0 | GER | Siemens AG |
| 0. | 6866 | No Name | 00:46:17.1 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 5605 | Gerrit Graen | 00:46:27.1 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 9492 | Sofiene Mrad | 00:46:29.9 | Ü35 | 0 | 0 | GER | Molex Runners |
| 0. | 6377 | Jakob Bogdol | 00:46:32.2 | Ü35 | 0 | 0 | GER | Hahne Holding GmbH |
| 0. | 11658 | Sebastian Quellmalz | 00:46:34.6 | Ü35 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 3693 | Bastian Quirin | 00:46:35.9 | Ü35 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 4645 | Patrick Benninghoff | 00:46:47.1 | Ü35 | 0 | 0 | GER | Deutsche Bundesbank |
| 0. | 6354 | Mirfarnam Tabandeh | 00:46:53.6 | Ü35 | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 1196 | Michael Schmidt | 00:47:30.2 | Ü35 | 0 | 0 | GER | E.ON Digital Technology |

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|----|-------|-----------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 10334 | Sven Reincke | 00:47:32.3 | Ü35 | 0 | 0 | GER | R+V Allgemeine Versicherung AG |
| 0. | 5546 | Thomas Barthel | 00:47:32.4 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 10576 | Yasin Lotfi | 00:47:34.6 | Ü35 | 0 | 0 | GER | SAZ Services GmbH |
| 0. | 6658 | Markus Meyer | 00:47:36.6 | Ü35 | 0 | 0 | GER | AGS |
| 0. | 8414 | Messiah Korte | 00:47:49.1 | Ü35 | 0 | 0 | GER | Klinikum Warendorff GmbH |
| 0. | 4073 | Jan Anderle | 00:47:58.3 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 4417 | Bastian Stichtenoth | 00:48:18.3 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 3574 | Sebastian Stahlhut | 00:48:28.7 | Ü35 | 0 | 0 | GER | CGI |
| 0. | 7626 | Hussein Soueid | 00:48:45.3 | Ü35 | 0 | 0 | GER | IG Metallteam |
| 0. | 3301 | Nurullah Kahraman | 00:48:46.4 | Ü35 | 0 | 0 | GER | BG-Phoenix GmbH |
| 0. | 10625 | Christian Heine | 00:48:47.2 | Ü35 | 0 | 0 | GER | SEIDEL Service Team |
| 0. | 11077 | Anton Klassen | 00:48:47.4 | Ü35 | 0 | 0 | GER | Sunshine Energieberatung |
| 0. | 3656 | Amear Ahmed Khan | 00:49:01.3 | Ü35 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 4227 | Marco Jensen | 00:49:02.6 | Ü35 | 0 | 0 | GER | DB / VDES |
| 0. | 886 | Merdan Özer | 00:49:13.4 | Ü35 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 7494 | No Name | 00:49:24.9 | Ü35 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 7330 | Timm Walker | 00:49:39.2 | Ü35 | 0 | 0 | GER | HDI AG |
| 0. | 4504 | Patrick Sauter | 00:49:52.4 | Ü35 | 0 | 0 | GER | DEGENER // ars mundi // ARTES |
| 0. | 5782 | Siavash Torkzaban | 00:50:07.6 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 4691 | Lukas Dunst | 00:50:39.5 | Ü35 | 0 | 0 | GER | Hermesläufer |
| 0. | 8406 | Max Ivens | 00:51:07.3 | Ü35 | 0 | 0 | GER | Klinikum Warendorff GmbH |
| 0. | 12967 | No Name | 00:51:44.2 | Ü35 | 0 | 0 | GER | Canopy Biosciences |
| 0. | 1085 | Christian Quade | 00:52:17.8 | Ü35 | 0 | 0 | GER | DRK-Region Hannover e.V. |
| 0. | 2461 | Stefan Blaurock | 00:52:42.6 | Ü35 | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 12102 | Sebastian Schreiber | 00:54:25.5 | Ü35 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 12022 | Markus Krohne | 00:55:00.4 | Ü35 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 14 | Mouafak Mansour | 00:55:12.9 | Ü35 | 0 | 0 | GER | Vinci Energies |
| 0. | 1172 | Hendrik Luczak | 00:56:27.1 | Ü35 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 13060 | Pradeep Krishnamurthy | 00:56:33.1 | Ü35 | 0 | 0 | GER | ZF Group |
| 0. | 7565 | Vaceslav Kazancev | 00:56:44.1 | Ü35 | 0 | 0 | GER | HannoverDachbauTeam |
| 0. | 7946 | Ali Ibrahim | 00:58:34.6 | Ü35 | 0 | 0 | GER | Jäger Group |
| 0. | 222 | Andy Gromeier | 00:59:29.9 | Ü35 | 0 | 0 | GER | ALDI Nord |
| 0. | 1813 | Jan-Hendrik Duba | 00:59:45.1 | Ü35 | 0 | 0 | GER | LVBZ Steuerberatung |
| 0. | 1618 | Burak Icel | 01:00:48.2 | Ü35 | 0 | 0 | GER | itsc |
| 0. | 7868 | No Name | 01:01:25.9 | Ü35 | 0 | 0 | GER | IP SYSCON SPORTS |
| 0. | 3171 | Michael Ulbricht | 01:01:29.0 | Ü35 | 0 | 0 | GER | Waygate Technologies |
| 0. | 11814 | Alexander Holz | 01:01:30.6 | Ü35 | 0 | 0 | GER | Veolia Water Technologies |
| 0. | 5706 | Tom Osenberg | 01:02:16.3 | Ü35 | 0 | 0 | GER | Finanz Informatik |
| 0. | 4836 | Torben Lüddecke | 01:04:00.6 | Ü35 | 0 | 0 | GER | Deutsches Rotes Kreuz, KV Peine e.V. |
| 0. | 6415 | Lennart Kleinau | 01:08:44.2 | Ü35 | 0 | 0 | GER | Hahne Holding GmbH |
| 0. | 12978 | Xiang Lu | 01:10:22.4 | Ü35 | 0 | 0 | GER | Canopy Biosciences |

Ü40

| Pos | Nr | Name | Zeit | Kat | KPos | GPos | Nation | Verein |
|-----|-------|--------------------|------------|-----|------|------|--------|-------------------------------|
| 0. | 5703 | Nils Nolte | 00:23:16.0 | Ü40 | 0 | 0 | GER | Finanz Informatik |
| 0. | 9598 | Kristian Alb | 00:23:46.3 | Ü40 | 0 | 0 | GER | M&P Ingenieurgesellschaft mbH |
| 0. | 12606 | Michael Wotzko | 00:24:00.2 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 10188 | Thomas Hoyer | 00:24:29.6 | Ü40 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 11542 | Joao Vieira Santos | 00:24:50.6 | Ü40 | 0 | 0 | GER | TUI Group |
| 0. | 12398 | Kai Hennings | 00:24:53.2 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 8479 | Marcel Wendt | 00:24:53.9 | Ü40 | 0 | 0 | GER | Klinikum Warendorff GmbH |
| 0. | 9866 | Jan Mollenhauer | 00:25:00.0 | Ü40 | 0 | 0 | GER | NORD/LB |

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|----|-------|---------------------------------|------------|-----|---|---|-----|-------------------------------------|
| 0. | 7454 | Benedikt Schurm | 00:25:15.1 | Ü40 | 0 | 0 | GER | Bumke |
| 0. | 5968 | Markus Knobloch | 00:25:16.6 | Ü40 | 0 | 0 | GER | Gehrke Econ |
| 0. | 6995 | Øystein Gisnås | 00:25:17.0 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 2596 | Benjamin Michler | 00:25:24.1 | Ü40 | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 8369 | René Deißler | 00:25:25.2 | Ü40 | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 9157 | Frederic Henze | 00:25:27.5 | Ü40 | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 7037 | Stephan Hitzschke | 00:25:36.7 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 12080 | Alexander Röder | 00:25:46.6 | Ü40 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 172 | Jesús Salvador Rodríguez Martín | 00:25:57.6 | Ü40 | 0 | 0 | GER | Airbus |
| 0. | 7432 | Olaf Kaluza | 00:26:06.1 | Ü40 | 0 | 0 | GER | HPI |
| 0. | 6971 | Nils Frese | 00:26:16.3 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 4075 | Michael Arnold | 00:26:21.8 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 4184 | Tobias Hanebuth | 00:26:45.0 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 7083 | Patrick König | 00:26:45.9 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 3598 | Janni Amvrossiadis | 00:26:54.6 | Ü40 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 1299 | Andreas Grüneberg | 00:26:55.8 | Ü40 | 0 | 0 | GER | Gasunie |
| 0. | 11857 | Marcus Apel | 00:26:57.0 | Ü40 | 0 | 0 | GER | VGH Versicherungen |
| 0. | 556 | Raphael Bocklage | 00:26:59.5 | Ü40 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 10763 | Christian Claus | 00:27:16.1 | Ü40 | 0 | 0 | GER | SHP Ingenieure |
| 0. | 10689 | Florian Zablowky | 00:27:29.1 | Ü40 | 0 | 0 | GER | Sennheiser electronic SE & Co. KG |
| 0. | 10893 | Bujar Hasani | 00:27:32.6 | Ü40 | 0 | 0 | GER | Sonepar |
| 0. | 5102 | Malte Schulz | 00:27:33.3 | Ü40 | 0 | 0 | GER | ECKERT Rechtsanwälte |
| 0. | 5023 | Torsten Voigtländer | 00:27:45.2 | Ü40 | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 9904 | Andreas Schrader | 00:27:46.5 | Ü40 | 0 | 0 | GER | NORD/LB |
| 0. | 3464 | Jörg Neumeyer | 00:27:50.8 | Ü40 | 0 | 0 | GER | CADFEM Germany |
| 0. | 51357 | Stefan Söhle | 00:27:58.1 | Ü40 | 0 | 0 | GER | Team Stüken |
| 0. | 9940 | Tillmann Völker | 00:27:59.7 | Ü40 | 0 | 0 | GER | NORD/LB |
| 0. | 3701 | Udo Schade | 00:28:00.9 | Ü40 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 10660 | Sven Hampel | 00:28:05.7 | Ü40 | 0 | 0 | GER | Sennheiser electronic SE & Co. KG |
| 0. | 3855 | René Laux | 00:28:08.4 | Ü40 | 0 | 0 | GER | Consulting Team Vermögensverwaltung |
| 0. | 7220 | Andreas Reisch | 00:28:09.3 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 7129 | Lennart Lühn | 00:28:12.8 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 3795 | Nicolas Maekeler | 00:28:17.1 | Ü40 | 0 | 0 | GER | Team Concordia |
| 0. | 7229 | Mirko Risch | 00:28:18.1 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 60 | Steffen Steinmüller | 00:28:18.1 | Ü40 | 0 | 0 | GER | Vinci Energies |
| 0. | 12151 | René Vespermann | 00:28:18.8 | Ü40 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 7312 | Dennis Thömen | 00:28:21.0 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 4459 | Simon Zaake | 00:28:24.2 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 5409 | Kevin Henke | 00:28:32.6 | Ü40 | 0 | 0 | GER | SC Schwarz-Gold |
| 0. | 5258 | Metin Akyol | 00:28:33.8 | Ü40 | 0 | 0 | GER | Eriks |
| 0. | 1211 | Sebastian Weinrich | 00:28:36.0 | Ü40 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 10383 | Tobias Rolf | 00:28:39.7 | Ü40 | 0 | 0 | GER | Ramboll Hannover Runners |
| 0. | 9869 | Christoph Pott | 00:28:47.8 | Ü40 | 0 | 0 | GER | NORD/LB |
| 0. | 1277 | Enrico Krüger | 00:28:49.5 | Ü40 | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 13142 | Kevin Zülch | 00:28:49.6 | Ü40 | 0 | 0 | GER | ZF Group |
| 0. | 13023 | Philipp Fröhling | 00:28:51.1 | Ü40 | 0 | 0 | GER | ZF Group |
| 0. | 5407 | Ricardo Beristain | 00:28:51.9 | Ü40 | 0 | 0 | GER | SC Schwarz-Gold |
| 0. | 12467 | Hans-Werner Maiterth | 00:28:58.1 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 12031 | Sebastian Lange | 00:29:13.4 | Ü40 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 12175 | Volker Wysk | 00:29:14.4 | Ü40 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 10662 | Henning Hein | 00:29:14.5 | Ü40 | 0 | 0 | GER | Sennheiser electronic SE & Co. KG |
| 0. | 4171 | Ilja Gossen | 00:29:16.0 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 8942 | Christian Seiler | 00:29:17.3 | Ü40 | 0 | 0 | GER | lavera.naturals |

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|----|-------|-----------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 10754 | Florian Cappellaro | 00:29:21.2 | Ü40 | 0 | 0 | GER | shl Runners |
| 0. | 10212 | Michael Szemler | 00:29:22.2 | Ü40 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 5869 | No Name | 00:29:27.2 | Ü40 | 0 | 0 | GER | Flughafen Hannover-Langenhagen |
| 0. | 7458 | Patrick Welc | 00:29:37.4 | Ü40 | 0 | 0 | GER | Bumke |
| 0. | 5032 | Jan Gadesmann | 00:29:39.1 | Ü40 | 0 | 0 | GER | DRK Landesverband Niedersachsen e.V. |
| 0. | 5311 | Niklas Brasat | 00:29:45.1 | Ü40 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 395 | Marcel Thater | 00:29:46.3 | Ü40 | 0 | 0 | GER | Bundesdruckerei GmbH |
| 0. | 720 | Dirk Brand | 00:29:51.8 | Ü40 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 10185 | Sebastian Hahn | 00:29:54.3 | Ü40 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 7066 | Tim Kannewischer | 00:29:58.7 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 11366 | Jens Van Gasteren | 00:30:03.1 | Ü40 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 7000 | German Gomez Rubio | 00:30:08.4 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 4131 | Michael Dazko | 00:30:08.8 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 4367 | Jens Schlötelburg | 00:30:12.5 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 6437 | Klaus Renka | 00:30:13.3 | Ü40 | 0 | 0 | GER | Hahne Holding GmbH |
| 0. | 11753 | Timon Schulze | 00:30:19.3 | Ü40 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 11322 | Nikola Jonceski | 00:30:22.1 | Ü40 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 9886 | Nico Rittstieg | 00:30:25.0 | Ü40 | 0 | 0 | GER | NORD/LB |
| 0. | 2750 | Markus Weiner | 00:30:31.1 | Ü40 | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 4134 | Jonah Derespina | 00:30:32.1 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 204 | Daniel Bechtold | 00:30:32.6 | Ü40 | 0 | 0 | GER | ALDI Nord |
| 0. | 5344 | Marvin Moeschler | 00:30:33.1 | Ü40 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 3577 | Grischa Michel | 00:30:34.1 | Ü40 | 0 | 0 | GER | ChillServices |
| 0. | 2464 | Henning Deitmer | 00:30:39.6 | Ü40 | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 12041 | Philip Lönneker | 00:30:40.2 | Ü40 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 4031 | Michael Hanel | 00:30:40.6 | Ü40 | 0 | 0 | GER | Dassault Systemes |
| 0. | 1430 | Benjamin Küster | 00:30:40.7 | Ü40 | 0 | 0 | GER | GWE |
| 0. | 11239 | Christopher Bosse | 00:30:44.9 | Ü40 | 0 | 0 | GER | LOTTO Niedersachsen |
| 0. | 1139 | Dirk Dittrich | 00:30:48.3 | Ü40 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 958 | Carsten Stober | 00:30:50.0 | Ü40 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 13134 | Matthias Wille | 00:30:51.1 | Ü40 | 0 | 0 | GER | ZF Group |
| 0. | 7921 | Daniel Hell | 00:30:52.4 | Ü40 | 0 | 0 | GER | Jäger Group |
| 0. | 6011 | André Schramm | 00:30:53.0 | Ü40 | 0 | 0 | GER | Genoverband e. V. |
| 0. | 12020 | Thorben Kretschmann | 00:30:55.0 | Ü40 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 7886 | Dennis Scheele | 00:31:00.4 | Ü40 | 0 | 0 | GER | IT-P GmbH |
| 0. | 13024 | Alexander Fuchs | 00:31:00.9 | Ü40 | 0 | 0 | GER | ZF Group |
| 0. | 11312 | Alexander Gartenfluss | 00:31:01.1 | Ü40 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 13127 | Marcelo Utida Borges | 00:31:09.3 | Ü40 | 0 | 0 | GER | ZF Group |
| 0. | 7054 | Steffen Jamowitsch | 00:31:11.6 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 10890 | Jan Gebauer | 00:31:12.2 | Ü40 | 0 | 0 | GER | Sonepar |
| 0. | 11697 | Clemens Fleischer | 00:31:15.9 | Ü40 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 3212 | Vitali Makhviyenia | 00:31:18.4 | Ü40 | 0 | 0 | GER | BDH Klinik Hessisch Oldendorf |
| 0. | 510 | Felix Michels | 00:31:22.1 | Ü40 | 0 | 0 | GER | CGM Team Hannover |
| 0. | 11861 | Martin Blase | 00:31:22.6 | Ü40 | 0 | 0 | GER | VGH Versicherungen |
| 0. | 4451 | Christoph Weitkamp | 00:31:27.1 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 51403 | Jan Fehring | 00:31:28.6 | Ü40 | 0 | 0 | GER | RegionRunners |
| 0. | 7869 | Patrick Sander | 00:31:30.6 | Ü40 | 0 | 0 | GER | IP SYSCON SPORTS |
| 0. | 7596 | No Name | 00:31:33.6 | Ü40 | 0 | 0 | GER | IG Metallteam |
| 0. | 10966 | Christian Sagebiel | 00:31:34.2 | Ü40 | 0 | 0 | GER | Team SOPHIE |
| 0. | 1910 | Ralf Kuhlen | 00:31:34.2 | Ü40 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 12172 | Jörn Wunderlich | 00:31:34.6 | Ü40 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 11898 | Simon Zinram | 00:31:35.4 | Ü40 | 0 | 0 | GER | VGH Versicherungen |
| 0. | 5654 | Sebastian Kluge | 00:31:36.0 | Ü40 | 0 | 0 | GER | Finanz Informatik |

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|----|-------|------------------------|------------|-----|---|---|-----|---|
| 0. | 5329 | Patrick Holland-Nell | 00:31:37.1 | Ü40 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 9295 | Frederik Hesse | 00:31:37.9 | Ü40 | 0 | 0 | GER | Mecklenburgische Versicherungs-Gesel |
| 0. | 10382 | Sebastian Meyer | 00:31:38.1 | Ü40 | 0 | 0 | GER | Ramboll Hannover Runners |
| 0. | 9593 | Henning Von Der Werth | 00:31:39.1 | Ü40 | 0 | 0 | GER | M&P Ingenieurgesellschaft mbH |
| 0. | 209 | Matthias Brunnert | 00:31:41.4 | Ü40 | 0 | 0 | GER | ALDI Nord |
| 0. | 12055 | Manuel Moya Ruiz | 00:31:43.3 | Ü40 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 1052 | Sven Friesacher | 00:31:45.6 | Ü40 | 0 | 0 | GER | DRK-Region Hannover e.V. |
| 0. | 4155 | Marcel Formuli | 00:31:46.5 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 51407 | Florian Rehr | 00:31:48.8 | Ü40 | 0 | 0 | GER | RegionRunners |
| 0. | 1149 | Jan Heuer | 00:31:51.8 | Ü40 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 11756 | Danijel Majstorovic | 00:31:53.1 | Ü40 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 1180 | Miklos Palfi | 00:31:53.5 | Ü40 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 7737 | Daniel Wendler | 00:31:55.7 | Ü40 | 0 | 0 | GER | imug |
| 0. | 3879 | Patrick Nahmendorff | 00:31:57.1 | Ü40 | 0 | 0 | GER | Courtyard by Marriott Hannover Maschsee |
| 0. | 2262 | Sven Liebscher | 00:31:57.4 | Ü40 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 8622 | Manuel Wilke | 00:31:59.6 | Ü40 | 0 | 0 | GER | Team KONE |
| 0. | 4631 | Mirko Gerlach | 00:31:59.9 | Ü40 | 0 | 0 | GER | Deutsche Bank AG |
| 0. | 10235 | Florian Becker | 00:32:01.6 | Ü40 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 9768 | Lars Haftmann | 00:32:02.8 | Ü40 | 0 | 0 | GER | NORD/LB |
| 0. | 3878 | Nils Liebau | 00:32:03.4 | Ü40 | 0 | 0 | GER | Courtyard by Marriott Hannover Maschsee |
| 0. | 3653 | Dawid Jasinski | 00:32:04.1 | Ü40 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 5191 | Sergej Grudentaler | 00:32:06.4 | Ü40 | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 11357 | Martin Sperl | 00:32:06.8 | Ü40 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 11669 | Mithat Tavan | 00:32:13.4 | Ü40 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 2025 | Moritz Töller | 00:32:13.6 | Ü40 | 0 | 0 | GER | PREUSS Gruppe |
| 0. | 11430 | Carsten Fuchs | 00:32:15.5 | Ü40 | 0 | 0 | GER | TUI Group |
| 0. | 2279 | Daniel Schaper | 00:32:18.4 | Ü40 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 10191 | Kim Nils Kraut | 00:32:18.8 | Ü40 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 5657 | Daniel Knof | 00:32:19.3 | Ü40 | 0 | 0 | GER | Finanz Informatik |
| 0. | 513 | Hans Bergman | 00:32:19.5 | Ü40 | 0 | 0 | GER | COMRAMO AG |
| 0. | 11764 | Lars Vorreiter | 00:32:19.8 | Ü40 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 12725 | Hicham Boujedday | 00:32:20.3 | Ü40 | 0 | 0 | GER | WDT/VLO on Tour |
| 0. | 10454 | Andy Polok | 00:32:20.9 | Ü40 | 0 | 0 | GER | Team RHB Hannover |
| 0. | 5133 | Philipp Krampitz | 00:32:21.9 | Ü40 | 0 | 0 | GER | EDEKA Wucherpfennig GmbH |
| 0. | 11541 | Andreas Vermöhlen | 00:32:24.5 | Ü40 | 0 | 0 | GER | TUI Group |
| 0. | 1573 | Markus Richter | 00:32:26.9 | Ü40 | 0 | 0 | GER | heise - eine Antwort weiter |
| 0. | 1226 | Alexander Bell | 00:32:27.0 | Ü40 | 0 | 0 | GER | Edeka-Runners |
| 0. | 9952 | Kai Werner | 00:32:28.0 | Ü40 | 0 | 0 | GER | NORD/LB |
| 0. | 12448 | Matthias Langner | 00:32:30.1 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 9397 | Wilhelm Neujahr | 00:32:31.1 | Ü40 | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 2195 | No Name | 00:32:32.6 | Ü40 | 0 | 0 | GER | Treuhand Hannover GmbH |
| 0. | 11999 | Thomas Kieferle | 00:32:33.8 | Ü40 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 10764 | Nicolas Hagen | 00:32:33.9 | Ü40 | 0 | 0 | GER | SHP Ingenieure |
| 0. | 3576 | Frederik-Matti Bartels | 00:32:35.6 | Ü40 | 0 | 0 | GER | ChillServices |
| 0. | 5783 | Marius Übelacker | 00:32:37.9 | Ü40 | 0 | 0 | GER | Finanz Informatik |
| 0. | 13138 | Noname | 00:32:37.9 | Ü40 | 0 | 0 | GER | ZF Group |
| 0. | 10171 | David Bauer | 00:32:38.0 | Ü40 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 3569 | Philipp Bendick | 00:32:40.0 | Ü40 | 0 | 0 | GER | CGI |
| 0. | 8971 | Jochen Scherer | 00:32:40.8 | Ü40 | 0 | 0 | GER | LBS NordWest |
| 0. | 2692 | Sebastian Fangrat | 00:32:40.9 | Ü40 | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 11268 | Lars Steinweh | 00:32:42.8 | Ü40 | 0 | 0 | GER | Honeywell Transnorm |
| 0. | 10755 | Jan Dubois | 00:32:43.3 | Ü40 | 0 | 0 | GER | shl Runners |
| 0. | 12403 | Marc Hesse | 00:32:48.3 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |

| | | | | | | | | |
|----|-------|----------------------|------------|-----|---|---|-----|---|
| 0. | 10096 | David Sokal | 00:32:48.4 | Ü40 | 0 | 0 | GER | Team PABF / NKG |
| 0. | 10193 | Stephan Kunze | 00:32:50.0 | Ü40 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 1597 | Ake Kriwall | 00:32:50.4 | Ü40 | 0 | 0 | GER | IPH gGmbH |
| 0. | 2661 | Christian Neubert | 00:32:51.9 | Ü40 | 0 | 0 | GER | AirITSystems |
| 0. | 12864 | Christian Peters | 00:32:53.0 | Ü40 | 0 | 0 | GER | 3 wings for wind |
| 0. | 8554 | Tim Achenbach | 00:32:53.7 | Ü40 | 0 | 0 | GER | Team KONE |
| 0. | 12363 | Christian Friedrich | 00:32:55.0 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 11501 | Marc-André Momm | 00:32:56.1 | Ü40 | 0 | 0 | GER | TUI Group |
| 0. | 3442 | Jan-Hendrik Rethorn | 00:32:58.0 | Ü40 | 0 | 0 | GER | Team Whopper |
| 0. | 6543 | Thorben Lahtz | 00:33:03.1 | Ü40 | 0 | 0 | GER | Hannover 96 |
| 0. | 5675 | Sebastian Kumke | 00:33:03.9 | Ü40 | 0 | 0 | GER | Finanz Informatik |
| 0. | 7115 | Miro Lenke | 00:33:05.8 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 11625 | Daniel Brown | 00:33:05.8 | Ü40 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 1308 | Stefan Mertens | 00:33:07.5 | Ü40 | 0 | 0 | GER | Gasunie |
| 0. | 13085 | Jens Christel | 00:33:08.0 | Ü40 | 0 | 0 | GER | ZF Group |
| 0. | 6396 | No Name | 00:33:08.2 | Ü40 | 0 | 0 | GER | Hahne Holding GmbH |
| 0. | 6909 | Andy Boldt | 00:33:10.9 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 6905 | Florian Bode | 00:33:11.9 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 8233 | Jannis Klava | 00:33:12.1 | Ü40 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 9166 | Alexander Lang | 00:33:12.8 | Ü40 | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 9783 | Holger Igel | 00:33:14.4 | Ü40 | 0 | 0 | GER | NORD/LB |
| 0. | 12566 | Sören Stricker | 00:33:15.5 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 2189 | Nils Römermann | 00:33:17.4 | Ü40 | 0 | 0 | GER | Treuhand Hannover GmbH |
| 0. | 10433 | Boris Breitenstein | 00:33:17.7 | Ü40 | 0 | 0 | GER | REMONDIS Industrie Service |
| 0. | 11300 | Steffen Braune | 00:33:18.0 | Ü40 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 11511 | Torsten Rogall | 00:33:18.3 | Ü40 | 0 | 0 | GER | TUI Group |
| 0. | 9527 | Abdi Demera | 00:33:19.6 | Ü40 | 0 | 0 | GER | MSD Burgwedel Biotech GmbH |
| 0. | 11425 | Frederik Jurk | 00:33:20.8 | Ü40 | 0 | 0 | GER | TUI Group |
| 0. | 3838 | Nicolas Denecke | 00:33:20.8 | Ü40 | 0 | 0 | GER | Connox |
| 0. | 10556 | Gian Luigi Idili | 00:33:21.0 | Ü40 | 0 | 0 | GER | Sappi Hannover |
| 0. | 7093 | Stefan Krause | 00:33:23.1 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 12699 | Frederick Rischmann | 00:33:23.3 | Ü40 | 0 | 0 | GER | #teamWAGNER |
| 0. | 7299 | Marc Strecker | 00:33:24.3 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 6234 | Carsten Bühmann | 00:33:26.3 | Ü40 | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 11555 | Benjamin Weinbrenner | 00:33:27.1 | Ü40 | 0 | 0 | GER | TUI Group |
| 0. | 1829 | John Gilewitsch | 00:33:29.9 | Ü40 | 0 | 0 | GER | Mobil ISC |
| 0. | 7049 | Fabian Hupe | 00:33:30.9 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 2012 | Thomas Brockt | 00:33:31.9 | Ü40 | 0 | 0 | GER | People Love Running |
| 0. | 3501 | No Name | 00:33:33.3 | Ü40 | 0 | 0 | GER | Capgemini Deutschland GmbH |
| 0. | 10213 | Dirk Tofall | 00:33:33.4 | Ü40 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 7023 | No Name | 00:33:35.3 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 1147 | Thomas Haenel | 00:33:36.8 | Ü40 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 3871 | André Böder | 00:33:40.1 | Ü40 | 0 | 0 | GER | Courtyard by Marriott Hannover Maschsee |
| 0. | 5624 | Florian Hinz | 00:33:41.3 | Ü40 | 0 | 0 | GER | Finanz Informatik |
| 0. | 13070 | Marcus Lücke | 00:33:42.3 | Ü40 | 0 | 0 | GER | ZF Group |
| 0. | 13123 | Damian Rathmann | 00:33:42.4 | Ü40 | 0 | 0 | GER | ZF Group |
| 0. | 136 | Mathias Grafe | 00:33:43.1 | Ü40 | 0 | 0 | GER | Airbus |
| 0. | 5226 | Sebastian Kahrs | 00:33:46.1 | Ü40 | 0 | 0 | GER | Energie-Pensions-Management GmbH |
| 0. | 7612 | Heiko Kretschmer | 00:33:49.1 | Ü40 | 0 | 0 | GER | IG Metallteam |
| 0. | 7639 | Michael Zimmermann | 00:33:49.6 | Ü40 | 0 | 0 | GER | IG Metallteam |
| 0. | 10461 | Oleksandr Zalepa | 00:33:50.5 | Ü40 | 0 | 0 | GER | Team RHB Hannover |
| 0. | 10744 | Boris Schrader | 00:33:51.1 | Ü40 | 0 | 0 | GER | SEW-EURODRIVE GmbH & Co KG |
| 0. | 5341 | Nils Luther | 00:33:52.0 | Ü40 | 0 | 0 | GER | expert Warenvertrieb GmbH |

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|----|-------|---------------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 5962 | Daniel Feldmann | 00:33:56.8 | Ü40 | 0 | 0 | GER | Gehrke Econ |
| 0. | 11662 | Patrick Schmidt | 00:33:58.6 | Ü40 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 7106 | Christian Lau | 00:33:59.3 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 2680 | Michael Stappenbeck | 00:34:02.1 | Ü40 | 0 | 0 | GER | Algeco |
| 0. | 3166 | Alex Sawatzky | 00:34:04.0 | Ü40 | 0 | 0 | GER | Waygate Technologies |
| 0. | 3601 | Mohamed Amine Askri | 00:34:04.6 | Ü40 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 8021 | Steffen Unnasch | 00:34:07.0 | Ü40 | 0 | 0 | GER | KAG - The Endurance Runners |
| 0. | 5767 | Mohamed Soueid | 00:34:08.0 | Ü40 | 0 | 0 | GER | Finanz Informatik |
| 0. | 2192 | Markos Spieker | 00:34:09.1 | Ü40 | 0 | 0 | GER | Treuhand Hannover GmbH |
| 0. | 3144 | Uygar Celik | 00:34:09.5 | Ü40 | 0 | 0 | GER | Waygate Technologies |
| 0. | 7222 | Heiko Rethfeldt | 00:34:10.8 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 11368 | Mariusz Wysocki | 00:34:12.4 | Ü40 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 3835 | Lennart Balke | 00:34:17.3 | Ü40 | 0 | 0 | GER | Connox |
| 0. | 11729 | Thomas Mißner | 00:34:17.8 | Ü40 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 9108 | Tilmann Unbehaun | 00:34:19.1 | Ü40 | 0 | 0 | GER | Team Hochspannung |
| 0. | 12051 | Matthias Mielke-Schlichte | 00:34:19.5 | Ü40 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 13011 | Sébastien Doillon | 00:34:20.0 | Ü40 | 0 | 0 | GER | ZF Group |
| 0. | 1191 | André Rohde | 00:34:20.3 | Ü40 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 10770 | Martin Papenburg | 00:34:20.8 | Ü40 | 0 | 0 | GER | SHP Ingenieure |
| 0. | 7713 | Martin Soethe | 00:34:23.2 | Ü40 | 0 | 0 | GER | ILFA Hannover |
| 0. | 9362 | Nils Fritzke | 00:34:31.6 | Ü40 | 0 | 0 | GER | Meihorst und Partner |
| 0. | 4395 | Gerrit Siebers | 00:34:31.9 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 6661 | Christian Seifert | 00:34:34.3 | Ü40 | 0 | 0 | GER | AGS |
| 0. | 11817 | No Name | 00:34:34.9 | Ü40 | 0 | 0 | GER | Veolia Water Technologies |
| 0. | 9046 | Marc Lorenz | 00:34:35.1 | Ü40 | 0 | 0 | GER | Lorenzbau |
| 0. | 9366 | Steffen Hartwig | 00:34:36.3 | Ü40 | 0 | 0 | GER | Meihorst und Partner |
| 0. | 1544 | Thomas Taube | 00:34:37.3 | Ü40 | 0 | 0 | GER | Team Haster |
| 0. | 11349 | Joonas Rossi | 00:34:42.5 | Ü40 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 12995 | Dirk Basedau | 00:34:44.0 | Ü40 | 0 | 0 | GER | ZF Group |
| 0. | 6840 | Patrick Ignacio | 00:34:45.6 | Ü40 | 0 | 0 | GER | Harryaner*innen |
| 0. | 7467 | Michael Kessler | 00:34:46.5 | Ü40 | 0 | 0 | GER | HERO Software |
| 0. | 12497 | Max Berger | 00:34:46.6 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 1705 | Kai Dziub | 00:34:47.8 | Ü40 | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 1964 | Sven Thieße | 00:34:49.3 | Ü40 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 2212 | Thomas Corbach | 00:34:55.3 | Ü40 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 9105 | Florian John | 00:34:56.9 | Ü40 | 0 | 0 | GER | Team Hochspannung |
| 0. | 6967 | Stephan Frank | 00:34:58.1 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 3631 | Bernadette Gatzemeier | 00:34:59.7 | Ü40 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 7658 | Georg Thomas | 00:35:00.0 | Ü40 | 0 | 0 | GER | IHK Hannover |
| 0. | 4690 | Frederic Dettmer | 00:35:02.7 | Ü40 | 0 | 0 | GER | Hermesläufer |
| 0. | 11875 | Tim Rohleder | 00:35:04.5 | Ü40 | 0 | 0 | GER | VGH Versicherungen |
| 0. | 5764 | Christopher Snay | 00:35:04.5 | Ü40 | 0 | 0 | GER | Finanz Informatik |
| 0. | 9825 | Thomas Maier | 00:35:05.7 | Ü40 | 0 | 0 | GER | NORD/LB |
| 0. | 3725 | Daniel Kreck | 00:35:08.9 | Ü40 | 0 | 0 | GER | collaboration Factory AG |
| 0. | 11513 | Nils Benjamin Sarbok | 00:35:13.6 | Ü40 | 0 | 0 | GER | TUI Group |
| 0. | 6662 | No Name | 00:35:15.1 | Ü40 | 0 | 0 | GER | AGS |
| 0. | 3302 | Marcel Kunst | 00:35:17.6 | Ü40 | 0 | 0 | GER | BG-Phoenics GmbH |
| 0. | 7198 | Gökhan Pehlivan | 00:35:17.6 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 7431 | Robert Hommel | 00:35:18.9 | Ü40 | 0 | 0 | GER | HPI |
| 0. | 5039 | Christian Trost | 00:35:20.1 | Ü40 | 0 | 0 | GER | DRK Landesverband Niedersachsen e.V. |
| 0. | 8004 | Patrick Zimmermann | 00:35:23.4 | Ü40 | 0 | 0 | GER | Running Bulls |
| 0. | 4485 | Martin Lahmann | 00:35:25.9 | Ü40 | 0 | 0 | GER | Debeka |
| 0. | 8918 | André Bergmann | 00:35:26.6 | Ü40 | 0 | 0 | GER | lavera.naturals |

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|----|-------|-------------------------|------------|-----|---|---|-----|------------------------------------|
| 0. | 11 | Kai Glemnitz | 00:35:26.9 | Ü40 | 0 | 0 | GER | Vinci Energies |
| 0. | 7016 | Rudolf Häring | 00:35:31.8 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 12068 | Vladimirs Petrovs | 00:35:40.4 | Ü40 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 3515 | Jan-Henrik Waletzko | 00:35:42.8 | Ü40 | 0 | 0 | GER | Capgemini Deutschland GmbH |
| 0. | 2995 | Florian Ahlvers | 00:35:43.7 | Ü40 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 6714 | Daniel Wolthusen | 00:35:44.9 | Ü40 | 0 | 0 | GER | hannoverimpuls |
| 0. | 4270 | Jan Lange | 00:35:45.8 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 12064 | Lars Pankalla | 00:35:48.6 | Ü40 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 11504 | Philipp Otto | 00:35:50.9 | Ü40 | 0 | 0 | GER | TUI Group |
| 0. | 3657 | Waldemar Kisler | 00:35:51.6 | Ü40 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 811 | Alexander König | 00:35:53.5 | Ü40 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 9763 | Mario Gruppe | 00:35:55.9 | Ü40 | 0 | 0 | GER | NORD/LB |
| 0. | 9047 | Waldemar Martin | 00:35:58.6 | Ü40 | 0 | 0 | GER | Lorenzbau |
| 0. | 2258 | Daniel Leuninger | 00:36:00.6 | Ü40 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 10436 | Kim-Oliver Ebeling | 00:36:01.4 | Ü40 | 0 | 0 | GER | REMONDIS Industrie Service |
| 0. | 11429 | Markus Fromm | 00:36:06.9 | Ü40 | 0 | 0 | GER | TUI Group |
| 0. | 3696 | No Name | 00:36:08.3 | Ü40 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 9760 | Christoph Grober | 00:36:15.7 | Ü40 | 0 | 0 | GER | NORD/LB |
| 0. | 6918 | Steffen Brock | 00:36:16.4 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 12489 | Yves Ndjoli | 00:36:17.6 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 9828 | Markus Marienfeld | 00:36:18.8 | Ü40 | 0 | 0 | GER | NORD/LB |
| 0. | 13064 | No Name | 00:36:19.1 | Ü40 | 0 | 0 | GER | ZF Group |
| 0. | 1971 | Christian Weinsheimer | 00:36:20.1 | Ü40 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 9765 | Tobias Günther | 00:36:21.8 | Ü40 | 0 | 0 | GER | NORD/LB |
| 0. | 1093 | Christian Schmitz | 00:36:22.6 | Ü40 | 0 | 0 | GER | DRK-Region Hannover e.V. |
| 0. | 10340 | Matthias Wojke | 00:36:28.1 | Ü40 | 0 | 0 | GER | R+V Allgemeine Versicherung AG |
| 0. | 4034 | Maximilian Müller | 00:36:31.4 | Ü40 | 0 | 0 | GER | Dassault Systemes |
| 0. | 9692 | Ahmad Al Zoubi | 00:36:34.4 | Ü40 | 0 | 0 | GER | NORD/LB |
| 0. | 2559 | Lars Denecke | 00:36:35.6 | Ü40 | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 5671 | Alexander Krenizki | 00:36:35.7 | Ü40 | 0 | 0 | GER | Finanz Informatik |
| 0. | 7377 | Willi Ruske | 00:36:36.0 | Ü40 | 0 | 0 | GER | Heidenhain |
| 0. | 1556 | Martin Fischer | 00:36:36.6 | Ü40 | 0 | 0 | GER | heise - eine Antwort weiter |
| 0. | 5442 | Christian Genzke | 00:36:38.6 | Ü40 | 0 | 0 | GER | fairKauf-Runner |
| 0. | 2608 | Ben Saul | 00:36:39.8 | Ü40 | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 12183 | Jan Gesthuizen | 00:36:43.9 | Ü40 | 0 | 0 | GER | Vincentz Network |
| 0. | 5726 | Julian Riedel | 00:36:49.1 | Ü40 | 0 | 0 | GER | Finanz Informatik |
| 0. | 3160 | Michael Meier-Pakendorf | 00:36:49.2 | Ü40 | 0 | 0 | GER | Waygate Technologies |
| 0. | 6209 | Dorian Chomicki | 00:36:49.5 | Ü40 | 0 | 0 | GER | All4Golf |
| 0. | 3643 | Christian Hennig | 00:36:52.5 | Ü40 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 12085 | Martin Ruhna | 00:36:55.8 | Ü40 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 7537 | No Name | 00:36:55.9 | Ü40 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 1230 | Christoph Laroche | 00:37:00.1 | Ü40 | 0 | 0 | GER | Edeka-Runners |
| 0. | 34 | Christian Taubert | 00:37:02.5 | Ü40 | 0 | 0 | GER | Vinci Energies |
| 0. | 2397 | Dennis Greschner | 00:37:02.6 | Ü40 | 0 | 0 | GER | WHM Garbsen - Team Laufen |
| 0. | 10784 | Michael Claus | 00:37:03.5 | Ü40 | 0 | 0 | GER | Siemens AG |
| 0. | 241 | Nico Seewitz | 00:37:07.1 | Ü40 | 0 | 0 | GER | ALDI Nord |
| 0. | 9947 | Jan Wagner | 00:37:08.7 | Ü40 | 0 | 0 | GER | NORD/LB |
| 0. | 123 | Jonas Ewald | 00:37:11.1 | Ü40 | 0 | 0 | GER | Airbus |
| 0. | 12170 | Stephan Wolf | 00:37:14.1 | Ü40 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 9950 | Daniel Weiß | 00:37:14.3 | Ü40 | 0 | 0 | GER | NORD/LB |
| 0. | 2787 | Nils Algermissen | 00:37:15.0 | Ü40 | 0 | 0 | GER | Team Alterric |
| 0. | 11558 | Andre Wichert | 00:37:17.1 | Ü40 | 0 | 0 | GER | TUI Group |
| 0. | 696 | Sven Ahrens | 00:37:17.3 | Ü40 | 0 | 0 | GER | Dirk Rossmann GmbH |

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|----|-------|----------------------------|------------|-----|---|---|-----|--------------------------------|
| 0. | 3309 | Patrick Vogt | 00:37:24.5 | Ü40 | 0 | 0 | GER | BG-Phoenics GmbH |
| 0. | 7186 | Nicky Opitz | 00:37:30.9 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 13 | Stefan Konnert | 00:37:32.1 | Ü40 | 0 | 0 | GER | Vinci Energies |
| 0. | 1516 | Tobias Koplín | 00:37:33.4 | Ü40 | 0 | 0 | GER | Hanno Werk GmbH & Co. KG |
| 0. | 12676 | Jonas Hartwig | 00:37:35.3 | Ü40 | 0 | 0 | GER | #teamWAGNER |
| 0. | 3650 | Dominik Höhn | 00:37:35.8 | Ü40 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 9121 | Zacharias-Alexis Schneider | 00:37:39.4 | Ü40 | 0 | 0 | GER | Luther |
| 0. | 4921 | Christian Wensierski | 00:37:42.6 | Ü40 | 0 | 0 | GER | Dr. Gemmeke GmbH |
| 0. | 11993 | Patrick Kaiser | 00:37:45.7 | Ü40 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 3558 | Martin MalosseK-Lüssenhop | 00:37:54.4 | Ü40 | 0 | 0 | GER | CG CHEMIKALIEN |
| 0. | 1825 | Henning Bickmann | 00:37:56.9 | Ü40 | 0 | 0 | GER | Mobil ISC |
| 0. | 8921 | Sven Brandt | 00:37:59.5 | Ü40 | 0 | 0 | GER | lavera.naturals |
| 0. | 5550 | Eike Grotheer | 00:38:00.3 | Ü40 | 0 | 0 | GER | Finanz Informatik |
| 0. | 8253 | Stefan Leifels | 00:38:00.6 | Ü40 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 1720 | Maik Mittelstädt | 00:38:03.3 | Ü40 | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 4918 | Nils Sonntag | 00:38:04.1 | Ü40 | 0 | 0 | GER | Dr. Gemmeke GmbH |
| 0. | 11744 | Jörg Reimann | 00:38:05.6 | Ü40 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 6907 | Felix Bodenstein-Dresler | 00:38:08.4 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 5645 | Carsten Kammholz | 00:38:10.5 | Ü40 | 0 | 0 | GER | Finanz Informatik |
| 0. | 1086 | No Name | 00:38:12.8 | Ü40 | 0 | 0 | GER | DRK-Region Hannover e.V. |
| 0. | 741 | Christoph Diecke | 00:38:13.8 | Ü40 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 1585 | Martin Altemöller | 00:38:14.1 | Ü40 | 0 | 0 | GER | infra GmbH |
| 0. | 361 | No Name | 00:38:14.4 | Ü40 | 0 | 0 | GER | Pipe Pacers |
| 0. | 4432 | Claus-Peter Tichnau | 00:38:15.8 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 6984 | Jurij Gass | 00:38:16.3 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 12618 | Jörg Marínez | 00:38:16.6 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 1832 | Stefan Klingberg | 00:38:20.4 | Ü40 | 0 | 0 | GER | Mobil ISC |
| 0. | 5332 | Daniel Kaiser | 00:38:21.7 | Ü40 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 11972 | Tim Heinrich | 00:38:23.1 | Ü40 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 5883 | Marc Wehrmann | 00:38:27.1 | Ü40 | 0 | 0 | GER | Flughafen Hannover-Langenhagen |
| 0. | 5673 | Sven Krügener | 00:38:27.8 | Ü40 | 0 | 0 | GER | Finanz Informatik |
| 0. | 5956 | Christian Bork | 00:38:29.1 | Ü40 | 0 | 0 | GER | Gehrke Econ |
| 0. | 5876 | Norman Tacking | 00:38:30.6 | Ü40 | 0 | 0 | GER | Flughafen Hannover-Langenhagen |
| 0. | 10562 | Cord Runne | 00:38:31.1 | Ü40 | 0 | 0 | GER | Sappi Hannover |
| 0. | 13071 | Christoph Lücking | 00:38:31.9 | Ü40 | 0 | 0 | GER | ZF Group |
| 0. | 2502 | Daniel Petzold | 00:38:35.1 | Ü40 | 0 | 0 | GER | Team Abis |
| 0. | 2203 | Nils Bremer | 00:38:36.0 | Ü40 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 10565 | Sertan Soenmez | 00:38:37.9 | Ü40 | 0 | 0 | GER | Sappi Hannover |
| 0. | 5070 | Maks Bradtmöller | 00:38:40.4 | Ü40 | 0 | 0 | GER | EasyPark Runners |
| 0. | 3300 | Philipp Zwarg | 00:38:43.1 | Ü40 | 0 | 0 | GER | BG-Phoenics GmbH |
| 0. | 5985 | Sebastian Crohn | 00:38:44.3 | Ü40 | 0 | 0 | GER | Genoverband e. V. |
| 0. | 9361 | Dominik Boller-Quessel | 00:38:47.6 | Ü40 | 0 | 0 | GER | Meihorst und Partner |
| 0. | 390 | Hans-Christian Klück | 00:38:49.1 | Ü40 | 0 | 0 | GER | Bundesdruckerei GmbH |
| 0. | 5351 | Christoph Radke | 00:38:51.1 | Ü40 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 3580 | York Ostermeyer | 00:39:01.9 | Ü40 | 0 | 0 | GER | ChillServices |
| 0. | 3073 | Dennis Nienstedt | 00:39:05.6 | Ü40 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 12182 | Christian Filies | 00:39:05.8 | Ü40 | 0 | 0 | GER | Vincenz Network |
| 0. | 1754 | Nico Witt | 00:39:10.6 | Ü40 | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 3544 | Marcus Adrians | 00:39:12.2 | Ü40 | 0 | 0 | GER | CG CHEMIKALIEN |
| 0. | 7861 | Dennis Loschen | 00:39:14.1 | Ü40 | 0 | 0 | GER | IP SYSCON SPORTS |
| 0. | 12028 | Fabian Küster | 00:39:18.6 | Ü40 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 10559 | Christoph Pesing | 00:39:18.7 | Ü40 | 0 | 0 | GER | Sappi Hannover |
| 0. | 12247 | Marcus Vogeler | 00:39:22.6 | Ü40 | 0 | 0 | GER | Kanzlei Vogeler |

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|----|-------|------------------------------|------------|-----|---|---|-----|--|
| 0. | 12892 | Antonio Marchionna | 00:39:24.4 | Ü40 | 0 | 0 | GER | WSP Deutschland AG |
| 0. | 1696 | Jan-Hendrik Eßrich | 00:39:26.0 | Ü40 | 0 | 0 | GER | Knauf Interfer Stahl Service Center GmbH |
| 0. | 12048 | Julian Meisen | 00:39:28.6 | Ü40 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 3174 | Florian Wegner | 00:39:28.7 | Ü40 | 0 | 0 | GER | Waygate Technologies |
| 0. | 11449 | Mark Hoepfner | 00:39:30.9 | Ü40 | 0 | 0 | GER | TUI Group |
| 0. | 6792 | Milan Wick | 00:39:32.0 | Ü40 | 0 | 0 | GER | Hannoversche Volksbank |
| 0. | 10098 | Patrick Westenberger | 00:39:32.4 | Ü40 | 0 | 0 | GER | Team PABF / NKG |
| 0. | 7651 | Volker Rau | 00:39:32.9 | Ü40 | 0 | 0 | GER | IHK Hannover |
| 0. | 9205 | Attila Liszi | 00:39:33.0 | Ü40 | 0 | 0 | GER | Marley Deutschland GmbH |
| 0. | 5083 | Stephan Höreth | 00:39:35.1 | Ü40 | 0 | 0 | GER | EBRC running mates |
| 0. | 11929 | Olaf Buhk | 00:39:43.1 | Ü40 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 12591 | Andrej Von Schilling | 00:39:44.4 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 717 | Alexander Blanckarts | 00:39:46.4 | Ü40 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 10214 | Arne Vesper | 00:39:50.3 | Ü40 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 12981 | David Richter | 00:39:57.1 | Ü40 | 0 | 0 | GER | Canopy Biosciences |
| 0. | 2592 | Marco Meier | 00:39:57.6 | Ü40 | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 8612 | Manuel Wilke | 00:40:03.3 | Ü40 | 0 | 0 | GER | Team KONE |
| 0. | 9369 | Sebastian Otte | 00:40:12.8 | Ü40 | 0 | 0 | GER | Meihorst und Partner |
| 0. | 11647 | Alexander Markus | 00:40:17.6 | Ü40 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 3809 | Chris Jeschke | 00:40:24.5 | Ü40 | 0 | 0 | GER | Team Concordia |
| 0. | 5076 | David Piepjohn | 00:40:27.4 | Ü40 | 0 | 0 | GER | EasyPark Runners |
| 0. | 3045 | Marco Jaspers | 00:40:35.9 | Ü40 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 11892 | Mathias Von Salzen | 00:40:54.1 | Ü40 | 0 | 0 | GER | VGH Versicherungen |
| 0. | 8256 | No Name | 00:40:58.1 | Ü40 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 12594 | Viktor Wasem | 00:40:59.1 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 2572 | Marcel Heinrich | 00:40:59.7 | Ü40 | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 12372 | Florian Göbel | 00:41:09.8 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 2125 | Stefan Anders | 00:41:10.4 | Ü40 | 0 | 0 | GER | Toyota Material Handling |
| 0. | 2158 | Oliver Schünemann | 00:41:10.4 | Ü40 | 0 | 0 | GER | Toyota Material Handling |
| 0. | 6398 | Gabriel Grimes | 00:41:14.4 | Ü40 | 0 | 0 | GER | Hahne Holding GmbH |
| 0. | 9218 | Arne Bonerewitz | 00:41:15.3 | Ü40 | 0 | 0 | GER | Martin Braun Sporties |
| 0. | 11557 | David Wermuth | 00:41:20.8 | Ü40 | 0 | 0 | GER | TUI Group |
| 0. | 12582 | Bobi Trpevski | 00:41:23.8 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 8033 | Daniel Khan | 00:41:24.1 | Ü40 | 0 | 0 | GER | FristabLAUF! |
| 0. | 9632 | Christian Basener | 00:41:27.0 | Ü40 | 0 | 0 | GER | Nexthelden |
| 0. | 1306 | Kai-Philipp Pirwitz Bernardi | 00:41:31.2 | Ü40 | 0 | 0 | GER | Gasunie |
| 0. | 1903 | Martin König | 00:41:32.8 | Ü40 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 482 | Jan Haehnel | 00:41:34.3 | Ü40 | 0 | 0 | GER | Cochlear Deutschland GmbH & co.KG |
| 0. | 3285 | Marius Seidel | 00:41:35.9 | Ü40 | 0 | 0 | GER | Behncke GmbH |
| 0. | 76 | Sebastian Jöckel | 00:41:36.4 | Ü40 | 0 | 0 | GER | activelaw |
| 0. | 5277 | Björn Waltemathe | 00:41:37.4 | Ü40 | 0 | 0 | GER | ETL Treuhand |
| 0. | 4484 | Michael Knitter | 00:41:38.6 | Ü40 | 0 | 0 | GER | Debeka |
| 0. | 12683 | Dirk Köbernick | 00:41:38.9 | Ü40 | 0 | 0 | GER | #teamWAGNER |
| 0. | 6908 | Tim Bökens | 00:41:39.1 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 5347 | Tjerk Nolte | 00:41:47.1 | Ü40 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 1976 | Rene Zander | 00:41:52.9 | Ü40 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 1263 | Raibel Alvarado | 00:41:56.3 | Ü40 | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 2209 | Torben Buls | 00:42:02.4 | Ü40 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 1579 | Phillipp Hughes | 00:42:02.9 | Ü40 | 0 | 0 | GER | Hencke Systemberatung |
| 0. | 114 | No Name | 00:42:09.9 | Ü40 | 0 | 0 | GER | Airbus |
| 0. | 9900 | Sebastian Schmid | 00:42:11.4 | Ü40 | 0 | 0 | GER | NORD/LB |
| 0. | 1877 | Ingo Fricke | 00:42:12.3 | Ü40 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 2170 | Holger Urbschat | 00:42:14.9 | Ü40 | 0 | 0 | GER | Toyota Material Handling |

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|----|-------|----------------------------|------------|-----|---|---|-----|------------------------------------|
| 0. | 2228 | Benjamin Gäbler | 00:42:21.9 | Ü40 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 11320 | Florian Horeis | 00:42:22.5 | Ü40 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 6348 | Vadim Schmidt | 00:42:25.4 | Ü40 | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 11559 | Florian Windeck | 00:42:29.3 | Ü40 | 0 | 0 | GER | TUI Group |
| 0. | 8058 | Alexander Pflug | 00:42:30.3 | Ü40 | 0 | 0 | GER | Team Kerck |
| 0. | 1138 | No Name | 00:42:32.2 | Ü40 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 628 | Michael Christopher Melber | 00:42:32.6 | Ü40 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 498 | Mike Franke | 00:42:33.3 | Ü40 | 0 | 0 | GER | CGM Team Hannover |
| 0. | 5543 | Lars Auf Dem Berge | 00:42:45.1 | Ü40 | 0 | 0 | GER | Finanz Informatik |
| 0. | 5113 | Andreas Mehl | 00:42:47.3 | Ü40 | 0 | 0 | GER | Ecovis Hannover |
| 0. | 1246 | Wojciech Frackowiak | 00:42:53.9 | Ü40 | 0 | 0 | GER | ehb electronics gmbh |
| 0. | 11899 | Kai Ahlborn | 00:42:56.6 | Ü40 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 6922 | Kersten Burkhardt | 00:42:56.9 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 9207 | Stefan Ostertag | 00:42:57.8 | Ü40 | 0 | 0 | GER | Marley Deutschland GmbH |
| 0. | 7996 | Fabian Husmann | 00:42:58.1 | Ü40 | 0 | 0 | GER | Running Bulls |
| 0. | 12160 | Stephan Weis | 00:43:03.3 | Ü40 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 6351 | Oleksandr Shvachka | 00:43:03.4 | Ü40 | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 5540 | Christoph Alm | 00:43:05.3 | Ü40 | 0 | 0 | GER | Finanz Informatik |
| 0. | 12335 | Björn Brinkmann | 00:43:11.3 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 11221 | Gregor Kaehling | 00:43:12.7 | Ü40 | 0 | 0 | GER | Thermo Fisher Scientific |
| 0. | 6843 | Adrian Mikrut | 00:43:14.6 | Ü40 | 0 | 0 | GER | Harryaner*innen |
| 0. | 11199 | No Name | 00:43:19.1 | Ü40 | 0 | 0 | GER | WORMLAND |
| 0. | 611 | Markus Kociok | 00:43:24.1 | Ü40 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 8163 | Matthias Blaton | 00:43:32.1 | Ü40 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 12573 | Metin Tekin | 00:43:45.1 | Ü40 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 3146 | Mohammed Elkholy | 00:43:50.4 | Ü40 | 0 | 0 | GER | Waygate Technologies |
| 0. | 11365 | Okan Tosun | 00:43:50.9 | Ü40 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 3625 | Björn O. Eggert | 00:43:57.6 | Ü40 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 614 | No Name | 00:44:02.1 | Ü40 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 6285 | Thomas Knaack | 00:44:03.6 | Ü40 | 0 | 0 | GER | GRBV Ingenieure im Bauwesen |
| 0. | 7501 | No Name | 00:44:04.1 | Ü40 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 13045 | Chandramoul Kannan | 00:44:24.4 | Ü40 | 0 | 0 | GER | ZF Group |
| 0. | 1511 | Christian Fleig | 00:44:25.0 | Ü40 | 0 | 0 | GER | Hanno Werk GmbH & Co. KG |
| 0. | 8383 | Sandor Garcia Mendez | 00:44:30.8 | Ü40 | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 8399 | Holger Heipl | 00:44:38.8 | Ü40 | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 4086 | Mirco Baumann | 00:44:43.3 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 7326 | Nils-Daniel Vocke | 00:45:03.9 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 10473 | Stefan Otto | 00:45:06.5 | Ü40 | 0 | 0 | GER | riera - elektrisiert |
| 0. | 11114 | Kai Naujoks | 00:45:17.3 | Ü40 | 0 | 0 | GER | sympacon |
| 0. | 11324 | Alexander Junker | 00:45:29.3 | Ü40 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 65 | Marcel Ebel | 00:45:36.8 | Ü40 | 0 | 0 | GER | Vinci Energies |
| 0. | 10472 | Mathias Otto | 00:45:37.8 | Ü40 | 0 | 0 | GER | riera - elektrisiert |
| 0. | 3634 | Rabih Ghandour | 00:45:37.9 | Ü40 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 5867 | Ahmet Sarioglu | 00:45:38.9 | Ü40 | 0 | 0 | GER | Flughafen Hannover-Langenhagen |
| 0. | 3170 | Hai Tran | 00:45:43.3 | Ü40 | 0 | 0 | GER | Waygate Technologies |
| 0. | 10254 | Carsten Horst | 00:45:47.8 | Ü40 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 4074 | Björn Anker | 00:46:04.1 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 11224 | Klaus Book | 00:46:10.8 | Ü40 | 0 | 0 | GER | thyssenkrupp Plastics |
| 0. | 7477 | Ingolf Stautz | 00:46:24.9 | Ü40 | 0 | 0 | GER | Team HGK |
| 0. | 10956 | No Name | 00:46:26.1 | Ü40 | 0 | 0 | GER | Team SOPHIE |
| 0. | 11651 | Jakub Mordarski | 00:46:34.4 | Ü40 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 51344 | Daniel Gehrke | 00:46:38.6 | Ü40 | 0 | 0 | GER | DaniRunner81 |
| 0. | 822 | Oliver Kuhn | 00:46:41.8 | Ü40 | 0 | 0 | GER | Dirk Rossmann GmbH |

| | | | | | | | | |
|----|-------|------------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 3040 | No Name | 00:46:44.6 | Ü40 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 2588 | Mathias Lemme | 00:46:48.6 | Ü40 | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 9202 | Christian Joos | 00:47:00.7 | Ü40 | 0 | 0 | GER | Marley Deutschland GmbH |
| 0. | 11131 | Ümit Sahiner | 00:47:01.1 | Ü40 | 0 | 0 | GER | Syserso Networks GmbH |
| 0. | 12 | Daniel Kampert | 00:47:01.6 | Ü40 | 0 | 0 | GER | Vinci Energies |
| 0. | 2763 | Kai Zimmermann | 00:47:05.9 | Ü40 | 0 | 0 | GER | ALLSAT |
| 0. | 9723 | Ehler Clausen | 00:47:07.6 | Ü40 | 0 | 0 | GER | NORD/LB |
| 0. | 8930 | Matthias Hirsch | 00:47:21.6 | Ü40 | 0 | 0 | GER | lavera.naturals |
| 0. | 10321 | No Name | 00:47:33.2 | Ü40 | 0 | 0 | GER | R+V Allgemeine Versicherung AG |
| 0. | 783 | Malte Held | 00:47:50.8 | Ü40 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 4869 | Philipp Reger | 00:48:01.6 | Ü40 | 0 | 0 | GER | digital.manufaktur GmbH |
| 0. | 6945 | Venkateshwar Rao Diddi | 00:48:23.1 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 1660 | Sven Wendemuth | 00:48:26.4 | Ü40 | 0 | 0 | GER | Team Kienast Unternehmensgruppe |
| 0. | 1358 | Christian Götze | 00:48:54.9 | Ü40 | 0 | 0 | GER | Gemeinde Isernhagen |
| 0. | 8422 | Sven Linnert | 00:49:45.3 | Ü40 | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 12682 | Sebastian Klocke | 00:49:45.4 | Ü40 | 0 | 0 | GER | #teamWAGNER |
| 0. | 7033 | Andy Hilker | 00:49:46.2 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 1159 | Matthias Kier | 00:50:27.1 | Ü40 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 9285 | Boris Dreier | 00:51:04.2 | Ü40 | 0 | 0 | GER | Mecklenburgische Versicherungs-Gesel |
| 0. | 1126 | No Name | 00:51:17.9 | Ü40 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 7079 | Matthias Koch | 00:51:27.9 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 1830 | Stefan Hesse | 00:51:36.6 | Ü40 | 0 | 0 | GER | Mobil ISC |
| 0. | 86 | No Name | 00:51:38.0 | Ü40 | 0 | 0 | GER | Win4Youth |
| 0. | 891 | Hubert Pasterny | 00:52:15.6 | Ü40 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 11906 | Marcel Baumgraß | 00:52:18.6 | Ü40 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 4434 | Marco Trebing | 00:52:22.8 | Ü40 | 0 | 0 | GER | DB / VDES |
| 0. | 881 | Mehmet Odabasi | 00:53:08.3 | Ü40 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 11198 | No Name | 00:53:27.9 | Ü40 | 0 | 0 | GER | WORMLAND |
| 0. | 7372 | Sven Stadermann | 00:53:39.3 | Ü40 | 0 | 0 | GER | Zementwerk Hannover |
| 0. | 5333 | Thomas Kanthak | 00:55:55.3 | Ü40 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 2019 | Torsten Andreß | 00:56:08.4 | Ü40 | 0 | 0 | GER | PREUSS Gruppe |
| 0. | 6876 | Sebastian Apel | 00:56:24.5 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 12012 | Hermann Kramer | 00:56:27.6 | Ü40 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 8297 | Patrick Schäferling | 00:58:10.7 | Ü40 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 6795 | Andreas Danielyan | 00:59:46.2 | Ü40 | 0 | 0 | GER | HW Runners |
| 0. | 5542 | Halil Ibrahim Andic | 00:59:55.8 | Ü40 | 0 | 0 | GER | Finanz Informatik |
| 0. | 10573 | Oliver Krause | 01:00:05.8 | Ü40 | 0 | 0 | GER | SAZ Services GmbH |
| 0. | 10474 | Leonhard Tischenberg | 01:00:38.3 | Ü40 | 0 | 0 | GER | riera - elektrisiert |
| 0. | 7553 | Timo Kröpcke | 01:01:22.2 | Ü40 | 0 | 0 | GER | Hempelmann |
| 0. | 1347 | Christian Becker | 01:02:17.6 | Ü40 | 0 | 0 | GER | Gemeinde Isernhagen |
| 0. | 8644 | Jan-Christian Nauck | 01:03:02.6 | Ü40 | 0 | 0 | GER | KD Schmid Runners |
| 0. | 9244 | Raphael Katana | 01:04:15.7 | Ü40 | 0 | 0 | GER | Materna Hannover |
| 0. | 6933 | Hüseyin Celikel | 01:06:32.0 | Ü40 | 0 | 0 | GER | HDI AG |
| 0. | 7503 | Marc Borsum | 01:09:26.2 | Ü40 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 4100 | Björn Bockler | 01:10:03.7 | Ü40 | 0 | 0 | GER | DB / VDES |

Ü45

| Pos | Nr | Name | Zeit | Kat | KPos | GPos | Nation | Verein |
|-----|------|-------------------|------------|-----|------|------|--------|-----------|
| 0. | 4121 | Hikmet Ciftci | 00:23:11.5 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 4878 | Helmut Dannenberg | 00:25:13.0 | Ü45 | 0 | 0 | GER | DIDImmo |
| 0. | 4880 | Jens Prilop | 00:25:16.5 | Ü45 | 0 | 0 | GER | DIDImmo |
| 0. | 7150 | Timo Merten | 00:25:41.6 | Ü45 | 0 | 0 | GER | HDI AG |

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|----|-------|----------------------|------------|-----|---|---|-----|--------------------------------|
| 0. | 3298 | Ingo Arnecke | 00:25:52.7 | Ü45 | 0 | 0 | GER | BG-Phoenics GmbH |
| 0. | 5453 | Rico Beier | 00:26:09.8 | Ü45 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 145 | Markus Jung | 00:26:19.1 | Ü45 | 0 | 0 | GER | Airbus |
| 0. | 8378 | Sven Fleis | 00:26:20.9 | Ü45 | 0 | 0 | GER | Klinikum Warendorff GmbH |
| 0. | 3084 | Maik Rakar | 00:26:32.0 | Ü45 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 3803 | Thomas Martens | 00:26:33.9 | Ü45 | 0 | 0 | GER | Team Concordia |
| 0. | 23 | Martin Wiechmann | 00:26:54.8 | Ü45 | 0 | 0 | GER | Vinci Energies |
| 0. | 9232 | Rene Weisheit | 00:27:06.1 | Ü45 | 0 | 0 | GER | Martin Braun Sporties |
| 0. | 7434 | Oliver König | 00:27:23.0 | Ü45 | 0 | 0 | GER | HPI |
| 0. | 9934 | Dirk Töteberg | 00:27:25.6 | Ü45 | 0 | 0 | GER | NORD/LB |
| 0. | 12178 | Andy Zuchandke | 00:27:43.6 | Ü45 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 2917 | Frank Rabe | 00:27:51.7 | Ü45 | 0 | 0 | GER | Aspria |
| 0. | 218 | Rouven Gercke | 00:28:05.3 | Ü45 | 0 | 0 | GER | ALDI Nord |
| 0. | 2283 | Andreas Selinger | 00:28:06.8 | Ü45 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 7398 | Andreas Wappenhans | 00:28:08.9 | Ü45 | 0 | 0 | GER | heinekingmedia |
| 0. | 11676 | Mike Asche | 00:28:15.3 | Ü45 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 5637 | Fabian Jochim | 00:28:29.0 | Ü45 | 0 | 0 | GER | Finanz Informatik |
| 0. | 10341 | Lars Wonneberg | 00:28:30.8 | Ü45 | 0 | 0 | GER | R+V Allgemeine Versicherung AG |
| 0. | 4243 | Martin Kladny | 00:28:34.2 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 6305 | Stefan Janssen | 00:28:37.4 | Ü45 | 0 | 0 | GER | GSR Strahlentherapie Hannover |
| 0. | 11100 | Timo Baars | 00:28:39.1 | Ü45 | 0 | 0 | GER | Sweco |
| 0. | 2831 | Andrej Anker | 00:28:42.3 | Ü45 | 0 | 0 | GER | Arconic Hannover |
| 0. | 13052 | Sebastian Klem | 00:28:51.8 | Ü45 | 0 | 0 | GER | ZF Group |
| 0. | 12053 | No Name | 00:28:51.9 | Ü45 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 9710 | Henning Brand-Saßen | 00:29:01.7 | Ü45 | 0 | 0 | GER | NORD/LB |
| 0. | 4499 | Michael Hühn | 00:29:20.4 | Ü45 | 0 | 0 | GER | DEGENER // ars mundi // ARTES |
| 0. | 3303 | Pierre Lakaw | 00:29:21.6 | Ü45 | 0 | 0 | GER | BG-Phoenics GmbH |
| 0. | 12057 | Lars Munstermann | 00:29:22.7 | Ü45 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 9270 | Thomas Hoffmeister | 00:29:26.0 | Ü45 | 0 | 0 | GER | BBN + MBG Niedersachsen GmbH |
| 0. | 7269 | Dennis Schurbaum | 00:29:27.8 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 12008 | Mirko Kötter | 00:29:28.8 | Ü45 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 8003 | Kai Wessollek | 00:29:30.9 | Ü45 | 0 | 0 | GER | Running Bulls |
| 0. | 1312 | Michael Pohl | 00:29:36.5 | Ü45 | 0 | 0 | GER | Gasunie |
| 0. | 7455 | Stefan Sprott | 00:29:39.5 | Ü45 | 0 | 0 | GER | Bumke |
| 0. | 12535 | Giselher Schiecke | 00:29:41.8 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 3783 | Fabian Hübner | 00:29:43.3 | Ü45 | 0 | 0 | GER | Team Concordia |
| 0. | 11951 | Björn Gall | 00:29:45.6 | Ü45 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 12367 | David Garcia | 00:29:51.9 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 9407 | Karsten Wolters | 00:30:00.5 | Ü45 | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 1431 | Andreas Rauls | 00:30:09.1 | Ü45 | 0 | 0 | GER | GWE |
| 0. | 11258 | Charly Vetault | 00:30:11.3 | Ü45 | 0 | 0 | GER | Honeywell Transnorm |
| 0. | 6870 | Andreas Adenäuer | 00:30:12.2 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 7772 | Andreas Rosenbauer | 00:30:14.8 | Ü45 | 0 | 0 | GER | infinitas |
| 0. | 9793 | Timo Kamberger | 00:30:15.6 | Ü45 | 0 | 0 | GER | NORD/LB |
| 0. | 12071 | Sascha Pierau | 00:30:17.6 | Ü45 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 11434 | Stefan Götte | 00:30:20.0 | Ü45 | 0 | 0 | GER | TUI Group |
| 0. | 1239 | Dietmar Zühlke | 00:30:25.3 | Ü45 | 0 | 0 | GER | Edeka-Runners |
| 0. | 11211 | Patrik Zuchowicz | 00:30:32.5 | Ü45 | 0 | 0 | GER | Running Winkulaner |
| 0. | 5603 | Thomas Gleitz | 00:30:36.4 | Ü45 | 0 | 0 | GER | Finanz Informatik |
| 0. | 9715 | Sebastian Schubert | 00:30:44.3 | Ü45 | 0 | 0 | GER | NORD/LB |
| 0. | 10823 | Stefan Pytlik | 00:30:50.1 | Ü45 | 0 | 0 | GER | Siemens AG |
| 0. | 4933 | Bernd Boettcher | 00:30:50.8 | Ü45 | 0 | 0 | GER | Veenker Ingenieure |
| 0. | 75 | Christoph Heidelberg | 00:30:52.8 | Ü45 | 0 | 0 | GER | activelaw |

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|----|-------|---------------------|------------|-----|---|---|-----|-----------------------------------|
| 0. | 11297 | Fabian Beckmann | 00:30:54.3 | Ü45 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 11665 | Lulzim Smajli | 00:31:00.0 | Ü45 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 5800 | Helge Weirich | 00:31:02.8 | Ü45 | 0 | 0 | GER | Finanz Informatik |
| 0. | 12539 | Benjamin Schmidt | 00:31:05.3 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5328 | Jan Hillebrand | 00:31:09.2 | Ü45 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 10679 | Simon Nagel | 00:31:17.6 | Ü45 | 0 | 0 | GER | Sennheiser electronic SE & Co. KG |
| 0. | 755 | Christian Feddern | 00:31:20.4 | Ü45 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 1262 | Patrick Alpers | 00:31:25.3 | Ü45 | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 1143 | Malte Friedrichs | 00:31:29.1 | Ü45 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 9778 | Malte Hoffmann | 00:31:33.7 | Ü45 | 0 | 0 | GER | NORD/LB |
| 0. | 6883 | No Name | 00:31:34.5 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 6985 | Yann Gauvain | 00:31:35.1 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 4657 | Sven Gerdsmeyer | 00:31:38.6 | Ü45 | 0 | 0 | GER | Deutsche Bundesbank |
| 0. | 7274 | Kai Schwering | 00:31:38.7 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 9836 | Björn Meyer | 00:31:38.7 | Ü45 | 0 | 0 | GER | NORD/LB |
| 0. | 5561 | Ralf Bötnagel | 00:31:40.3 | Ü45 | 0 | 0 | GER | Finanz Informatik |
| 0. | 1994 | Carsten Rust | 00:31:40.6 | Ü45 | 0 | 0 | GER | nass magnet |
| 0. | 1633 | Artur Schmalz | 00:31:42.8 | Ü45 | 0 | 0 | GER | itsc |
| 0. | 9930 | Christoph Taube | 00:31:43.1 | Ü45 | 0 | 0 | GER | NORD/LB |
| 0. | 5564 | Henning Bruns | 00:31:58.8 | Ü45 | 0 | 0 | GER | Finanz Informatik |
| 0. | 5839 | Daniel Knieß | 00:31:59.7 | Ü45 | 0 | 0 | GER | Laufteam Flexsys 2024 |
| 0. | 11508 | Karsten Raabe | 00:32:00.3 | Ü45 | 0 | 0 | GER | TUI Group |
| 0. | 8371 | No Name | 00:32:04.6 | Ü45 | 0 | 0 | GER | Klinikum Warendorff GmbH |
| 0. | 9199 | Steffen Fitzpatrick | 00:32:06.0 | Ü45 | 0 | 0 | GER | Marley Deutschland GmbH |
| 0. | 5960 | Sven Dierking | 00:32:06.0 | Ü45 | 0 | 0 | GER | Gehrke Econ |
| 0. | 1542 | Martin Schutter | 00:32:06.3 | Ü45 | 0 | 0 | GER | Team Haster |
| 0. | 1653 | Ali Bajut | 00:32:06.9 | Ü45 | 0 | 0 | GER | Team Kienast Unternehmensgruppe |
| 0. | 11755 | Arne Beckstroem | 00:32:13.6 | Ü45 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 4877 | Philipp Weber | 00:32:15.5 | Ü45 | 0 | 0 | GER | Weber Massivhaus |
| 0. | 8018 | Alexander Stangel | 00:32:16.5 | Ü45 | 0 | 0 | GER | KAG - The Endurance Runners |
| 0. | 12546 | Christian Schreiber | 00:32:17.3 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 11727 | Volker Mende | 00:32:17.6 | Ü45 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 51398 | Torsten Pretzsch | 00:32:19.1 | Ü45 | 0 | 0 | GER | PREUSS Gruppe |
| 0. | 8000 | Andre Sendrowski | 00:32:22.1 | Ü45 | 0 | 0 | GER | Running Bulls |
| 0. | 5523 | Jörn Tolkien | 00:32:25.1 | Ü45 | 0 | 0 | GER | FiberBridge Photonics |
| 0. | 5205 | Stephan Müller | 00:32:29.8 | Ü45 | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 4697 | Onuora Ogbukagu | 00:32:30.1 | Ü45 | 0 | 0 | GER | Hermesläufer |
| 0. | 6214 | Johannes Jurecka | 00:32:30.4 | Ü45 | 0 | 0 | GER | All4Golf |
| 0. | 12356 | Christian Enderwitz | 00:32:32.6 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 591 | Sebastian Heuer | 00:32:36.5 | Ü45 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 12223 | Lars Witt | 00:32:37.5 | Ü45 | 0 | 0 | GER | Vinzenzkrankenhaus Hannover GmbH |
| 0. | 1184 | Mathias Pfaus | 00:32:38.0 | Ü45 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 5959 | Jens Bruns | 00:32:40.8 | Ü45 | 0 | 0 | GER | Gehrke Econ |
| 0. | 4343 | Alexander Röckelein | 00:32:41.0 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 3317 | Tobias Irmer | 00:32:42.9 | Ü45 | 0 | 0 | GER | Bildungsverein Hannover |
| 0. | 3118 | Thomas Wurst | 00:32:45.1 | Ü45 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 5361 | Daniel Trosiner | 00:32:46.1 | Ü45 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 12484 | Hendrik Mück | 00:32:47.8 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 12392 | Thilo Heidorn | 00:32:57.6 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 12528 | Ronny Roos | 00:33:00.1 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 7308 | Christian Teufel | 00:33:02.9 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 11267 | Friedrich Schick | 00:33:03.4 | Ü45 | 0 | 0 | GER | Honeywell Transnorm |
| 0. | 4840 | No Name | 00:33:04.3 | Ü45 | 0 | 0 | GER | Deutsches Taubblindenwerk |

| | | | | | | | | |
|----|-------|------------------------|------------|-----|---|---|-----|------------------------------------|
| 0. | 1841 | Helko Dodenhoeft | 00:33:06.4 | Ü45 | 0 | 0 | GER | Mobil ISC |
| 0. | 3152 | Sebastian Hilgendorf | 00:33:09.9 | Ü45 | 0 | 0 | GER | Waygate Technologies |
| 0. | 8792 | Nico Schwerdt | 00:33:11.4 | Ü45 | 0 | 0 | GER | Krüger Hannover GmbH & Co. KG |
| 0. | 6286 | Harold Kötz | 00:33:17.9 | Ü45 | 0 | 0 | GER | GRBV Ingenieure im Bauwesen |
| 0. | 12461 | Rafael Lucia | 00:33:18.8 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 6549 | Torsten Nickel | 00:33:19.1 | Ü45 | 0 | 0 | GER | Hannover 96 |
| 0. | 5212 | Fabian Trage | 00:33:21.8 | Ü45 | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 28 | Alexander Exner | 00:33:21.8 | Ü45 | 0 | 0 | GER | Vinci Energies |
| 0. | 9958 | Richard Winter | 00:33:22.6 | Ü45 | 0 | 0 | GER | NORD/LB |
| 0. | 3841 | No Name | 00:33:26.3 | Ü45 | 0 | 0 | GER | Connox |
| 0. | 11586 | Robert Hollatz | 00:33:31.6 | Ü45 | 0 | 0 | GER | Uniper Hannover |
| 0. | 1691 | Maschtag Ahmad Yusofi | 00:33:32.5 | Ü45 | 0 | 0 | GER | Klinikum Peine |
| 0. | 11305 | Thomas Dunemann | 00:33:35.6 | Ü45 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 12199 | No Name | 00:33:37.1 | Ü45 | 0 | 0 | GER | Vinzenzkrankenhaus Hannover GmbH |
| 0. | 11264 | Sascha Heuer | 00:33:39.5 | Ü45 | 0 | 0 | GER | Honeywell Transnorm |
| 0. | 11660 | Torsten Riedel | 00:33:40.8 | Ü45 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 9943 | Benedikt Von Abendroth | 00:33:45.6 | Ü45 | 0 | 0 | GER | NORD/LB |
| 0. | 12416 | Niels Juhre | 00:33:46.6 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 7224 | Marco Reuse | 00:33:46.6 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 11294 | Göksal Akyol | 00:33:48.0 | Ü45 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 6217 | Björn Kratzke | 00:33:50.0 | Ü45 | 0 | 0 | GER | All4Golf |
| 0. | 367 | Jens Beiße | 00:33:53.7 | Ü45 | 0 | 0 | GER | Bucher Municipal |
| 0. | 7445 | Sascha Huber | 00:33:53.9 | Ü45 | 0 | 0 | GER | Bumke |
| 0. | 854 | Boris Meier | 00:33:57.5 | Ü45 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 5316 | Dennis Deichmann | 00:33:58.9 | Ü45 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 12045 | Benjamin Marquardt | 00:34:00.3 | Ü45 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 1428 | Markus Hollmann | 00:34:03.3 | Ü45 | 0 | 0 | GER | GWE |
| 0. | 2093 | Christian Zimmerhof | 00:34:16.3 | Ü45 | 0 | 0 | GER | Storengy |
| 0. | 11472 | Stefan Kraft | 00:34:16.3 | Ü45 | 0 | 0 | GER | TUI Group |
| 0. | 10682 | Holger Schmidt | 00:34:18.6 | Ü45 | 0 | 0 | GER | Sennheiser electronic SE & Co. KG |
| 0. | 4271 | Stefan Lange | 00:34:21.9 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 11622 | Dirk Bahr | 00:34:22.3 | Ü45 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 7714 | Carsten Göhlich | 00:34:25.1 | Ü45 | 0 | 0 | GER | ILFA Hannover |
| 0. | 7232 | Luke Roho | 00:34:25.2 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 6994 | Thomas Gieseke | 00:34:32.6 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 9800 | No Name | 00:34:36.1 | Ü45 | 0 | 0 | GER | NORD/LB |
| 0. | 9189 | Robert Völker | 00:34:36.2 | Ü45 | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 3690 | Matthias Pfafferodt | 00:34:39.8 | Ü45 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 6655 | Christopher Kulozik | 00:34:43.1 | Ü45 | 0 | 0 | GER | AGS |
| 0. | 9234 | Tobias Kreye | 00:34:45.8 | Ü45 | 0 | 0 | GER | Martin Braun Sporties |
| 0. | 10649 | Dietrich Bock | 00:34:48.3 | Ü45 | 0 | 0 | GER | Sennheiser electronic SE & Co. KG |
| 0. | 12449 | Dominik Laumann | 00:34:58.8 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 7350 | Frank Wintzer | 00:34:59.3 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 11462 | Mathias Kiep | 00:34:59.5 | Ü45 | 0 | 0 | GER | TUI Group |
| 0. | 11563 | Frerk Bäumer | 00:35:01.1 | Ü45 | 0 | 0 | GER | TUI Group |
| 0. | 3602 | Dimitri Banick | 00:35:01.8 | Ü45 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 7113 | Ronny Leineweber | 00:35:02.0 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 3691 | Markus Pichler | 00:35:05.6 | Ü45 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 12482 | Stephan Mogck | 00:35:08.3 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 9861 | René Penno | 00:35:09.3 | Ü45 | 0 | 0 | GER | NORD/LB |
| 0. | 9761 | Stefan Große | 00:35:14.9 | Ü45 | 0 | 0 | GER | NORD/LB |
| 0. | 12384 | Stefan Hanack | 00:35:15.0 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 7500 | Mario Behrendt | 00:35:15.8 | Ü45 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |

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|----|-------|--------------------------|------------|-----|---|---|-----|------------------------------------|
| 0. | 4630 | Thomas Wornath | 00:35:16.8 | Ü45 | 0 | 0 | GER | Deutsche Bank AG |
| 0. | 10621 | Sebastian Michel-Wildner | 00:35:20.8 | Ü45 | 0 | 0 | GER | Nifflers |
| 0. | 677 | No Name | 00:35:30.3 | Ü45 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 10261 | Steffen Leffler | 00:35:35.1 | Ü45 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 910 | Ingo Reschke | 00:35:41.5 | Ü45 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 4110 | Gunnar Brückner | 00:35:43.0 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 10874 | Stefan Franke | 00:35:49.8 | Ü45 | 0 | 0 | GER | Laufzeitmesser |
| 0. | 10162 | Jan Almes | 00:35:56.3 | Ü45 | 0 | 0 | GER | PhysioRebell |
| 0. | 5700 | Heiko Nawrazalla | 00:35:56.6 | Ü45 | 0 | 0 | GER | Finanz Informatik |
| 0. | 1054 | Bekim Gashi | 00:35:58.6 | Ü45 | 0 | 0 | GER | DRK-Region Hannover e.V. |
| 0. | 4283 | Lars Lücking | 00:35:59.0 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 10256 | Arne Jacobi | 00:35:59.8 | Ü45 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 1553 | Claas Blume | 00:36:01.3 | Ü45 | 0 | 0 | GER | heise - eine Antwort weiter |
| 0. | 10217 | Maik Werthmann | 00:36:02.7 | Ü45 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 9659 | Jan Holzhausen | 00:36:04.3 | Ü45 | 0 | 0 | GER | NLBL-Aktiv |
| 0. | 360 | Meik Schubert | 00:36:04.6 | Ü45 | 0 | 0 | GER | Pipe Pacers |
| 0. | 12025 | Oliver Kubertin | 00:36:05.9 | Ü45 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 13105 | Jens Schäfer | 00:36:08.9 | Ü45 | 0 | 0 | GER | ZF Group |
| 0. | 1887 | Patrick Holzkamp | 00:36:11.7 | Ü45 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 11129 | Eduard Nafziger | 00:36:18.5 | Ü45 | 0 | 0 | GER | Syserso Networks GmbH |
| 0. | 3723 | Florian Kamke | 00:36:19.3 | Ü45 | 0 | 0 | GER | collaboration Factory AG |
| 0. | 4181 | Andreas Hahn | 00:36:20.4 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 6780 | Sebastian Marhenke | 00:36:25.3 | Ü45 | 0 | 0 | GER | Hannoversche Volksbank |
| 0. | 1701 | Enrico Apel | 00:36:26.6 | Ü45 | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 915 | Stefan Röder | 00:36:27.8 | Ü45 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 7890 | Robert Wiesner | 00:36:29.8 | Ü45 | 0 | 0 | GER | ITGAIN Consulting GmbH |
| 0. | 9210 | Andre Rennies | 00:36:43.5 | Ü45 | 0 | 0 | GER | Marley Deutschland GmbH |
| 0. | 2901 | Jan Blume | 00:36:43.9 | Ü45 | 0 | 0 | GER | aserto |
| 0. | 7515 | Ole Koch | 00:36:44.3 | Ü45 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 6666 | Markus Wilde | 00:36:45.8 | Ü45 | 0 | 0 | GER | AGS |
| 0. | 3897 | Ernst Sboron | 00:36:48.3 | Ü45 | 0 | 0 | GER | CRATOS GmbH |
| 0. | 7007 | Hans Pieter Guillot | 00:36:49.6 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 1289 | Michael Wildhagen | 00:36:50.2 | Ü45 | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 10805 | Mike Kamphuis | 00:36:58.2 | Ü45 | 0 | 0 | GER | Siemens AG |
| 0. | 1759 | No Name | 00:36:59.7 | Ü45 | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 3828 | Tomasz Welc | 00:37:01.3 | Ü45 | 0 | 0 | GER | Team Concordia |
| 0. | 5848 | Dennis Iwert | 00:37:08.3 | Ü45 | 0 | 0 | GER | Flughafen Hannover-Langenhagen |
| 0. | 13032 | Björn Heise | 00:37:11.8 | Ü45 | 0 | 0 | GER | ZF Group |
| 0. | 3455 | Steffen Rohde | 00:37:11.9 | Ü45 | 0 | 0 | GER | Busse & Coll Steuerberatungs GmbH |
| 0. | 10140 | Sebastian Soeffky | 00:37:12.4 | Ü45 | 0 | 0 | GER | Planungsbüro Isernhagen |
| 0. | 3781 | No Name | 00:37:15.1 | Ü45 | 0 | 0 | GER | Team Concordia |
| 0. | 3892 | Michael Damm | 00:37:16.9 | Ü45 | 0 | 0 | GER | CRATOS GmbH |
| 0. | 3635 | Michael Gossner | 00:37:17.6 | Ü45 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 5763 | Peter Skulski | 00:37:18.5 | Ü45 | 0 | 0 | GER | Finanz Informatik |
| 0. | 11396 | Jens Beinhorn | 00:37:18.8 | Ü45 | 0 | 0 | GER | TUI Group |
| 0. | 9373 | Andreas Gladitz | 00:37:19.1 | Ü45 | 0 | 0 | GER | MeKo Manufacturing |
| 0. | 3714 | Jörg Tiburcy | 00:37:19.9 | Ü45 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 1645 | Marco Kling | 00:37:20.6 | Ü45 | 0 | 0 | GER | Team Kienast Unternehmensgruppe |
| 0. | 1145 | Daniel Gassmann | 00:37:22.2 | Ü45 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 6887 | Stefan Baron | 00:37:24.4 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 7292 | Kristian Stelter | 00:37:25.6 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 251 | Kevin Zergiebel | 00:37:25.9 | Ü45 | 0 | 0 | GER | ALDI Nord |
| 0. | 4390 | Andre Schwiegershausen | 00:37:27.3 | Ü45 | 0 | 0 | GER | DB / VDES |

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|----|-------|---------------------------|------------|-----|---|---|-----|-----------------------------------|
| 0. | 4641 | Tobias Wanke | 00:37:31.1 | Ü45 | 0 | 0 | GER | Deutsche Bank/Postbank |
| 0. | 3727 | Christian Ruwwe | 00:37:34.3 | Ü45 | 0 | 0 | GER | collaboration Factory AG |
| 0. | 10540 | Christian Barenkamp | 00:37:34.9 | Ü45 | 0 | 0 | GER | BSG RWE Hannover |
| 0. | 10079 | Thies Widmer | 00:37:35.3 | Ü45 | 0 | 0 | GER | Paulmann Licht |
| 0. | 4881 | Arne Krupke | 00:37:35.8 | Ü45 | 0 | 0 | GER | DIDImmo |
| 0. | 1643 | Peter-Phillip Kienast | 00:37:36.9 | Ü45 | 0 | 0 | GER | Team Kienast Unternehmensgruppe |
| 0. | 8306 | Stefan Schomaker | 00:37:39.5 | Ü45 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 3774 | André Hartmann | 00:37:47.6 | Ü45 | 0 | 0 | GER | Team Concordia |
| 0. | 10455 | Michael Schaller-Schönitz | 00:37:48.8 | Ü45 | 0 | 0 | GER | Team RHB Hannover |
| 0. | 2647 | Tim Cappelmann | 00:37:51.9 | Ü45 | 0 | 0 | GER | AirITSystems |
| 0. | 2023 | Johnny Kassis | 00:37:51.9 | Ü45 | 0 | 0 | GER | PREUSS Gruppe |
| 0. | 9698 | Okan Bakanay | 00:37:55.4 | Ü45 | 0 | 0 | GER | NORD/LB |
| 0. | 11420 | Dietmar Deffert | 00:37:58.0 | Ü45 | 0 | 0 | GER | TUI Group |
| 0. | 1901 | Andreas Koeppen | 00:37:58.3 | Ü45 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 1148 | Jorge Hernando Alonso | 00:38:01.2 | Ü45 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 8334 | Christian Wiehle | 00:38:03.9 | Ü45 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 7060 | Daniel Judge | 00:38:04.1 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 1605 | Matthias Bartsch | 00:38:11.1 | Ü45 | 0 | 0 | GER | itsc |
| 0. | 11422 | Lars Droßel | 00:38:15.2 | Ü45 | 0 | 0 | GER | TUI Group |
| 0. | 1688 | Alexander Schmidt | 00:38:18.5 | Ü45 | 0 | 0 | GER | Klinikum Peine |
| 0. | 4261 | No Name | 00:38:19.5 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 5498 | Jörn Reinecke | 00:38:19.9 | Ü45 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 10650 | Timm Boesken | 00:38:24.8 | Ü45 | 0 | 0 | GER | Sennheiser electronic SE & Co. KG |
| 0. | 480 | Mathias Graf | 00:38:24.8 | Ü45 | 0 | 0 | GER | Cochlear Deutschland GmbH & co.KG |
| 0. | 11329 | Oliver Kastenbein | 00:38:25.5 | Ü45 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 12580 | Sascha Tönnies | 00:38:28.3 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 8891 | Philipp Suden | 00:38:30.7 | Ü45 | 0 | 0 | GER | FSK16 |
| 0. | 7206 | Daniel Prade | 00:38:38.3 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 12344 | Stefan Clausen | 00:38:40.9 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 8324 | Malte Tümmler | 00:38:41.6 | Ü45 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 13132 | Jonas Wichern | 00:38:43.6 | Ü45 | 0 | 0 | GER | ZF Group |
| 0. | 12396 | Hendrik Michael | 00:38:44.8 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 11897 | Philip Ziemek | 00:38:44.9 | Ü45 | 0 | 0 | GER | VGH Versicherungen |
| 0. | 4313 | Carsten Neuhaus | 00:38:46.0 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 7196 | Ronny Paskamp | 00:38:46.4 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 7293 | Reimund Stiede | 00:38:49.9 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 322 | Gordon Mauer | 00:38:50.4 | Ü45 | 0 | 0 | GER | Arcadis Germany GmbH |
| 0. | 9790 | Maro Just | 00:38:51.3 | Ü45 | 0 | 0 | GER | NORD/LB |
| 0. | 9750 | Michael Giesemann | 00:38:52.9 | Ü45 | 0 | 0 | GER | NORD/LB |
| 0. | 3950 | Thorsten Klein | 00:38:55.3 | Ü45 | 0 | 0 | GER | DAK |
| 0. | 2474 | Sascha Habbe | 00:39:01.6 | Ü45 | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 1406 | Karsten Bösenberg | 00:39:07.3 | Ü45 | 0 | 0 | GER | Gundlach |
| 0. | 9837 | Daniel Meyer | 00:39:07.4 | Ü45 | 0 | 0 | GER | NORD/LB |
| 0. | 3669 | Martin Linne | 00:39:15.4 | Ü45 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 10099 | Malte Meentz | 00:39:16.9 | Ü45 | 0 | 0 | GER | PHYSIOSPA |
| 0. | 506 | Alexander Wecker | 00:39:18.0 | Ü45 | 0 | 0 | GER | CGM Team Hannover |
| 0. | 2556 | Stefan Bode | 00:39:19.5 | Ü45 | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 2135 | Reinhard Griep | 00:39:19.6 | Ü45 | 0 | 0 | GER | Toyota Material Handling |
| 0. | 9106 | Jens Paulmann | 00:39:21.1 | Ü45 | 0 | 0 | GER | Team Hochspannung |
| 0. | 8972 | Vasili Shkuratau | 00:39:23.6 | Ü45 | 0 | 0 | GER | LBS NordWest |
| 0. | 5334 | Daniel Kees | 00:39:29.9 | Ü45 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 1548 | Eike Hirsch | 00:39:33.0 | Ü45 | 0 | 0 | GER | Haufe Group |
| 0. | 2621 | Oliver Zoufall | 00:39:36.8 | Ü45 | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |

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|----|-------|---------------------------|------------|-----|---|---|-----|------------------------------------|
| 0. | 8596 | Jan Niemeyer | 00:39:44.9 | Ü45 | 0 | 0 | GER | Team KONE |
| 0. | 2429 | Kai Körner | 00:39:50.1 | Ü45 | 0 | 0 | GER | WTS Group AG |
| 0. | 5708 | Özkan Özcan | 00:39:51.7 | Ü45 | 0 | 0 | GER | Finanz Informatik |
| 0. | 11484 | Florian Lenser | 00:39:54.3 | Ü45 | 0 | 0 | GER | TUI Group |
| 0. | 1626 | James Löll | 00:40:02.1 | Ü45 | 0 | 0 | GER | itsc |
| 0. | 7247 | Carsten Schalm | 00:40:08.3 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 9799 | Ullrich Kautzner | 00:40:08.6 | Ü45 | 0 | 0 | GER | NORD/LB |
| 0. | 2602 | Patrick Petersen | 00:40:22.1 | Ü45 | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 1115 | Lars Weiß | 00:40:23.6 | Ü45 | 0 | 0 | GER | DRK-Region Hannover e.V. |
| 0. | 5626 | Olaf Hoppe | 00:40:41.0 | Ü45 | 0 | 0 | GER | Finanz Informatik |
| 0. | 7889 | Sven Mares | 00:40:48.9 | Ü45 | 0 | 0 | GER | ITGAIN Consulting GmbH |
| 0. | 1368 | Uwe König | 00:40:52.9 | Ü45 | 0 | 0 | GER | Gemeinde Isernhagen |
| 0. | 11907 | Martin Bäumlner | 00:40:55.4 | Ü45 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 11805 | Dennis Last | 00:40:58.6 | Ü45 | 0 | 0 | GER | VEA |
| 0. | 11796 | Sefer Derya | 00:40:58.6 | Ü45 | 0 | 0 | GER | VEA |
| 0. | 9458 | Stephan Messori | 00:41:09.4 | Ü45 | 0 | 0 | GER | Möbel Heinrich Running Sofa (r) |
| 0. | 8235 | Christian Klemenz | 00:41:13.4 | Ü45 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 9636 | Marcel Schmidt | 00:41:26.6 | Ü45 | 0 | 0 | GER | Nexthelden |
| 0. | 5822 | Renke Detering | 00:41:33.9 | Ü45 | 0 | 0 | GER | FJORD |
| 0. | 12503 | Mark Pander | 00:41:35.6 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 9419 | Jochen Tillmanns | 00:41:38.9 | Ü45 | 0 | 0 | GER | MHHERZTEAM |
| 0. | 5820 | Onno Budelmann | 00:41:39.4 | Ü45 | 0 | 0 | GER | FJORD |
| 0. | 13029 | Georgios Aslanidis | 00:41:40.5 | Ü45 | 0 | 0 | GER | ZF Group |
| 0. | 3003 | Lars Biederbick | 00:41:41.4 | Ü45 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 10800 | Robert Heyner | 00:41:43.4 | Ü45 | 0 | 0 | GER | Siemens AG |
| 0. | 11579 | Arne Bayer | 00:41:49.0 | Ü45 | 0 | 0 | GER | Uniper Hannover |
| 0. | 7153 | Tobias Meyer-Richter | 00:41:49.6 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 1030 | Marc Bendryn | 00:41:50.8 | Ü45 | 0 | 0 | GER | DRK-Region Hannover e.V. |
| 0. | 6836 | Marcus Gronwald | 00:41:53.1 | Ü45 | 0 | 0 | GER | Harryaner*innen |
| 0. | 12378 | Tomasz Gronski | 00:41:55.1 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 2110 | Jan Wöbking | 00:41:57.8 | Ü45 | 0 | 0 | GER | STRABAG AG |
| 0. | 6884 | Pradeep Bamal | 00:42:04.4 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 7528 | Patrick Schulz | 00:42:08.3 | Ü45 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 3150 | Nikolai Hammer | 00:42:09.5 | Ü45 | 0 | 0 | GER | Waygate Technologies |
| 0. | 9333 | Timo Bräcker | 00:42:09.9 | Ü45 | 0 | 0 | GER | MED-EL Deutschland GmbH |
| 0. | 4380 | Matthias Schroeder | 00:42:10.4 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 7356 | Alexander Zessel | 00:42:21.5 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 7018 | Andreas Hartmann | 00:42:22.1 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 3149 | Siegfried Gürtler | 00:42:22.8 | Ü45 | 0 | 0 | GER | Waygate Technologies |
| 0. | 4468 | Michael Bethe | 00:42:23.8 | Ü45 | 0 | 0 | GER | Debeka |
| 0. | 3307 | Thomas Rosendorf | 00:42:27.4 | Ü45 | 0 | 0 | GER | BG-Phoenix GmbH |
| 0. | 6784 | Frank Alexander Oppenheim | 00:42:33.3 | Ü45 | 0 | 0 | GER | Hannoversche Volksbank |
| 0. | 10894 | Florian Hübner | 00:42:33.4 | Ü45 | 0 | 0 | GER | Sonepar |
| 0. | 9695 | Christoph Auerbach | 00:43:06.3 | Ü45 | 0 | 0 | GER | NORD/LB |
| 0. | 4426 | Markus Tamaschke | 00:43:06.9 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 5089 | Daniel Vetter | 00:43:07.1 | Ü45 | 0 | 0 | GER | EBRC running mates |
| 0. | 11656 | Michael Patschull | 00:43:10.1 | Ü45 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 4423 | Kornelis Straat | 00:43:19.3 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 6246 | Marcus Herrmann | 00:43:27.1 | Ü45 | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 9798 | Jan Kathmann | 00:43:29.0 | Ü45 | 0 | 0 | GER | NORD/LB |
| 0. | 8174 | Frank Deiters | 00:43:37.8 | Ü45 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 5306 | No Name | 00:43:38.4 | Ü45 | 0 | 0 | GER | Eviden |
| 0. | 10296 | Ulf Heidelmann | 00:43:44.2 | Ü45 | 0 | 0 | GER | Zinsflitzer |

| | | | | | | | | |
|----|-------|-----------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 4428 | Lars Taube | 00:43:54.1 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 516 | Bülent Ediz | 00:44:07.0 | Ü45 | 0 | 0 | GER | COMRAMO AG |
| 0. | 8553 | No Name | 00:44:28.9 | Ü45 | 0 | 0 | GER | Saltis |
| 0. | 1926 | Bjoern Burchelt | 00:44:38.1 | Ü45 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 178 | Steffen Schwamb | 00:44:39.2 | Ü45 | 0 | 0 | GER | Airbus |
| 0. | 7527 | Martin Schulz | 00:44:44.6 | Ü45 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 2033 | Rainer Rauch | 00:44:46.8 | Ü45 | 0 | 0 | GER | ROLAND Rechtsschutz-Versicherungs-AG |
| 0. | 3527 | Raik Lubitz | 00:44:53.8 | Ü45 | 0 | 0 | GER | CARESTONE |
| 0. | 11983 | Marc-André Hirte | 00:45:00.3 | Ü45 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 6364 | Klaus Veenker | 00:45:05.8 | Ü45 | 0 | 0 | GER | Hagen Brandschutz |
| 0. | 7856 | Ralf Behrens | 00:45:19.6 | Ü45 | 0 | 0 | GER | IP SYSCON SPORTS |
| 0. | 3163 | Pavel Pokutnev | 00:45:19.8 | Ü45 | 0 | 0 | GER | Waygate Technologies |
| 0. | 4203 | Christian Heuer | 00:45:21.8 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 7653 | Henning Schiel | 00:45:42.6 | Ü45 | 0 | 0 | GER | IHK Hannover |
| 0. | 12847 | Tobi Ringmeier | 00:45:45.5 | Ü45 | 0 | 0 | GER | Steuerspatzen |
| 0. | 12850 | Hinner Wackenroder | 00:45:47.4 | Ü45 | 0 | 0 | GER | Steuerspatzen |
| 0. | 5719 | Jörn Rautenberg | 00:45:47.8 | Ü45 | 0 | 0 | GER | Finanz Informatik |
| 0. | 5585 | Michael Dunkhorst | 00:45:49.3 | Ü45 | 0 | 0 | GER | Finanz Informatik |
| 0. | 5151 | Reinhold Blank | 00:45:54.1 | Ü45 | 0 | 0 | GER | EFG Schwemann & Heuser KG |
| 0. | 10447 | Sven Wiethe | 00:46:04.1 | Ü45 | 0 | 0 | GER | REMONDIS Industrie Service |
| 0. | 4129 | Andre Daubitz | 00:46:28.1 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 7820 | Ulrich Günther | 00:46:29.3 | Ü45 | 0 | 0 | GER | WIA-Runner |
| 0. | 773 | Robert Grellmann | 00:47:17.8 | Ü45 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 8391 | Martin Gloger | 00:47:31.4 | Ü45 | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 6634 | No Name | 00:47:39.9 | Ü45 | 0 | 0 | GER | AGS |
| 0. | 4207 | Thorben Holze | 00:47:52.1 | Ü45 | 0 | 0 | GER | DB / VDES |
| 0. | 6475 | Christian Flear | 00:47:57.4 | Ü45 | 0 | 0 | GER | HVNB |
| 0. | 5074 | Björn Markgraf | 00:48:21.1 | Ü45 | 0 | 0 | GER | EasyPark Runners |
| 0. | 3162 | Tobias Neubrand | 00:48:30.3 | Ü45 | 0 | 0 | GER | Waygate Technologies |
| 0. | 9746 | Joerg Frischholz | 00:48:31.8 | Ü45 | 0 | 0 | GER | NORD/LB |
| 0. | 10997 | Kai Stöckel | 00:48:34.6 | Ü45 | 0 | 0 | GER | St. Joseph Kinder- und Jugendhilfe |
| 0. | 104 | Christian Scheunemann | 00:48:44.9 | Ü45 | 0 | 0 | GER | AGILA Haustierversicherung AG |
| 0. | 1546 | Tobias Ahlers | 00:48:46.6 | Ü45 | 0 | 0 | GER | Haufe Group |
| 0. | 2181 | Michael Gobrecht | 00:48:51.2 | Ü45 | 0 | 0 | GER | Treuhand Hannover GmbH |
| 0. | 11677 | Martin Assmann | 00:48:53.6 | Ü45 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 103 | Andreas Quendler | 00:49:01.6 | Ü45 | 0 | 0 | GER | AGILA Haustierversicherung AG |
| 0. | 5774 | Michael Sylvester | 00:49:31.1 | Ü45 | 0 | 0 | GER | Finanz Informatik |
| 0. | 6391 | Peter Fächner | 00:50:35.9 | Ü45 | 0 | 0 | GER | Hahne Holding GmbH |
| 0. | 4693 | Alexander Jordan | 00:50:45.1 | Ü45 | 0 | 0 | GER | Hermesläufer |
| 0. | 7249 | Philipp Schapper | 00:51:11.1 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 10547 | Daniel Argut | 00:51:31.6 | Ü45 | 0 | 0 | GER | Sappi Hannover |
| 0. | 1539 | Rene Peplau | 00:51:46.3 | Ü45 | 0 | 0 | GER | Team Haster |
| 0. | 7214 | No Name | 00:52:15.6 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 2599 | Dennis Müller | 00:52:22.5 | Ü45 | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 3548 | Stefan Erwerle | 00:53:22.1 | Ü45 | 0 | 0 | GER | CG CHEMIKALIEN |
| 0. | 7780 | Johannes Zettl | 00:54:26.1 | Ü45 | 0 | 0 | GER | infinitas |
| 0. | 7089 | Daniil Kovalev | 00:55:50.9 | Ü45 | 0 | 0 | GER | HDI AG |
| 0. | 12437 | Alexander Kramer | 00:56:29.6 | Ü45 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5284 | Daniel Lindam | 00:56:38.6 | Ü45 | 0 | 0 | GER | Eurest Deutschland GmbH |
| 0. | 5859 | Timo Obermeyer | 00:56:55.7 | Ü45 | 0 | 0 | GER | Flughafen Hannover-Langenhagen |
| 0. | 6818 | Katja Bruer | 00:57:21.0 | Ü45 | 0 | 0 | GER | HW Runners |
| 0. | 7848 | Matthias Hübscher | 00:57:48.8 | Ü45 | 0 | 0 | GER | Interhyp AG |
| 0. | 1367 | Sascha Klemme | 00:58:10.4 | Ü45 | 0 | 0 | GER | Gemeinde Isernhagen |

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|----|-------|-----------------|------------|-----|---|---|-----|-----------------------------------|
| 0. | 3445 | Jan Eike Busse | 00:59:51.1 | Ü45 | 0 | 0 | GER | Busse & Coll Steuerberatungs GmbH |
| 0. | 6812 | Marc Prüsse | 01:01:35.4 | Ü45 | 0 | 0 | GER | HW Runners |
| 0. | 2563 | Sascha Eckstein | 01:01:35.5 | Ü45 | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 3245 | Daniel Paesler | 01:03:38.2 | Ü45 | 0 | 0 | GER | laufend prüfen |
| 0. | 6250 | Zoran Brnjic | 01:04:22.4 | Ü45 | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 6406 | Marco Heier | 01:08:42.5 | Ü45 | 0 | 0 | GER | Hahne Holding GmbH |
| 0. | 10412 | Thomas Wilcke | 01:09:38.4 | Ü45 | 0 | 0 | GER | Reha Peiner Straße |
| 0. | 8619 | Carsten Teske | 01:12:54.0 | Ü45 | 0 | 0 | GER | Team KONE |
| 0. | 3204 | Christian Hess | 01:14:52.1 | Ü45 | 0 | 0 | GER | BDH Klinik Hessisch Oldendorf |

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| Pos | Nr | Name | Zeit | Kat | KPos | GPos | Nation | Verein |
|-----|-------|-------------------|------------|-----|------|------|--------|------------------------------------|
| 0. | 8973 | Thomas Sievers | 00:24:42.2 | Ü50 | 0 | 0 | GER | LBS NordWest |
| 0. | 1907 | Oliver Kressin | 00:25:16.7 | Ü50 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 1209 | Sebastian Walz | 00:25:29.4 | Ü50 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 5646 | Daniel Kanabaj | 00:25:48.8 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 1128 | Niklas Arndt | 00:25:50.0 | Ü50 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 1938 | Maik Rundstedt | 00:26:04.0 | Ü50 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 12332 | Martin Braun | 00:26:30.2 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5698 | Karsten Molzahn | 00:26:38.1 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 7259 | René Scholing | 00:26:45.6 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 11423 | Marco Wipperfürth | 00:27:02.5 | Ü50 | 0 | 0 | GER | TUI Group |
| 0. | 11762 | Jens Teuscher | 00:27:05.7 | Ü50 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 13025 | Axel Gau | 00:27:37.0 | Ü50 | 0 | 0 | GER | ZF Group |
| 0. | 2620 | Sascha Wohlgemuth | 00:27:45.1 | Ü50 | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 6778 | Philipp Lange | 00:27:49.3 | Ü50 | 0 | 0 | GER | Hannoversche Volksbank |
| 0. | 45 | Thomas Czajka | 00:27:52.8 | Ü50 | 0 | 0 | GER | Vinci Energies |
| 0. | 5714 | Jens Peschka | 00:27:59.2 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 5499 | Fabian Robert | 00:28:08.9 | Ü50 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 359 | Carsten Reich | 00:28:10.8 | Ü50 | 0 | 0 | GER | Pipe Pacers |
| 0. | 8957 | Nico Bruscek | 00:28:11.8 | Ü50 | 0 | 0 | GER | LBS NordWest |
| 0. | 4108 | Marius Brodehl | 00:28:23.8 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 5200 | Martin Knöß | 00:28:28.0 | Ü50 | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 11880 | Heiko Lüdtke | 00:28:37.8 | Ü50 | 0 | 0 | GER | VGH Versicherungen |
| 0. | 13126 | Stefan Nieber | 00:28:47.1 | Ü50 | 0 | 0 | GER | ZF Group |
| 0. | 2832 | Joachim Bauch | 00:28:54.1 | Ü50 | 0 | 0 | GER | Arconic Hannover |
| 0. | 10177 | Andreas Ehlert | 00:28:55.1 | Ü50 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 6920 | Jens Brummermann | 00:28:59.3 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 12442 | Andris Kusners | 00:29:00.6 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 12149 | Sven Unruh | 00:29:00.9 | Ü50 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 9865 | Markus Plewnia | 00:29:05.5 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 9745 | Frank Fluchtman | 00:29:19.3 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 4331 | Stefan Preuß | 00:29:21.0 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 9225 | Stefan Suckow | 00:29:26.3 | Ü50 | 0 | 0 | GER | Martin Braun Sporties |
| 0. | 3105 | Jörg Thenert | 00:29:30.3 | Ü50 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 7509 | Michael Gärtner | 00:29:32.3 | Ü50 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 4521 | Lars Brinkmann | 00:29:33.1 | Ü50 | 0 | 0 | GER | Deloitte |
| 0. | 3665 | Stefan Kühn | 00:29:35.9 | Ü50 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 4384 | Markus Schulz | 00:29:37.5 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 5642 | Thomas Kaiser | 00:29:57.8 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 11835 | Marc Hornus | 00:30:08.9 | Ü50 | 0 | 0 | GER | VetZ GmbH |
| 0. | 9141 | Matthias Behrendt | 00:30:15.1 | Ü50 | 0 | 0 | GER | MADSACK Mediengruppe |

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|----|-------|-----------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 1234 | Oliver Salewski | 00:30:17.2 | Ü50 | 0 | 0 | GER | Edeka-Runners |
| 0. | 13086 | Tobias Munko | 00:30:20.7 | Ü50 | 0 | 0 | GER | ZF Group |
| 0. | 9324 | Walter Senf | 00:30:24.1 | Ü50 | 0 | 0 | GER | Mecklenburgische Versicherungs-Gesel |
| 0. | 3799 | André Molter | 00:30:25.3 | Ü50 | 0 | 0 | GER | Team Concordia |
| 0. | 10149 | Timo Kögel | 00:30:35.8 | Ü50 | 0 | 0 | GER | PORR |
| 0. | 7286 | Björn Somoff | 00:30:39.0 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 3099 | Michael Sobe | 00:30:44.8 | Ü50 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 4698 | Knut Pieske | 00:30:45.6 | Ü50 | 0 | 0 | GER | Hermesläufer |
| 0. | 6282 | Joachim Göhlmann | 00:30:47.9 | Ü50 | 0 | 0 | GER | GRBV Ingenieure im Bauwesen |
| 0. | 9767 | Frank Haarstik | 00:30:48.3 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 5577 | Stefan Meyer | 00:30:49.2 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 4172 | Sebastian Grafenthien | 00:30:50.3 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 1131 | Mario Beck | 00:31:05.3 | Ü50 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 9709 | Oliver Boser | 00:31:07.0 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 6276 | Rouven Brückner | 00:31:08.5 | Ü50 | 0 | 0 | GER | GRBV Ingenieure im Bauwesen |
| 0. | 5808 | Matthias Wieners | 00:31:10.8 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 12350 | Rino Angelo Desiderio | 00:31:17.9 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 1753 | Dirk Wischinski | 00:31:17.2 | Ü50 | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 4141 | Heiner Eichenberg | 00:31:22.6 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 9787 | Jörn Janisch | 00:31:25.0 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 6715 | Guido Degner | 00:31:26.0 | Ü50 | 0 | 0 | GER | hannoverimpuls |
| 0. | 9754 | Christian Göbel | 00:31:27.6 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 9305 | Michael Kropp | 00:31:31.8 | Ü50 | 0 | 0 | GER | Mecklenburgische Versicherungs-Gesel |
| 0. | 2462 | Dirk Bodendorf | 00:31:32.3 | Ü50 | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 732 | Jean Clooth | 00:31:34.1 | Ü50 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 1194 | Dirk Schlung | 00:31:36.5 | Ü50 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 12529 | Richard RÜth | 00:31:43.6 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 4692 | York Hübner | 00:31:47.8 | Ü50 | 0 | 0 | GER | Hermesläufer |
| 0. | 3805 | Frank Pioch | 00:31:51.8 | Ü50 | 0 | 0 | GER | Team Concordia |
| 0. | 12888 | Tobias Barkmann | 00:31:52.1 | Ü50 | 0 | 0 | GER | WSP Deutschland AG |
| 0. | 12091 | Swen Schaffranietz | 00:31:56.2 | Ü50 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 11191 | Dirk Beitel | 00:31:58.9 | Ü50 | 0 | 0 | GER | datatel |
| 0. | 4124 | Oliver Cordes | 00:32:08.1 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 11510 | Carsten Reinhard | 00:32:09.8 | Ü50 | 0 | 0 | GER | TUI Group |
| 0. | 1276 | Benjamin Kabore | 00:32:18.3 | Ü50 | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 4649 | No Name | 00:32:19.4 | Ü50 | 0 | 0 | GER | Deutsche Bundesbank |
| 0. | 9915 | Heiko Spelsberg | 00:32:23.0 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 12383 | Christian Hamacher | 00:32:28.1 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5779 | René Thiedmann | 00:32:29.0 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 2401 | Ingo Lindert | 00:32:29.6 | Ü50 | 0 | 0 | GER | WHM Garbsen - Team Laufen |
| 0. | 12675 | Marcel Hahn | 00:32:34.8 | Ü50 | 0 | 0 | GER | #teamWAGNER |
| 0. | 5790 | Markus Van Kempen | 00:32:35.0 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 6841 | Jens Kühne | 00:32:36.8 | Ü50 | 0 | 0 | GER | Harryaner*innen |
| 0. | 12038 | Peter Lieders | 00:32:39.1 | Ü50 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 1845 | René Heinz Warweitzky | 00:32:39.9 | Ü50 | 0 | 0 | GER | msg |
| 0. | 7088 | Christian Köttermann | 00:32:40.8 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 8472 | Christian Tettenborn | 00:32:41.2 | Ü50 | 0 | 0 | GER | Klinikum Warendorff GmbH |
| 0. | 12108 | Christian Schweer | 00:32:41.9 | Ü50 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 11133 | Lars Woelke | 00:32:42.4 | Ü50 | 0 | 0 | GER | Syserso Networks GmbH |
| 0. | 7174 | Stefan Neumann | 00:32:42.8 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 13037 | Rene Holenburg | 00:32:43.0 | Ü50 | 0 | 0 | GER | ZF Group |
| 0. | 10120 | Marco Volkmann | 00:32:51.8 | Ü50 | 0 | 0 | GER | Physio to go 2024 |
| 0. | 12678 | Martin Hochschild | 00:32:53.4 | Ü50 | 0 | 0 | GER | #teamWAGNER |

| | | | | | | | | |
|----|-------|-------------------------|------------|-----|---|---|-----|-----------------------------------|
| 0. | 520 | Maik Jankowiak | 00:32:55.9 | Ü50 | 0 | 0 | GER | COMRAMO AG |
| 0. | 535 | Stefan Kömp | 00:32:59.9 | Ü50 | 0 | 0 | GER | COMRAMO AG |
| 0. | 11389 | Stephan Bauer | 00:33:00.8 | Ü50 | 0 | 0 | GER | TUI Group |
| 0. | 6434 | Rachid Rass | 00:33:01.1 | Ü50 | 0 | 0 | GER | Hahne Holding GmbH |
| 0. | 12669 | Günter Dörrie | 00:33:03.3 | Ü50 | 0 | 0 | GER | #teamWAGNER |
| 0. | 3531 | No Name | 00:33:03.7 | Ü50 | 0 | 0 | GER | CARESTONE |
| 0. | 10555 | Thomas Huetter | 00:33:04.3 | Ü50 | 0 | 0 | GER | Sappi Hannover |
| 0. | 11548 | Peter Machts | 00:33:08.3 | Ü50 | 0 | 0 | GER | TUI Group |
| 0. | 5011 | Thomas Räder | 00:33:09.9 | Ü50 | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 12466 | Christian Maertins | 00:33:11.1 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 10917 | Torben Weschen | 00:33:21.7 | Ü50 | 0 | 0 | GER | Sonapar |
| 0. | 9931 | Tobias Thies | 00:33:25.7 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 5569 | Jan Carnehl | 00:33:31.4 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 2732 | Björn Schäfer | 00:33:31.8 | Ü50 | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 10203 | Hauke Rathjen | 00:33:36.5 | Ü50 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 5630 | Marc Huszar | 00:33:38.2 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 5309 | Andreas Berthel | 00:33:44.8 | Ü50 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 1204 | Marko Stobbe | 00:33:48.3 | Ü50 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 4242 | Michael Kitschun | 00:33:54.6 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 3715 | Marco Ulber | 00:33:55.8 | Ü50 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 10919 | Marc Wilhelm | 00:33:56.1 | Ü50 | 0 | 0 | GER | Sonapar |
| 0. | 12128 | Mike Sudenn | 00:33:56.7 | Ü50 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 5593 | Carsten Fiedler | 00:33:58.1 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 3782 | Torsten Hübenthal | 00:34:00.3 | Ü50 | 0 | 0 | GER | Team Concordia |
| 0. | 10672 | Markus Latuske | 00:34:10.9 | Ü50 | 0 | 0 | GER | Sennheiser electronic SE & Co. KG |
| 0. | 11488 | Mika Linke | 00:34:12.3 | Ü50 | 0 | 0 | GER | TUI Group |
| 0. | 9870 | Oliver Preuss | 00:34:12.8 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 7991 | Sascha Ahlert | 00:34:16.2 | Ü50 | 0 | 0 | GER | Running Bulls |
| 0. | 10210 | Friedrich Senst | 00:34:17.5 | Ü50 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 7064 | Sascha Kamp | 00:34:22.6 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 12319 | Oliver Begau | 00:34:22.9 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 6910 | No Name | 00:34:25.3 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 7682 | Stefan Richter | 00:34:31.3 | Ü50 | 0 | 0 | GER | IKEA Deutschland GmbH & Co. KG |
| 0. | 3169 | Kay Sypli | 00:34:31.8 | Ü50 | 0 | 0 | GER | Waygate Technologies |
| 0. | 11867 | Oliver Großmann | 00:34:33.2 | Ü50 | 0 | 0 | GER | VGH Versicherungen |
| 0. | 7449 | No Name | 00:34:34.9 | Ü50 | 0 | 0 | GER | Bumke |
| 0. | 5759 | Frank Sgonina | 00:34:35.3 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 9961 | Sebastian Wolf | 00:34:36.3 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 8249 | Stanislaw Kurka | 00:34:36.8 | Ü50 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 9131 | Dirk Maag | 00:34:37.9 | Ü50 | 0 | 0 | GER | M.M.Warburg & CO |
| 0. | 9211 | Sven Alexander Sprenger | 00:34:45.9 | Ü50 | 0 | 0 | GER | Marley Deutschland GmbH |
| 0. | 11302 | Stephan Brünig | 00:34:47.8 | Ü50 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 3819 | Christian Seegers | 00:34:53.3 | Ü50 | 0 | 0 | GER | Team Concordia |
| 0. | 9724 | Stephan Cordes | 00:34:55.1 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 12409 | Philipp Hoffmann | 00:35:03.5 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5757 | Raif Serin | 00:35:04.0 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 307 | Jörn Gründemann | 00:35:04.8 | Ü50 | 0 | 0 | GER | AntonPaar OptoTec GmbH |
| 0. | 10209 | Lars Schulze | 00:35:07.7 | Ü50 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 9777 | No Name | 00:35:08.6 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 9463 | Martin Sondermann | 00:35:11.1 | Ü50 | 0 | 0 | GER | Möbel Heinrich Running Sofa (r) |
| 0. | 7045 | Quoc Hua | 00:35:15.6 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 7711 | Jörg Wunderlich | 00:35:18.3 | Ü50 | 0 | 0 | GER | Cool down... |
| 0. | 11126 | Naif Kiy | 00:35:21.3 | Ü50 | 0 | 0 | GER | Syserso Networks GmbH |

| | | | | | | | | |
|----|-------|------------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 8262 | Dennis Martens | 00:35:22.6 | Ü50 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 5182 | Matthias Kirschner | 00:35:24.4 | Ü50 | 0 | 0 | GER | StromRacer |
| 0. | 4112 | Jörn Bruns | 00:35:25.7 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 9606 | Sascha Zühlke | 00:35:26.9 | Ü50 | 0 | 0 | GER | Multident Runner |
| 0. | 5653 | Lars Klingeberg | 00:35:29.0 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 1323 | Peter Warkentin | 00:35:30.9 | Ü50 | 0 | 0 | GER | Gasunie |
| 0. | 6943 | Lars Dethlefs | 00:35:31.6 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 11596 | No Name | 00:35:32.7 | Ü50 | 0 | 0 | GER | Uniper Hannover |
| 0. | 5505 | Thomas Sperling | 00:35:33.0 | Ü50 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 5349 | Oliver Pickert | 00:35:33.3 | Ü50 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 2565 | Philippe Füllkrug | 00:35:33.8 | Ü50 | 0 | 0 | GER | aha Zweckverband Abfallwirtschaft |
| 0. | 3698 | Christian Riedel | 00:35:37.3 | Ü50 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 1293 | Matthias Altenhoff | 00:35:37.8 | Ü50 | 0 | 0 | GER | Gasunie |
| 0. | 7242 | Mirco Salomon | 00:35:38.6 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 3768 | Oliver Frickenhelm | 00:35:39.3 | Ü50 | 0 | 0 | GER | Team Concordia |
| 0. | 9297 | No Name | 00:35:39.4 | Ü50 | 0 | 0 | GER | Mecklenburgische Versicherungs-Gesel |
| 0. | 3503 | Berno Lintel | 00:35:39.6 | Ü50 | 0 | 0 | GER | Capgemini Deutschland GmbH |
| 0. | 5186 | Carsten Ammann | 00:35:40.6 | Ü50 | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 3054 | Alexander Kuehnen | 00:35:40.8 | Ü50 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 9927 | Timothy Pygott | 00:35:42.6 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 11686 | Oliver Bock | 00:35:44.0 | Ü50 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 9319 | Fabian Ressel | 00:35:45.4 | Ü50 | 0 | 0 | GER | Mecklenburgische Versicherungs-Gesel |
| 0. | 9830 | Stefan Meier | 00:35:45.6 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 6014 | Kai Strohbach | 00:35:46.2 | Ü50 | 0 | 0 | GER | Genoverband e. V. |
| 0. | 9292 | Toren Grothe | 00:35:49.8 | Ü50 | 0 | 0 | GER | Mecklenburgische Versicherungs-Gesel |
| 0. | 1658 | Jörg Warneke | 00:35:50.0 | Ü50 | 0 | 0 | GER | Team Kienast Unternehmensgruppe |
| 0. | 334 | Andreas Faber | 00:35:52.4 | Ü50 | 0 | 0 | GER | BANTLEON |
| 0. | 10984 | Andreas Hofert | 00:35:53.0 | Ü50 | 0 | 0 | GER | BSG Sparkasse HGP |
| 0. | 3854 | Hans-Rainer Hitschhold | 00:35:55.8 | Ü50 | 0 | 0 | GER | Consulting Team Vermögensverwaltung |
| 0. | 7555 | Robert Leppich | 00:35:59.4 | Ü50 | 0 | 0 | GER | Hempelmann |
| 0. | 8649 | Jens Buchholz | 00:36:00.3 | Ü50 | 0 | 0 | GER | Köttermann GmbH |
| 0. | 2196 | Uwe Wiczorek | 00:36:01.9 | Ü50 | 0 | 0 | GER | Treuhand Hannover GmbH |
| 0. | 9868 | Dirk Poschlod | 00:36:03.3 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 9703 | Thomas Bender | 00:36:09.1 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 10955 | Oliver Glinowiecki | 00:36:25.0 | Ü50 | 0 | 0 | GER | Team SOPHIE |
| 0. | 1729 | Jan Schulze | 00:36:28.1 | Ü50 | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 9891 | Ingo Rudloff | 00:36:29.9 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 9694 | Christian Anthes | 00:36:30.8 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 4280 | Jens Lohmann | 00:36:31.8 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 11725 | Lars Lutteroth | 00:36:32.3 | Ü50 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 9756 | Stefan Grahl | 00:36:32.9 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 5584 | Boris Drozd | 00:36:34.7 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 3120 | No Name | 00:36:35.4 | Ü50 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 2548 | Eric Hess | 00:36:40.1 | Ü50 | 0 | 0 | GER | AGRAVIS Raiffeisen AG |
| 0. | 4934 | Henning Brüggemann | 00:36:41.4 | Ü50 | 0 | 0 | GER | Veenker Ingenieure |
| 0. | 957 | Jörg Stephan | 00:36:41.5 | Ü50 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 3663 | Karsten Kronberger | 00:36:41.6 | Ü50 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 5866 | Martin Roll | 00:36:44.1 | Ü50 | 0 | 0 | GER | Flughafen Hannover-Langenhagen |
| 0. | 3832 | Christian Wulfert | 00:36:44.1 | Ü50 | 0 | 0 | GER | Team Concordia |
| 0. | 1909 | Thorsten Kugge | 00:36:45.3 | Ü50 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 11813 | Thorsten Hollasch | 00:36:47.9 | Ü50 | 0 | 0 | GER | Veolia Water Technologies |
| 0. | 1412 | Lorenz Hansen | 00:36:49.0 | Ü50 | 0 | 0 | GER | Gundlach |
| 0. | 5587 | Harald Eichler | 00:36:50.0 | Ü50 | 0 | 0 | GER | Finanz Informatik |

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|----|-------|-----------------------|------------|-----|---|---|-----|------------------------------------|
| 0. | 5608 | Jürgen Hackmann | 00:36:50.1 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 5778 | Thomas Tewes | 00:36:55.1 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 12538 | Andreas Schmidt | 00:37:01.1 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 13083 | Christian Moss | 00:37:02.2 | Ü50 | 0 | 0 | GER | ZF Group |
| 0. | 697 | Hendrik Albers | 00:37:02.3 | Ü50 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 7637 | Oskar Wellmann | 00:37:03.6 | Ü50 | 0 | 0 | GER | IG Metallteam |
| 0. | 10746 | Arne Zühlke | 00:37:05.3 | Ü50 | 0 | 0 | GER | SEW-EURODRIVE GmbH & Co KG |
| 0. | 11256 | Elmar Burmeister | 00:37:05.6 | Ü50 | 0 | 0 | GER | Honeywell Transnorm |
| 0. | 5325 | Jens Gräber | 00:37:06.0 | Ü50 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 5184 | Rüdiger Puschmann | 00:37:08.0 | Ü50 | 0 | 0 | GER | StromRacer |
| 0. | 2722 | Marco Pleiß | 00:37:08.1 | Ü50 | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 12427 | Joerg Knackstedt | 00:37:09.3 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 4875 | Torsten Grafe | 00:37:11.1 | Ü50 | 0 | 0 | GER | Weber Massivhaus |
| 0. | 4392 | Christian Selzer | 00:37:11.6 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 2728 | No Name | 00:37:12.7 | Ü50 | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 5738 | Karsten Schäfer | 00:37:14.0 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 7095 | Andreas Krosta | 00:37:18.8 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 12605 | Stefan Wolf | 00:37:23.4 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 13053 | Wolfram Klussmann | 00:37:26.3 | Ü50 | 0 | 0 | GER | ZF Group |
| 0. | 4884 | Dirk Meier | 00:37:28.1 | Ü50 | 0 | 0 | GER | DIDImmo |
| 0. | 4557 | Johannes Passas | 00:37:29.3 | Ü50 | 0 | 0 | GER | Deloitte |
| 0. | 5760 | Frithjof Siebecke | 00:37:32.9 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 11459 | Nikolai Katterfeldt | 00:37:34.5 | Ü50 | 0 | 0 | GER | TUI Group |
| 0. | 9609 | Cord Kirchmann | 00:37:51.1 | Ü50 | 0 | 0 | GER | NBB Fachmärkte |
| 0. | 10211 | Uwe Sievers | 00:37:56.8 | Ü50 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 671 | Arthur Starnofsky | 00:37:57.6 | Ü50 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 11512 | Jörg Rosendahl | 00:37:58.1 | Ü50 | 0 | 0 | GER | TUI Group |
| 0. | 2254 | Tim Kreitlow | 00:37:58.1 | Ü50 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 10179 | Swen Ewald | 00:37:59.3 | Ü50 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 9735 | Jens Döring | 00:38:03.4 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 10580 | Matthias Pilger | 00:38:03.6 | Ü50 | 0 | 0 | GER | SAZ Services GmbH |
| 0. | 10667 | Thorsten Koch | 00:38:03.6 | Ü50 | 0 | 0 | GER | Sennheiser electronic SE & Co. KG |
| 0. | 2762 | Michael Schulz | 00:38:05.0 | Ü50 | 0 | 0 | GER | ALLSAT |
| 0. | 484 | Raphael Kappei | 00:38:11.3 | Ü50 | 0 | 0 | GER | Cochlear Deutschland GmbH & co.KG |
| 0. | 12509 | Matthias Pfannschmidt | 00:38:12.3 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 12687 | Oliver Linden | 00:38:12.3 | Ü50 | 0 | 0 | GER | #teamWAGNER |
| 0. | 2200 | Detlef Beltz | 00:38:14.1 | Ü50 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 12586 | Dirk Uhde | 00:38:15.1 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 1389 | Frank Wißbröcker | 00:38:19.8 | Ü50 | 0 | 0 | GER | Gemeinde Isernhagen |
| 0. | 13100 | Olaf Ritter | 00:38:20.3 | Ü50 | 0 | 0 | GER | ZF Group |
| 0. | 5098 | Markus Kohlstedt | 00:38:24.9 | Ü50 | 0 | 0 | GER | ECKERT Rechtsanwälte |
| 0. | 11664 | Gurjinder Singh | 00:38:25.0 | Ü50 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 2481 | Oliver Piepho | 00:38:26.4 | Ü50 | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 1999 | Tino Wiggers | 00:38:27.1 | Ü50 | 0 | 0 | GER | nass magnet |
| 0. | 4071 | Joe Altvater | 00:38:30.3 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 9814 | Matthias Laue | 00:38:30.8 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 10855 | Stefan Zwingmann | 00:38:31.1 | Ü50 | 0 | 0 | GER | SK³ |
| 0. | 7574 | Heiko Heimbürger | 00:38:34.4 | Ü50 | 0 | 0 | GER | IC-L Ingenieur Consulting Langenh. |
| 0. | 3731 | Oliver Dawid | 00:38:35.1 | Ü50 | 0 | 0 | GER | comNET Runners |
| 0. | 10742 | Ingo Plagge | 00:38:40.5 | Ü50 | 0 | 0 | GER | SEW-EURODRIVE GmbH & Co KG |
| 0. | 10097 | Peter Van Den Engel | 00:38:42.9 | Ü50 | 0 | 0 | GER | Team PABF / NKG |
| 0. | 12323 | Ingo Beinker | 00:38:47.7 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 12400 | Stefan Herberg | 00:38:48.8 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |

| | | | | | | | | |
|----|-------|-----------------------|------------|-----|---|---|-----|-------------------------------------|
| 0. | 3097 | Stefan Sierth | 00:38:49.0 | Ü50 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 12314 | Dirk Auf Dem Berge | 00:38:50.5 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5012 | Andreas Rammos | 00:38:50.7 | Ü50 | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 1272 | Sascha Goly | 00:38:52.0 | Ü50 | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 686 | Rene Wendland | 00:38:52.9 | Ü50 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 6808 | Carsten Marhenke | 00:39:01.8 | Ü50 | 0 | 0 | GER | HW Runners |
| 0. | 9944 | No Name | 00:39:13.4 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 11353 | Thomas Schulz | 00:39:15.6 | Ü50 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 6880 | Torsten Asthalter | 00:39:17.1 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 10548 | Jens Bachmann | 00:39:17.4 | Ü50 | 0 | 0 | GER | Sappi Hannover |
| 0. | 12563 | Markus Stiller | 00:39:23.6 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 10651 | Batin Bokelmann | 00:39:23.8 | Ü50 | 0 | 0 | GER | Sennheiser electronic SE & Co. KG |
| 0. | 10180 | Frank Frerichs | 00:39:24.3 | Ü50 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 3860 | No Name | 00:39:31.1 | Ü50 | 0 | 0 | GER | ConTeam |
| 0. | 4348 | Jens Rudolph | 00:39:34.8 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 11270 | Jürgen Meyer | 00:39:38.3 | Ü50 | 0 | 0 | GER | Honeywell Transnorm |
| 0. | 5264 | Jan-Walter Schade | 00:39:40.4 | Ü50 | 0 | 0 | GER | Eriks |
| 0. | 6253 | Seref Kayikci | 00:39:42.6 | Ü50 | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 2108 | Alexander Schröder | 00:39:50.8 | Ü50 | 0 | 0 | GER | STRABAG AG |
| 0. | 6455 | Nikolaus Thorndike | 00:39:53.3 | Ü50 | 0 | 0 | GER | Hahne Holding GmbH |
| 0. | 5682 | Karsten Lenze | 00:39:53.5 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 7128 | Frank Ludwig | 00:39:57.9 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 1518 | Frank Peters | 00:39:59.6 | Ü50 | 0 | 0 | GER | Hanno Werk GmbH & Co. KG |
| 0. | 3024 | Mirlind Gashi | 00:40:01.4 | Ü50 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 13080 | Marco Michel | 00:40:10.1 | Ü50 | 0 | 0 | GER | ZF Group |
| 0. | 11273 | Holger Flotmann | 00:40:16.3 | Ü50 | 0 | 0 | GER | Honeywell Transnorm |
| 0. | 2536 | Marko Hilbig | 00:40:21.1 | Ü50 | 0 | 0 | GER | AGL |
| 0. | 6226 | Marcus Wulf | 00:40:27.1 | Ü50 | 0 | 0 | GER | All4Golf |
| 0. | 12551 | Sascha Schwekendiek | 00:40:27.6 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 6312 | Michael Tartz | 00:40:29.6 | Ü50 | 0 | 0 | GER | GSR Strahlentherapie Hannover |
| 0. | 1415 | Jens Ludwig | 00:40:30.5 | Ü50 | 0 | 0 | GER | Gundlach |
| 0. | 10766 | Andreas Krawczyk | 00:40:33.2 | Ü50 | 0 | 0 | GER | SHP Ingenieure |
| 0. | 5320 | Marius Duda | 00:40:34.0 | Ü50 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 4885 | Jörg Hachmeister | 00:40:35.6 | Ü50 | 0 | 0 | GER | DIDImmo |
| 0. | 6966 | No Name | 00:40:41.6 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 51386 | Jörg Althaus-Gebhardt | 00:40:42.3 | Ü50 | 0 | 0 | GER | MEDIFOX DAN |
| 0. | 4886 | Holger Purschke | 00:40:52.3 | Ü50 | 0 | 0 | GER | DIDImmo |
| 0. | 386 | Michael Frodl | 00:40:57.3 | Ü50 | 0 | 0 | GER | Bundesdruckerei GmbH |
| 0. | 1322 | Mark Wagener | 00:40:57.7 | Ü50 | 0 | 0 | GER | Gasunie |
| 0. | 8898 | Puja Kadkhoda | 00:40:57.8 | Ü50 | 0 | 0 | GER | Laser Zentrum Hannover e.V. |
| 0. | 11714 | Tobias Jagodzinski | 00:41:05.3 | Ü50 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 5725 | Jens Rethmann | 00:41:08.3 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 3791 | Christian Lechtenberg | 00:41:08.9 | Ü50 | 0 | 0 | GER | Team Concordia |
| 0. | 2757 | Sven Kindling | 00:41:10.9 | Ü50 | 0 | 0 | GER | ALLSAT |
| 0. | 249 | Mirco Wiesemann | 00:41:15.6 | Ü50 | 0 | 0 | GER | ALDI Nord |
| 0. | 1742 | Thomas Preuss | 00:41:20.1 | Ü50 | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 5704 | Valeri Oberdörfer | 00:41:21.5 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 1702 | Lutz Barnert | 00:41:26.1 | Ü50 | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 3858 | Elmar Schmidt | 00:41:26.2 | Ü50 | 0 | 0 | GER | Consulting Team Vermögensverwaltung |
| 0. | 9633 | Hans-Joachim Bischoff | 00:41:27.1 | Ü50 | 0 | 0 | GER | Nexthelden |
| 0. | 629 | Andreas Menke | 00:41:32.1 | Ü50 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 5558 | Ulf Blohm | 00:41:33.6 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 791 | Ulf Herrmann | 00:41:45.8 | Ü50 | 0 | 0 | GER | Dirk Rossmann GmbH |

| | | | | | | | | |
|----|-------|--------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 5600 | Thomas Frohloff | 00:41:48.1 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 10449 | Dominic Brockmann | 00:41:49.6 | Ü50 | 0 | 0 | GER | Team RHB Hannover |
| 0. | 1673 | Florian Hinz | 00:41:50.4 | Ü50 | 0 | 0 | GER | Klinikum Peine |
| 0. | 11515 | Henrik Schauf | 00:41:54.1 | Ü50 | 0 | 0 | GER | TUI Group |
| 0. | 4342 | Andreas Richter | 00:41:54.6 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 394 | Frank Recoulle | 00:41:56.8 | Ü50 | 0 | 0 | GER | Bundesdruckerei GmbH |
| 0. | 1589 | Tobias Reinecke | 00:42:01.4 | Ü50 | 0 | 0 | GER | infra GmbH |
| 0. | 6292 | Jörg Münstermann | 00:42:02.6 | Ü50 | 0 | 0 | GER | GRBV Ingenieure im Bauwesen |
| 0. | 6488 | Volker Tröger | 00:42:02.8 | Ü50 | 0 | 0 | GER | HWK Hannover & Friends |
| 0. | 3062 | Jan Matzmor | 00:42:08.4 | Ü50 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 9747 | Holger Fullriede | 00:42:25.3 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 7604 | Thomas Jauken | 00:42:31.3 | Ü50 | 0 | 0 | GER | IG Metallteam |
| 0. | 1870 | Olaf Diedrich | 00:42:36.3 | Ü50 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 820 | Andreas Kühn | 00:42:41.9 | Ü50 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 9854 | Timo Nolte | 00:42:41.9 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 9708 | Matthias Bielefeld | 00:42:45.8 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 4248 | Peter Knickmann | 00:42:55.3 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 10561 | Stefan Raabe | 00:42:56.1 | Ü50 | 0 | 0 | GER | Sappi Hannover |
| 0. | 702 | Michele Arcieri | 00:43:00.3 | Ü50 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 12706 | Sebastian Tantas | 00:43:07.7 | Ü50 | 0 | 0 | GER | #teamWAGNER |
| 0. | 5755 | Holger Schwingel | 00:43:13.5 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 11336 | Lazar Kostadinov | 00:43:15.6 | Ü50 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 9398 | Dirk Noltemeyer | 00:43:20.8 | Ü50 | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 3562 | Andree Schober | 00:43:34.8 | Ü50 | 0 | 0 | GER | CG CHEMIKALIEN |
| 0. | 11964 | No Name | 00:43:36.6 | Ü50 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 1287 | Dirk Steuber | 00:43:37.6 | Ü50 | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 5761 | Mike Klocke | 00:43:37.6 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 5872 | Andreas Siebrecht | 00:43:38.1 | Ü50 | 0 | 0 | GER | Flughafen Hannover-Langenhagen |
| 0. | 502 | Thilo Nienstedt | 00:43:50.4 | Ü50 | 0 | 0 | GER | CGM Team Hannover |
| 0. | 8141 | Ralf Amandi | 00:43:56.5 | Ü50 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 5632 | Uwe Jastrow | 00:43:57.3 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 1649 | Peter Polch | 00:43:57.8 | Ü50 | 0 | 0 | GER | Team Kienast Unternehmensgruppe |
| 0. | 11675 | Michael Amkreutz | 00:44:00.8 | Ü50 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 6229 | Stefan Bergmann | 00:44:03.4 | Ü50 | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 12169 | Thomas Winkler | 00:44:05.7 | Ü50 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 7450 | André Korsmeier | 00:44:08.4 | Ü50 | 0 | 0 | GER | Bumke |
| 0. | 9892 | Bernd Runde | 00:44:09.3 | Ü50 | 0 | 0 | GER | NORD/LB |
| 0. | 11562 | Harald Wolf | 00:44:15.3 | Ü50 | 0 | 0 | GER | TUI Group |
| 0. | 5356 | Torsten Schmidt | 00:44:18.5 | Ü50 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 4090 | Jörg Behling | 00:44:31.2 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 4081 | Frank Bandelow | 00:44:32.0 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 11104 | Martin Hastedt | 00:44:43.6 | Ü50 | 0 | 0 | GER | SWP Architekten |
| 0. | 10181 | Hans Friede | 00:44:56.9 | Ü50 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 21 | Jens Niemeyer | 00:45:15.0 | Ü50 | 0 | 0 | GER | Vinci Energies |
| 0. | 5728 | Akin Tas | 00:45:28.8 | Ü50 | 0 | 0 | GER | Finanz Informatik |
| 0. | 10851 | Markus Schmieta | 00:45:45.6 | Ü50 | 0 | 0 | GER | SK³ |
| 0. | 12845 | Kai Krage | 00:45:49.8 | Ü50 | 0 | 0 | GER | Steuerspatzen |
| 0. | 10873 | Henning Engelke | 00:45:55.1 | Ü50 | 0 | 0 | GER | Laufzeitmesser |
| 0. | 11646 | Sami Mala | 00:46:03.6 | Ü50 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 11635 | David Ilsemann | 00:46:20.4 | Ü50 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 11167 | Tobias Brosi | 00:46:29.9 | Ü50 | 0 | 0 | GER | team runners |
| 0. | 10040 | Stefan Schiller | 00:46:41.6 | Ü50 | 0 | 0 | GER | Paritätischer Nds. |
| 0. | 9294 | Hendrik Hendriks | 00:46:42.9 | Ü50 | 0 | 0 | GER | Mecklenburgische Versicherungs-Gesel |

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|----|-------|-------------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 3175 | Michael Winkelmann | 00:46:50.1 | Ü50 | 0 | 0 | GER | Waygate Technologies |
| 0. | 3817 | Andreas Schigold | 00:46:53.8 | Ü50 | 0 | 0 | GER | Team Concordia |
| 0. | 105 | Gerlach Schreiber | 00:47:07.6 | Ü50 | 0 | 0 | GER | AGILA Haustierversicherung AG |
| 0. | 11954 | Dirk-Oliver Gentz | 00:47:15.6 | Ü50 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 1214 | Hinnerk Willms | 00:47:19.4 | Ü50 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 2049 | Frank Senger | 00:47:36.8 | Ü50 | 0 | 0 | GER | Hilton |
| 0. | 10871 | Oliver Busjahn | 00:47:45.3 | Ü50 | 0 | 0 | GER | Laufzeitmesser |
| 0. | 12468 | Roland Markeffe | 00:48:04.8 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5973 | Ralf Schnippengerd | 00:48:06.7 | Ü50 | 0 | 0 | GER | Gehrke Econ |
| 0. | 2503 | Christian Schantl | 00:48:13.6 | Ü50 | 0 | 0 | GER | Team Abis |
| 0. | 4196 | Dirk Heine | 00:48:14.8 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 10608 | Sven Scheer-Von Wieding | 00:48:34.1 | Ü50 | 0 | 0 | GER | Schmitt + Sohn Aufzüge |
| 0. | 12454 | Stefan Leyh | 00:49:28.9 | Ü50 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 1134 | Hartwig Bode | 00:49:50.1 | Ü50 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 8340 | Peter Zahon | 00:50:03.3 | Ü50 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 364 | No Name | 00:50:10.4 | Ü50 | 0 | 0 | GER | Bucher Municipal |
| 0. | 2535 | No Name | 00:50:18.4 | Ü50 | 0 | 0 | GER | AGL |
| 0. | 7444 | Alexander Grüne-Scholz | 00:50:31.2 | Ü50 | 0 | 0 | GER | Bumke |
| 0. | 7524 | No Name | 00:51:31.3 | Ü50 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 687 | No Name | 00:51:37.9 | Ü50 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 7635 | Martin Walesch | 00:52:59.8 | Ü50 | 0 | 0 | GER | IG Metallteam |
| 0. | 6252 | Abdullah Kayikci | 00:53:15.3 | Ü50 | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 4369 | Heiko Schmoltdt | 00:53:18.1 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 3057 | Hans-Joachim Lange | 00:53:47.4 | Ü50 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 1606 | Philipp Bath | 00:53:49.0 | Ü50 | 0 | 0 | GER | itsc |
| 0. | 10282 | Thomas Ull | 00:53:50.3 | Ü50 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 7479 | Andreas Thormann | 00:53:54.7 | Ü50 | 0 | 0 | GER | Team HGK |
| 0. | 17 | Tim Wede | 00:54:13.7 | Ü50 | 0 | 0 | GER | Vinci Energies |
| 0. | 7776 | Jens Wemheuer | 00:54:29.4 | Ü50 | 0 | 0 | GER | infinitas |
| 0. | 7210 | René Prins | 00:56:25.2 | Ü50 | 0 | 0 | GER | HDI AG |
| 0. | 5870 | Mario Seegers | 00:56:56.6 | Ü50 | 0 | 0 | GER | Flughafen Hannover-Langenhagen |
| 0. | 5858 | Martin Müller | 00:56:57.6 | Ü50 | 0 | 0 | GER | Flughafen Hannover-Langenhagen |
| 0. | 11914 | Stefan Bettels | 00:57:12.4 | Ü50 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 8853 | Siegfried Volker | 00:57:53.4 | Ü50 | 0 | 0 | GER | KSG Hannover - back in town |
| 0. | 11346 | No Name | 00:58:09.2 | Ü50 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 4383 | Haro Schulz | 00:58:22.4 | Ü50 | 0 | 0 | GER | DB / VDES |
| 0. | 4669 | Dirk Matz | 00:58:35.4 | Ü50 | 0 | 0 | GER | Deutsche Bundesbank |
| 0. | 9507 | Andreas Lokitek | 00:59:44.3 | Ü50 | 0 | 0 | GER | MOSAIK architekt:innen |
| 0. | 152 | Dirk Krüger | 01:01:03.6 | Ü50 | 0 | 0 | GER | Airbus |
| 0. | 2050 | Markus Walther | 01:01:30.4 | Ü50 | 0 | 0 | GER | Hilton |
| 0. | 9280 | Carsten Blatt | 01:03:46.0 | Ü50 | 0 | 0 | GER | Mecklenburgische Versicherungs-Gesel |
| 0. | 9249 | Stefan Stolz | 01:04:15.2 | Ü50 | 0 | 0 | GER | Materna Hannover |
| 0. | 9426 | Marc Schoeb | 01:06:45.1 | Ü50 | 0 | 0 | GER | Michael Wessel IT läuft! |
| 0. | 11855 | Carsten Jendro | 01:08:43.3 | Ü50 | 0 | 0 | GER | VetZ GmbH |
| 0. | 7619 | Ismail Ozan | 01:11:15.8 | Ü50 | 0 | 0 | GER | IG Metallteam |

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| Pos | Nr | Name | Zeit | Kat | KPos | GPos | Nation | Verein |
|-----|-------|----------------|------------|-----|------|------|--------|--------------------------------|
| 0. | 10318 | Michael Anez | 00:26:34.8 | Ü55 | 0 | 0 | GER | R+V Allgemeine Versicherung AG |
| 0. | 10186 | Frank Heinrich | 00:26:52.2 | Ü55 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 6982 | Heino Gärtner | 00:27:39.1 | Ü55 | 0 | 0 | GER | HDI AG |
| 0. | 12665 | Guido Conrad | 00:27:54.7 | Ü55 | 0 | 0 | GER | #teamWAGNER |

| | | | | | | | | |
|----|-------|-----------------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 8001 | Olaf Thiel | 00:27:58.4 | Ü55 | 0 | 0 | GER | Running Bulls |
| 0. | 4176 | Uwe Großmann | 00:28:10.1 | Ü55 | 0 | 0 | GER | DB / VDES |
| 0. | 5816 | Herbert Ziefle | 00:28:49.2 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 10958 | Jan Hetebrügge | 00:28:59.8 | Ü55 | 0 | 0 | GER | Team SOPHIE |
| 0. | 5339 | Dirk Leutner | 00:29:06.5 | Ü55 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 13019 | Martin Falk-Schulz | 00:29:30.3 | Ü55 | 0 | 0 | GER | ZF Group |
| 0. | 8415 | Oliver Krone | 00:29:40.1 | Ü55 | 0 | 0 | GER | Klinikum Warendorff GmbH |
| 0. | 5718 | Karsten Quednau | 00:29:42.8 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 3974 | Torsten Richter | 00:29:58.5 | Ü55 | 0 | 0 | GER | DAK |
| 0. | 4148 | Stephan Fabig | 00:30:01.6 | Ü55 | 0 | 0 | GER | DB / VDES |
| 0. | 12898 | Werner Kulp | 00:30:10.6 | Ü55 | 0 | 0 | GER | Xcenda |
| 0. | 11858 | Andreas Bärtsch | 00:30:12.4 | Ü55 | 0 | 0 | GER | VGH Versicherungen |
| 0. | 9222 | Mario Kiehl | 00:30:13.8 | Ü55 | 0 | 0 | GER | Martin Braun Sporties |
| 0. | 2688 | Olaf Borgmann | 00:30:18.6 | Ü55 | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 51409 | Kai Weber | 00:30:24.6 | Ü55 | 0 | 0 | GER | RegionRunners |
| 0. | 9937 | Axel Vaje | 00:30:32.6 | Ü55 | 0 | 0 | GER | NORD/LB |
| 0. | 8266 | Christian Mentzel | 00:30:34.6 | Ü55 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 7433 | Markus Klemmt | 00:30:34.9 | Ü55 | 0 | 0 | GER | HPI |
| 0. | 7732 | Markus Grünewald | 00:30:35.6 | Ü55 | 0 | 0 | GER | imug |
| 0. | 3815 | Dirk Hensel | 00:30:42.9 | Ü55 | 0 | 0 | GER | Team Concordia |
| 0. | 12308 | Oliver Fleischer | 00:30:44.8 | Ü55 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 3148 | Daniele Gasparri | 00:30:49.5 | Ü55 | 0 | 0 | GER | Waygate Technologies |
| 0. | 11722 | Thomas Kumrow | 00:31:01.8 | Ü55 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 12317 | Lutz Bastian | 00:31:06.5 | Ü55 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 605 | Stefan Keunecke | 00:31:08.8 | Ü55 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 1608 | Maik Brünjes | 00:31:09.1 | Ü55 | 0 | 0 | GER | itsc |
| 0. | 7643 | Gerd Freiling | 00:31:19.3 | Ü55 | 0 | 0 | GER | IHK Hannover |
| 0. | 9320 | Dirk Rust | 00:31:21.5 | Ü55 | 0 | 0 | GER | Mecklenburgische Versicherungs-Gesel |
| 0. | 1625 | Dieter Loewe | 00:31:21.6 | Ü55 | 0 | 0 | GER | itsc |
| 0. | 7994 | Matthias Gnessner | 00:31:25.6 | Ü55 | 0 | 0 | GER | Running Bulls |
| 0. | 378 | Holger Schädel | 00:31:27.9 | Ü55 | 0 | 0 | GER | Bucher Municipal |
| 0. | 12543 | Erwin Scholze | 00:31:32.4 | Ü55 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 11317 | Frank Holbein | 00:31:34.7 | Ü55 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 9770 | Martin Hartmann | 00:31:35.8 | Ü55 | 0 | 0 | GER | NORD/LB |
| 0. | 4569 | Alber Ziegler | 00:31:43.8 | Ü55 | 0 | 0 | GER | Deloitte |
| 0. | 6663 | Frank Sonnabend | 00:31:47.6 | Ü55 | 0 | 0 | GER | AGS |
| 0. | 5784 | Ralf Uhde | 00:31:53.9 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 11428 | Jürgen Fries De Las Heras | 00:32:07.6 | Ü55 | 0 | 0 | GER | TUI Group |
| 0. | 12333 | Siegmar Braun | 00:32:15.3 | Ü55 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 9850 | Peter Jelen | 00:32:20.0 | Ü55 | 0 | 0 | GER | NORD/LB |
| 0. | 10549 | Michael Bohnsack | 00:32:20.4 | Ü55 | 0 | 0 | GER | Sappi Hannover |
| 0. | 9719 | José Luis Calderón Martínez | 00:32:31.0 | Ü55 | 0 | 0 | GER | NORD/LB |
| 0. | 4519 | Achim Bollweg | 00:32:40.3 | Ü55 | 0 | 0 | GER | Deloitte |
| 0. | 8940 | Frank Rusche | 00:32:42.0 | Ü55 | 0 | 0 | GER | lavera.naturals |
| 0. | 5841 | Jens Rother | 00:32:44.9 | Ü55 | 0 | 0 | GER | Laufteam Flexsys 2024 |
| 0. | 12567 | Dirk Strübe | 00:32:46.5 | Ü55 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 13135 | Jens Willms | 00:32:47.6 | Ü55 | 0 | 0 | GER | ZF Group |
| 0. | 857 | Ulrich Mende | 00:32:51.6 | Ü55 | 0 | 0 | GER | Dirk Rossmann GmbH |
| 0. | 13027 | Thomas Göhring | 00:33:00.1 | Ü55 | 0 | 0 | GER | ZF Group |
| 0. | 4252 | Frank König | 00:33:05.3 | Ü55 | 0 | 0 | GER | DB / VDES |
| 0. | 3794 | Thomas Madry | 00:33:09.6 | Ü55 | 0 | 0 | GER | Team Concordia |
| 0. | 11556 | Norbert Weiss | 00:33:09.6 | Ü55 | 0 | 0 | GER | TUI Group |
| 0. | 2470 | Gerhard Endres | 00:33:13.1 | Ü55 | 0 | 0 | GER | Abbott Laboratories GmbH |

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|----|-------|-------------------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 5681 | Carsten Lenz | 00:33:16.3 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 11679 | Thomas Bätge | 00:33:16.5 | Ü55 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 2669 | Hanno Sohr | 00:33:18.4 | Ü55 | 0 | 0 | GER | AirITSystems |
| 0. | 1364 | Tobias Hoyzer | 00:33:20.9 | Ü55 | 0 | 0 | GER | Gemeinde Isernhagen |
| 0. | 1996 | Nader Tabbara | 00:33:22.4 | Ü55 | 0 | 0 | GER | nass magnet |
| 0. | 9731 | Jens Dierksen | 00:33:26.6 | Ü55 | 0 | 0 | GER | NORD/LB |
| 0. | 5684 | Jörg Littelmann | 00:33:28.8 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 10883 | Toke Von Tryller | 00:33:31.1 | Ü55 | 0 | 0 | GER | Laufzeitmesser |
| 0. | 10624 | Mirco Fischer | 00:33:38.9 | Ü55 | 0 | 0 | GER | SEIDEL Service Team |
| 0. | 8032 | Stefan Gerold | 00:33:49.8 | Ü55 | 0 | 0 | GER | FristabLAUF! |
| 0. | 12688 | Klaus Linhart | 00:33:51.9 | Ü55 | 0 | 0 | GER | #teamWAGNER |
| 0. | 4673 | Harald Preczek | 00:33:52.6 | Ü55 | 0 | 0 | GER | Deutsche Bundesbank |
| 0. | 12462 | Bernd Ludolph | 00:33:55.6 | Ü55 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 4364 | Michael Schindler | 00:33:58.1 | Ü55 | 0 | 0 | GER | DB / VDES |
| 0. | 12377 | Henning Greulich | 00:33:58.3 | Ü55 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 7201 | Jörg Pfannenschmidt | 00:34:02.5 | Ü55 | 0 | 0 | GER | HDI AG |
| 0. | 1934 | Jürgen Ripke | 00:34:02.6 | Ü55 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 1429 | Harald Koch | 00:34:03.8 | Ü55 | 0 | 0 | GER | GWE |
| 0. | 11502 | Jörg Mühlrath | 00:34:13.6 | Ü55 | 0 | 0 | GER | TUI Group |
| 0. | 51343 | No Name | 00:34:18.9 | Ü55 | 0 | 0 | GER | Aschemann |
| 0. | 377 | Jens Papenburg | 00:34:24.0 | Ü55 | 0 | 0 | GER | Bucher Municipal |
| 0. | 11255 | Uwe Bennecke | 00:34:25.3 | Ü55 | 0 | 0 | GER | Honeywell Transnorm |
| 0. | 5732 | Bernt Rotermund | 00:34:26.3 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 11125 | Jan Kessler | 00:34:29.6 | Ü55 | 0 | 0 | GER | Syserso Networks GmbH |
| 0. | 11847 | Andreas Peter | 00:34:36.1 | Ü55 | 0 | 0 | GER | VetZ GmbH |
| 0. | 9955 | Alexander Poetzschner | 00:34:44.1 | Ü55 | 0 | 0 | GER | NORD/LB |
| 0. | 9849 | Stephan Müller | 00:34:44.6 | Ü55 | 0 | 0 | GER | NORD/LB |
| 0. | 1558 | Ansgar Heise | 00:34:45.6 | Ü55 | 0 | 0 | GER | heise - eine Antwort weiter |
| 0. | 11718 | Manfred Starker | 00:34:49.4 | Ü55 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 10086 | Helge Engelke | 00:34:50.3 | Ü55 | 0 | 0 | GER | Team PABF / NKG |
| 0. | 5315 | Vincenzo De Ruvo | 00:34:57.8 | Ü55 | 0 | 0 | GER | expert Warenvertrieb GmbH |
| 0. | 7630 | Michael Sundmacher | 00:34:59.8 | Ü55 | 0 | 0 | GER | IG Metallteam |
| 0. | 7641 | Tilman Brunner | 00:35:00.8 | Ü55 | 0 | 0 | GER | IHK Hannover |
| 0. | 342 | Andreas Schapeit | 00:35:05.9 | Ü55 | 0 | 0 | GER | BANTLEON |
| 0. | 5815 | Ralf Ziebolz | 00:35:06.7 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 1508 | Volker Brock | 00:35:10.8 | Ü55 | 0 | 0 | GER | Hanno Werk GmbH & Co. KG |
| 0. | 5036 | Frank Meyer-Venter | 00:35:16.1 | Ü55 | 0 | 0 | GER | DRK Landesverband Niedersachsen e.V. |
| 0. | 7956 | Hans-Christian Von Consrubron | 00:35:18.1 | Ü55 | 0 | 0 | GER | Jäger Group |
| 0. | 393 | Thilo Pfläging | 00:35:18.3 | Ü55 | 0 | 0 | GER | Bundesdruckerei GmbH |
| 0. | 10912 | Frank Tischendorf | 00:35:32.6 | Ü55 | 0 | 0 | GER | Sonepar |
| 0. | 6203 | Andreas Wenzel | 00:35:38.0 | Ü55 | 0 | 0 | GER | GMP Makowka & Partner |
| 0. | 9871 | Juan-Alberto Puentes Puertas | 00:35:38.9 | Ü55 | 0 | 0 | GER | NORD/LB |
| 0. | 10215 | Georg Weiß | 00:35:40.8 | Ü55 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 10194 | Frank-Peter Laube | 00:35:42.2 | Ü55 | 0 | 0 | GER | PreussenElektra GmbH |
| 0. | 7343 | Hans-Jörg Wild | 00:35:48.6 | Ü55 | 0 | 0 | GER | HDI AG |
| 0. | 3820 | Axel Simon | 00:35:50.9 | Ü55 | 0 | 0 | GER | Team Concordia |
| 0. | 7070 | Andreas Keuchel | 00:35:51.9 | Ü55 | 0 | 0 | GER | HDI AG |
| 0. | 9662 | Thomas Neulen | 00:35:55.1 | Ü55 | 0 | 0 | GER | NLBL-Aktiv |
| 0. | 7315 | Georgios Toulkeridis | 00:35:55.9 | Ü55 | 0 | 0 | GER | HDI AG |
| 0. | 5661 | Joerg Koch | 00:35:58.8 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 3721 | Ralf Zirzow | 00:36:00.0 | Ü55 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 2485 | Guido Rüsing | 00:36:04.5 | Ü55 | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 1646 | Andreas Kolleck | 00:36:11.6 | Ü55 | 0 | 0 | GER | Team Kienast Unternehmensgruppe |

| | | | | | | | | |
|----|-------|----------------------|------------|-----|---|---|-----|-------------------------------|
| 0. | 5823 | Stefan Kohl | 00:36:12.1 | Ü55 | 0 | 0 | GER | FJORD |
| 0. | 11723 | Olaf Lemkemeyer | 00:36:13.1 | Ü55 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 7360 | Michael Zimmermann | 00:36:13.2 | Ü55 | 0 | 0 | GER | HDI AG |
| 0. | 10799 | Volker Herre | 00:36:14.4 | Ü55 | 0 | 0 | GER | Siemens AG |
| 0. | 4876 | Sergej Krasnosselski | 00:36:15.6 | Ü55 | 0 | 0 | GER | Weber Massivhaus |
| 0. | 11895 | Christian Wischinski | 00:36:20.1 | Ü55 | 0 | 0 | GER | VGH Versicherungen |
| 0. | 11532 | Seyfi Sonraci | 00:36:21.2 | Ü55 | 0 | 0 | GER | TUI Group |
| 0. | 12349 | Frank Denzer | 00:36:22.6 | Ü55 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 2550 | Michael Strube | 00:36:25.5 | Ü55 | 0 | 0 | GER | AGRAVIS Raiffeisen AG |
| 0. | 5772 | Michael Strauss | 00:36:31.0 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 7081 | Uwe Koch | 00:36:34.3 | Ü55 | 0 | 0 | GER | HDI AG |
| 0. | 9921 | Thomas Stephen | 00:36:34.4 | Ü55 | 0 | 0 | GER | NORD/LB |
| 0. | 6709 | Jens Hoerner | 00:36:40.8 | Ü55 | 0 | 0 | GER | hannoverimpuls |
| 0. | 5655 | Frank Hagedorn | 00:36:41.0 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 9922 | Carsten Strahler | 00:36:41.5 | Ü55 | 0 | 0 | GER | NORD/LB |
| 0. | 532 | Johann Wenk | 00:36:42.9 | Ü55 | 0 | 0 | GER | COMRAMO AG |
| 0. | 515 | Manfred Dachs | 00:36:43.1 | Ü55 | 0 | 0 | GER | COMRAMO AG |
| 0. | 3622 | Christian Dlugosch | 00:36:45.6 | Ü55 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 12584 | Rauf Tuku | 00:36:53.4 | Ü55 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 4647 | Karsten Biller | 00:36:55.1 | Ü55 | 0 | 0 | GER | Deutsche Bundesbank |
| 0. | 10817 | Norbert List | 00:36:56.1 | Ü55 | 0 | 0 | GER | Siemens AG |
| 0. | 2496 | Matthias Wenzel | 00:37:01.1 | Ü55 | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 4980 | No Name | 00:37:01.3 | Ü55 | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 4040 | No Name | 00:37:02.5 | Ü55 | 0 | 0 | GER | Dassault Systemes |
| 0. | 9163 | Christian Kaufer | 00:37:03.1 | Ü55 | 0 | 0 | GER | MADSACK Mediengruppe |
| 0. | 7634 | Jens Wagner | 00:37:07.2 | Ü55 | 0 | 0 | GER | IG Metallteam |
| 0. | 5656 | Matthias Knobel | 00:37:09.4 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 9368 | Wolfgang Lange | 00:37:12.9 | Ü55 | 0 | 0 | GER | Meihorst und Partner |
| 0. | 6479 | Harald Schieb | 00:37:20.2 | Ü55 | 0 | 0 | GER | HVNB |
| 0. | 4036 | Ecki Richter | 00:37:21.4 | Ü55 | 0 | 0 | GER | Dassault Systemes |
| 0. | 9197 | Filip Buytaert | 00:37:29.7 | Ü55 | 0 | 0 | GER | Marley Deutschland GmbH |
| 0. | 9221 | Andreas Kern | 00:37:30.6 | Ü55 | 0 | 0 | GER | Martin Braun Sporties |
| 0. | 12001 | Stefan Klasen | 00:37:30.7 | Ü55 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 3830 | Helmuth Winkelmann | 00:37:31.8 | Ü55 | 0 | 0 | GER | Team Concordia |
| 0. | 2452 | Andreas Heyer | 00:37:36.1 | Ü55 | 0 | 0 | GER | BSG ABB & Hitachi Energy e.V. |
| 0. | 9116 | Thomas Halberkamp | 00:37:39.7 | Ü55 | 0 | 0 | GER | Luther |
| 0. | 12727 | No Name | 00:37:39.9 | Ü55 | 0 | 0 | GER | WDT/VLO on Tour |
| 0. | 12596 | Dirk Weimann | 00:37:40.1 | Ü55 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 11642 | Thomas Köthke | 00:37:40.3 | Ü55 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 8568 | Alexander Diemert | 00:37:43.1 | Ü55 | 0 | 0 | GER | Team KONE |
| 0. | 10601 | Frank Kaschner | 00:37:46.5 | Ü55 | 0 | 0 | GER | Schmitt + Sohn Aufzüge |
| 0. | 3813 | Uwe Riemenschneider | 00:37:49.1 | Ü55 | 0 | 0 | GER | Team Concordia |
| 0. | 12346 | Stefan Cramme | 00:37:49.6 | Ü55 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 4914 | No Name | 00:37:53.8 | Ü55 | 0 | 0 | GER | Dr. Gemmeke GmbH |
| 0. | 12362 | Jens Franke | 00:37:55.9 | Ü55 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 9133 | Martin Schilling | 00:37:56.6 | Ü55 | 0 | 0 | GER | M.M.Warburg & CO |
| 0. | 3106 | Ralf Theobald | 00:37:59.6 | Ü55 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 10566 | Patrick Steinbrenner | 00:38:12.0 | Ü55 | 0 | 0 | GER | Sappi Hannover |
| 0. | 1549 | Klaus Sturm | 00:38:17.8 | Ü55 | 0 | 0 | GER | Haufe Group |
| 0. | 7071 | Marco Kirschke | 00:38:24.8 | Ü55 | 0 | 0 | GER | HDI AG |
| 0. | 12097 | Björn Schmeling | 00:38:26.1 | Ü55 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 5305 | Martin Eggebrecht | 00:38:26.5 | Ü55 | 0 | 0 | GER | Eviden |
| 0. | 5598 | Marcus Friedrich | 00:38:29.5 | Ü55 | 0 | 0 | GER | Finanz Informatik |

| | | | | | | | | |
|----|-------|-----------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 7353 | Thorsten Wölbern | 00:38:30.1 | Ü55 | 0 | 0 | GER | HDI AG |
| 0. | 1537 | Uwe Haster | 00:38:32.8 | Ü55 | 0 | 0 | GER | Team Haster |
| 0. | 7995 | Matthias Grothe | 00:38:34.6 | Ü55 | 0 | 0 | GER | Running Bulls |
| 0. | 9658 | Torsten Maier-Gerking | 00:38:35.6 | Ü55 | 0 | 0 | GER | NLBL-Aktiv |
| 0. | 1719 | Ralf Lehmann | 00:38:39.9 | Ü55 | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 10458 | Martin Suhr | 00:38:41.2 | Ü55 | 0 | 0 | GER | Team RHB Hannover |
| 0. | 9329 | Jörg Wintel | 00:38:41.6 | Ü55 | 0 | 0 | GER | Mecklenburgische Versicherungs-Gesel |
| 0. | 8216 | Stefan Hohenhaus | 00:38:41.6 | Ü55 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 10745 | Norbert Spürk | 00:38:43.5 | Ü55 | 0 | 0 | GER | SEW-EURODRIVE GmbH & Co KG |
| 0. | 202 | Peter Bandemer | 00:38:49.6 | Ü55 | 0 | 0 | GER | ALDI Nord |
| 0. | 3061 | Jens Matthes | 00:38:52.2 | Ü55 | 0 | 0 | GER | Bahlsen GmbH & Co. KG |
| 0. | 9390 | Frank Hildebrandt | 00:38:55.0 | Ü55 | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 6642 | Juan Garcia David | 00:38:55.8 | Ü55 | 0 | 0 | GER | AGS |
| 0. | 1727 | Gerhard Scheel | 00:39:01.1 | Ü55 | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 11238 | Torsten Schuster | 00:39:01.3 | Ü55 | 0 | 0 | GER | GROUP SEVEN networks |
| 0. | 391 | Abel Ndagijimana | 00:39:01.6 | Ü55 | 0 | 0 | GER | Bundesdruckerei GmbH |
| 0. | 12443 | Dirk Lahmann | 00:39:26.3 | Ü55 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 7511 | Voker Gremler | 00:39:26.6 | Ü55 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 12133 | David Tan | 00:39:31.5 | Ü55 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 5486 | Josef Loboda | 00:39:37.6 | Ü55 | 0 | 0 | GER | Faurecia Autositze GmbH |
| 0. | 10880 | Dirk Solga | 00:39:39.6 | Ü55 | 0 | 0 | GER | Laufzeitmesser |
| 0. | 396 | Matthias Walden | 00:39:45.3 | Ü55 | 0 | 0 | GER | Bundesdruckerei GmbH |
| 0. | 6704 | Carsten Fruth | 00:39:48.8 | Ü55 | 0 | 0 | GER | hannoverimpuls |
| 0. | 6322 | Andreas Bange | 00:39:51.3 | Ü55 | 0 | 0 | GER | GTU Ingenieurgesellschaft mbH |
| 0. | 5944 | Ulf Förster | 00:40:00.4 | Ü55 | 0 | 0 | GER | Strate Running Team |
| 0. | 7209 | Joachim Preuss | 00:40:04.9 | Ü55 | 0 | 0 | GER | HDI AG |
| 0. | 5411 | Sven Zuber | 00:40:05.9 | Ü55 | 0 | 0 | GER | SC Schwarz-Gold |
| 0. | 8230 | Karsten Katz | 00:40:07.8 | Ü55 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 11363 | Rolf Thomanek | 00:40:19.6 | Ü55 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 3671 | Ralph Loos | 00:40:20.2 | Ü55 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 8589 | Rainer Liebhardt | 00:40:22.7 | Ü55 | 0 | 0 | GER | Team KONE |
| 0. | 7295 | Michael Stopp | 00:40:25.4 | Ü55 | 0 | 0 | GER | HDI AG |
| 0. | 7715 | Vasco Horn | 00:40:36.9 | Ü55 | 0 | 0 | GER | ILFA Hannover |
| 0. | 5285 | Vito Lippolis | 00:40:42.3 | Ü55 | 0 | 0 | GER | Eurest Deutschland GmbH |
| 0. | 7190 | Martin Pabst | 00:40:43.6 | Ü55 | 0 | 0 | GER | HDI AG |
| 0. | 13112 | Andreas Schwarzer | 00:40:51.8 | Ü55 | 0 | 0 | GER | ZF Group |
| 0. | 11350 | Dirk Schmidt | 00:40:53.3 | Ü55 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 1135 | Harald Bösche | 00:40:54.4 | Ü55 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 10607 | Klaus Neuenfeldt | 00:40:55.1 | Ü55 | 0 | 0 | GER | Schmitt + Sohn Aufzüge |
| 0. | 1631 | Hayno Ries | 00:41:01.6 | Ü55 | 0 | 0 | GER | itsc |
| 0. | 5803 | Frank Wenzel | 00:41:04.4 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 10795 | Thomas Hein | 00:41:06.1 | Ü55 | 0 | 0 | GER | Siemens AG |
| 0. | 26 | Abdullah Coskun | 00:41:12.6 | Ü55 | 0 | 0 | GER | Vinci Energies |
| 0. | 9437 | Jörg Möller | 00:41:13.1 | Ü55 | 0 | 0 | GER | Milkron |
| 0. | 3938 | Olaf Günther | 00:41:25.0 | Ü55 | 0 | 0 | GER | DAK |
| 0. | 2469 | Carsten Eggert | 00:41:27.6 | Ü55 | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 4634 | Ralph Seeger | 00:41:31.9 | Ü55 | 0 | 0 | GER | Deutsche Bank AG |
| 0. | 12359 | Guido Fischer | 00:41:35.3 | Ü55 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 6962 | No Name | 00:41:35.4 | Ü55 | 0 | 0 | GER | HDI AG |
| 0. | 9730 | Ulrich Deppe | 00:41:35.0 | Ü55 | 0 | 0 | GER | NORD/LB |
| 0. | 12417 | Holger Kahler | 00:41:37.1 | Ü55 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 1604 | Jens Adebahr | 00:41:39.8 | Ü55 | 0 | 0 | GER | itsc |
| 0. | 11319 | Dirk Holzfuß | 00:41:48.6 | Ü55 | 0 | 0 | GER | TROESTER GmbH & Co. KG |

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|----|-------|------------------------|------------|-----|---|---|-----|--|
| 0. | 3816 | Frank Schareina | 00:41:49.5 | Ü55 | 0 | 0 | GER | Team Concordia |
| 0. | 2673 | Jens Herter | 00:41:56.6 | Ü55 | 0 | 0 | GER | AirITSystems |
| 0. | 11688 | Werner Brinker | 00:41:56.6 | Ü55 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 6199 | Christian Makowka | 00:42:06.5 | Ü55 | 0 | 0 | GER | GMP Makowka & Partner |
| 0. | 5616 | Dirk Heinemann | 00:42:22.3 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 11652 | Peter Mueller | 00:42:25.6 | Ü55 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 4340 | Christian Reinhard | 00:42:27.9 | Ü55 | 0 | 0 | GER | DB / VDES |
| 0. | 383 | Karsten Engel | 00:42:33.8 | Ü55 | 0 | 0 | GER | Bundesdruckerei GmbH |
| 0. | 10829 | Jörg Schlamlich | 00:42:36.3 | Ü55 | 0 | 0 | GER | Siemens AG |
| 0. | 3826 | Sven Vogt | 00:42:43.6 | Ü55 | 0 | 0 | GER | Team Concordia |
| 0. | 3944 | Peter Hensel | 00:42:47.4 | Ü55 | 0 | 0 | GER | DAK |
| 0. | 11338 | Klaus Kusibor | 00:42:55.9 | Ü55 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 4043 | Peter Bührmann | 00:42:56.0 | Ü55 | 0 | 0 | GER | Datatronic |
| 0. | 11030 | Oliver Klingner | 00:43:13.1 | Ü55 | 0 | 0 | GER | Steuerberatung Schönenberg |
| 0. | 5768 | Albrecht Stadelmann | 00:43:22.2 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 6889 | Martin Bartsch | 00:43:26.6 | Ü55 | 0 | 0 | GER | HDI AG |
| 0. | 5716 | Konrad Plückebaum | 00:43:31.0 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 5850 | Andreas Jeske | 00:43:40.9 | Ü55 | 0 | 0 | GER | Flughafen Hannover-Langenhagen |
| 0. | 11621 | Komla Atisu | 00:43:44.8 | Ü55 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 4202 | Frank Heuchler | 00:43:45.9 | Ü55 | 0 | 0 | GER | DB / VDES |
| 0. | 11859 | Uwe Below | 00:43:48.3 | Ü55 | 0 | 0 | GER | VGH Versicherungen |
| 0. | 5717 | Jens Pytel | 00:44:00.5 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 631 | Christian Meyer | 00:44:01.4 | Ü55 | 0 | 0 | GER | Diakovere gGmbH |
| 0. | 1419 | Karsten Novorita | 00:44:02.8 | Ü55 | 0 | 0 | GER | Gundlach |
| 0. | 11269 | Guido Vaupel | 00:44:09.4 | Ü55 | 0 | 0 | GER | Honeywell Transnorm |
| 0. | 6660 | Rolf Riebartsch | 00:44:10.4 | Ü55 | 0 | 0 | GER | AGS |
| 0. | 11121 | Michael Clever | 00:44:10.8 | Ü55 | 0 | 0 | GER | Syserso Networks GmbH |
| 0. | 10740 | Christian Klavehn | 00:44:11.1 | Ü55 | 0 | 0 | GER | SEW-EURODRIVE GmbH & Co KG |
| 0. | 12469 | Frank Maron | 00:44:36.0 | Ü55 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 1695 | Dirk Bunge | 00:44:48.5 | Ü55 | 0 | 0 | GER | Knauf Interfer Stahl Service Center GmbH |
| 0. | 11327 | Holger Kapitza | 00:44:58.3 | Ü55 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 9331 | Christian Wolpert | 00:45:03.1 | Ü55 | 0 | 0 | GER | Mecklenburgische Versicherungs-Gesel |
| 0. | 7708 | No Name | 00:45:23.8 | Ü55 | 0 | 0 | GER | Cool down... |
| 0. | 2803 | Nicolas Grammel | 00:45:25.3 | Ü55 | 0 | 0 | GER | Alvotech Hannover |
| 0. | 10286 | Thorsten Wesch | 00:45:26.9 | Ü55 | 0 | 0 | GER | PricewaterhouseCoopers GmbH WPG |
| 0. | 122 | Oliver Dunsing | 00:45:36.6 | Ü55 | 0 | 0 | GER | Airbus |
| 0. | 66 | Rafael Hahn | 00:45:42.6 | Ü55 | 0 | 0 | GER | Vinci Energies |
| 0. | 1152 | Gregor Holtmannspötter | 00:45:44.3 | Ü55 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 12851 | Volker Wilcke | 00:45:47.0 | Ü55 | 0 | 0 | GER | Steuerspatzen |
| 0. | 11192 | Volker Engelking | 00:46:32.2 | Ü55 | 0 | 0 | GER | datatel |
| 0. | 6255 | Jens Kleinert | 00:46:33.0 | Ü55 | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 11120 | Axel Behrens | 00:46:57.8 | Ü55 | 0 | 0 | GER | Syserso Networks GmbH |
| 0. | 195 | Dirk Elligsen | 00:47:00.4 | Ü55 | 0 | 0 | GER | Team Elli Oil |
| 0. | 3827 | Jens Weding | 00:47:46.1 | Ü55 | 0 | 0 | GER | Team Concordia |
| 0. | 13110 | Thomas Schrader | 00:47:56.5 | Ü55 | 0 | 0 | GER | ZF Group |
| 0. | 7441 | Kurt Freitag | 00:48:13.2 | Ü55 | 0 | 0 | GER | Bumke |
| 0. | 6710 | Daniel Marhenke | 00:48:29.6 | Ü55 | 0 | 0 | GER | hannoverimpuls |
| 0. | 2272 | Olaf Poleska | 00:48:40.6 | Ü55 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 4322 | Markus Patyk | 00:48:41.5 | Ü55 | 0 | 0 | GER | DB / VDES |
| 0. | 8020 | Saban Ünal | 00:49:00.6 | Ü55 | 0 | 0 | GER | KAG - The Endurance Runners |
| 0. | 3933 | Rolf Brandes | 00:50:02.0 | Ü55 | 0 | 0 | GER | DAK |
| 0. | 5842 | Christian Schuto | 00:50:33.1 | Ü55 | 0 | 0 | GER | Laufteam Flexsys 2024 |
| 0. | 11308 | Alexander Frost | 00:50:41.1 | Ü55 | 0 | 0 | GER | TROESTER GmbH & Co. KG |

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|----|-------|-------------------|------------|-----|---|---|-----|----------------------------------|
| 0. | 5449 | Gerd Verhuven | 00:51:17.7 | Ü55 | 0 | 0 | GER | fairKauf-Runner |
| 0. | 5620 | Matthias Meyer | 00:52:05.9 | Ü55 | 0 | 0 | GER | Finanz Informatik |
| 0. | 11687 | Ingo Brandt | 00:52:33.0 | Ü55 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 2463 | Harry Börner | 00:52:42.9 | Ü55 | 0 | 0 | GER | Abbott Laboratories GmbH |
| 0. | 1423 | Ulrich Schneider | 00:53:05.6 | Ü55 | 0 | 0 | GER | Gundlach |
| 0. | 8315 | Gerd Staschek | 00:53:34.7 | Ü55 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 11632 | Attila Faska | 00:54:05.9 | Ü55 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 355 | Carsten Meyer | 00:54:38.3 | Ü55 | 0 | 0 | GER | Pipe Pacers |
| 0. | 149 | Jan Ketelsen | 00:56:13.6 | Ü55 | 0 | 0 | GER | Airbus |
| 0. | 4038 | Bernhard Stillger | 00:57:05.4 | Ü55 | 0 | 0 | GER | Dassault Systemes |
| 0. | 3968 | Michael Prochotta | 00:57:14.6 | Ü55 | 0 | 0 | GER | DAK |
| 0. | 4425 | Michael Stuewing | 00:57:44.4 | Ü55 | 0 | 0 | GER | DB / VDES |
| 0. | 12438 | Matthias Kronig | 00:57:55.7 | Ü55 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 8328 | Mike Volland | 00:58:08.1 | Ü55 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 11846 | Frank Pereira | 00:58:11.1 | Ü55 | 0 | 0 | GER | VetZ GmbH |
| 0. | 4917 | Stefan Scholz | 00:59:06.2 | Ü55 | 0 | 0 | GER | Dr. Gemmeke GmbH |
| 0. | 2089 | Reinhard Lampe | 00:59:12.8 | Ü55 | 0 | 0 | GER | Storengy |
| 0. | 7867 | Volker Roth | 01:01:22.8 | Ü55 | 0 | 0 | GER | IP SYSCON SPORTS |
| 0. | 9391 | Ingo Kampf | 01:02:25.7 | Ü55 | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 2048 | Michael Schulze | 01:02:58.9 | Ü55 | 0 | 0 | GER | Hilton |
| 0. | 6247 | Rolf Homann | 01:04:21.9 | Ü55 | 0 | 0 | GER | GP Papenburg Baugesellschaft mbH |
| 0. | 382 | Michael Breuer | 01:05:05.3 | Ü55 | 0 | 0 | GER | Bundesdruckerei GmbH |
| 0. | 3238 | Gerd-Uwe Gruben | 01:09:46.4 | Ü55 | 0 | 0 | GER | laufend prüfen |
| 0. | 143 | Stefan Hibbeln | 01:14:29.4 | Ü55 | 0 | 0 | GER | Airbus |

Ü60

| Pos | Nr | Name | Zeit | Kat | KPos | GPos | Nation | Verein |
|-----|-------|---------------------|------------|-----|------|------|--------|------------------------------------|
| 0. | 7526 | Frank Schubert | 00:26:01.7 | Ü60 | 0 | 0 | GER | Honeywell Special Chemicals Seelze |
| 0. | 4356 | Andreas Schacht | 00:26:18.1 | Ü60 | 0 | 0 | GER | DB / VDES |
| 0. | 9899 | Michael Schliephake | 00:26:48.5 | Ü60 | 0 | 0 | GER | NORD/LB |
| 0. | 12116 | Tristan Splett | 00:27:31.7 | Ü60 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 3792 | Thorsten Lilje | 00:28:45.3 | Ü60 | 0 | 0 | GER | Team Concordia |
| 0. | 10971 | Fernando Silva | 00:28:52.8 | Ü60 | 0 | 0 | GER | Team SOPHIE |
| 0. | 13093 | Matthias Radtke | 00:28:54.8 | Ü60 | 0 | 0 | GER | ZF Group |
| 0. | 11383 | Heinrich Bente | 00:29:15.3 | Ü60 | 0 | 0 | GER | TUI Group |
| 0. | 150 | Karl Klemp | 00:29:29.6 | Ü60 | 0 | 0 | GER | Airbus |
| 0. | 1150 | Uwe Heuer | 00:29:32.7 | Ü60 | 0 | 0 | GER | E.ON Digital Technology |
| 0. | 1267 | Roland Böhm | 00:29:38.4 | Ü60 | 0 | 0 | GER | Forbo Siegling GmbH |
| 0. | 5735 | Ulrich Sahl | 00:29:40.3 | Ü60 | 0 | 0 | GER | Finanz Informatik |
| 0. | 4431 | No Name | 00:29:45.2 | Ü60 | 0 | 0 | GER | DB / VDES |
| 0. | 10129 | Rolf Roter | 00:30:00.4 | Ü60 | 0 | 0 | GER | PKF TREUWERK |
| 0. | 10445 | Andreas Stengel | 00:30:07.1 | Ü60 | 0 | 0 | GER | REMONDIS Industrie Service |
| 0. | 4874 | Uwe Böhm | 00:30:51.0 | Ü60 | 0 | 0 | GER | Weber Massivhaus |
| 0. | 7451 | Withold Krause | 00:31:02.1 | Ü60 | 0 | 0 | GER | Bumke |
| 0. | 9374 | Peter Gora | 00:31:16.3 | Ü60 | 0 | 0 | GER | MeKo Manufacturing |
| 0. | 9700 | Frank Barke | 00:31:36.4 | Ü60 | 0 | 0 | GER | NORD/LB |
| 0. | 3748 | Frank Beermann | 00:31:45.4 | Ü60 | 0 | 0 | GER | Team Concordia |
| 0. | 1707 | Jörg Hasse | 00:31:59.0 | Ü60 | 0 | 0 | GER | KraussMaffei Extrusion |
| 0. | 4226 | Andreas Jende | 00:32:01.8 | Ü60 | 0 | 0 | GER | DB / VDES |
| 0. | 5801 | Andreas Weiss | 00:32:03.3 | Ü60 | 0 | 0 | GER | Finanz Informatik |
| 0. | 12185 | Dirk Hennies | 00:32:03.3 | Ü60 | 0 | 0 | GER | Vincentz Network |
| 0. | 2290 | Dirk Stenkamp | 00:32:05.1 | Ü60 | 0 | 0 | GER | TÜV NORD GROUP |

| | | | | | | | | |
|----|-------|----------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 1652 | Holger Scholz | 00:32:28.1 | Ü60 | 0 | 0 | GER | Team Kienast Unternehmensgruppe |
| 0. | 11902 | Ingo Albrecht | 00:32:59.5 | Ü60 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 2547 | Roderich Bähr | 00:33:13.2 | Ü60 | 0 | 0 | GER | AGRAVIS Raiffeisen AG |
| 0. | 11716 | Norbert Juhnke | 00:33:13.3 | Ü60 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 7092 | Jochen Krause | 00:33:16.3 | Ü60 | 0 | 0 | GER | HDI AG |
| 0. | 3812 | Patrik Reese | 00:33:19.0 | Ü60 | 0 | 0 | GER | Team Concordia |
| 0. | 5591 | Bijan Farajollahi | 00:33:40.6 | Ü60 | 0 | 0 | GER | Finanz Informatik |
| 0. | 10675 | Hartmut Mangold | 00:33:44.4 | Ü60 | 0 | 0 | GER | Sennheiser electronic SE & Co. KG |
| 0. | 51399 | Torsten Heinrigs | 00:33:47.1 | Ü60 | 0 | 0 | GER | R+V Allgemeine Versicherung AG |
| 0. | 4844 | Ralph Manthei | 00:33:48.2 | Ü60 | 0 | 0 | GER | Deutsches Taubblindenwerk |
| 0. | 5809 | Stephan Wilke | 00:33:48.7 | Ü60 | 0 | 0 | GER | Finanz Informatik |
| 0. | 228 | Michael Kern | 00:33:51.4 | Ü60 | 0 | 0 | GER | ALDI Nord |
| 0. | 11323 | Joachim Jung | 00:33:54.9 | Ü60 | 0 | 0 | GER | TROESTER GmbH & Co. KG |
| 0. | 12514 | Jürgen Rammelkamp | 00:33:56.3 | Ü60 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 12065 | Olaf Pauls | 00:34:01.4 | Ü60 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 10879 | Detlef Rürup | 00:34:07.9 | Ü60 | 0 | 0 | GER | Laufzeitmesser |
| 0. | 6805 | Matthias Laubinger | 00:34:08.1 | Ü60 | 0 | 0 | GER | HW Runners |
| 0. | 7032 | Christof Hielscher | 00:34:15.4 | Ü60 | 0 | 0 | GER | HDI AG |
| 0. | 369 | Friedrich Dinkhauser | 00:34:30.6 | Ü60 | 0 | 0 | GER | Bucher Municipal |
| 0. | 10426 | Thomas Liebig | 00:34:38.5 | Ü60 | 0 | 0 | GER | reinisch |
| 0. | 5037 | Ralf Selbach | 00:34:39.9 | Ü60 | 0 | 0 | GER | DRK Landesverband Niedersachsen e.V. |
| 0. | 2740 | Oliver Scholz | 00:34:43.4 | Ü60 | 0 | 0 | GER | Allianz Lebensversicherungs-AG |
| 0. | 7275 | Martin Sellmann | 00:34:57.8 | Ü60 | 0 | 0 | GER | HDI AG |
| 0. | 11945 | Peter Flöge | 00:35:03.7 | Ü60 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 11130 | Bernfried Pawlowski | 00:35:06.4 | Ü60 | 0 | 0 | GER | Syserso Networks GmbH |
| 0. | 5197 | Rainer Kemmler | 00:35:07.4 | Ü60 | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 9898 | Uwe Schliephacke | 00:35:08.4 | Ü60 | 0 | 0 | GER | NORD/LB |
| 0. | 3806 | Andreas Pischke | 00:35:13.1 | Ü60 | 0 | 0 | GER | Team Concordia |
| 0. | 3675 | Marc Martens | 00:35:17.6 | Ü60 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 8150 | Felix Bergel | 00:35:20.3 | Ü60 | 0 | 0 | GER | Klinikum Region Hannover GmbH |
| 0. | 1535 | Siegfried Haster | 00:35:22.4 | Ü60 | 0 | 0 | GER | Team Haster |
| 0. | 10067 | Andreas Nolte | 00:35:22.5 | Ü60 | 0 | 0 | GER | Paulmann Licht |
| 0. | 4667 | Andreas Kunze | 00:35:32.7 | Ü60 | 0 | 0 | GER | Deutsche Bundesbank |
| 0. | 6914 | Norbert Bremer | 00:35:35.3 | Ü60 | 0 | 0 | GER | HDI AG |
| 0. | 7923 | Sebastian Jäger | 00:35:37.5 | Ü60 | 0 | 0 | GER | Jäger Group |
| 0. | 10671 | Steffen Kulhawy | 00:35:38.5 | Ü60 | 0 | 0 | GER | Sennheiser electronic SE & Co. KG |
| 0. | 7087 | Thomas Köppen | 00:35:45.5 | Ü60 | 0 | 0 | GER | HDI AG |
| 0. | 11525 | Gerhard Siebert | 00:35:46.6 | Ü60 | 0 | 0 | GER | TUI Group |
| 0. | 10811 | Stefan Lange | 00:35:52.2 | Ü60 | 0 | 0 | GER | Siemens AG |
| 0. | 9389 | Rüdiger Helbig | 00:36:03.0 | Ü60 | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 1677 | Ralph Kather | 00:36:10.2 | Ü60 | 0 | 0 | GER | Klinikum Peine |
| 0. | 11916 | Caspar Blom | 00:36:20.3 | Ü60 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 5537 | Christian Adloff | 00:36:22.0 | Ü60 | 0 | 0 | GER | Finanz Informatik |
| 0. | 11997 | Wolfram Kausch | 00:36:28.3 | Ü60 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 338 | Gerd Lückel | 00:36:47.6 | Ü60 | 0 | 0 | GER | BANTLEON |
| 0. | 10830 | Burkhard Steinhoff | 00:36:49.4 | Ü60 | 0 | 0 | GER | Siemens AG |
| 0. | 7436 | Peter Schrader | 00:36:52.2 | Ü60 | 0 | 0 | GER | HPI |
| 0. | 10798 | Armin Herden | 00:36:57.7 | Ü60 | 0 | 0 | GER | Siemens AG |
| 0. | 8363 | Nikolai Brovtchenko | 00:36:58.6 | Ü60 | 0 | 0 | GER | Klinikum Warendorff GmbH |
| 0. | 389 | Sven Hoppe | 00:37:05.8 | Ü60 | 0 | 0 | GER | Bundesdruckerei GmbH |
| 0. | 4246 | Gerhard Kloth-Henkel | 00:37:06.8 | Ü60 | 0 | 0 | GER | DB / VDES |
| 0. | 13044 | Dirk Hohmeier | 00:37:19.6 | Ü60 | 0 | 0 | GER | ZF Group |
| 0. | 5538 | Harm Wiborg | 00:37:20.5 | Ü60 | 0 | 0 | GER | Finanz Informatik |

| | | | | | | | | |
|----|-------|-----------------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 1623 | Andreas-Markus Kuhlewind | 00:37:28.9 | Ü60 | 0 | 0 | GER | itsc |
| 0. | 3447 | Hermann Fricke | 00:37:29.8 | Ü60 | 0 | 0 | GER | Busse & Coll Steuerberatungs GmbH |
| 0. | 9383 | Jose Augusto Almeida Chaves | 00:37:32.7 | Ü60 | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 2312 | Uwe Gaßmann | 00:37:40.6 | Ü60 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 11210 | Jörg-Hubertus Wilhelm | 00:37:45.0 | Ü60 | 0 | 0 | GER | Running Winkulaner |
| 0. | 11155 | Henrik Müller | 00:37:47.0 | Ü60 | 0 | 0 | GER | TAIFUN Software |
| 0. | 5882 | Thomas Vehlies | 00:37:47.8 | Ü60 | 0 | 0 | GER | Flughafen Hannover-Langenhagen |
| 0. | 337 | Michael Kleinschmidt | 00:37:56.6 | Ü60 | 0 | 0 | GER | BANTLEON |
| 0. | 503 | Gotthard Richter | 00:38:00.2 | Ü60 | 0 | 0 | GER | CGM Team Hannover |
| 0. | 4302 | Uwe Meyer | 00:38:23.0 | Ü60 | 0 | 0 | GER | DB / VDES |
| 0. | 1982 | Jakob Dückmann | 00:38:23.1 | Ü60 | 0 | 0 | GER | nass magnet |
| 0. | 5211 | Carsten Schwabe | 00:38:24.6 | Ü60 | 0 | 0 | GER | Emerson Automation Solutions |
| 0. | 12006 | Bernd Korpjuhn | 00:38:33.1 | Ü60 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 4352 | Iván Saavedra Gerke | 00:38:46.5 | Ü60 | 0 | 0 | GER | DB / VDES |
| 0. | 5963 | Ulrich Gehrke | 00:38:57.0 | Ü60 | 0 | 0 | GER | Gehrke Econ |
| 0. | 7058 | Michael Jathe | 00:38:58.6 | Ü60 | 0 | 0 | GER | HDI AG |
| 0. | 387 | Roland Heres | 00:39:02.4 | Ü60 | 0 | 0 | GER | Bundesdruckerei GmbH |
| 0. | 5785 | Jörg Uhlig | 00:39:05.8 | Ü60 | 0 | 0 | GER | Finanz Informatik |
| 0. | 5094 | Rainer Eckert | 00:39:12.6 | Ü60 | 0 | 0 | GER | ECKERT Rechtsanwälte |
| 0. | 2229 | Uwe Gaßmann | 00:39:23.1 | Ü60 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 4282 | Rainer Lorenz | 00:39:23.5 | Ü60 | 0 | 0 | GER | DB / VDES |
| 0. | 12459 | Ricardo Longo | 00:39:40.9 | Ü60 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 3676 | Andreas Mehl | 00:39:54.1 | Ü60 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 6846 | Udo Petersen | 00:40:01.3 | Ü60 | 0 | 0 | GER | Harryaner*innen |
| 0. | 20 | Thorsten Kampe | 00:40:11.9 | Ü60 | 0 | 0 | GER | Vinci Energies |
| 0. | 9487 | Werner Häder | 00:40:18.7 | Ü60 | 0 | 0 | GER | Molex Runners |
| 0. | 11196 | No Name | 00:40:31.4 | Ü60 | 0 | 0 | GER | WORMLAND |
| 0. | 8566 | Erwin Decker | 00:40:38.7 | Ü60 | 0 | 0 | GER | Team KONE |
| 0. | 13084 | Michael Müller | 00:40:41.8 | Ü60 | 0 | 0 | GER | ZF Group |
| 0. | 1891 | Thomas Kailuweit | 00:40:51.9 | Ü60 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 10408 | Leonid Gelman | 00:41:02.7 | Ü60 | 0 | 0 | GER | Reha Peiner Straße |
| 0. | 11634 | Olaf Meyer | 00:41:05.1 | Ü60 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 9043 | Olaf Götz | 00:41:31.4 | Ü60 | 0 | 0 | GER | Lorenzbau |
| 0. | 4218 | Andreas Ilgner | 00:41:39.3 | Ü60 | 0 | 0 | GER | DB / VDES |
| 0. | 9595 | Thomas-Rene Witka | 00:41:43.9 | Ü60 | 0 | 0 | GER | M&P Ingenieurgesellschaft mbH |
| 0. | 4317 | Frank Oestreich | 00:41:46.5 | Ü60 | 0 | 0 | GER | DB / VDES |
| 0. | 4387 | Peter Schulze | 00:41:55.1 | Ü60 | 0 | 0 | GER | DB / VDES |
| 0. | 13062 | Stefan Kunze | 00:42:01.1 | Ü60 | 0 | 0 | GER | ZF Group |
| 0. | 4029 | Matthias Eck | 00:42:16.8 | Ü60 | 0 | 0 | GER | Dassault Systemes |
| 0. | 3957 | Frank Mäkelburg | 00:42:51.6 | Ü60 | 0 | 0 | GER | DAK |
| 0. | 3499 | Ralf Häußler | 00:42:52.1 | Ü60 | 0 | 0 | GER | Capgemini Deutschland GmbH |
| 0. | 10537 | Rainer Rudolf | 00:43:19.0 | Ü60 | 0 | 0 | GER | Rudolf Architekten |
| 0. | 1864 | David Campbell | 00:43:26.9 | Ü60 | 0 | 0 | GER | MTU Maintenance Hannover GmbH |
| 0. | 5578 | Stefan Diedrichs | 00:43:32.8 | Ü60 | 0 | 0 | GER | Finanz Informatik |
| 0. | 2031 | Stefan Lagleder | 00:43:32.8 | Ü60 | 0 | 0 | GER | ROLAND Rechtsschutz-Versicherungs-AG |
| 0. | 12152 | Dirk Völker | 00:43:47.1 | Ü60 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 3610 | Jens Buschmann | 00:43:57.6 | Ü60 | 0 | 0 | GER | Clarios Germany Holding GmbH |
| 0. | 3853 | Frank Hartmann | 00:44:01.4 | Ü60 | 0 | 0 | GER | Consulting Team Vermögensverwaltung |
| 0. | 5743 | Carsten Schiller | 00:44:03.6 | Ü60 | 0 | 0 | GER | Finanz Informatik |
| 0. | 2194 | Wolfgang Weber | 00:44:45.4 | Ü60 | 0 | 0 | GER | Treuhand Hannover GmbH |
| 0. | 11994 | Roland Kallidat | 00:45:24.6 | Ü60 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 7810 | Kai Tamms | 00:45:46.2 | Ü60 | 0 | 0 | GER | Ingenieurbüro Drecoll |
| 0. | 3500 | Günter Jantzen | 00:46:09.1 | Ü60 | 0 | 0 | GER | Capgemini Deutschland GmbH |

| | | | | | | | | |
|----|-------|-----------------------|------------|-----|---|---|-----|--------------------------------------|
| 0. | 7817 | Dirk Anitz | 00:46:30.8 | Ü60 | 0 | 0 | GER | WIA-Runner |
| 0. | 8110 | Dirk Große | 00:47:25.4 | Ü60 | 0 | 0 | GER | klartxt racing team |
| 0. | 10878 | Andreas Reitze | 00:47:45.8 | Ü60 | 0 | 0 | GER | Laufzeitmesser |
| 0. | 10810 | No Name | 00:48:30.9 | Ü60 | 0 | 0 | GER | Siemens AG |
| 0. | 4479 | Detlef Hansen | 00:48:39.8 | Ü60 | 0 | 0 | GER | Debeka |
| 0. | 5722 | Andre Hasemann | 00:49:11.8 | Ü60 | 0 | 0 | GER | Finanz Informatik |
| 0. | 9404 | Anthony Tjokroaminoto | 00:49:20.4 | Ü60 | 0 | 0 | GER | Mercedes-Benz LC Hannover |
| 0. | 9267 | No Name | 00:49:42.3 | Ü60 | 0 | 0 | GER | BBN + MBG Niedersachsen GmbH |
| 0. | 4831 | Bob Lodwick | 00:50:11.4 | Ü60 | 0 | 0 | GER | Deutsches Rotes Kreuz, KV Peine e.V. |
| 0. | 4502 | Peter Pensl | 00:50:27.9 | Ü60 | 0 | 0 | GER | DEGENER // ars mundi // ARTES |
| 0. | 10825 | Wolfgang Rebert | 00:51:01.0 | Ü60 | 0 | 0 | GER | Siemens AG |
| 0. | 12236 | Frank Staske | 00:52:43.8 | Ü60 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 5650 | Ali Khabbazian | 00:53:47.1 | Ü60 | 0 | 0 | GER | Finanz Informatik |
| 0. | 221 | Andreas Godglueck | 00:53:56.2 | Ü60 | 0 | 0 | GER | ALDI Nord |
| 0. | 7570 | Martin Teimann | 00:56:44.1 | Ü60 | 0 | 0 | GER | HannoverDachbauTeam |
| 0. | 11909 | No Name | 00:57:00.6 | Ü60 | 0 | 0 | GER | VHV-Laufgruppe |
| 0. | 4989 | Dieter Goltz | 00:58:40.4 | Ü60 | 0 | 0 | GER | DRK Clementinenhaus Hannover |
| 0. | 6657 | Manuel Meneses | 00:59:08.1 | Ü60 | 0 | 0 | GER | AGS |
| 0. | 5261 | Olaf Domeyer | 00:59:25.5 | Ü60 | 0 | 0 | GER | Eriks |
| 0. | 8962 | Frank Hirnich | 01:00:29.2 | Ü60 | 0 | 0 | GER | LBS NordWest |
| 0. | 4239 | Andreas Kindermann | 01:01:18.6 | Ü60 | 0 | 0 | GER | DB / VDES |
| 0. | 10819 | No Name | 01:01:39.7 | Ü60 | 0 | 0 | GER | Siemens AG |
| 0. | 10492 | Leo Grusie | 01:01:48.9 | Ü60 | 0 | 0 | GER | Röntgenpraxis am Marstall |
| 0. | 11670 | Udo Thiemann | 01:05:01.9 | Ü60 | 0 | 0 | GER | United Parcel Service (UPS) |
| 0. | 6817 | Michael Bork | 01:14:14.2 | Ü60 | 0 | 0 | GER | HW Runners |
| 0. | 9497 | Fabio Scotti | 01:26:51.9 | Ü60 | 0 | 0 | GER | Molex Runners |

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| Pos | Nr | Name | Zeit | Kat | KPos | GPos | Nation | Verein |
|-----|-------|---------------------|------------|-----|------|------|--------|------------------------------------|
| 0. | 1411 | Franz-Josef Gerbens | 00:26:26.2 | Ü65 | 0 | 0 | GER | Gundlach |
| 0. | 6706 | Ernst Gehrke | 00:33:00.4 | Ü65 | 0 | 0 | GER | hannoverimpuls |
| 0. | 7306 | Klaus Teichmann | 00:34:21.0 | Ü65 | 0 | 0 | GER | HDI AG |
| 0. | 11736 | Wilfried Oberheide | 00:34:30.1 | Ü65 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 5660 | Hermann Schoof | 00:34:36.3 | Ü65 | 0 | 0 | GER | Finanz Informatik |
| 0. | 2251 | Frank Klose | 00:36:31.1 | Ü65 | 0 | 0 | GER | TÜV NORD GROUP |
| 0. | 8418 | Harald Kukla | 00:36:59.3 | Ü65 | 0 | 0 | GER | Klinikum Wahrenndorff GmbH |
| 0. | 7698 | Reinhard Köhler | 00:39:00.1 | Ü65 | 0 | 0 | GER | Cool down... |
| 0. | 5606 | Volkmar Grote | 00:39:40.5 | Ü65 | 0 | 0 | GER | Finanz Informatik |
| 0. | 11761 | Nuray Tatlican | 00:40:54.3 | Ü65 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 7577 | Werner Nowak | 00:41:58.6 | Ü65 | 0 | 0 | GER | IC-L Ingenieur Consulting Langenh. |
| 0. | 11740 | Siegfried Pentke | 00:42:14.0 | Ü65 | 0 | 0 | GER | ÜSTRA AG |
| 0. | 5775 | Manfred Tarne | 00:43:58.8 | Ü65 | 0 | 0 | GER | Finanz Informatik |
| 0. | 3980 | Bernd Stoltmann | 00:44:24.6 | Ü65 | 0 | 0 | GER | DAK |
| 0. | 3567 | Harry Wuerriehausen | 00:47:30.9 | Ü65 | 0 | 0 | GER | CG CHEMIKALIEN |
| 0. | 12371 | Wolfgang Gloistein | 00:48:16.6 | Ü65 | 0 | 0 | GER | Volkswagen Nutzfahrzeuge |
| 0. | 3951 | Michael Kreitz | 00:56:01.1 | Ü65 | 0 | 0 | GER | DAK |
| 0. | 3246 | Horst Preuss | 01:09:39.4 | Ü65 | 0 | 0 | GER | laufend prüfen |

Ü70

| Pos | Nr | Name | Zeit | Kat | KPos | GPos | Nation | Verein |
|-----|----|------|------|-----|------|------|--------|--------|
|-----|----|------|------|-----|------|------|--------|--------|

| | | | | | | | | |
|----|------|-------------------|------------|-----|---|---|-----|-----------|
| 0. | 2761 | Jürgen Ruffer | 00:50:29.9 | Ü70 | 0 | 0 | GER | ALLSAT |
| 0. | 6720 | Hans-Jürgen Funke | 01:08:38.4 | Ü70 | 0 | 0 | GER | HannoVers |

Ü80

| Pos | Nr | Name | Zeit | Kat | KPos | GPos | Nation | Verein |
|-----|------|---------|------------|-----|------|------|--------|--------|
| 0. | 3934 | No Name | 00:38:57.3 | Ü80 | 0 | 0 | GER | DAK |

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